O/O THE PRINCIPAL GOVT. HOME SCIENCE COLLEGE SECTOR 10-D, CHANDIGARH

03.10.2022

IQAC meeting was held on 03.10.2022 in the office of the undersigned at 10:30 am

Agenda:

- Preparation and submission of AQAR report for the current academic session
- Conduct of talent hunt and participation and preparation for Inter Zonal Punjab University Youth Festival
- Internal energy, academic and green audit to be conducted on campus
- Inauguration of Modular kitchen of B.Sc. hostel
- To ensure timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations
- Online and off line skill building and enhancement activities to be conducted
- On the spot agenda as per due permission from the chair

The following members were present for the same:

1. Dr. ReetinderBrar – In charge

2. Dr. Ritu Pradhan ON LEAVE

3. Dr. Neha Sharma Nehallan

4. Dr. Namrata Sethi Vinwata

5. Dr. GauravKalra

6. Ms. AkshataVerma Arshala

7. Dr. Vasudha Bansal Qan

8. Dr. Reenu Cerry

9. Dr. Shabana Shabar

10. Anupreet Sobti – Student Representative

11. Akanksha Rakheja – Student Representative

Principal Govt. Home Science College

Chandigarh

MINUTES OF IQAC MEETING HELD ON 03. 10. 2022

Action taken report of the previous meeting was discussed:

S.No.	AGENDA OF THE LAST MEETING	ACTION TAKEN
1.	Preparation of conduct of final semester examinations as per university guidelines	 Practical and theory exams were conducted successfully according to the university protocols for all even Semesters.
2.	Preparation and printing of college newsletter for the previous academic session	 The college newsletter was printed and released by Education Secretary Ms. Purva Garg at the Annual Convocation cum Prize Distribution of the college The newsletter is a comprehensive document highlighting the activities of the college
3.	Prospectus preparation and guidelines for admission to be set	 The college prospectus was completed and uploaded timely on the website for admissions. The prospectus gives a complete insight into the departments, courses offered and activities of the college. Online admissions were conducted for Undergraduate and post graduate classes as per the timelines given by the Chandigarh Administration in accordance with the university.
4.	Review and compilation of Self Study Report for duly submission for NAAC	 The rough draft of the self-study report under preparation was duly reviewed by the AQAR core committee and changes were suggested to the different criterion in charges. Further, work on AQAR for the current session is also being worked upon. College organized a seminar on "Quality Assessment under Revised Accreditation Framework, NAAC" for the faculty members. Dr. Dalip Kumar, Registrar Amity University, Mohali and Ex Additional State Project Director RUSA, Chandigarh Administration was the resource person. He inaugurated the newly renovated Committee Room of the college under RUSA and gave

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		his valuable insights regarding the new framework of NAAC accreditation for the colleges.
1 ^	on and arrangement for College Annual on	• College organized its 52nd Annual Convocation cum Prize Distribution function on 11.6.2022. As many as 200 Graduates and Post Graduate Students were conferred with the degrees. The Chief Guest of the occasion was Ms. Purva Garg, IAS, Education Secretary, Chandigarh Administration. Principal of the college, Prof. Sudha Katyal presented the Annual Report of the college. The report provided glimpses of the highlights of the college during the academic year 2021-22 as well as the illustrious achievements of the students as well as faculty members in all spheres. The college newsletter depicting the glorious progress made by the college during the session 2021-22 was also released. In addition, prizes were awarded for a number of co-curricular activities. Aakanksha Rakheja from B.Sc. (H.Sc.) 6th Semester was awarded the best all round student of the year, Stuti Khurana from B.Sc. (H.Sc.) 6th Semester won Dr. Devi's Award for being the most compassionate and helping student of the college. To boost the idea of entrepreneurship, and skill building, College initiated Sinder Kukar Best Entrepreneur Award through an NRI Doctor, Dr. Narinder Kukar from New York which was awarded for the past 3 years combined due to COVID-19. Tannu from B.Sc. ATD, was awarded the best entrepreneur Award for the year 2020-21 for running up her startup by the name S.L. Collections. Her YouTube channel has more than 2.71 k subscribers. In a similar vein, Isha was awarded this prize for her start up Ek Koh Moh, a fermented gut probiotic drink in the year 2019-20. Anupreet

		from M.Sc. Foods and Nutrition, was chosen for this award for her start up Fanatasia-de-chocolates and Dietaura – a diet clinic in the year 2018-19. The prize comprised of Rs. 15000 in cash and a memento.
6.	Organize a grand mega exhibition for providing a platform for budding entrepreneurs	• Aligning with the mission and vision of Azadi ka Amrit Mahotsav, College organized a one-day mega fair on 2.06.2022 to promote the idea of skill-building, self-reliance and entrepreneurship among students. In sync with Honorable Prime Minister's key initiatives of Make in India, Vocal for the Local and Swavalamban Bharat, the rationale of the event was to provide a launch pad for all stakeholders to exhibit their creativity and innovative ideas. Ms. Anita Pal, a renowned artist and educationist who is the wife of Advisor to Administrator, Chandigarh Admn. was the Chief Guest for the event. She applauded the efforts of the young entrepreneurs and highlighted the importance of being empowered. She told them to dream big and have the courage to chase the same. The exhibition "Rangkriti" showcased the amalgamation of tradition and style in a harmonious manner. It also provided them with an opportunity to "Earn while they Learn". A wide array of attractions were displayed such as designer bags, accessories, mini gardens, cushion covers and healthy recipes. Furthermore, an Inter-college cookery competition was also organized to promote the use of millets. More than 52 entries were received from colleges across the city. Manya from PGGCG-42, Chandigarh was awarded the first prize for her Millet Cake. The second prize was bagged by Preesha and Muskaan collectively for Ragi potato Felafel and

Bajra Pizza. The third prize was awarded to Anjali from PGGCG - 11 for her recipe Sorghum Dhokla. An Eco walk showcasing dresses using recycled and sustainable resources and different styles of sari draping were also demonstrated. The media, as well as beverage partner for the event, was 94.3 My FM and Nescafe. The event was sponsored bySBI, Punjab National Bank, Vivo, Edwise, Avon, VInspire for life foundation, Happy Designs, EK- Koh-Moh and SSS. The day witnessed a plethora of activities and bustle on the campus. The college received an overwhelming response as people from different walks of life attended the event. 7 Proud Moments for the College College has been ranked 46th at the National Level and has topped amongst all the colleges in tricity, College in Top 50 in NIRF India Rankings 2021 fourth time in a row, in NIRF India Rankings released by Ministry of Education, GOI. It was announced on July 15,2022, by Honourable Education Minister Sh. Dharmendra Pradhan. The National Institutional Ranking Framework, Ministry of Education, GOI ranks the institutes depending on their areas of operation in the categories overall, university, colleges, engineering, management, pharmacy, law, medical, architecture, dental and research. Government Home Science College showed a tremendous jump in its position from 78 th rank attained last year in 2021 to 46th rank this year. The college has been successful attaining its position in top 100 consecutively for the last three years and this year it has been a moment for more pleasure and pride as the college has attained its position in first 50 ranks at national level. It is the only college in Government and

