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CHANDIGARH

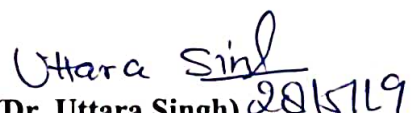


CERTIFICATE

This is to certify that the dissertation entitled “**TO STUDY THE EFFECT OF THYROID HORMONE IN PREGNANT WOMEN OF JAMMU CITY**” submitted for the degree of **Master of Science (Home Science) in Foods and Nutrition**, to **Panjab University, Chandigarh** is a bonafide research work carried out by **Ms. Jannat** under my guidance and supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and the help received during the course of study have been fully acknowledged.

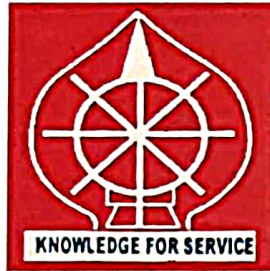

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CERTIFICATE

This is to certify that the dissertation entitled "TO INVESTIGATE THE INTERRELATIONSHIP AMONG SLEEP, STRESS, EATING BEHAVIOR AND OVERWEIGHT/ OBESITY IN CORPORATE PROFESSIONALS" submitted in partial fulfillment of the requirement for the degree of Master of Science (Home Science) in Foods & Nutrition, embodies the research carried out by Paridhi Kohli, under my guidance and supervision and no part of this work has been submitted for any other degree.

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CERTIFICATE

This is to certify that the dissertation entitled “ASSESSMENT OF NUTRITIONAL STATUS OF PRESCHOOL CHILDREN IN RELATION TO THEIR SOCIAL ECONOMIC STATUS” submitted for the degree of Masters of Science (Home Science) in Foods and Nutrition, to Panjab University, Chandigarh, is a bonafide research work carried out by Ms. Sadhana Chingtham under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study has been fully acknowledged.

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CERTIFICATE

This is to certify that the dissertation entitled “Assessment of psychosocial status on nutritional profile of late adolescents (18-20yrs) in Dimapur district of Nagaland” submitted for the degree of **Masters of Science (Home Science) in Foods and Nutrition**, to **Panjab University, Chandigarh**, is a bona fide research work carried out by **Ms. Iliza Chishi** under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study has been fully acknowledged.

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This is to certify that dissertation entitled “**To study the general health and nutritional status of Army wives living in Chandimandir cantonment**” Submitted for the degree of **Master of Science (Home Science) in Foods and Nutrition**, embodies the research carried out by **Akriti Thakur**, under my guidance and supervision. No part of this work has been submitted for any other degree. The assistance and help received during the course of study has been fully acknowledged.

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CERTIFICATE

This is to certify that the dissertation entitled “A COMPARATIVE STUDY AMONG BOYS AND GIRLS HOSTELLERS (18-25 YEARS) IN RELATIONSHIP WITH STRESS & IMPACT OF SLEEPING PATTERNS ON FOOD HABITS, DIETARY INTAKE AND HEALTH” submitted for the degree of Master of Science (Home Science) in Foods and nutrition of Panjab University, Chandigarh, is a bonafide research work carried out by Ms. Avneet Kaur under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.

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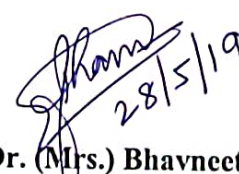
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CERTIFICATE

This is to certify that the dissertation entitled "Standardization, Organoleptic, Biochemical and Nutritive analysis of the recipes using Hemp seeds (*Cannabis sativa*), as a basic ingredient with Flax seeds (*Linum usitatissimum*) and Chia seeds (*Salvia hispanica*) in different proportions to nutritionally enhance the recipes" submitted for the degree of **Masters of Science (Home Science) in Foods and Nutrition**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Radhika Rastogi** under my guidance and supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and the help received during the course of study have been fully acknowledged.


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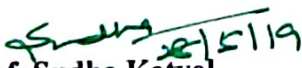
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CERTIFICATE

This is to certify that the dissertation entitled “**Organoleptic, Nutritional and Biochemical evaluation of the products formed by Radish leaves and Indian gooseberry.**” submitted for the degree of **Master of Science (Home Science) in Foods and Nutrition**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Shagun Goyal** under my guidance and supervision and no part of this dissertation has been submitted for any other degree or diploma.

