

**GOVT. HOME SCIENCE COLLEGE SECTOR-10, CHANDIGARH**



**51<sup>st</sup> ANNUAL CONVOCATION**

**AND**

**PRIZE DISTRIBUTION FUNCTION**

**Presided Over**

**By**

**Sh. BL Sharma IAS**

**Education Secretary**

**UT, Chandigarh**

**on**

**Chandigarh**

**ANNUAL REPORT 2018-19**

**PRESENTED BY**

**Dr. (Mrs.) SudhaKatyal**

**Principal**

**Govt. Home Science College,**

**Sector 10, Chandigarh**

## Good Morning

- It is my pleasure and proud privilege to welcome our Honorable Chief Guest Sh. BL Sharma, IAS, Education Secretary, Chandigarh Administration, on 51<sup>st</sup> Annual convocation and prize distribution function of Government Home Science College. Although our worthy Chief Guest, needs no introduction but let me share some snippets from his illustrious profile. A gold medalist from Jammu University, Sir did his Masters in Geography and joined the coveted Indian Administrative Services. If one takes a closer look at the alchemy of our chief guest, certain distinct virtues pop up instantly. These are **pioneering and ready to help spirit, positive and proactive approach, constant guidance and encouragement to one & all** and the **quality of leading from the front**.
- Presently, Sir holds innumerable positions in Chandigarh Administration but the most important thing is that Sir holds a very big & special place in the hearts of education fraternity of the city beautiful. Sir your **aura, ingenuity and dynamic personality are energizing**. That's why no function in our college seems complete without your esteemed presence.
- A very warm and very hearty welcome to you Honorable Sir in Government Home Science College today.
- It also gives me immense joy & pleasure to welcome our very own Director Higher Education Chandigarh Administration, Sh. Rubinderjit Singh Brar, PCS, as **Guest of Honor**. Sir is a young leader with source of energy, motivation, inspiration & promptness which we have all witnessed & felt.
- May I now Hon'ble Sir, with your kind permission, present before you a glimpse of the Annual Report of College for the session 2018-19.

- Established in 1961, our college is a pioneer professional Institute in the field of Home Science in Northern India. It has continuously revamped its courses keeping in tune with the changing trends in Higher Education. It currently runs two Bachelor's Programme- B.Sc. (Home Science) with five specializations and B.Sc. in Fashion Designing, P.G. Diplomas in Nutrition and Dietetics, Fashion Designing and Child Guidance & Family Counseling as well as Masters' Programmes in the same three streams.
- Sir, it gives me immense pleasure to share that Ph.D. course work as per UGC guidelines has been made functional from the present academic session and 12 scholars have been enrolled in 3 different streams of Home Science.
- I also feel proud that from the next session 2019-20, a new course of Post graduate Diploma in Sports Nutrition and Fitness would be initiated.

## **ACHIEVEMENTS OF STUDENTS**

### **In 2018, P.U. examinations:**

- TIMMY SINGLA topped in the Masters Programs in Foods & Nutrition, TANIA in Clothing & Textiles and GHAZAL in Human Development & Family Relations.
- AMBIKA bagged the first position in PG Diploma in Nutrition & Dietetics, SIMRAN in Child Guidance & Family Counseling and ISHAM in Fashion Designing
- GEETANJALI stood first in B.Sc Home Science and SHILPA in B.Sc Fashion Designing.

### **Inter College Competitions**

Sir, our students got a number of prizes in Inter College Competitions: ☐

- 1st prize and a Consolation award in Flower Arrangement Competition & 3rd prize in Rangoli Competition held at Dr. Ambedkar Institute of Hotel Management on World Tourism Day (6th October, 2018)
- First prize in Floral & Dry Rangoli Competition at Rose Fest & 2<sup>nd</sup> prize in eco-rangoli competition (22- 24.02.19) held by GCG-42
- 6 NCC cadets received cadet Welfare Scholarship of Rs. Rs. 6000/- while 8 cadets got cash prizes of Rs. 34000/- in various competitions during National Camp & All India Trekking Expedition, Ajmer.
- Akanksha Raheja was awarded Best “Tashanbaaz” of Tricity by 93.5 Red FM. She was also awarded a cycle for “Extra ordinary Performance” at Chandigarh Urban Fest where Aerobic team of the college also won title of “Creating best Vibes”.

