

CHANDIGARH



**CERTIFICATE**

This is to certify that the dissertation entitled "**Impact of Covid-19 Lockdown On Family Environment, Depression And Anxiety On Adolescents**" submitted for the degree of **Master of Science (Home Science) in Human Development and Family Relations**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Alka Badyal** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.

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**CERTIFICATE**

This is to certify that the dissertation entitled "ORGANIZATIONAL CLIMATE AND FAMILY ENVIRONMENT AS CORRELATES OF OCCUPATIONAL STRESS IN TEACHERS OF KURUKSHETRA" submitted for the degree of Master of Science (Home Science) in Human Development and Family Relations, to Panjab University, Chandigarh, is a bona fide research work carried out by Ms. Garima under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.

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## CERTIFICATE

This is to certify that the dissertation entitled “**Assessment of the knowledge, attitude and practices related to parenting skills of mothers of children (6 - 12 years).**” submitted for the degree of **Masters of Science (Home Science) in Human Development and Family Relations**, to **Panjab University, Chandigarh**, is a bonafide research work carried out by **GUDIA** under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study has been fully acknowledged.

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**CERTIFICATE**

This is to certify that the dissertation entitled "An Evaluative Study of Stress, Anxiety, Happiness and Depression among Young Adults during Covid-19" submitted for the degree of Master of Science (Home Science) in Human Development and Family Relations, to Panjab University, Chandigarh, is a bonafide research work carried out by Ms. Harshdeep Kaur Sodhi under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.

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**CERTIFICATE**

This is to certify that the dissertation entitled "A Study of Selfitis Behaviour in Relation to Self Esteem, Body image disturbance and Narcissism among Young Adults." submitted for the degree of Master of Science (Home Science) in Human Development and Family Relations, to Panjab University, Chandigarh, is a bonafide research work carried out by Ms. Kanchan Saini under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.

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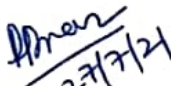
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*This is to certify that the dissertation entitled, “REVERBERATIONS OF ONGOING SOCIAL MEDIA TREND AMONGST ADOLESCENTS DURING COVID -19” submitted to Punjab University, Chandigarh in partial fulfilment of the requirements for the degree of Master of Science (Home Science) in Human Development and Family Relations, is faithful record of bonafide research carried out by Ms. Muskan Sharma under our guidance and supervision, and that no part of this dissertation had been submitted for any other degree or diploma.*

*The assistance and help received during the course of study have been fully acknowledged.*

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## CERTIFICATE

This is to certify that the dissertation entitled "A Study of Anganwadi Workers in Relation to Job Satisfaction, Occupational Stress and Mental Health" submitted for the degree of **Master of Science (Home Science) in Human Development and Family Relations**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Neeru** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.

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This is to certify that the dissertation entitled "**Perceived Pandemic Influences on Family by Mothers**" submitted for the degree of **Masters of Science (Home Science) in Human Development And Family Relations**, to **Panjab University, Chandigarh**, is a bonafide research work carried out by **NIFTYA GODARA** under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study has been fully acknowledged.

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This is to certify that the dissertation entitled "**Impact Of Covid-19 Lockdown On Stress, Coping Strategies And Social Support Of Adolescents**" submitted for the degree of **Master of Science (Home Science)** in **Human Development and Family Relations**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Pooja** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.

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This is to certify that the dissertation entitled "**Assessment of the Knowledge, Attitude and Practices Related to Parenting Skills of Mothers of Adolescents**" submitted for the degree of **Master of Science (Home Science) in Human Development and Family Relations**, to **Panjab University, Chandigarh**, is a bona fide research work carried out by **Ms. Ramandeep Kaur** under my supervision, and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.

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This is to certify that the dissertation entitled "**Impact of Covid-19 on anxiety, stress, happiness and financial status of working and non- working women in Chandigarh**" submitted for the degree of **Master of Science (Home Science) in Human Development and Family Relations**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Rasika Garg** a under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.

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**CERTIFICATE**

This is to certify that the dissertation entitled “**Family Environment, Parental Encouragement and Parent-Adolescent Attachment as Correlates of Happiness among Adolescents (13-18 years of age)**” submitted for the degree of **Master of Science (Home Science) in Human Development and Family Relations**, to Panjab University, Chandigarh, is a bona fide research work carried out by **Ms Samridhi Joshi** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.

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This is to certify that the dissertation entitled “**Family Environment, Resilience, Marital Adjustment and Relationship Satisfaction as Correlates of Happiness among Young Married Couples (21-30 years of age)**” submitted for the degree of **Master of Science (Home Science) in Human Development and Family Relations**, to Panjab University, Chandigarh, is a bona fide research work carried out by **Ms. Shivani Kumari** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.

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**CERTIFICATE**

This is to certify that the dissertation entitled "A STUDY OF BINGE-WATCHING BEHAVIOUR IN RELATION TO MENTAL HEALTH, IMPULSIVENESS, AND PERSONALITY AMONG YOUNG ADULTS" submitted for the degree of **Master of Science (Home Science) in Human Development and Family Relations of Panjab University, Chandigarh**, is a record of work carried out by **Ms. Spinder Kaur** under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.

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