

**O/O THE PRINCIPAL GOVT. HOME SCIENCE COLLEGE,
SECTOR 10-D, CHANDIGARH**







06.10.2021

IQAC meeting was held on 6.10.2021 in the office of the undersigned at 10:30 am.


Agenda:

- Conduct of hybrid classes for both online and offline students, timely preparation and uploading of time table.
- Ensuring timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations.
- Online and offline skill building and enhancement activities to be conducted.
- Preparation and submission of AQAR report for the session 2020-21.
- Reviewing the ongoing process of writing Self Study Report.
- Conduct of online terminal examinations by the end of month of October.
- Preparations for participating in Tech4Seva virtual international summit from Oct 20-23, 2021 at PGI, Chandigarh.
- Preparations and conducting Karwa Chauth and Diwali Mela on October 19, 2021.
- Review of ongoing activities and on the spot agenda with due permission from the chair

The following members were present for the same:

1. Prof. Rupinder Kaur Ghumman
2. Prof. Reetinder Brar 
3. Dr. Ritu Pradhan
4. Dr. Shabana Gandhi 
5. Mrs. Namrata Sethi 
6. Dr. Shikha Garg 
7. Mrs. Preeti Sodhi
8. Ms. Akshata Verma 
9. Dr. Reenu 
10. Dr. Gaurav
11. Dr. Vasudha


In Charge


Principal
Govt. Home Science College
Chandigarh



MINUTES OF IQAC MEETING HELD ON 06. 10. 2021

Action taken report of the previous meeting was discussed:

S.No.	AGENDA OF THE LAST MEETING	ACTION TAKEN
1.	Briefing of preparation of Self Study Report for NAAC Assessment and Accreditation according to the revised guidelines for the session 2020 -2021	<ul style="list-style-type: none"> • Duty list for all faculty members was prepared and staff was allocated different criterions. The rough draft of the self study report is under preparation. Further on, work on the report for AQAR for the current session is also being worked upon.
2.	Preparation for conduct of online practical and theory examinations for even semesters as per the instructions given by the university	<ul style="list-style-type: none"> • Online practical and theory exams were conducted successfully according to the university protocols for all even semesters.
3.	Online workshops/webinars to be conducted	<ul style="list-style-type: none"> • A series of workshops and webinars were conducted on the campus- online as well as offline. • Online Workshop on June 5, 2021 on "Psycho Social Support for Covid Pandemic Situation" in collaboration with Mahatma Gandhi National Council of Rural Education, Deptt of Higher Education, Ministry of Education, Govt. of India was organised. Resource person was Mr. Samarth Sharma, a representative of Mahatma Gandhi National Council of Rural Education, Govt. of India. 90 NSS Volunteers participated in the workshop. • As a prelude to International Yoga Day, the faculty, non teaching staff and students of the college observed Yoga Sadhana Week from June 7- June 12. • In sync with the Government's initiative to promote Atma Nirbharta, college started a webinar series from June10-15, 2021 by distinguished Alumni to motivate the budding entrepreneurs of the college. The college boasts of a large number of illustrious alumni who made their alma mater proud being successful entrepreneurs and making a mark for themselves. The first webinar in this series was conducted by alumna Swati Talwar who after completing her M.Sc. in Foods and Nutrition in 2012 successfully launched a chain of 3 diet

