

The background is a deep blue gradient with a subtle pattern of white dots, resembling a starry night sky. Overlaid on this are several faint, white circular and semi-circular lines of varying thicknesses. Some of these lines have small white arrows indicating a clockwise or counter-clockwise direction. On the left side, there is a large, semi-circular scale with numerical markings ranging from 140 to 260 in increments of 10. The title 'MATE SELECTION' is written in a bold, orange, sans-serif font and is underlined with a solid orange line.

MATE SELECTION

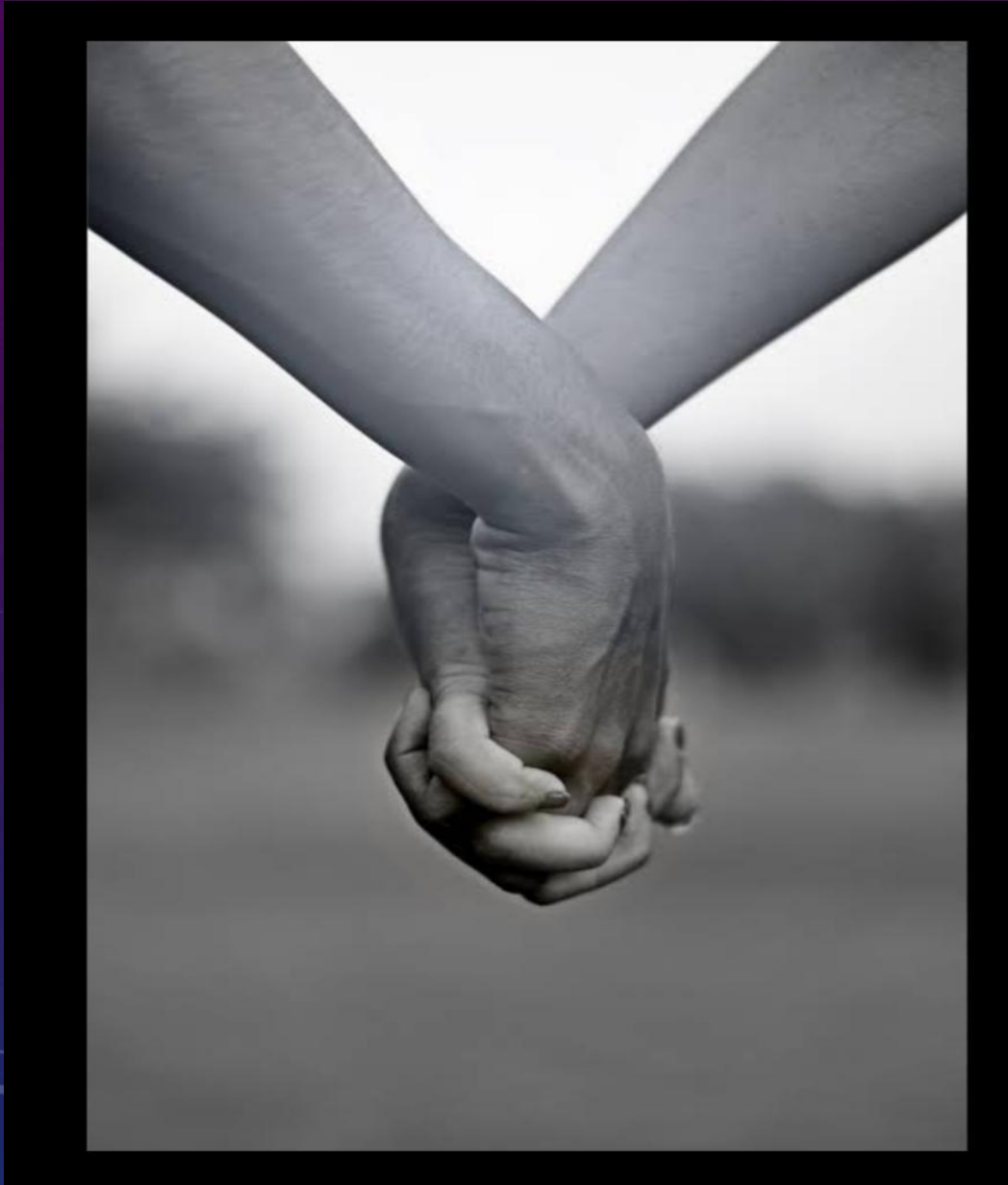
INTRODUCTION

Selecting the mate is the most important and challenging phase of life for the young adults. As MATE SELECTING is the process of choosing a partner with whom to form a marriage bond or long term marriage like relationship.



WHY SELECTING A MATE IS IMPORTANT?

As we know MATE choice is an important as this is long term relationship and Marriage is a long and permanent link between partner for life satisfaction and longer healthier lives.



WHAT SHOULD BE CONSIDERED FOR MATE SELECTION?

- Make a decision knowledgeable.
- Acknowledge social pressure and factors.
- Acknowledge cultural programs and factors.
- Acknowledge family influences.

PHASES TO SELECT MATE

- There are 4 phases to select a mate and they are considered to be the major phases. In these phases we talk about the attractions and risk of losing the partner.

THE PHASES ARE :-

- Phase 1 *original attraction*:- In this stage mostly the physical appearance is given importance and the most important element is the initial attraction by the interaction .
- Phase 2 *deeper attraction*:- Here the partner is now the attention seeker at this phase and they are now giving emotional support and understanding
- Phase 3 *barriers to breakup*:- The most important element is the role of compatibility and empathy .
- Phase 4 *right one relationship*:- this is major stage at which the risk of breaking up is really high and the confidence and the social network and selfesteem is low .

CONCLUSION ON MATE SELECTION

According to evolutionary theory

- **Women seeks a mate with that help and ensure Children several and wellbeing ,therefor women are focused on power and emotional commitment.**
- **In contrast men looks for A mate with traits like health ,sexual pleasure ,ability to give birth abd care of offspring .**

Men usually want quick physical intimacy on other hand women usually want psychological intimacy .



Thankyou