



# <u>NCC REPORT 2019-20</u>

### <u>Ek Bharat Shreshthe Bharat (EBSB I) Amritsar,</u> <u>Panjab</u> 04 June to 15 June 2019

EBSB stands for "Ek Bharat Shrestha Bharat". In NCC (National Cadet Corp) the EBSB camp held annually unity, nationalism among the cadets, national integration and developing skill. The EBSB camp is one of the prestigious camps where cadets get to know the essence India and its culture "unanimity diversity". of i.e. is The camp was announced on 31st October 2015 by our Hon'ble 14h PM of India, on the occasion of the 140th birth anniversary of Sardar Vallabhbhai Patel. This camp is to enhance the understanding and bonding between the states, innovate the knowledge of the culture, traditions and practices of different state and hereby strengthening the unity and integrity of India.

The main objectives of the camp is to develop leadership skills, enhance knowledge base and public speaking abilities, peer learning through mutual interaction, foster team spirit, improve soft skills and understand culture of own state and the participating state. Some more objectives of EBSB to camp is to promote the spirit of national integration, to establish long term engagements; to celebrate the unity in Diversity of our Nation to, showcase the rich heritage and culture of the different states and to strength The theme of the EBSB camp is "Yuva Shakti Se Aatmanirbhar Bharat Ka Nirman", which forms the backdrop of all the training, to celebrate the idea of India as a nation wherein different cultural units across varied geographies coalesce and interact with each other and to induce a sense of responsibility & ownership for the nation.

This EBSB will provide an opportunity to the cadets from all over India to live together, share views and opinions and participate in a host of sports, cultural, educational and recreational activities.







Ek Bharat Shrestha Bharat camp in Amritsar





## Masks (700) were prepared by The Cadets

With the **COVID-19** pandemic continuing to harrow everyone, especially the frontline workers tasked to mitigate the crisis, in a commendable gesture worthy of emulation, NCC Girl Cadets from 1 CHD GIRLS BN, had come forward with the initiative of locally stitched high-quality pleated cotton face masks for District Authorities. The first lots of masks have been handed over to Chandigarh administration. As per PMO's directions on "Mask India Movement" 1 CHD GIRLS BN, NCC Chandigarh, took initiative of stitching masks. It is a proud moment for them since the initiative was started by the girls themselves further motivated by the Commanding Officer of 1CHD GIRLS BN, for the cause of humanity. They are doing a great deal of work sourcing cotton clothes themselves and stitching high quality pleated masks. Since the lockdown has made availability of cotton scarce, NCC is working on sourcing the clothes to the girls.



Mask preparation and distribution





# <u>#My Life My Yoga#</u>

#### 21 June 2020

The Outbreak of COVID 19 Pandemic withheld the students from coming to campus since March 24, 2020.Even then the NCC cadets of <u>1 CHD GIRLS BN</u>. observed International Yoga Day on 21.06.2020 through online mode on the theme #MY LIFE MY YOGA # and uploaded on twitter. The cadets performed Yoga in their houses. 27 cadets of Government Home Science College sector -10, Chandigarh participated in the Yoga Day celebrations under the guidance of ANO Major.Neelam kumari. The celebration inspired the NCC cadets to perform Yoga understanding its merit, both physically and mentally.



Virtual yoga day celebration





# <u>Kargil Vijay Diwas</u>

#### 25 July 2020

NCC Cadets of Government Home Science College won cash prizes during a State Level Webinar organised by NCC Directorate (PHHPC) on the occasion of Kargil Vijay Diwas. NCC Cadet Nitika secured second position in poetry competition & won a cash prize of Rs2000/- followed by NCC Cadet SUO Shweta Sharma who secured third position in Quiz Competition and won a cash prize of Rs 1000/-. Principal of the college, Prof. Sudha Katyal congratulated the winners and paid tribute to the soldiers of Kargil and highlighted that the feeling of the patriotism should be inculcated at every stage of life so as to make our students value the sacrifices of our Indian soldiers and contribute their part in becoming responsible citizens.



Kargil Vijay Diwas celebration





### **E-Collage Making on Independence Day** 15 August 2020

The NCC wing of Government Home Science College organized a National level Inter-College Digital Collage Making Competition On '*Aatma Nirbhar Bharat*' On 74<sup>th</sup> Independence Day. As many as 38 entries were received. Sheenu garg received Ist prize followed by Katyani Aggarwal from Bansthali University Rajasthan bagged 2<sup>nd</sup> prize and Aastha Jain of Government College of Management & Business Administration Chd, and consolation prize was won by Shikha of the same college. 25 NCC cadets also participated in the same.



