

# GOVERNMENT HOME SCIENCE COLLEGE, CHANDIGARH

2017-2018

## NATIONAL SERVICE SCHEME (NSS)

### NSS ACTIVITY REPORT 2017-18

#### Rastriya Ekta Shapath

#### Unity Week Celebrations

The NSS Volunteers of Govt. Home Science College, Sector-10, Chandigarh under the guidance and directions of Principal of the college, Dr. Sudha Katyal along with NSS Programme Officers, Mrs Chhaya Verma & Mrs. Seema Jaitly organized week-long celebration from October 19, 2017 up to November 6, 2017 to commemorate the birth anniversary of Sardar Vallabhbhai Patel, the Unifier of India and to honour the memories of Sardar Patel. The activities were conducted to foster and reinforce our dedication to preserve and strengthen Unity, Integrity and Security of our nation.





## World Day Of Remembrance

A candle march was organised on World Day of Remembrance on Oct 19, 2017 at traffic park sector-23 Chandigarh in collaboration with citizen awareness group and Chandigarh traffic police. The world Remembrance Day was celebrated by our NSS volunteers in memory of our Common wealth member states since the end of the First World War in 1919 and to honour armed forces members who have died in the line of duty.



## Unity Walk

A unity walk was organised by NSS volunteers on Oct 31, 2017 at Government Home Science College, Chandigarh in collaboration with Chandigarh Administration at Sukhana Lake. Run for Unity is held every year to commemorate the birth anniversary of Sardar Vallabhbhai Patel. The Indian government first introduced the day in 2014 to pay tribute & mark the immense contributions of Sardar Vallabhbhai Patel on his birth anniversary.



## Motivational Talk Programme

Motivational Talk by Programme Officer, Highlighting the history and Importance of Sardar Vallabhbhai Patel in Unifying India to the NSS Volunteers was delivered on November 02, 2017.



## Students Singing Inspirational Songs

NSS volunteers sang various inspirational songs on November 03, 2017 for motivating the other student volunteers and to create awareness about the importance of Iron Man.





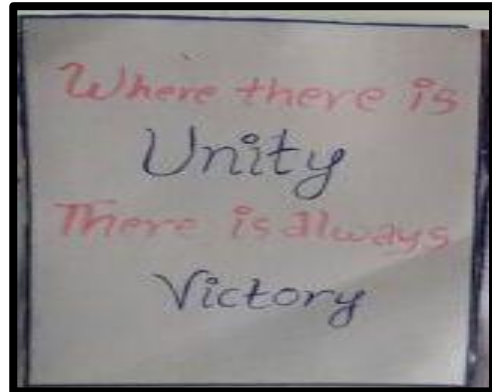
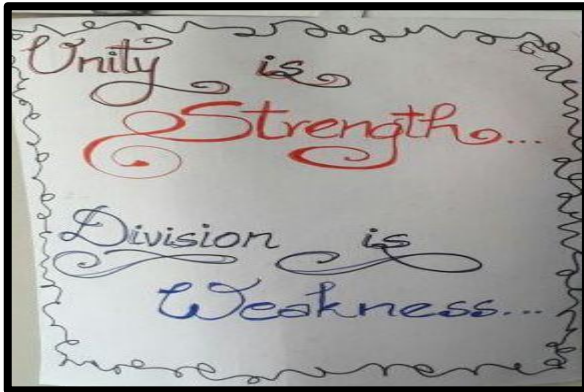
## Paper Reading Competition

Many NSS volunteers participated in the Paper reading competition organised on the Theme “Sardar Patel- Iron Man of India” by NSS wing on November 04,2017 leading to lot of interaction and discussion amongst the audience.

