ROMANTIC LOVE



INTRODUCTION

Romantic love involves friendship which is also known as passionate love. Romantic love has strong components of sexuality and Infactuation this love begins in the early adulthood, when both boy and girl start having hormonal changes in their body. Romantic love includes emotions like passion, fear, anger, sexual desire, joy, jealousy. The Wiley Blackwell Encyclopedia of Family Studies states that "Romantic love, based on the model of mutual attraction and on a connection between two people that bonds them as a couple, creates the conditions for overturning the model of family and marriage that it engenders." 11 This indicates that romantic love can be the founding of attraction between two people.



STERNBREGS TRIANGLE THEORY OF LOVE



The triangular theory of love holds that love can be understood in terms of three components that together can be viewed as forming the vertices of a triangle. The triangle is used as a metaphor, rather than as a strict geometric model. These three components are intimacy, passion, and decision/commitment. Each component manifests a different aspect of love.

- <u>Intimacy</u>. Intimacy refers to feelings of closeness, connectedness, and bondedness in loving relationships. It thus includes within its purview those feelings that give rise, essentially, to the experience of warmth in a loving relationship.
- <u>Passion</u>. Passion refers to the drives that lead to romance, physical attraction, sexual consummation, and related phenomena in loving relationships. The passion component includes within its purview those sources of motivational and other forms of arousal that lead to the experience of passion in a loving relationship.
- <u>Decision/commitment.</u> Decision/commitment refers, in the short-term, to the decision that one loves a certain other, and in the long-term, to one's commitment to maintain that love. These two aspects of the decision/commitment component do not necessarily go together, in that one can decide to love someone without being committed to the love in the long-term, or one can be committed to a relationship without acknowledging that one loves the other person in the relationship.

Intimacy Commitment Passion

The three components of love generate eight possible kinds of love when considered in combination. It is important to realize that these kinds of love are, in fact, limiting cases: No relationship is likely to be a pure case of any of them.

Liking Intimacy **Romantic Love** Companionate Intimacy + Commitmen Passion + Intimacy Consummate Love Intimacy + Passion + Commitment fatuation **Fatuous Love** Empty Love Passion + Commitment Commitment Passion

CONCLUSION

Romantic love is associated with dependence, caring and exclusiveness is also distinguished from liking which emphasis similarly respect and positive evaluation.



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