### **Panjab University Zonal Youth and Heritage Festival (October 3<sup>rd</sup> - 6<sup>th</sup> 2018)**

- Sir I would like to highlight that despite of being a small college with limited strength, our students won a number of prizes In P.U. Zonal Youth & Heritage Festival held at Dev Samaj College Sector-45, Chandigarh
- First Position was bagged by our students in heritage items like, Dasuti, Khiddo and Phulkari.
- Second in knitting, Bagh, Pakhi and poster making competition.
- 3<sup>rd</sup> position in a number of items- bhajan, group dance, solo dance (Kathak), theatre items, histrionics, mime, poetry recitation, collage making, clay modeling, Muhavredaar Vartalap and best acting.
- For encouraging the students to excel in the field of Human Development & Family Relations, four new awards have been initiated for toppers in the subject in P.U. examinations right from B.Sc. home science 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> year with prize amount of Rs. 5000/- each to a very handsome amount of Rs. 10,000/- at Masters level with the help of an NRI. Dr. Narendar Kukar,

in memory of her sister Sinder Kukar who served the college as lecturer in 1962.

- Believing in the dictum that ‘**A Sound Mind Resides in A Sound Body**’, we at Govt. Home Science College make all efforts to keep our students physically fit as well. The college has an indoor badminton court and a fully functional gymnasium. Students are encouraged to participate regularly in Aerobic activities and Yoga sessions.
- In Annual Athletic Meet of the college held in Feb 2019, inspite of very bad weather, students participated very enthusiastically. A number of sports event were organized in college corridors due to incessant rain. **Kanika Lubana of B.Sc (H.Sc) VIth Semester** was declared the **Best Athlete** in the event. The first woman SSP of U.T., Chandigarh Ms. Nilambari Jagdale was the chief guest for the event.

Sir, there is a long list of achievements of students in diverse fields, but due to time constraint, I am going to mention only

## **SIGNIFICANT HIGHLIGHTS OF THE YEAR 2018-19**

All efforts were made to chalk out the college goals in consonance with Government key programs and initiatives.

### **College as One Stop Shop for PoshanAbhiyan.**

#### **I feel happy to share that**

The college really acted as one stop shop for addressing all needs of Nutrition during **Poshan Maah, Poshan Pakhwada and Poshan Abhiyan** in totality

**A series of the activities were conducted during Poshan Maah like:-**

- Participation of students in Healthy recipe competition
- Quiz and demonstration on low cost nutritious recipes

- Interactive Session on Nutrition during First 1000 Days,
- Nutrition and Health Mela,
- Preparation and Sale of Low Cost Nutritious Snacks
- Knowledge & Assessment of Safe Food Handling Practices
- Slogan Writing Competition
- Workshop on Food Safety and Adulteration
- Anaemia Free Chandigarh Campaign
- Poshan Rally at Sukhna Lake
- Nukkad Natak on Nutrition awareness & Dietary consultation at various places Daria, Ramdarbar, Khuda Ali Sher & in the college campus.

I would like to reiterate that all these activities were conducted in a **span of only 30 days in September.**

#### Preparation & Release of Booklet *Su-poshan*

- I feel very happy to share that all our efforts were recognized & acknowledged by Hon'able Education Secretary in State level Workshop on Poshan Abhiyaan at PGIMER.

A booklet entitled 'Suposhan' written by myself and published by Deptt. of Social welfare , covering nutritional requirements & low cost healthy recipes was released by His Excellency Hon'ble Governor Sh. V. P. Singh Badnore.

- In this workshop, Mrs. Namrata gave an enlightening talk and Nukkad Natak team of the college gave an impressive performance and was felicitated.
- Further in November 2018, 2 workshops- one on Nutritional Genomics –for & another one on Food, Nutrition and Healthy lifestyle were organized.
- On completion of one year of this Poshan Abhiyan on 8<sup>th</sup> March,2019 Home science college again provided another big kick start to Nutrition Pakhwada through Home Science fest-2019.