Accolades and Awards received by Principal

- Private colleges in tricity which could secure a position in top 50 at National Level. For rankings, colleges were evaluated under the categories of Teaching Learning Resources, Graduation Outcome, Perception, Outreach and Inclusivity and Research and Professional Practice.
- Principal of the college, Prof. Sudha felicitated was Honourable Governor of Punjab and U.T. Administrator Sh. Banwari Lal **Purohit** on 29.03.22 for her significant contribution in disseminating as well as implementing the motto of Aahar Kranti among the various stakeholders. She has been working relentlessly towards providing technical logistical support for the AaharKranti project with a mission of promoting the of millets through pamphlets, interactive sessions, rallies and many other related activities. The rationale was to reach out to the masses and apprise them about the nutritional benefits of adopting a healthy lifestyle in their day to day life.
- A proud moment for the college on 7.3.2022 as Principal Prof. Sudha Katyal was awarded with Women achievers award by Ministry of Information Broadcasting, and Regional Outreach Bureau, Chandigarh. The ceremony was held in the auditorium of the college to commemorate the eve of International Women's Day, where along with other women achievers; Prof. Sudha Katyal was felicitated by the presiding chief guest, Smt. Anindita Mitra, IAS, MC Commissioner, Chandigarh.
- Principal of the college, Prof.Sudha

Prizes won by students

Katyal once again received **Appreciation** Certificate \mathbf{of} on 15.6.2022 for her outstanding work carrying out environment awareness activity 'Selfie With Plant' occasion of World Environment Day. The activity was initiated by the college in collaboration Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Government of India.

- Ekta Gupta of M.Sc. Clothing and Textiles, Semester 2nd won Third Prize in Logo Designing Competition organized by Department of Apparel and Textile Science, Guru Nanak Dev University, Amritsar.
- Rashmita Subba, a student of M.Sc. Foods & Nutrition (2nd year) won Chandigarh Science Congress-2022 (CHASCON) Logo Design Competition. The competition was organized by Panjab University, Chandigarh. The Logo will be used as CHASCON Logo on their website throughout the year. Furthermore, the logo will be displayed during the event of Chandigarh Science Congress which was going to be held from September 15-17, 2022.
- Akanksha Rakheja, a student of M.Sc. Home Science (HDFR) 2nd year has been declared the winner in Eco Rangoli Competition and Liviot of B.Sc. Home Science 2nd year secured Second Position in Essay Writing Competition held on August 25, 2022. The competition was organized to mark the celebrations of Rajiv Gandhi AkshayUrjaDiwas on the theme 'Impact of AkshayUrja in India'. The event was organized by Dept. of Environment Studies, PGGC-46. Chandigarh in collaboration

Faculty Achievements

- CREST, Chandigarh.
- Dr. Vasudha Bansal, Assistant Professor, has been granted a Patent entitled, name 'Novel **Industrial Dairy Waste Management** processing For the Development of Nutritional **Enriched** Beverage'. She has been granted this patent under her DST-SERB young scientist project. The present invention relates to a development of value added product i.e. whey beverage via using the by-product of dairy industries which has been wasted in million tonnes worldwide and drained to ground water. WHEY is an excellent source of whey proteins which are easily metabolised by all age groups from infants to adults and function as potent antioxidant in body as well. PATENT GRANT NO: 396150 dated May 04, 2022 Date of filling the Application: 07-11-2017 Application Number: 2011711039578
- Dr. Preeti Alagh, Assistant Professor has got a Patent Publication on her name entitled. 'NANO-**FUNCTIONALIZED NATURAL FIBER** WITH **IMPROVED PHOTOCATALYTIC** AND ANTIMICROBIAL PROPERTIES'. The present invention relates to a bio nano composite material comprising a natural fibers (NF) on which metal oxide nanostructures are grown. The Patent Office Journal No. 35/2021 Dated 27/08/2021. Date of filling the Application: 29-01-2020. Publication Date: 27-08-2021. Application Number: 202011003954-A
- In a weeklong campus placement drive beginning from 24 March, 2022 in College, the students got lucrative offer of placement and internship in reputed organizations. Stuti, a student of M.Sc. Final year has been placed in Byjus, globaled-tech company, at the

package of 4 lacs per annum approximately. Shivali Kapoor, student of Post graduate Diploma in Nutrition and Dietetics has been selected in Nestle, global food Beverage Company, at a package of 3.5 lacs per annum approximately. Fitelo, Diet Company has shortlisted more than six candidates for final round of interview. Most of the students of Foods and nutrition get 100 percent internship opportunity reputed hospitals across tricity. 8 College as One Stop Shop during In sync with the Government's Key Poshan Maah Scheme of Poshan Abhiyaan, College initiated the celebrations on 1.9.2022 on All activities were conducted in campus. The theme convergence with all departments of PoshanMaah this year revolved the college such as around Sashakt Bharat, Sabal Naari, Saakshar Baccha, Swasth Bharat. NCC The students of the college along with NSS the faculty member took the Poshan pledge which Foods and Nutrition revolved around introducing a healthy lifestyle, balanced **HDFR** diet and fun ways of eating good food. **Extension Education** To celebrate Poshan Maah, the Dietitics Department of the college displayed exhibited nutritious recipes especially for pre schoolers and young adults on 2.9.2022. Recipes ranged from stuffed healthy buns, vegetable idli, soya burger, Mexican street corn and green cutlets. This activity helped in generating awareness amongst the staff and students giving them ideas about incorporating healthy recipes in their daily diets. On the 3rd Day of the celebrations on 4.9.2022, the college organised a cycle rally using smart bikes. Smart bikes are an initiative by the administration to reduce traffic congestion and reduce the carbon footprint. NCC Cadets of 1 Chandigarh Girls Battalion conducted a cycle rally which was flagged off by Principal Prof Sudha Katyal. The NCC

Cadets on their cycles carried slogans making people aware about the benefits of eating healthy and staying fit. "MahilaaurSwasthya"

"BacchaaurShiksha" was the theme of PoshanMaahCelebration. The rally was taken from the college till matkachowk and to Sector 15 and back. The rally was an initiative to help spread awareness on the benefits of healthy living.

