

GOVERNMENT HOME SCIENCE COLLEGE

SECTOR 10-D, CHANDIGARH



CERTIFICATE

This is to certify that the dissertation entitled "**STUDY ON THE EFFECT OF GERMINATION ON THE NUTRITIVE VALUE OF FINGER MILLET-CUM-WHEAT FOR DEVELOPING BREAD**" submitted for the degree of **Master of Science (Home Science) in Foods and Nutrition of Panjab University, Chandigarh**, is a record of work carried out by **Ms. Aanchal**, under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.


Prof. (Dr.) Sudha Katyal

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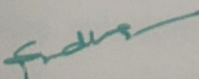

Dr. Vasudha Bansal

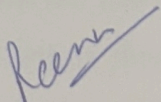
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CERTIFICATE

This is to certify that the dissertation entitled **“Exploring the Anticancer Properties of Chemical Constituents of Bael Fruit”** submitted for the degree of **Master of Science (Home Science) in Food and Nutrition**, to **Panjab University, Chandigarh**, is a bonafide research work carried out by **Agrim Nagra** under my Supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study has been fully acknowledged.


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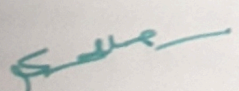

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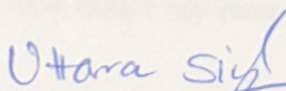
This is to certify that the dissertation entitled “Assessment of Nutritional status and Food Consumed by Urban and Rural adults of Faridabad” submitted for the degree of **Master of Science (Home Science) in Food and Nutrition**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Ankita Pandey** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.


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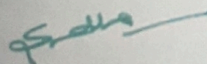
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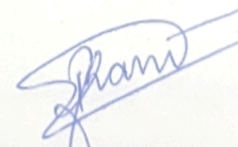


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This is to certify that the dissertation entitled “A comparative study on the growth trends, fat patterning and nutritional status of girls aged 9-16 from rural and urban areas of Pathankot, Punjab” submitted for the degree of **Master of Science (Home Science) in Food and Nutrition**, to Panjab University, Chandigarh, is a bonafede research work carried out by **Ms. Bhavika Anand** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.


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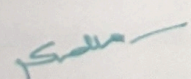
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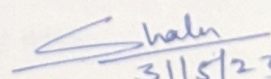
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This is to certify that the dissertation entitled "an insight to know the nutritional status and dietary pattern of girls residing in college hostels of Chandigarh" submitted for the degree of **Master of Science (Home Science) in Food and Nutrition**, to Panjab University, Chandigarh, is a Bonafede research work carried out by **Ms. Bhavnoor Kaur Kohli** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.


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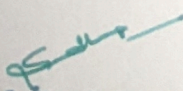
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This is to certify that the dissertation entitled "*Nutritional status and academic stress among female students of various professional colleges of Chandigarh*" submitted for the degree of **Master of Science (Home Science) in Food and Nutrition**, to Panjab University, Chandigarh, is a bonafide research work carried out by Ms. Deepika Bange under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma.

The assistance and help received during the course of study have been fully acknowledged.


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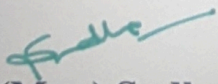
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This is to certify that the dissertation entitled “A COMPARATIVE STUDY OF VEGETARIAN AND NON VEGETARIAN DIETS AMONG REPRODUCTIVE-AGE WOMEN” submitted to Panjab University, Chandigarh in partial fulfillment of requirements of the degree of Master of Science (Home Science) in Foods And Nutrition, is a faithful record of bonafide research work carried out by **DEVAKSHI BATTA** under my guidance and supervision. No part of dissertation has been submitted for any other degree. All the assistance and help received during the course of the study has been fully acknowledged by her.


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This is to certify that the dissertation entitled “EFFECT OF ROASTING AND GERMINATION ON MICRONUTRIENT CONTENT OF COMMONLY CONSUMED MILLET FLOURS” submitted in the partial fulfillment of the requirement for the degree of **Masters of Science (Home Science) in Foods and Nutrition**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Garima**, under guidance and supervision of and no part of this dissertation has been submitted for any other degree or diploma.

The assistance and help received during the course of study has been fully acknowledged.