### Theme “Sardar Patel- Iron Man of India”



## Slogan Writing Competition



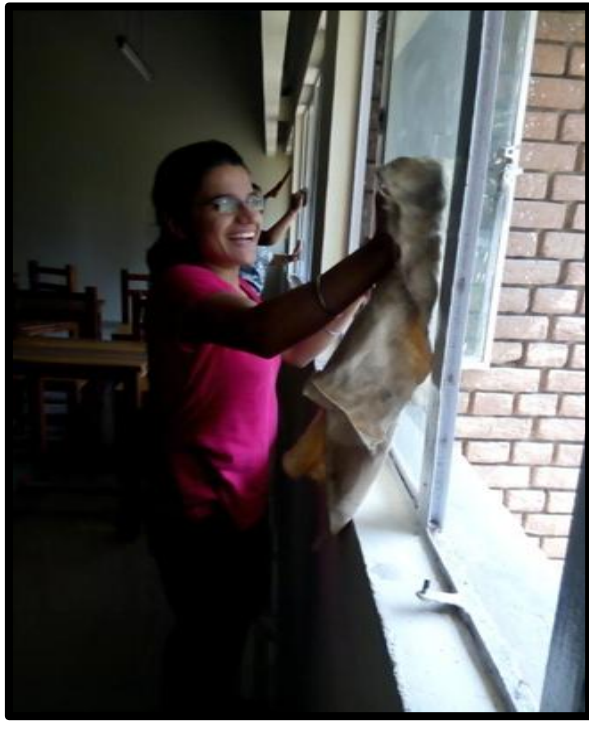
## T Shirt Painting Competition





## Swachh Bharat Abhiyan (Cleanliness Drive)

Swachh Bharat Abhiyan (Cleanliness Drive) was carried out by the NSS unit of Govt. Home Science College, Sector-10, Chandigarh in the college premises on NOV 2, 2017, with the help of laboratory staff, library, office and teaching staff as well as NSS volunteers. The drive was carried out so as to provide clean environment to one and all for better learning and efficient working.

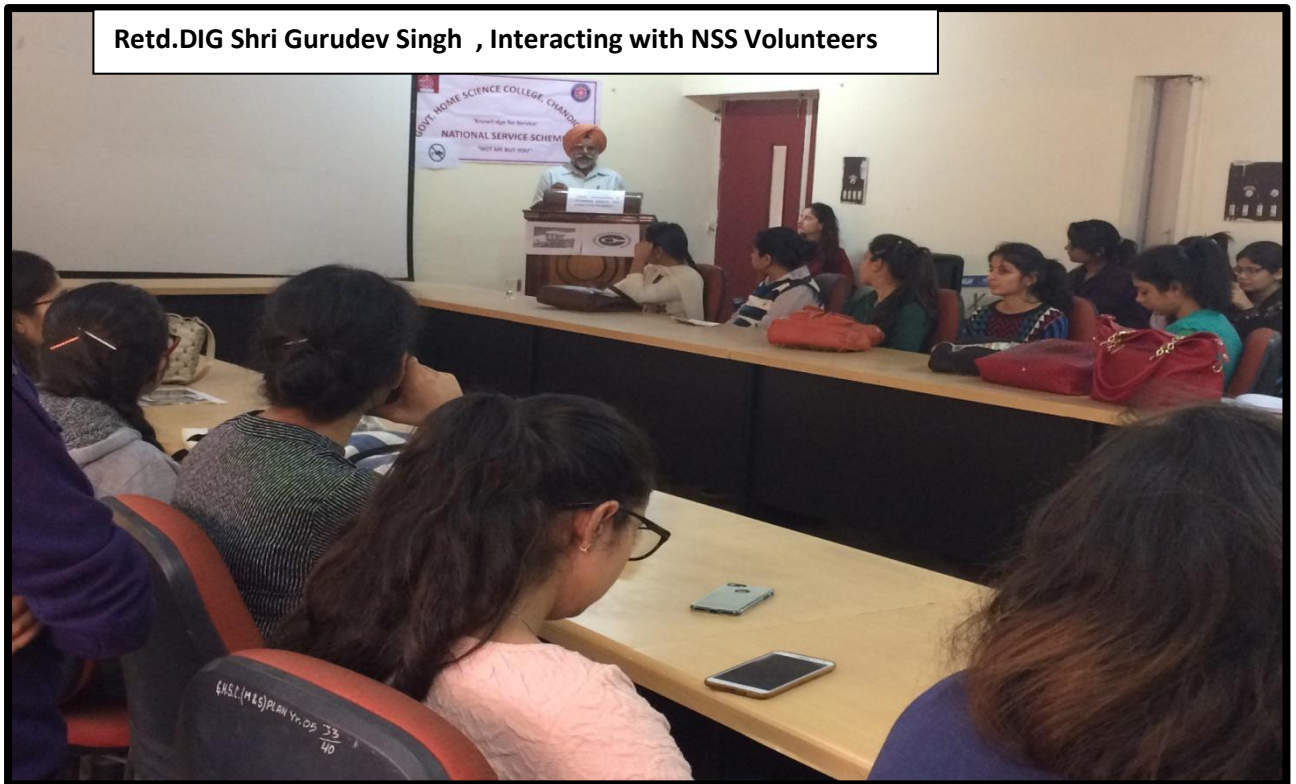


## Vigilance Week Celebrations

Vigilance Week (Nov. 2, 2017) was celebrated by NSS Wing of Govt. Home Science College, Chandigarh on the theme 'Public Participation in Promoting Integrity and Eradicating Corruption'.