- The final year students of DieteticsDepartment put up a stall on the college campus on 5.9.2022 as part of the ongoing celebrations of PoshanMaah. This activity conducted throughout the month students were given an opportunity to exhibit their creative skills. Furthermore, itaimed to instill an entrepreneurial spirit in them through sale, display and exhibit of nutritious snacks. The snack for today was a modified version of the traditional dish - "LittiChokha" made nutritious by incorporating millets. The dish was enjoyed by one and all and a large footfall was also witnessed.
- Graduate and post graduate students of College participated in the National Level Cookery Competition organised by NITTTR, Sector 26 on **6.9.2022**, as part of the ongoing celebrations of PoshanMaah and to commemorate the International Year of Millets -2023. Surbhi of Bsc. Dietetics Fifth semester won first prize in the sweet with category her ragimodak. The first prize in the savoury category was also bagged by a student of the college, Aanchal of Msc Foods and Nutrition BajraPapdiChaat. Stuti of Msc Foods and Nutrition bagged the third prize in the sweet category for Ragi Barfi whereas Surbhi was awarded another

- prize for her Millet Pizza in the savoury category. Faculty of the college Dr.NamrataSethi was the resource person for the workshop and delivered an engaging session on importance of millets.
- On the 7th Day of the PoshanMaah celebrations which was a multiministerial convergence mission aimed at realising the Hon. Prime Ministers' vision of 'Suposhit Bharat', Placement of GHSC-10 organised demonstration on nutritious recipes. The event partner demonstration was Nestle. The healthy and nutritious recipes viz., peanut bars, nutrichaat, and sprouted moong dal & corn sabji was demonstrated by our own Alumna, Ms. Shivali, working as a Nutrition Expert, Nestle. Around 50 students of B.Sc. & M.Sc. attended this demonstration. Students were quizzed on nutrition concepts during the demonstration and winners were given maggie hampers.
- The students of Department of Foods and Nutrition as part of the ongoing celebrations of PoshanMaah, put up stalls in the college campus on 8.9.2022 whereby getting an exposure to quantity cooking, purchase of raw materials and sale and account keeping. The last two days saw a brisk sale of healthy recipes like rava vegetable toast and stuffed golgappa. The snacks were enjoyed by everyone and helped the girls understand the concept of Institutional Food Service Management.
- In sync with ongoing poshanmaah celebrations, the extension education department of College organized a sensitization program on menstrual health and hygiene on 14.9.2022. A live demonstration of various ecofriendly products like menstrual cupand reusable and biodegradable

- sanitary napkins were the main focus. A talk on most common problem specifically in girls due to menstruation known as anemia and menorrhagia was also conducted. An interactive quiz session was also conducted where students actively participated and more than 100 students were benefited from this programme.
- Keeping up with the theme of nutritious and healthy eating especially amongst children, the B.Sc. students of the college on 14.9.2022 prepared and sold millet based paobhaji.The incorporation of millets not just increased the nutritional content but also enhanced the taste. The importance of eating millets was also advocated as we go on to celebrate the International Year of Millets in 2023.
- The B.Sc. Dietetics students Department of Food and Nutrition prepared healthy papdichaat using ragi millet on 15.9.2022. This month long activity of preparation and sale of nutritious snacks on the campus during PoshanMaah aimed to generate awareness on commonly consumed recipes that can be made healthier by incorporating millets and important nutrients. The stall got a great response from all staff and students of the college.
- As part of the ongoing celebrations of PoshanMaah, the students of Department of Foods and Nutrition prepared, displayed, demonstrated and sold healthy recipes to create awareness amongst the staff and students of the college on the campus. On 16.9.2022 dish was healthy burgers made by incorporating vegetables, potatoes and paneer as well as mint chutney. The stall saw a brisk sale with more than 60 pieces being sold.
- To promote the use of millets and their

consumption in our daily diets, College organised a cookery competition on 19.9.2022 using millets as the main ingredient as part of the PoshanMaah celebrations. A wide array of more than 40delectable and innovative recipes were prepared by the students ranging from Mexican millet cups BairaPaniiri, Sanwa kheer and Jowarladdoo. Prizes were awarded on the basis of innovation, taste, nutritive value and display. Three consolation prizes were awarded to Larfgeet of Msc Foods and Nutrition, Rianshu of Msc Foods and Nutrition and Anjali of BscDietitics for their preparations of bajra cutlets, sanwa kheer and barnyard pudding. The first three prizes were all bagged by the Bsc Home Science first semester students. Saumya won the first prize for her Ragi gingerbread house, Harjyot for Millets Laddoo and Ishita won the first prize for Millet Panjiri.

- The students of B. Sc. Dietetics on 20.9.2022 prepared a healthier version of a popularly consumed street food AlooTikkiChaat and sold it on the campus. The alootikki was made nutritious by adding vegetables in it and binding it with millet flour. Beetroot and sprouts were used for garnishing as well. The dish was thoroughly enjoyed by the staff and students of the college
- A puppet show was performed by the students of Department of Extension Education on 21.9.2022 as a part of ongoing poshanmaah celebrations.A large number of audience enthusiastically enjoyed the colorful imparting knowledge puppets various aspects of adolescent health. The performance was very enjoyable as well as informative. It was followed by interactive session where the audience shared their experiences and

gave feedback.

- WHO has rightly defined heath as a complete state of physical, mental and social well-being. Keeping these factors in mind and ensuring holistic health, College organised a holistic health mela on 23.9.2022 as part ongoing celebrations of PoshanMaah. The mela started with a talk on cybercrime, women safety and selfdefence techniques by Inspector Mini Bhardwaj and the team from SWAYAM. They talked about netiquettes that need to be followed while using social media. She also spoke about women safety awareness and her team demonstrated simple techniques of self-defence. Dr.RachnaAbrol, consultant obstetrician and gynaecologist in Sector 22, Chandigarh spoke about common reproductive problems experienced by adolescent girls. Dr. Sheetal, an Ayurvedic consultant discussed holistic healing through ayurveda and diet plans according to Ayurvedic personality types. Dr.AmeekaTulla. **Dentist** from Way2Smile dental clinic in Panchkula also carried out dental check-up and consultation. The students of Department of Foods and Nutrition also set up a Diet Clinic along with sale healthy commonly consumed ChannaKulcha prepared with a twist.
- As part of the ongoing celebrations of PoshanMaah, the students of Department of Human Development displayed a Nukkad Natak on the campus on 28.9.2022. The theme of the Natak revolved around importance of healthy eating for the pregnant mother and for the child especially during first 1000 years of birth. With scenes enacted from real life moments, the natak was an interesting watch with