E-Collage making competition





### **Expedition (HIMTREK), Baijnath** 27 May to 03 June 2019

This year all India NCC girls trekking expeditions held at Baijnath .2 cadets of Government Home Science college, sector 10 Chandigarh attended this camp. this was an adventurous activity camp a basic course in mountaineering and a first-aid course are taught to cadet's trek to remote/high-altitude areas. Cadets were told about – the people, their culture, the geography, terrain, medical /rescue facilities and weather conditions – of that area. The aims of this camp

a) Inculcate a spirit of adventure, exploration, inquisitiveness and practical investigation.

- (b) Develop stamina, endurance, self-confidence, team spirit and esprit-de-corps.
- (c) Develop love for nature and concern for environmental cleanliness.

(d) Promote National Integration.



Trekking expedition in Himalayas





### "<u>Mega Pollution</u>"

#### 30 September 2019

To make NCC cadets aware about 'Mega Pollution' and 'Poshtik Aahaar', a lecture cum interactive session was organized at Government Home Science College. The event was conducted by Sh. N.K. Jhingan, Secretary of Environment Society India (NGO), Karuna Sadan in the presence of Major Neelam Kumari, ANO of the Home Science College. The session began with an informative introduction about environmental issues accompanied with presentation of videos related to earth, effects of plastic on earth and aquatic animals. It was an interactive session with suitable examples that enlightened the students about the necessity to save our environment. Mr. Jhingan further emphasized on the importance of consuming food items free from pesticides to protect the human health. He highlighted that with an increase in number of restaurants, there is a simultaneous increase in hospitals. To save animal health he also focused on plastic free environment. He motivated the NCC cadets to become more aware of their participatory actions towards the environment and gave various solutions like use of fabric bags, reusable cutlery, etc. The cadets pledged for a plastic free environment and to motivate others to do the same.



Interactive session on Mega Pollution





# Health ID registration by Cadets

#### 26 August 2020

NCC cadets of government home science college sector -10, Chandigarh registered for health ID as Prime Minister Narendra Modi launched the Ayushman Bharat Digital Health Mission through video conferencing on September 27, 2021. Under the mission, digital health id card will be provided to all people. The mission was first announced by PM Modi during his Independence Day speech on August 15, 2020. The digital health ID card will work as a repository of all health-related information of the person such as the person's past medical conditions, treatment and diagnosis. Cadets completed this as a responsible citizen of country under the guidance of associate NCC officers of government home science college -10 college.



Health ID registration by NCC cadets





## <u>Fit India Movement</u>

#### 17 February 2020

FIT INDIA Movement was launched on 29th August, 2019 by Hon'ble Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle. In fit India movement NCC cadets play a major role. They took many campaigns, awareness programmes etc., cadets are motivating the people for being fit. In the awareness point view spread hashtags like #run4india in social media like twitter, WhatsApp etc., and also making some speeches about fit India, drawing, articles, etc., they told to do some exercise, yoga, and play some outdoor games to their neighbours. Due to the pandemic situation, there is no way to make some campaigns and awareness in common places. Because of that cadets are doing some yoga, jogging, running with neighbours or alone and making those activities as photos, videos and post it in the social media under guidance of higher officials. Cadets of government home science college sector -10 Chandigarh actively participated in this movement by doing various activities via online mode due to lockdown.

| H.A.                                       | All Health Data                           |
|--|---|
|  | Today                                     |
|  | Steps 11:41 PM >                          |
| Find the                                   | <b>4,630</b> steps                        |
|  | 👌 Walking + Running Distance 11:41 PM >   |
|  | <b>2.1</b> mi                             |
|  | Flights Climbed 2:13 PM >                 |
|  | 2 floors                                  |
| Cadet Phallak Piplani<br>CHD/19/SWA/325712 | cdt.barbie mendrolia<br>CHD/19/SWA/325714 |
| Cadets participated in FIT Ind             | ia Movement                               |