### a) Commemoration of 150 Years of Mahatma Gandhi

- Supporting National and State Mission, the college prepared a tableaux on the theme “**Sapno ka Bharat**” for Chandigarh carnival. The layout of the tableaux highlighted various slogans, focusing on the life and vision of Gandhi Ji as well as need for cleanliness in the city. It was highly applauded by one & all.
- The college organized 1<sup>ST</sup> Children’s Peace Fest-CPF2019 in collaboration with YuvSatta, on the occasion of 150th Martyrdom’s Day of Father of the Nation.
- It was based on the **UN theme 2030 ‘Leave No One Behind’**
- Various competitions like Poster Making on “Chandigarh says Goodbye polybags” Gandhi quiz, Clay modeling, skit competition on “leaving no one behind” were organized
- 500 school children from 50 schools of tricity took part in the fest.

### b) Swachh Bharat Abhiyan

- To meet the targets of Swachh Bharat Mission, NSS volunteers and NCC cadets enthusiastically participated in 20 days ‘Swachh Bharat Summer Internship Camp 2018’. NSS students carried out cleanliness drive at various public places while, NCC cadets focused their drive in the college campus, hostel mess and monuments of the city.
- It’s a matter of great pride that college bagged **1<sup>st</sup> prize in cleaning of monuments** from NCC Group headquarters, Chd. On 02 october 2018.

### c) Thrust on Skill Building, Women Empowerment and Entrepreneurship.

A series of skill building workshops were organized with the **like:-**

- ‘Image styling’ (11.10.2018)

- ‘ Entrepreneurial ventures in Nutritive cakes, cookies and chocolates’ ( 17.10.2018)
- Trending innovation in ‘ Designing Interior and Jewellery ‘( 22.10.2018)
- Grooming skills and personality development
- Counseling techniques and its applications
- Resume writing and career opportunities
- Essentials of Venturing into e-business
- A panel discussion on “Ru-ba- Ru with women luminaries in business set up of tri city” was held where they shared their success mantras.

**d) Pink Turban Campaign**

College organized Pink Turban Campaign to Spread the Message of Gender Equality(24.1.2019 ) On the occasion of National Girl Child Day.

One day seminar on "**Empowered Girl, Empowered India**" was organized. **Advocate Madhu P. Singh**, Former President and Judge of District Consumer Forum, Mohali was the key note speaker.

Girls wore **Pink turbans, a symbol of honour, released balloons to signify release of inbuilt fears and pledged to protect their rights**

- For encouraging entrepreneurship, college organized various mela like Raksha Bandhan Mela, Diwali Mela, Karwachauth Mela and Health Mela where our students put up Stalls and sold different items.
- Sir, all efforts were made to extend opportunities to students beyond college campus too as in 10th Panjab University Rose Festival, Chandigarh. Students presented an artistic display and sale of handwork which was highly appreciated by V.C. Panjab University Prof. Raj Kumar. The college stalls received impressive media coverage including Zee Punjabi.
- Amalgamation of year long efforts of entrepreneurial skill enhancement finally culminated into a Gala Home Science Fest 2019. All major departments of college put up a number of stalls & students truly earned while they learned.
- This fest was a grand success and witnessed a huge footfall.



- I feel proud to share that a day before this fest, 6 of our students were given offer letters by Amazon with the packages of Rs. 1.56 lac- Rs. 1.75 lac.

e) **Digital Initiatives**

- AEBAS -Aadhaar Enabled Biometric Attendance Systems have been installed in the campus for both teaching and non teaching staff of the college.
- The college has been actively participating in various on line ranking portals of MHRD like NIRF National Institutional Ranking Framework and Atal Ranking of Institutions on Innovation Achievements (ARIIA) as well as students are getting registered for Scheme for Higher Education Youth in Apprenticeship and Skills (SHREYAS)

f) **Use of Eco Friendly Approaches & Waste- to- Energy Management**

Special efforts were put in by the college for reusing and recycling wastes.

- Various Pits were dug near U.G and P.G hostels for segregation of wet and dry waste and then finally to make compost which is being used in college lawns
- Recently, the college has purchased compost making machine from waste worth Rs. 5.85 lacs.