		successfully spreading the message of healthy eating. To conclude the celebrations of PoshanMaah, the Msc students of the Department of Foods and Nutrition kick started the cafeteria on 30.9.2022 as part of their curriculum of Institutional Food Service Management. This activity helps the students in setting up and running large scale food service establishments. The dish of the day was Maska Chaska Bun with a healthier twist. The cafeteria was visited and enjoyed by a large number of staff and students.
9	Sustainable Initiatives on the campus	 The college has made all efforts to make the campus ecofriendly and sustainable College strengthened the rain water harvesting system through grant of Rs. 42, 44, 000/- from Chandigarh Administration to ensure creation and conservation of more water for the environment than being actually used The solar power plant is installed on the newly constructed research multimedia block under RUSA Infrastructure grant. Solar panels amounting to Rs. 4, 25,062 have been installed by CREST. The college ensures proper disposal of waste and its management. 6 More compost pits have been dug on the campus. In sync with all the initiatives of the government, the college works relentlessly to contribute to the environment. Active participation and work is being done on the Waste to Wealth Mission. To create a sustainable work environment, the college practices gender equity at all levels Aligning with the vision and mission of the Indian Wildlife Council, The

Environment Society-Harita, organized Inter-college competitions on Jute Bag Painting and Collage Making on 1.10.2022 to mark the Wildlife Week Celebration. A funding of Rs.15,000/- was given by Dept of Environment, Chandigarh Administration. The theme of the event was "Recovering Key Species **Ecosystem** Restoration." The rationale of the event was to raise awareness among the various stakeholders about the dire need for the protection of wildlife to maintain our ecosystem.

- The College celebrated International Day for Preservation of Ozone Layer on 16.9.2022. A funding of Rs.7000/was given by Dept of Environment, Chandigarh Administration. theme of the event was "Global Cooperation **Against** Climate Change." World Ozone Day observed on September 16 every year to spread awareness amongst people about the depletion of Ozone Laver and to find possible solutions to preserve it. Inter-college competitions like Poster Making, Slogan Writing and Bookmark Making were organized. 75 Around students participated wholeheartedly in the competitions.
- Environment Society 'Harita' of College celebrated World Environment Day on 5th June 2022 which was sponsored by Dept of Environment, Chandigarh Administration, by organizing online inter college competitions viz. Short video making, Plant a sapling & Eco Photography on the theme "Only One Earth". About 50 entries were received in each category from different colleges of Chandigarh and Punjab.

Agenda items along with suggestions given in IQAC meeting held on 3.10.2022

S. No.	AGENDA	SUGGESTIONS
1.	To ensure timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations	 Conduct of final and mid semester examinations to be ensured smoothly with timely completion of syllabus To ensure regular classes to be conducted according to the time table as per the convenience of the students
2.	Preparation and submission of AQAR report for the current academic session	Staff to be directed to work according to the new AQAR guidelines and timely submission of the same
3.	Conduct of talent hunt and participation and preparation for Inter Zonal Punjab University Youth Festival	 Regular practices to be undertaken and students to be identified and increase their participation under various categories such as literary, heritage items, dance, music, theatre
4.	Online and off line skill building and enhancement activities to be conducted	 To provide opportunity to all budding entrepreneurs to put up stalls and help them "Earn while they Learn" Display at Swavalamban window to be encouraged Preparation for green Diwali and Karwachauth and Diwali mela Online webinars and seminars to be conducted regularly
5.	Inauguration of Modular kitchen of B.Sc. hostel	The newly constructed and renovated modular kitchen in the BSc. Hostel under RUSA will be ready for inauguration and use
6.	Internal energy, academic and green audit to be conducted on campus	 Protocols and SOPs discussed for conduct of internal energy, green and academic audit on the campus

O/O THE PRINCIPAL GOVT. HOME SCIENCE COLLEGE SECTOR 10-D, CHANDIGARH

09.05.2022

IQAC meeting was held on 09.05.2022 in the office of the undersigned at 10:30 am

Agenda:

- Preparation of conduct of final semester examinations as per university guidelines
- Preparation and printing of college news letter for the previous academic session
- Covid protocols and SOPs to be followed as per the government guidelines
- Prospectus preparation and guidelines for admission to be set
- Preparation and arrangement for upcoming College Annual Convocation
- Review and compilation of Self Study Report for duly submission for NAAC
- Organize a grand mega exhibition for providing a platform for budding entrepreneurs
- On the spot agenda as per due permission from the chair

The following members were present for the same:

1. Dr. Reetinder Brar – In charge

2. Dr. Ritu Pradhan 🖟

3. Dr. Namrata Sethi

4. Dr. Gaurav Kalra

5. Ms. Akshata Verma Acelala

6. Dr. Vasudha Bansal

7. Dr. Reenu

Principal

Govt. Home Science College

Chandigarh

MINUTES OF IQAC MEETING HELD ON 09. 05. 2022

Action taken report of the previous meeting was discussed:

S.No.	AGENDA OF THE LAST MEETING	ACTION TAKEN
1.	Preparation of conduct of final semester examinations as per university guidelines	 Midterm examinations of the ongoing classes was conducted in the month of April and May for theory as well as all practical subjects Timely completion of syllabus to be ensured in lieu of upcoming final semester university examinations in the month of June Extra remedial and revision classes conducted for weak students and clarification of all doubts
2.	Conduct of online activities for capacity enhancement and skill building	 A Webinar was conducted on 12.1.2022 on Financial Literacy for the students by Mr Nishant Mahajan, Founder, Behavioral Consultant who is also a certified executive coach of Healthy, Wealthy Mind. He appraised the staff and students on the career opportunities related to Financial management. He talked about the benefits of awareness about money matters in life and how important it is to increase one's inner world and be ambitious about one's career. College organised a webinar on Millets-the wonder grains on 1.4.2022 and a live demo for the preparation of thepla using sorghum. The resource person for the webinar was Dr. Vishakha Singh, Associate Professor, College of Community and Applied Sciences, Maharana Pratap University of Agriculture and Technology, Udaipur, Rajasthan. She highlighted the importance of millets and their clinical significance in the diet. She also