Retd. DIG Shri Gurudev Singh interacted with NSS volunteer. He emphasized on the importance of being vigilant in all spheres of life, be it professional, personal and at all levels, national levels, international levels and at global level. He also emphasized the role of vigilant citizens and how vigilant and aware masses may contribute in eradicating corruption in our country. Apart from this vigilance oath was also taken by NSS volunteers, Principal ma'am and senior faculty members along with the esteemed speaker Shri. Gurudev Singh.





### **Organ Donation Awareness Camp**

NSS wing and Govt. Home Science College, Sector 10, Chandigarh in collaboration with Fortis Hospital, Mohali organized one day awareness camp on “Importance of Organ Donation” on Nov. 17, 2017. More than 200 NSS volunteers participated actively during the camp. Principal of the college, Dr. Sudha Katyal, appreciated and applauded the efforts of NSS program officers.



## **Celebration Of Constitution Day**

As per the instructions of Director Higher Education, Chandigarh Administration, Chandigarh. The NSS wing of Government Home Science College, sector 10, Chandigarh celebrated the Constitution Day, November 26, 2017 in the most befitting manner.

The Preamble to the Constitution was respectfully read out in all the class rooms as well as in the college Hostel. Printouts of the Preamble to the Constitution were displayed at common places - Student Notice boards, Staff Notice Board, Hostel Notice Boards and other Notice Boards for maximum awareness generation. Effort was made to involve and reach out the maximum number of Staff, NSS Volunteers and students.





## Celebration Of Birth Anniversary Of Guru Gobind Singh

Govt. Home Science College Sector-10, Chandigarh celebrated Birth Anniversary of Guru Gobind Singh Ji at NSS adopted village Khuda Ali Sher. The following activities were conducted during celebration at Khuda Ali sher village.

- Interaction/talk on relevance of teachings of Shri Guru Gobind Singh Ji in today's time.
- Awareness on sacrifice of Guru Gobind Singh Ji for the welfare of National Unity & Integrity.
- Awareness about his teachings through Shabad.
- Poster making competition
- Slogan making
- Skit





## National Voter's Day

NSS wing of the Government Home Science College headed by NSS programme Officers celebrated the National Voter's Day on January 25, 2018. Students took a pledge to committedly work towards promoting democratic electoral participation. Poster making, slogan writing and declamation competitions was also conducted on the theme 'Empowering young and future voters' to infuse democratic values, sense of empowerment and pride among the students.





## Celebrations of Martyrs Day

NSS students of Government Home Science College visited the War Memorial, Chandigarh among students of other colleges and dignitaries of the Administration to mark the celebrations of Shaheed Diwas. They payed homage to all the soldiers who fought bravely and laid down their lives for the country.



## Self-Defence Training Programs

Self-defence training programme from (March 28-30, 2018) was organised by NSS wing of Govt. Home Science College, Chandigarh in collaboration with Chandigarh Police under theme 'SWAYAM'.

The purpose of conducting such training programme was to make NSS Volunteers more aware, independent, and fearless and be prepared for any unexpected incident. Through self-defence training, girls were taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress.





## Yoga Camp

The college organized Yoga Camp from May 21, 2018 to June 20, 2018 every day from 8:00a.m. To 9:00 a.m. in the college premises for all the interested participants.

The training was provided by expert Yoga trainer Ms. Geeta under the esteemed guidance of Principal of the college, Dr. Sudha Katyal. All the activities of the Yoga camp were efficiently coordinated and implemented by NSS Wing. More Than 50 Volunteers Participated in the Yoga Camp. Active participation from volunteers,teaching and non- teaching including Library Staff was observed. More than 50 Volunteers participated in the International Yoga Day.