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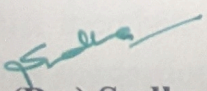
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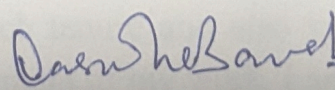
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This is to certify that the dissertation entitled "**TO STUDY THE EFFECT OF GERMINATION ON THE DEVELOPMENT OF SPROUTED PEARL MILLET-BASED MILK BEVERAGE.**" submitted for the degree of **Master of Science (Home Science) in Foods and Nutrition of Panjab University, Chandigarh**, is a record of work carried out by Ms. Kanishka, under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.


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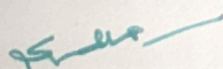
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This is to certify that the dissertation entitled "**Computational Studies to Explore The Anti-Inflammatory Properties Of Phytochemical Present In Grape Seed**" submitted to **Panjab University, Chandigarh**, for the degree of **Master of Science (Home Science) in Foods and Nutrition** is a Bonafide research work carried out by **Kiratbir Kaur** under my supervision, and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and assistance obtained during the duration of the study has been fully acknowledge


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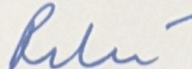
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This is to certify that the dissertation entitled **“TO ASSESS THE DIETARY TRANSITION AMONG THE HOUSEHOLDS OF THREE GENERATIONS LIVING TOGETHER IN CHANDIGARH”** submitted to Panjab University, Chandigarh in partial fulfillment of requirements of the degree of Master of Science (Home Science) in Foods and Nutrition, is a faithful record of bonafide research work carried out by **LARFGEET KAUR** under my guidance and supervision. No part of dissertation has been submitted for any other degree. All the assistance and help received during the course of the study has been fully acknowledged by her.


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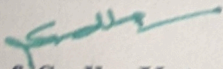
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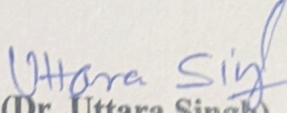
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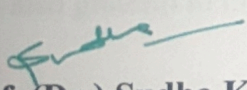
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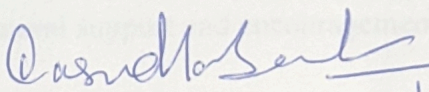
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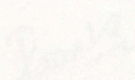
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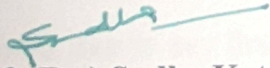
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This is to certify that the dissertation entitled "A BACTERIOLOGICAL STUDY OF COMMONLY CONSUMED SNACKS SOLD AT COLLEGE CANTEEN". Submitted for the degree of **Master of Science (Home Science) in Foods and Nutrition of Panjab University, Chandigarh**, is a record of work carried out by **Ms. Reet**, under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.


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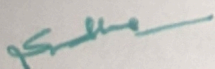
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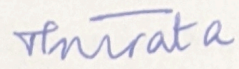
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This is to certify that the dissertation entitled **“the effects of Mid Day Meal scheme on nutritional status of rural school going children”** submitted for the degree of **Master of Science (Home Science) in Food and Nutrition**, to Panjab University, Chandigarh, is a bonafide research work carried out by **Ms. Rianshu** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma.

The assistance and help received during the course of study have been fully acknowledged.


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This is to certify that the dissertation entitled “GROWTH TRENDS, FAT PATTERNING AND NUTRITIONAL STATUS OF MAZHABI SIKH STUDENTS AGED BETWEEN 6 TO 16 YEARS OF KOTKAPURA DISTRICT FARIDKOT ” submitted to Panjab University, Chandigarh in partial fulfillment of the requirement for the degree of Master of Science (Home Science) in Foods & Nutrition, embodies the research work carried out by Ms. Stuti Khurana under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma.

The assistance help received during the course of study have been fully acknowledged.

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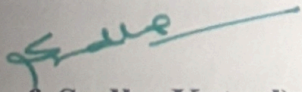
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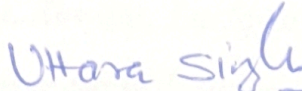
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CERTIFICATE

This is to certify that the dissertation entitled “**NUTRITIONAL EVALUATION AND DEVELOPMENT OF FOOD PRODUCTS USING RAGI (*Finger millet*) AND JOWAR (*Sorghum*)**” submitted for the degree of Master of Science (Home Science) in Foods and Nutrition, to Panjab University, Chandigarh, is a bonafide research work carried out by Ms. Vanshika Saini under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.


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