		<p>clinics at different places in U.P.</p> <ul style="list-style-type: none"> • The second webinar in this series was conducted by Ms Namrata on June 11, 2021; passed out student of M.Sc. in Clothing and Textiles (2017) successfully running her own Baby Boutique “Babyrobe” with 62,000 followers on Instagram and Facebook. • A live peer learning workshop on June 12, 2021 was conducted by Ms. Nidhi Bimal, currently a student of M.Sc. (Clothing & Textile). She is successfully running her start-up ‘The Knot Store’ and has done interiors with macramé of Hotel – The Reef, Sector -7, Chandigarh. • In line up with the ongoing series of live webinars, college organized another session on June 14, 2021 by Dr. Harpreet Kaur, HOD, PG Dept. of Fashion Designing, Kanya Maha Vidyalaya, Jalandhar. Dr. Harpreet spoke on Career Opportunities in Fashion and highlighted that students are like pure white light when they choose their careers whereas teachers act as facilitators thereby making them aware of the wide scope of Clothing and Textiles. • To conclude with the series of webinars on June 15, 2021 by Alumni, final webinar in the series was organized on the scope of Interior Design and Resource Management. The webinar was conducted by Ms. Rajni, passed out student of 2019 batch and a renowned entrepreneur in the field of Interior Decoration. She has named her enterprise as “Space Rhythm Interiors.” Rajni gave the whole credit of her success to the esteemed institution in achieving such big heights with respect to her career. She highlighted the scope of Interior Decoration & Resource Management and further stressed that the students must be determined, skillful and goal-oriented. • A live session on “Mind Management with Yoga” was organized on June 14, 2021 by Dr. Richa Chopra with over 100 students participating. An illustrious alumni of the
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college, she is the former founding head of the Dept of Contemplative and behavioral Sciences at Sri Sri University, Cuttack. She is senior Art of Living International faculty, and has travelled across 11 countries transforming lives through the happiness program and other higher level courses.

- To enhance the entrepreneurial skills and to make the students self-employed, live peer learning workshop on cake baking was organised by Muskan Sharma, a bakery specialist and student of M.Sc. (HDFR) in on June 13, 2021. Certified Baker Muskan gave hands on demonstration on baking "Pistachio cake" on her FB live session. She also discussed tips and tricks of icing and plating on the cake and also satisfied the queries of audience.
- Keeping up with the spirit of entrepreneurship, students of College, put up an exhibition for sale of rakhi items in the swawalambi window on the college campus. The exhibition showcased exquisite rakhi's made out of zardozi, hand painted suits, embroidered dupattas and thali's. The exhibition witnessed large footfall and a brisk sale. The swawatambi window provides an opportunity to the students of the college to showcase not just their work but also helps in capacity building and providing a practical exposure to entrepreneurial activities.
- Anjali and Gursimar, budding entrepreneurs and students of B.Sc final year exhibited hand crafted nail art extensions with options of different sizes and colours. This budding entrepreneur is running her own online startup with the name Nailsworld by Anjali with more than 1200 followers and catering to the orders all over India. Charu, Shivani, Renu and Priya of MSc Clothing and Textiles also displayed the creative and innovative kids clothing based on birthday party theme in the swabalamban window. Such a platform provided boost and motivation to the students to establish their

		entrepreneurial Ventures and earn while they learn.
4.	Completion and uploading of college prospectus	<ul style="list-style-type: none"> The college prospectus was compiled in line with joint prospectus for Chandigarh colleges and uploaded timely on the college website. The prospectus gives a complete insight into the admission process, activities and departments, courses offered by the college.
5.	Online admissions for UG and PG classes	<ul style="list-style-type: none"> Online admissions were conducted smoothly and successfully for undergraduate and post graduate classes as per the guidelines and timelines given by the Panjab University and Chandigarh Administration. <ul style="list-style-type: none"> B.Sc. Home Science – 96 B.Sc. Fashion Designing – 36 M.Sc. FN – 18 M.Sc. CT – 17 M.Sc. HDFR – 19 PGDND – 31 PGCGFC – 19 PGDFD - 11
6.	College – a one stop shop for Poshan Abhiyan – a key initiative of the government	<ul style="list-style-type: none"> College acted as a one stop shop for Poshan Abhiyan, a host of activities were conducted in the month of September to mark the celebrations of Poshan Maah. An online Health and Wellness session in collaboration with the Nestle was conducted on August 31, 2021 as a prelude to upcoming Poshan Maah. The session was conducted by culinary specialist and nutritionist Vinni Bhatia from Nestle. She informed the audience about importance of food in one's life and the various micro and the macro nutrients it contains. She gave an in-depth insight into metabolism, gut health, vitamin absorption, sources of micro and macro nutrients in food and also elaborated the sources of various vitamins contained in different sources of food. Poshan Abhiyaan celebrations, a multi ministerial convergence mission aimed at realising the Hon. Prime Ministers vision of 'Suposhit Bharat' were kickstarted on

September 1, 2021 with a cycle rally using smart bikes. The smart bikes are an initiative by the administration to reduce traffic congestion and reduce the carbon footprint. Students of the college including NCC cadets conducted a cycle rally which was flagged off by Principal Prof Sudha Katyal. The students on their cycles carried slogans making people aware about the benefits of eating healthy and staying fit.