Fit India Movement

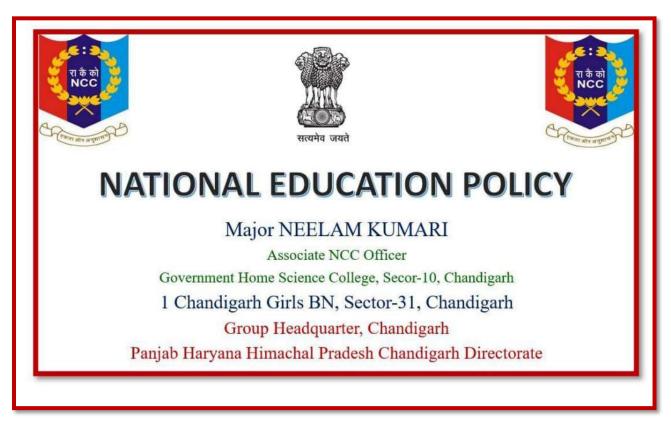




# National Education Policy

#### 8 October 2020

A webinar on National Education Policy (NEP) 2020 was organised by the Chandigarh NCC unit to discuss the salient features of the policy and to apprise the cadets of the changes inducted to give a fillip and a new direction to education in the country. Cadets of government home science college sector -10 Chandigarh and cadets of other colleges of Chandigarh participated in this webinar. The discussion revolved around various features and structural overhaul of education in a way that is set to revolutionize this sector so vitally to propel the country to the next trajectory of evolution in sync with the demands of modern times. The cadets were told how it would impact their career choices. The new ventures of the policy like PARAKH and SWAYAM were also taken up. The reforms in the examination system, multilingualism, innovative pedagogy, reduction in curriculum and early childhood care & education (ECCE) were some of the key features told by experts to cadets



National Education Policy 2020





## <u>National Unity Day</u>

#### 31 October 2020

On the occasion 'national Unity Day' Or 'Rastriya Ekta diwas' which is celebrated in India on October 31 every year to commemorate the birth anniversary of sardar Vallabhbhai Patel, who was India's first deputy prime minister and first home minister of India

Bhartiya janta yuva morcha, Chandigarh in association with NA cultural society organised online poster making competition to celebrate the National Unity Day NCC cadet Akanksha Rakheja of Government Home science college, sector -10 Chandigarh secured 4th position in the competition awarded with trophy and certificate.



Awards given to NCC cadets for poster making competition





## Diwali poster making competition

#### 13 November 2020

Diwali is a festival that usually occurs in the winter season, thus the smoke of the crackers mixes with fog which generates smog. Smog is generally more harmful than smoke because it affects the lungs with cancer-causing molecules while enjoying Diwali we must keep in mind to not hurt the environment. Not only India, but the whole world is also facing serious environmental issues. Hence, Say No to Crackers this and every forthcoming Deepawali. This was the message conveyed by the cadets of government home science college sector-10 Chandigarh by making posters against crackers and they also posted it on their tweeter accounts.



Diwali poster making competition

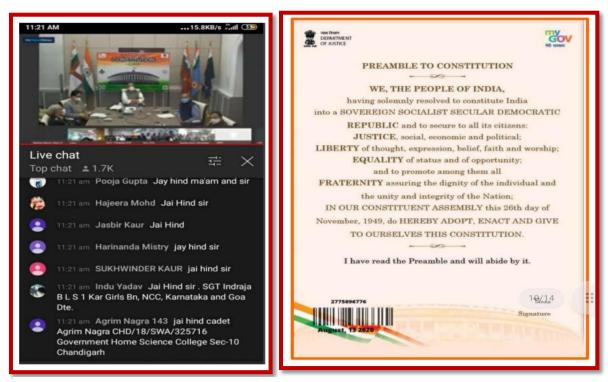




# <u>Constitution day</u>

#### 18 November 2020

On the occasion of Constitution Day NCC cadets of government home science college sector-10 Chandigarh participated in the constitution day by reading the preamble of the Constitution of India and attended the webinar by Raksha Mantri Shri Rajnath Singh inaugurated a month-long nationwide Constitution Day Youth Club activities programme organised by the NCC through a Video Conferencing from New Delhi. The aim of the programme is to mobilise youth to spread awareness about the Indian Constitution amongst the people across the nation. Union Minister of State (Independent Charge) for Youth Affairs and Sports Shri Kiren Rijiju also spoke on this occasion. The Key Objectives of the campaign are to spread awareness amongst the masses, about the basic tenets and the spirit of the Indian Constitution, to include awareness of fundamental duties enshrined in the constitution of India, Qualities of responsible and productive citizen, Importance of the Constitution of India and to spread the message of Dr. B. R. Ambedkar on equality and affirmative actions. Defence Secretary, Dr. Ajay Kumar, Secretary Youth Affairs Ms. Usha Sharma and DG NCC Lt. Gen Rajeev Chopra also addressed the video conference.



Online webinar on Constitution Day