- help in boosting our immune system and fight diseases by increasing the nutritional component in our bodies.
- College organised an online session on 'Wrong Side of the Road' in collaboration with **CSRBOX** on 30.30.2022. Wrong Side of the Road is a flagship program under CSRBOX which essentially serves as a solution to the increasing road accidents which are caused due to rash driving, drunken driving and over speeding. The session proved successful in helping spread the message of safe driving and was attended by more than 100 students of the college.
- Digital resources are becoming an integral part of academics in the 21st century. The rising popularity of digitised archives, web-based content electronic media metamorphized the very process of learning and changed our perception about the utilization of digital resources in various libraries. Keeping in mind the shifting parameters of learning resources as well as the penetration of technology in our day to day life, a talk on "Sources and Resources in Digital Age" was organized within premises of the college. Dr Preeti Sharda, on 29.3.2022 presently working as Library Incharge at Post-Graduate Government College for Girls-42, was the resource person for the day. She espoused on different sources students and research scholars can utilize to read and access books, journals, research papers and a wide database of academic data.
- College organised a webinar on 28.2.2022 on "Nutrition Education for Toddlers" in collaboration with Nestle. Ms Disha Arora, a Nutrition expert from Nestle appraised the parents on

	importance of recognising milestones of growth and the nutritional needs that come along with each age group. She elaborated on the different food groups and gave wonderful tips and tricks to parents to incorporate them in a nutritious yet fun way. • The Clothing and Textiles Department Chandigarh Organized one day Webinar on "Design Registration Process: An Insight" on 28 February 2022. Dr.Charu Kohli, Assistant Professor, NIIFT, Jallandhar was the resource person who spoke about the procedure of Design Registration Process. She talked about the difference between patents, copyrights and trade mark in a very systematic manner to give students a more clear idea.
3. Covid protocols and SOPs to be followed as per the government guidelines	 Guidelines as issued by the government time to time were followed in college Wearing of masks compulsory on the college campus
4. RUSA infrastructure grant utilization update	• College organized the inauguration of a Multimedia Research Block Mr. Satyapal Jain, Additional Solicitor General of India, was the chief guest for the event. Mr. Devesh Moudgil, Ex-Mayor of Chandigarh and P.U. Senate Member was the guest of honour. The construction of the Multimedia Research Block was done within the premises of the college. The construction cost of the building i.e. 1.34 crores, was done with the financial assistance of 70 lakhs received from the RUSA Infrastructure grant and 64 lakhs from the U.T. Administration, Chandigarh. Equipped with the latest technologies, the building also has a green energy feature as solar panels are

		installed on the rooftops. The purpose of this Multimedia Research Block is to
		boost research-based activities among post-graduate and doctorate students.
5.	Activities planned in sync with key government initiatives such as Atam	NCC Unit of College Observed Azadi ka Amrit Mahotsav on National Youth
	Nirbhar Bharat and Skill India Mission	Day-2022 to mark the Birth Anniversary of Swami Vivekananda
		Azadi Ka Amrit Mahotsava was observed by 30 NCC Girls Cadets of
		College in liaison with 1 Chandigarh Girls Bn on the National Youth Day-
		2022 to mark the Swami Vivekananda's birth anniversary at
		Ramakrishna Mission Ashrama, Sector 15B, Madhya Marg, Chandigarh while strictly adhering to Covid-19
		guidelines. NSS Unit of College participated in
		host of activities on January 12,2022 to celebrate 25th National Youth Day as a part of Azadi ka Amrut Mahotsav.
		 College conducted a host of activities to celebrate National Girl Child Day on
		24.1.2022. The day started with the felicitation of Girl Achievers, Anupreet Sobti (M.Sc. Foods & Nutrition) &
		Akanksha Rakheja (M.Sc. Human Development & Family Relations) by
		Principal of the College, Prof. Sudha Katyal to mark the celebrations of
		National Girl Child Day. Online Pledge taking, Poster Making Competition, Slogan Writing
		Competition, Stogan writing Competition on the theme 'Beti Bachao, Beti Padhao was also
		conducted to celebrate the day with full vigour.
		 Electoral Literacy Club of College celebrated National Voter's Day on
		January 25, 2022. Voter's Pledge & Poster Making Competition on the
		theme 'Vote for Hope, Vote for Change' were organized to mark the
		occasion.College participated in the 75th Azadi

ka Amrit Mahotsav organized by Chandigarh Tourism on 11.3.2022 wherein students exhibited their creative potential as a budding entrepreneur. Students displayed a plethora of articles such as handmade soft toys, millet based healthy recipes, diet counseling, hand crafted dupattas, handkerchiefs, masks, table-cloths, hoops, chains, room hangings and planters along with fun psychological games and tests assessing personality. The rationale was not only to provide a launchpad to the students to showcase their talent but also to accelerate the idea of 'Make in India'. College, being an incubation center, has always promoted and encouraged students to showcase their skills and be self-reliant. 6. Strengthening linkages with industry College signed Memorandum of through MOUs and collaborations Understanding with Nivedita Charitable Trust. The M.O.U. will foster collaboration between both parties to enable successful implementation of 'AAHAR KRANTI MISSION', a project of Nivedita-Charitable Trust to achieve the goal of promoting welfare of the community by addressing issues relating to food habits and to improve the health status against lifestyle diseases in society.

Agenda items along with suggestions given in IQAC meeting held on 9.05.2022:

S. No.	AGENDA	SUGGESTIONS
1.	Preparation of conduct of final semester examinations as per university guidelines	Conduct of final semester examinations to be ensured smoothly with timely completion of syllabus
2.	Preparation and printing of college news letter for the previous academic session	 College newsletter for the previous academic year to be prepared and printed
3.	Prospectus preparation and guidelines for admission to be set	Prospectus compilation to be started for the upcoming new session and admissions
4.	Review and compilation of Self Study Report for duly submission for NAAC	Final preparation and reviewing of self study report for timely submission of NAAC
5.	Preparation and arrangement for upcoming College Annual Convocation	Preparation of annual report and scholarships to be done for conduct of annual convocation
6.	Organize a grand mega exhibition for providing a platform for budding entrepreneurs	To organize a mega fair to provide opportunity to all budding entrepreneurs to put up stalls and help them "Earn while they Learn"

O/O THE PRINCIPAL GOVT. HOME SCIENCE COLLEGE SECTOR 10-D, CHANDIGARH

04.01.2022

IQAC meeting was held on 4.01.2022 in the office of the undersigned at 10:30 am Agenda:

- Preparation of conduct of final semester examinations as per university guidelines
- Conduct of online activities for capacity enhancement and skill building
- Covid protocols and SOPs to be followed as per the government guidelines
- On the spot agenda as per due permission from the chair

The following members were present for the same:

1. Dr. Rupinder Ghumman

2. Dr. Reetinder Brar

3. Dr. Ritu Pradhan

4. Dr. Shabana Gandhi

5. Mrs. Namrata Sethi

6. Dr. Gaurav

7. Dr. Shikha Garg

8. Ms. AkshataVerma Acusa

9. Dr. Vasudha Om

10. Dr. Reenu

Principal

Govt. Home Science College

Chandigarh

MINUTES OF IQAC MEETING HELD ON 04. 01. 2022

Action taken report of the previous meeting was discussed:

S.No.	AGENDA OF THE LAST MEETING	ACTION TAKEN
1.	Conduct of hybrid classes for both online and offline students and timely preparation and upload of time table	 Time table was prepared as per the classes and displayed on all college notice boards and website. Classes were conducted online as well as offline following all covid protocols
2.	To ensure timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations	 Syllabus was completed timely with extra revision classes Mid semester examinations were conducted for all theory and practical subjects from November 6, 2021 Final semester examinations has been postponed due to administrative issues and university teaching and non teaching staff on indefinite strike
3.	Online and offline skill building and enhancement activities to be conducted	• The placement cell organized a Karwachauth& Diwali Mela on October 19, 2021 at the campus. A stall displaying Ganpatiji 's, Torans and Floaters, decorative Diya's was put up by the students of the Department of Arts. The students from different departments put up various stalls which encouraged start up initiatives ranging from chocolates, muffins, sandwiches and other snacks to artificial jewellery, ornaments such as earrings, neckpieces, rings along with ceramic items and stylish bags. Mandala art paintings, suits & hand painted dupattas & bags were the centre of attraction. Post graduate students of Department of Foods and Nutrition served nutritious snacks such as Bhelpuri& grilled sandwiches, healthy muffins & chocolate cakes. A great response was received from all the stalls as they

- experienced a brisk sale and were sold out.
- College actively participated in four day Virtual Summit TECH4SEVA organised by Vijnana Bharti (VIBHA), Unnat Bharat Abhiyan (UBA) and Centre for innovation and Bio Design (CiBiOD), PGIMER, Chandigarh under the initiative of Government of India from Oct 20-23, 2021. The college exhibited it's virtual stall in this four day online expo based on the theme of Atmanirbhar Bharat, environmental friendly, and sustainable technologies, affordable health care and technology for good agricultural practices. The virtual stall of the college exhibited the different innovative startups run the college students and alumna. The college stall attracted a large number of delegates out of the 24 total virtual stalls in the exhibition. Approximately more than 500 visitors visited the virtual expo.
- College organised Literary Patchwork' 21 on October 30, 2021 to nourish the creative potential, critical thinking and life skills of the students. To hone the expressions artistic of students, various events such as poetry, short story, essay writing, elocution, as well as handcompetitions writing were organised. The rationale was to provide a platform to the students to showcase their talents. More than 150 students participated in various activities. The students recited their selfcomposed poems and presented

- their arguments English, Hindi and Punjabi respectively.
- Observance of Vigilance Week commenced with Integrity Pledge on 26-10-2021; Poster Making Competition, Essay Writing Competition & Elocution on 28-10-2021; Street Play on 27-10-2021 & 29-10-2021 respectively; Sensitization Programme on Impact of Corruption on its Citizens on 30-10-2021 and Awareness Rally on 01-11-2021. All these activities aimed at developing the spirit of self righteousness, integrity honesty amongst the students. A street play was organized by the department of extension to sensitize the students on violence against women.
- The students of college bagged many prizes in various competitions of Music and Heritage Items held on the first day of Panjab University Zonal Youth and Heritage Festival Zone-B held at Guru Gobind Singh Khalsa College for Women, Jhar Sahib on November 22, 2021. In Music items, the college secured first position in the Bhajan and third position in Group song category. BhavikaAnand of M.Sc (FN) Ist Semester won Second position in Geet Category. In the category of Heritage items, Kiran of M.Sc. Clothing & Textiles Ist Semester won First Prize in RaasaVatna and Naina of B.Sc Fashion Designing Vth Semester won Second Prize in Khiddo Making. Vaani of B.ScH.Sc (Sem 1) bagged third position in debate competition organized literature category on the second

day. First prize in Dasuti won by Pooja of M.Sc CT, First prize in Phulkari won by Anchal, First prize in Phulkari Bagh won by Tanisha, B.Sc, F.D (Sem 3), First prize in Panjabi handwriting won by Simran Kaur of B.Sc. F.D. (Sem 3). Second prize in Crochet was received by Mitali, of F.D. (Sem 3), second prize Histrionics won by Divyapreet of M.Sc HDFR (Sem 3), second prize in Knitting won by Shashi, of M.Sc CT, Second prize in Hindi handwriting bagged by Lavanya of B.Sc, Dietetics (Sem 5). Third prize in Pakhi making won by Babli of M.Sc F.D. (sem 5) and Third prize in Hindi handwriting won by Shruti Saini of B.Sc Dietetics (Sem 5). Third prize in Rangoli won by AkankshaRakheja of MSc HDFR (Sem 1) and Third prize in photography won by Ishita of M.Sc. F.N. (Sem 3).

- Collegeorganised an worksop on "Internet to Inner-net " on December 15, 2021 for the staff and students of the college with the aim of reducing stress, embracing positivity and improving concentration by making meditation a part and parcel of one's life. MrNarinderAnand and Ms Shweta, National Coordinators, Youth empowerment group from Amrita University, Kerela were the key note speakers who conducted a interactive session with very inclusion of wonderful stories, awareness games and simple yet effective exercises for the mind.
- A team of students participated in Street Play Competition on the theme 'Say No To Plastic' under

		SwachhSarvekshan 2022 organised by Municipal Corporation, Chandigarh on 27.12.2021.
4.	Final editing and submission of AQAR report for the session 2020-21	The final editing of AQAR report is in process and will be finally uploaded by the end of this month.
5.	On the spot Agenda :- Analysis of feedbacks taken- student satisfaction survey and alumni feedback	 Analysis of feedback forms filled up by alumni was done. As per alumni feedback the college is functioning in excellent manner however improvements were suggested on certain parameters like, improvement in infrastructure and maintenance of more cleanliness in college canteen. Some of them also suggested repairing of machines in college laboratories. They also suggested addition and updation of existing software meant for academic use. Also demanded more number of industrial visits and should introduce more short term courses to expand the college academic profile. Overall, the alumni feedback towards the college was satisfactory. As per the suggestions given by the alumni, continuous action have been taken to improve the overallfunctioning of college. In this regard, new infrastructure has been added in the college like skilldevelopment lab, epathshala of new research block under Rusa grant, renovation of washrooms, hostelmess and kitchen. The cleanliness committee has been communicated time to time to conduct cleanliness drive to maintain hygiene in the canteen premises. Repairing of machines in college labs waspending due to covid-19, which has already been initiated and is under process. A meeting has beenconducted to purchase and update the software for various labs of college. Due to covid protocol thestudents were given digital platform to obtain skill training, internship and
		placements. Many studentsare already

- earning good packages through working on digital platform. The college is working on introduction of new courses to meet industrial academia gap.
- According to the student satisfaction survey, overall the students rated the college as working well with maintaining overall quality standards. However many students suggested upgradation and addition of lab equipments . Most of the students rated overall quality of teaching as very good.Students indicated more interest towards higher internships and placement opportunities. Many students suggested addition of more books in library. Most of the students provided a positive feedback and found healthy and supportive environment conducive to holistic development of the students.
- On the basis of the feedback given by the students, various actions were taken from time to time to improve the overall functioning and working of the college. A meeting of the purchase committee has already been planned to purchase and update new equipments in the laboratory. Many new books have already been added in the college library which was earlier withheld due to Covid protocol. To enhance the internship and placement opportunities for the students, many skill training workshops seminars and internship programs were conducted through college YouTube channel, Facebook page and andinstagram page of the college. Many students are already running their digital startups and turning the challenges into opportunities during pandemic.