## **MOBILIZATION OF GRANTS**

The college is making consistent efforts to mobilize various grants

i) **Rusa Infrastructure Grant of MHRD**

College received the second installment of Rs. 50 lacs. 35 lacs have been deposited for construction of Research and Multimedia block, for which the work has already been started and rest Rs. 15 lacs were utilized for strengthening resources such as:

- Digital wall mounted information kiosk
- Sanitary vending machines and incinerators

- Sewing machines in Skill Building lab
- SPSS software
- Open air Gym equipments

ii) **RUSA preparatory grant**

The college also got **maximum preparatory grant** of RUSA amounting to Rs. 2.5 lakhs on the basis of complete utilization of previous preparatory grant. Various skill building workshops were organized from this grant.

**iii) Grant from MC under DAY-NULM**

The college procured a grant of Rs. 22.5 lacs from Municipal Corporation, Chandigarh, under Deen Dayal Antyodya Yojana, National Urban Livelihood Mission for Skill Training in Fashion Designing.

It was inaugurated by Sh. KK Yadav Commissioner, Municipal Corporation, Chandigarh. First batch of 70 beneficiaries have already been trained and the next batch is going to start soon.

iv) Fourth grant of Rs. 21,000/- was received from CREST. This was utilized for sensitizing the students about renewable sources of energy through inter-college competitions.

v) Fifth grant amounting to Rs. 25,500/- was obtained from Department of Environment, UT, Chandigarh. It was used for generating awareness regarding Segregation of waste, growing of Micro greens and awareness regarding air purifying plants as per NASA.

vi) Sixth grant of Rs. 60,000/- was procured from Department of Cultural Affairs, for conduct of Fashion Show Aakriti-2019.

viii) Last grant was of Rs. 4000/- from State Aids Control Society, UT, Chandigarh for creating awareness towards Aids free society

### **SAVING OF COLLEGE FUNDS THROUGH SPONSORSHIPS**

I feel proud to share that throughout the year, the college saved a lot of funds by getting all its major functions/events sponsored not only from Govt. deptt. but also from P.S.U.s, corporate hospitals & Private bodies under their CSR & promotional schemes.

**In short not even a single penny was spent for any of the major functions of the college.**

#### **4. Aakriti 2019**

The college exhibited its annual fashion show – Aakriti which was **planned keeping in sync with global goals of UN (2030 agenda). It revolved around the theme - Khadi for Nation, Khadi for Fashion** so as to promote eco-friendly, carbon free, biodegradable and sustainable Khadi- fabric of the future.

The Chief Guest, Advisor to Governor Sh. Manoj Parida and special guest Madam Lippi Parida highly appreciated the show.

#### **5. ESTABLISHED, USED AND STRENGTHENED LINKAGES AND COLLABORATIONS**

- All college activities witnessed developing, strengthening and using linkages and collaborations with various Public, Private and voluntary organizations for mutual benefit and significant outcome during all college functions/activities.

- (RCED) Regional Centre for Entrepreneurship Development conducted free “English Communication Bridge Course” for all the final year students of college

## **FACULTY ACHIEVEMENTS**

- Mrs. Annu Deharwal joined as an assistant professor in Department of Clothing and Textiles
- Ms. Neelam Kumari was promoted as Major under NCC.
- Myself, received an award for significant contribution in Poshan Maah at State Level workshop on Poshan Abhiyaan by Deptt. of Social Welfare, Chandigarh Administration.

A very big thank you hon'ble Chief Guest for this felicitation.

- Received another award of Honour for commendable contribution in 1<sup>st</sup> Children's Peace Fest-CPF 2019 by Ngo Yuvsatta.

**Last but, but the most important highlight of the year.**

**Sir, It is a matter of great pride that our college topped in ranking amongst all Govt and Private colleges of tricity and secured 72<sup>nd</sup> rank at National Level in NIRF India ranking 2019 released by MHRD in the presence of Hon'ble President Sh. Ram Nath Kovind just 4 days before in Delhi.**

At the end, I congratulate and extend my heartfelt blessings to all P.G. and U.G. students who shall be receiving their degrees as well as the prizes this morning.

Lastly, A special word for you, my dear students –

believe in yourself

remember that there is something inside you that is greater than any obstacle.

Always give your best in making this world a better place.

May all your dreams be realized and may God bestow his blessings on you so that you succeed in all your future endeavors.

Best of luck my dear students.

Thank you all.