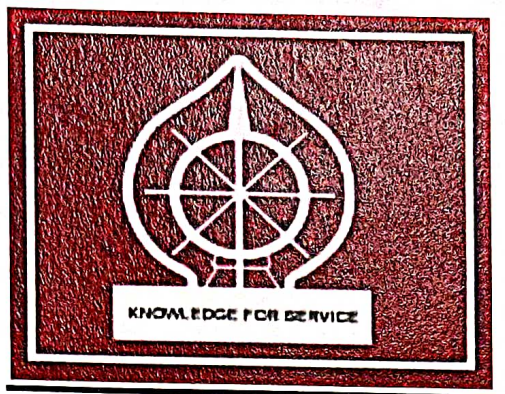


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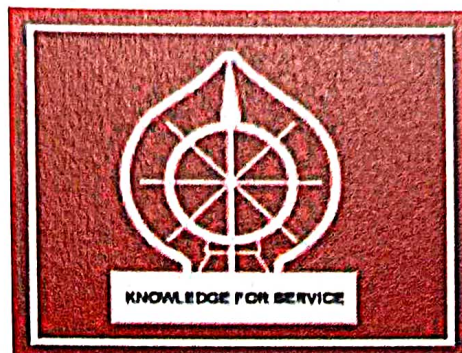
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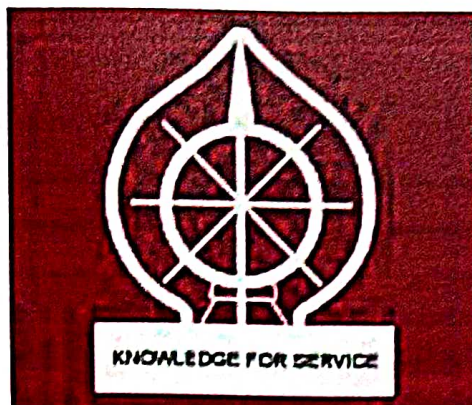
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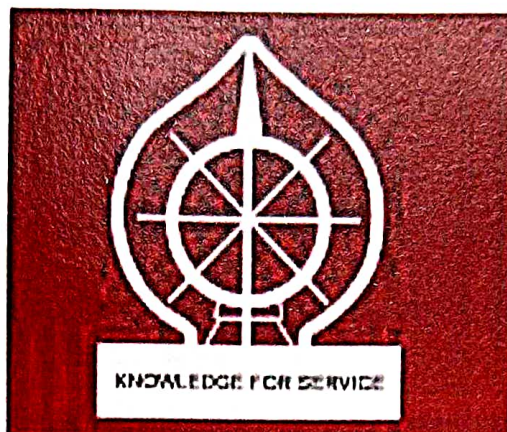
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This is to certify that the dissertation entitled “**DEVELOPMENT OF LUNCH RECIPES WITH SORGHUM AND VALUE-ADDED FLAX SEEDS POWDER**” submitted in partial fulfillment of the requirements for the degree of **Master of Science (Home Science) in Food and Nutrition**, to Punjab University, Chandigarh is a bonafide research work carried out by **Ms. Simran Dhuria**, under my supervision and that no part of the dissertation has been submitted for any other degree.

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This is to certify that the dissertation entitled “Media Influence On Adoption Of Trending Diet Plans And Their Effectiveness ” submitted forth degree of Masters of Science (Home Science) in FOODS AND NUTRITION , to Panjab University, Chandigarh, is a bonafide research work carried out by MRS AGAM KAUR under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study has been fully acknowledged.

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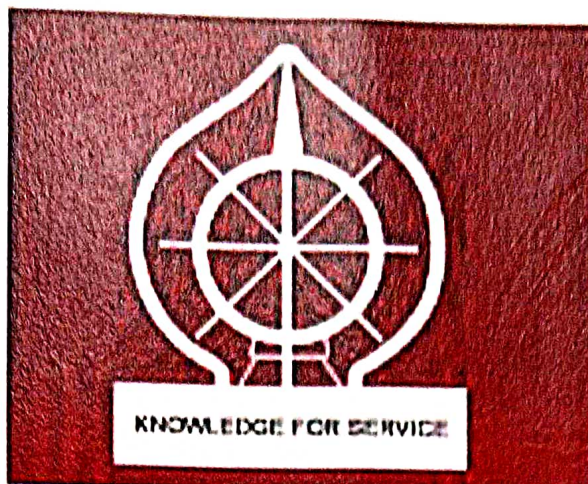
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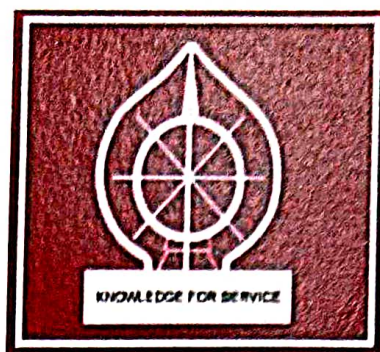
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This is to certify that the dissertation entitled “**DEVELOPMENT AND POPULARISATION OF SORGHUM BASED RECIPES AMONG THE POPULATION OF CHANDIGARH AND SRI GANGANAGAR (DISTRICT OF RAJASTHAN)**” submitted for the degree of **Master of Science (Home Science) in Foods and Nutrition**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Mrinalini Arora** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during study have been fully acknowledged.

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This is to certify that the dissertation entitled “ASSESSMENT OF HEALTH STATUS AND TIME BALANCE AMONG WORKING AND NON-WORKING OF DISTRICT KARNAL” submitted in partial fulfillment of the requirement for the degree of **Master of Science (Home Science) in Food and Nutrition**, to Panjab University, Chandigarh is a bonafide research work carried out by **Ms. Sunidhi**, under my supervision and that no part of this dissertation has been submitted for any other degree.

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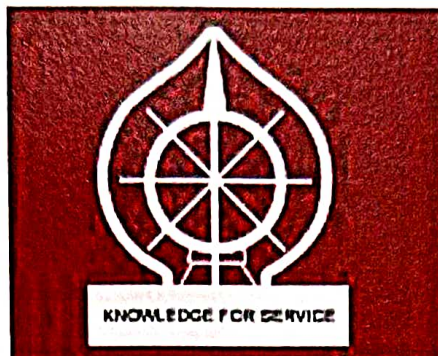
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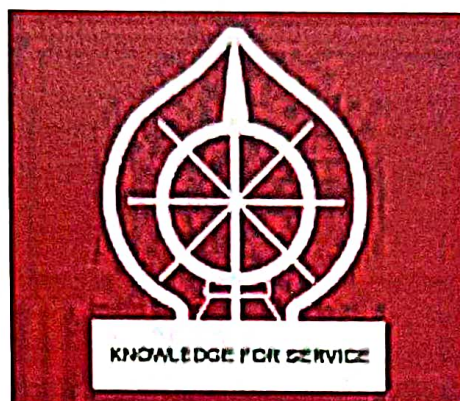
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