Agenda items along with suggestions given in IQAC meeting held on 4.01.2022:

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S. No.	AGENDA	SUGGESTIONS
1.	Preparation of conduct of final semester examinations as per university guidelines	The final examination schedule and date sheet will be displayed as per the university guidelines.
2.	Conduct of online activities for capacity enhancement and skill building	 Online webinars and seminars to be conducted regularly Activities to be conducted and planned around advocating use of millets
3,	Covid protocols and SOPs to be followed as per the government guidelines in the wake of sudden rise in Omicorn variant of Covid-19	Keeping in mind the emergence of the third wave, covid protocols to be followed strictly on the campus such as wearing double masks, maintaining social distance and hand hygiene

O/O THE PRINCIPAL GOVT. HOME SCIENCE COLLEGE. SECTOR 10-D, CHANDIGARH

06.10.2021

IQAC meeting was held on 6.10.2021 in the office of the undersigned at 10:30 am.

Agenda:

- Conduct of hybrid classes for both online and offline students, timely preparation and uploading of time table.
- Ensuring timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations.
- Online and offline skill building and enhancement activities to be conducted.
- Preparation and submission of AQAR report for the session 2020-21.
- Reviewing the ongoing process of writing Self Study Report.
- Conduct of online terminal examinations by the end of month of October.
- Preparations for participating in Tech4Seva virtual international summit from Oct 20-23. 2021 at PGI, Chandigarh.
- Preparations and conducting Karwa Chauth and Diwali Mela on October 19, 2021.
- Review of ongoing activities and on the spot agenda with due permission from the chair

The following members were present for the same:

1. Prof. Rupinder Kaur Ghumman

2. Prof. Reetinder Brar Alm

3. Dr. Ritu Pradhan

4. Dr. Shabana Gandhi

5. Mrs. Namrata Sethi

6. Dr. Shikha Garg 🗘

7. Mrs. Preeti Sodhi

8. Ms. Akshata Verma

9. Dr. Reenu 🕻 🥓 10. Dr. Gaurav

11 Dr. Vasudha

Principal Govt. Home Science College Chandigarh

MINUTES OF IQAC MEETING HELD ON 06. 10. 2021

Action taken report of the previous meeting was discussed:

S.No.	AGENDA OF THE LAST MEETING	ACTION TAKEN
1.	Briefing of preparation of Self Study Report for NAAC Assessment and Accreditation according to the revised guidelines for the session 2020 -2021	Duty list for all faculty members was prepared and staff was allocated different criterions. The rough draft of the self study report is under preparation. Further on, work on the report for ACAR for the self-state.
2.	Preparation for conduct of online practical and theory examinations for even semesters as per the instructions given by the university	 Current session is also being worked upon. Online practical and theory exams were conducted successfully according to the university protocols for all even semesters.
3.	Online workshops/webinars to be conducted	 A series of workshops and webinars were conducted on the campus- online as well as offline. Online Workshop on June 5, 2021 on "Psycho Social Support for Covid Pandemic Situation" in collaboration with Mahatma Gandhi National Council of Rural Education, Deptt of Higher Education, Ministry of Education, Govt. of India was organised. Resource person was Mr. Samarth Sharma, a representative of Mahatma Gandhi National Council of Rural Education, Govt. of India. 90 NSS Volunteers participated in the workshop. As a prelude to International Yoga Day, the faculty, non teaching staff and students of the college observed Yoga Sadhana Week from June 7- June 12. In sync with the Government's initiative to promote Atma Nirbharta, college started a webinar series from June10-15, 2021 by distinguished Alumni to motivate the budding entrepreneurs of the college. The college boasts of a large number of illustrious alumni who made their alma mater proud being successful entrepreneurs and making a mark for themselves. The first webinar in this series was conducted by alumna Swati Talwar who after completing her M.Sc. in Foods and Nutrition in 2012 successfully launched a chain of 3 die



- clinics at different places in U.P.
- The second webinar in this series was conducted by Ms Namrata on June 11, 2021; passed out student of M.Sc. in Clothing and Textiles (2017) successfully running her own Baby Boutique "Babyrobe" with 62,000 followers on Instagram and Facebook.
- A live peer learning workshop on June 12, 2021 was conducted by Ms. Nidhi Bimal, currently a student of M.Sc. (Clothing & Textile). She is successfully running her start-up 'The Knot Store' and has done interiors with macramé of Hotel – The Reef, Sector -7, Chandigarh.
- In line up with the ongoing series of live webinars, college organized another session on June 14, 2021 by Dr. Harpreet Kaur, HOD, PG Dept. of Fashion Designing, Kanya Maha Vidyalaya, Jalandhar. Dr. Harpreet spoke on Career Opportunities in Fashion and highlighted that students are like pure white light when they choose their careers whereas teachers act as facilitators thereby making them aware of the wide scope of Clothing and Textiles.
- To conclude with the series of webinars on June 15, 2021 by Alumni, final webinar in the series was organized on the scope of Interior Design and Resource Management. The webinar was conducted by Ms. Rajni, passed out student of 2019 batch and a renowned entrepreneur in the field of Interior Decoration. She has named her enterprise as "Space Rhythm Interiors." Rajni gave the whole credit of her success to the esteemed institution in achieving such big heights with respect to her career. She highlighted the scope of Interior Decoration & Resource Management and further stressed that the students must be determined, skillful and goal-oriented.
- A live session on "Mind Management with Yoga" was organized on June 14, 2021 by Dr. Richa Chopra with over 100 students participating. An illustrious alumni of the

college, she is the former founding head of the Dept of Contemplative and behavioral Sciences at Sri Sri University, Cuttack. She is senior Art of Living International faculty, and has travelled across 11 countries transforming lives through the happiness program and other higher level courses.