- On the second day of the ongoing Poshan Maah celebrations, students of Department of Foods and Nutrition conducted an online demo on millet based recipes using locally available ingredients in sync with the theme of Poshan Maah ' Converging towards a healthy walk through life'.
- On the fourth day of the ongoing Poshan Maah celebrations, demonstration cum workshop was conducted on bottle gourd ice cream and cake making in line with the theme of Poshan Maah ' Converging towards a healthy walk through life'. Budding entrepreneur Aanchal Goyal running her online startup named Aanchal Delicacies, demonstrated ice cream made with the bottle gourd and milk. She also discussed the health benefits of various nutrients in bottle guard.
- On the fifth day of the ongoing Poshan Maah celebrations, a Poster Making Competition was held on the theme Feeding Smart Right From Start. Over 50 creative entries were received by students who participated enthusiastically online as well as offline.
- College actively conducted a two days webinar series on varied topics of nutrition in sync with the theme of the ongoing Poshan Maah on September 9, 2021. Post graduate students of Department of Foods and Nutrition presented webinars on "Identification and tracking of children with severe acute malnutrition (SAM) " and " Menstrual Hygiene and Importance of Nutrition ". The webinar was well attended

by students of the college. Highlights of the webinar included signs and symptoms of tracking malnutrition amongst children as well as importance of maintaining menstrual hygiene for adolescent girls.

- A one day webinar on "Good Nutrition - Need of the Hour ". was conducted on September 10, 2021 in collaboration with Fortis Hospital, Mohali and Dr. Sonia Gandhi was the resource person. She emphasized upon the importance of eating right especially during the time of the pandemic.
- The post graduate students conducted a webinar on September 11, 2021 on the importance of incorporating Indian herbs in the diet especially during pregnancy. Ishita Singh a student of MSc Foods and Nutrition spoke about the role of herbs such as thyme, fenugreek, chamomile to name a few. She explained how these could be incorporated in the daily diet.
- To generate awareness about anemia - a growing public health concern, a workshop was organised on September 16, 2021 to educate adolescent girls about this growing menace. Post graduate students of Department of Foods and Nutrition talked about the signs and symptoms of anemia and its dietary management. This activity was conducted throughout the day in small batches. The session proved successful in helping spread awareness and knowledge about iron deficiency anemia.
- An Intra College poetry recitation competition was organized on September 18, 2021. The students actively participated in the event and recited poems based on nutrition, health and wellness.
- In association with Nestle, a Healthy Snack-making Contest for Pre-School Children was organised from Sept 13, 2021 to Sept 15, 2021. The contest witnessed a huge response from various participants across different colleges. More than 30 students participated and demonstrated

innovative snacks like Maggie parantha, dumplings, omellette, vegetable noodle sandwich and noodle soup etc. These recipes were made keeping in mind fussy and picky eaters.

- A one- day Swavavlamban Mela in the college campus was organized on September 21, 2021. The mission of this exhibit was to earn while you learn. Home Scientists as young entrepreneurs showcased their skills and talents by putting up a plethora of innovative items in a large number of stalls. Dr. Palika Arora, Director Higher Education, PCS, Chandigarh Administration was the Chief guest for the event. She inaugurated the Swavavlamban Window and kick started the Mela. The major attractions of the event ranged from skin friendly organic dyed scarves and dupattas; Cosmetics (soaps, perfumes, rose water, hand sanitizers), nutritious munches including millet based innovative recipes, satvik traditional recipes, macrame decorations, home decors, puppets and cradle toys and Therapeutic diet services launched by budding entrepreneurs. The chief guest highly appreciated the efforts of all students and their creativity.
- A National webinar on “Nutrition and Lifestyle Management during COVID -19” funded and supported by National Commission for Women with the aim to sensitize underprivileged women and the public at large was organized on September 26,2021. Sh. S.S Gill, I.A.S, Education secretary, Chandigarh Administration, gave the inaugural address in webinar and applauded the tireless efforts of the college in sensitizing masses about the importance of nutrition, under the Principals’ leadership since the initiation of the Poshan Abhiyaan 4 years back.
- An awareness session on Nutrition education was organized on September 29, 2021. The session was based on significance of consuming a healthy,

