

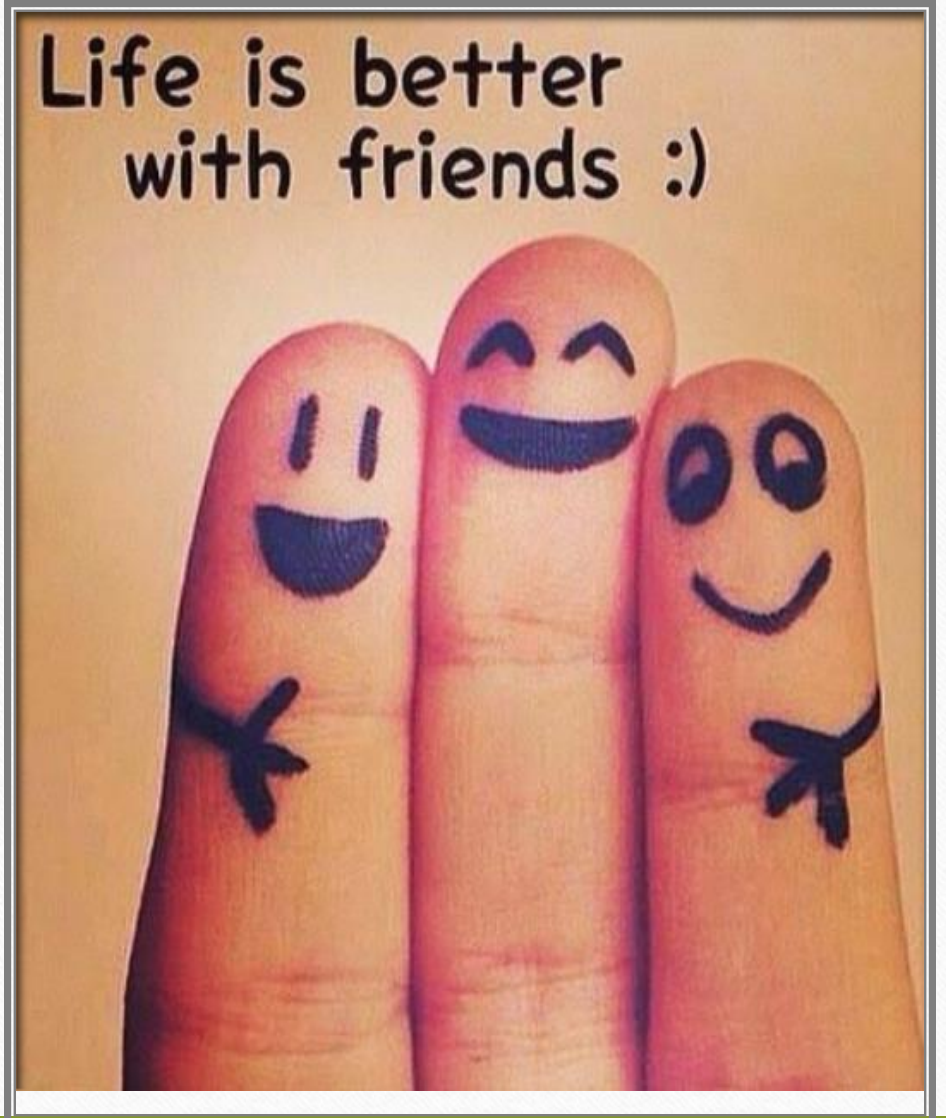
Friendship

What friendship is ?

It is a relationship between two people which they help and support each other . Increasing researchers finding friendships plays an important role in development throughout the human life span . "Friendships are relationships that involve two very critical dimensions – interdependence and voluntary participation .

Importance of friendship

- Acceptance
- Away from loneliness
- Boost self confidence
- Comfort zone
- Partner in crime
- Encouragement
- Understanding





Qualities in friendship

- Keep confidence
- Loyal
- Warm
- Affective
- Supportive
- Good sense of humor
- Understanding

Friendship has both sides as
positive as well as negative

Positive side

- They teach how to respect others .
- Encourage to adopt healthy habits like avoidance of drugs, regular exercise, eat healthy diet.
- Help them in career and their dream and interest.
- As we know that good friendship usually Advice you to do volunteer work .

Negative side

- Breaking rules , disrespecting others .
- Force to adapt substance abuse as smoking , consuming alcohol , drugs .
- Discouraged and demotivate then in career, also sneaking out of house



Thankyou