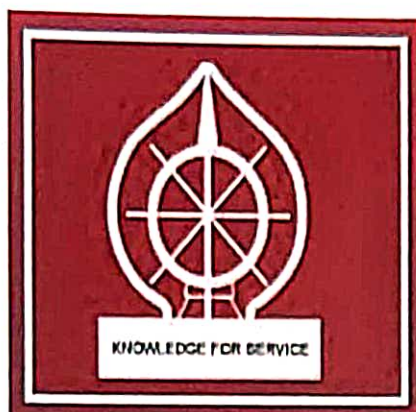
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CERTIFICATE

This is to certify that the dissertation entitled “**REDUCING PLASTIC FOOT PRINTS THROUGH PROCESS OF DEVELOPING EDIBLE PLATES: SENSORY EVALUATION AND PROXIMATE ANALYSIS.**” submitted for the degree of Masters of Science (Home Science) in **Foods and Nutrition**, to Panjab University, Chandigarh, is a bonafide research work carried out by Ms. Aisha Eram under my guidance and supervision and no part of this dissertation has been submitted for any other degree or diploma.

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CERTIFICATE

This is to certify that the dissertation entitled “**TO ASSESS THE HEALTH STATUS AND MENSTRUAL HYGIENE PRACTICES AMONG SCHOOL GOING ADOLESCENT GIRLS OF HOSHIARPUR**” submitted in the partial fulfillment of the requirement for the degree of **Master of science (Home Science) in the Foods and Nutrition**, embodies the research carried out by **Baldeep Kaur**, under my Guidance and supervision no part of this work has been submitted for any other degree.

The assistance and help received during the course of study have been fully acknowledged.

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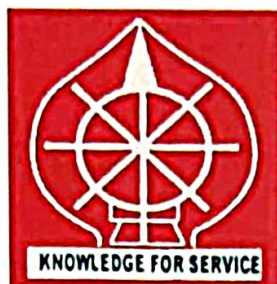
This is to certify that the dissertation entitled “Organoleptic, Nutritional and Biochemical evaluation of the products formed by Radish leaves and Indian gooseberry.” submitted for the degree of Master of Science (Home Science) in Foods and Nutrition, to Panjab University, Chandigarh, is a bonafide research work carried out by Ms. Shagun Goyal under my guidance and supervision and no part of this dissertation has been submitted for any other degree or diploma.

The assistance and the help received during the course of study have been fully acknowledged.

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CERTIFICATE

This is to certify that the dissertation entitled: “**STUDIES ON THE HOUSEHOLD METHODS TO IMPROVE NUTRITIONAL BIOAVAILABILITY OF MINERALS IN COMMONLY CONSUMED INDIAN FOODS**”, submitted by Miss Divnain Kaur Chatwal to Panjab University, in view of partial fulfilment of the requirements for the degree of **MASTER OF SCIENCE (HOME SCIENCE) in FOODS AND NUTRITION** is a bonafide work done under my guidance and supervision and no part of this work has been submitted for any other degree or diploma. The assistance received during the study has been fully acknowledged.

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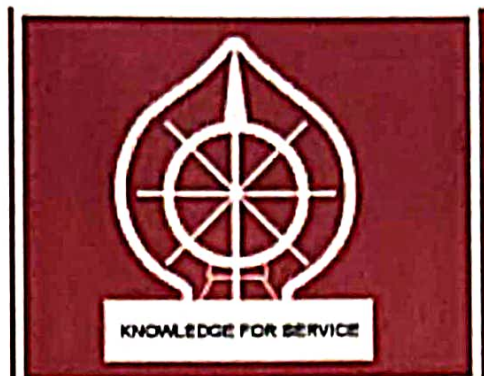
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CERTIFICATE

This is to certify that the dissertation entitled is submitted for the degree of **Masters of Science (Home Science) in Foods and Nutrition**, to **Panjab University, Chandigarh**, is a bonafide research work carried out by **Ms. Shristi Chetri** under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study has been fully acknowledged.

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CERTIFICATE

This is to certify that the dissertation entitled “**DEVELOPMENT OF VALUE ADDED RECIPES USING IRON RICH, UNDERUTILIZED BEET GREENS**” submitted for the degree of **Masters of Science (Home Science) in Foods and Nutrition**, to **Panjab University, Chandigarh**, is a bonafide research work carried out by **Ms. Ramandeep Kaur** under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study has been fully acknowledged.

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CERTIFICATE

This is to certify that the dissertation entitled “**Assessment of knowledge, attitude and practices about breastfeeding and weaning among working and non-working mothers of Chandigarh**” submitted in the partial fulfillment of the requirements for the degree of **Master of Science (Home Science) in Foods and Nutrition**, embodies the research carried out by **Rashi**, under my guidance and supervision and no part of this work has been submitted for any other degree.

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