		<p>nutritious, well- balanced diverse diet. Anupreet Kaur Sobti, M.Sc Foods and Nutrition- 3rd Sem and Agrim Nagra, M.Sc Foods and Nutrition- 1st Sem, addressed the audience. More than 30 students addended the session. They demonstrated various procedures for detecting food adulterants from the common food products. They highlighted the importance of consuming hygienic food. A number of recipes were demonstrated as healthy snacking options for college going students and further highlighted the importance of consuming millets over refined flours.</p> <ul style="list-style-type: none"> • College took the initiative to plant useful kitchen herbs in the herbal garden on the college campus on September 30, 2021. Ajwain, turmeric, lemon, garlic, lemon grass, basil and cardamom were some of the herbs that were planted. All these herbs find an important place in our diet due to their medicinal and therapeutic properties. Earlier in the month, a demonstration was also conducted on how these herbs could be incorporated in the daily diet.
7	Proud Moments for the college	<ul style="list-style-type: none"> • A proud moment for the college as it has been ranked 78th at National Level and has topped amongst all the colleges in tricity, third time in a row, in NIRF India Rankings released today by MHRD, GOI. College improved its position from 86th in 2020 to 78th in 2021. It is the only college in Govt. & Private sector in tricity which could secure a position in top 100 at National Level consistently for the last three years. The college has been evaluated under the categories of teaching learning resources, graduation outcome, perception, outreach and inclusivity and research and professional practise. • Principal of the college, Prof. Sudha Katyal, received State Award for the second time from His Excellency Shri V.P. Singh Badnore, Punjab Governor and Administrator, UT, Chandigarh for her

		meritorious services on 75th Independence Day.
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Agenda items along with suggestions given in IQAC meeting held on 6.10.2021:

S. No.	AGENDA	SUGGESTIONS
1.	Conduct of hybrid classes for both online and offline students and timely preparation and upload of time table	<ul style="list-style-type: none"> • Time table has been prepared for the same and to ensure regular online and offline classes to be conducted • Review of hostel admissions and Covid protocols to be followed while opening the hostels
2.	To ensure timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations	<ul style="list-style-type: none"> • To ensure regular classes to be conducted according to the time table as per the convenience of the students
3.	Online and offline skill building and enhancement activities to be conducted	<ul style="list-style-type: none"> • Display at Swavalamban window to be encouraged • Preparation for Diwali and Karwa Chauth mela • Online webinars and seminars to be conducted regularly
4.	Compiling data for preparation and submission of AQAR report for the session 2020-21.	<ul style="list-style-type: none"> • Staff to be directed to work according to the new AQAR guidelines and timely submission of the same
5.	Reviewing the ongoing writing of SSR.	<ul style="list-style-type: none"> • First drafts for SSR report to be prepared in accordance with guidelines and timely submission of the same
6.	Conduct of online terminal examination by the end of October month.	<ul style="list-style-type: none"> • Timely completion of syllabus for midterm examination, preparation of date sheet, and informing the students about the same.
7.	Preparations for participating in Tech4Seva, Virtual International Summit from Oct 20-23, 2021	<ul style="list-style-type: none"> • Preparing students for participating in upcoming Tech4Seva, Virtual International Summit from Oct 20-23, 2021 • Preparing required videos and write-ups to be displayed in the virtual mela.
8.	Preparation to Karwa Chauth and Diwali mela on October 19, 2021	<ul style="list-style-type: none"> • Motivating students for product development and display in upcoming Karwa Chauth and Diwali mela on October 19, 2021. • Discussing various stalls and products to be displayed by students at the mela.