- To enhance the entrepreneurial skills and to make the students self-employed, live peer learning workshop on cake baking was organised by Muskan Sharma, a bakery specialist and student of M.Sc. (HDFR) in on June 13, 2021. Certified Baker Muskan gave hands on demonstration on baking "Pistachio cake" on her FB live session. She also discussed tips and tricks of icing and plating on the cake and also satisfied the queries of audience.
- Keeping up with the entrepreneurship, students of College, put up an exhibition for sale of rakhi items in the svawalambi window on the college campus. The exhibition showcased exquisite rakhi's made out of zardozi, hand painted suits, embroidered dupattas and thali's. The exhibition witnessed large footfall and a brisk sale. The svawaiambi window provides an opportunity to the students of the college to showcase not just their work but also helps in capacity building and providing a practical exposure to entrepreneurial activities.
- Anjali and Gursimar, budding entrepreneurs and students of B.Sc final year exhibited hand crafted nail art extensions with options of different sizes and colours. This budding entrepreneur is running her own online startup with the name Nailsworld by Anjali with more than 1200 followers and catering to the orders all over India. Charu, Shivani,Renu and Priya of MSc Clothing and Textiles also displayed the creative and innovative kids clothing based on birthday party theme in the swabalamban window. Such a platform provided boost and motivation to the students to establish their

V		1.11
		entrepreneurial Ventures and earn while they learn. • The college prospectus was compiled in for Chandigarh
4.	Completion and uploading of college prospectus	line with joint prospectus for Chandigan colleges and uploaded timely on the
		college website. The prospectus gives a complete insight into the admission process, activities and departments, courses offered by the college.
5.	Online admissions for UG and PG classes	Online admissions were conducted smoothly and successfully for undergraduate and post graduate classes as per the guidelines and timelines given by the Panjab University and Chandigarh Administration. B.Sc. Home Science – 96 B.Sc. Fashion Designing – 36 M.Sc. FN – 18 M.Sc. CT – 17 M.Sc. HDFR – 19 PGDND – 31 PGCGFC – 19 PGDFD - 11
	College – a one stop shop for Poshan Abhiyan – a key initiative of the government	 College acted as a one stop shop for Poshan Abhiyan, a host of activities were conducted in the month of September to mark the celebrations of Poshan Maah. An online Health and Wellness session in collaboration with the Nestle was conducted on August 31, 2021 as a prelude to upcoming Poshan Maah. The session was conducted by culinary specialist and nutritionist Vinni Bhatia from Nestle. She informed the audience about importance of food in one's life and the various micro and the macro nutrients it contains. She gave an in-depth insight into metabolism, gut health, vitamin absorption, sources of micro and macro nutrients in food and also elaborated the sources of various vitamins contained in different sources of food. Poshan Abhiyaan celebrations, a multi ministerial convergence mission aimed at realising the Hon. Prime Ministers vision of 'Suposhit Bharat' were kickstarted on

September 1, 2021 with a cycle rally using smart bikes. The smart bikes are an initiative by the administration to reduce traffic congestion and reduce the carbon footprint. Students of the college including NCC cadets conducted a cycle rally which was flagged off by Principal Prof Sudha Katyal. The students on their cycles carried slogans making people aware about the benefits of eating healthy and staying fit.

- On the second day of the ongoing Poshan Maah celebrations, students of Department of Foods and Nutrition conducted an online demo on millet based recipes using locally available ingredients in sync with the theme of Poshan Maah ' Converging towards a healthy walk through life'.
- On the fourth day of the ongoing Poshan Maah celebrations, demonstration cum workshop was conducted on bottle gourd ice cream and cake making in line with the theme of Poshan Maah ' Converging towards a healthy walk through life'. Budding entrepreneur Aanchal Goyal running her online startup named Aanchal Delicacies, demonstrated ice cream made with the bottle gourd and milk. She also discussed the health benefits of various nutrients in bottle guard.
- On the fifth day of the ongoing Poshan Maah celebrations, a Poster Making Competition was held on the theme Feeding Smart Right From Start. Over 50 creative entries were received by students who participated enthusiastically online as well as offline.
- College actively conducted a two days webinar series on varied topics of nutrition in sync with the theme of the ongoing Poshan Maah on September 9, 2021. Post graduate students of Department of Foods and Nutrition presented webinars on "Identification and tracking of children with severe acute malnutrition (SAM) " and " Menstrual Hygiene and Importance of Nutrition". The webinar was well attended

- by students of the college. Highlights of the webinar included signs and symptoms of tracking malnutrition amongst children as well as importance of maintaining menstrual hygiene for adolescent girls.
- A one day webinar on "Good Nutrition Need of the Hour ". was conducted on September 10, 2021 in collaboration with Fortis Hospital, Mohali and Dt. Sonia Gandhi was the resource person. She emphasized upon the importance of eating right especially during the time of the pandemic.
- The post graduate students conducted a webinar on September 11, 2021 on the importance of incorporating Indian herbs in the diet especially during pregnancy. Ishita Singh a student of MSc Foods and Nutrition spoke about the role of herbs such as thyme, fenugreek, chamomile to name a few. She explained how these could be incorporated in the daily diet.
- To generate awareness about anemia a growing public health concern, a workshop was organised on September 16, 2021 to educate adolescent girls about this growing menace. Post graduate students of Department of Foods and Nutrition talked about the signs and symptoms of anemia and it's dietary management. This activity was conducted throughout the day in small batches. The session proved successful in helping spread awareness and knowledge about iron deficiency anemia.
- An Intra College poetry recitation competition was organized on September 18, 2021. The students actively participated in the event and recited poems based on nutrition, health and wellness.
- In association with Nestle, a Healthy Snack-making Contest for Pre-School Children was organised from Sept 13, 2021 to Sept 15, 2021. The contest witnessed a huge response from various participants across different colleges. More than 30 students participated and demonstrated

- innovative snacks like Maggie parantha, dumplings, omellette, vegetable noodle sandwich and noodle soup etc. These recipes were made keeping in mind fussy and picky eaters.
- A one- day Swavavlamban Mela in the campus was organized September 21, 2021. The mission of this exhibit was to earn while you learn. Home voung entrepreneurs Scientists showcased their skills and talents by putting up a plethora of innovative items in a large number of stalls. Dr. Palika Arora, Director PCS. Chandigarh Education, Higher Administration was the Chief guest for the event. She inaugurated the Swavavlamban Window and kick started the Mela. The major attractions of the event ranged from skin friendly organic dyed scarves and dupattas; Cosmetics (soaps, perfumes, rose water, hand sanitizers), nutritious munches including millet based innovative recipes, macrame recipes, traditional satvik decorations, home decors, puppets and cradle toys and Therapeutic diet services launched by budding entrepreneurs. The chief guest highly appreciated the efforts of all students and their creativity.
- A National webinar on "Nutrition and Lifestyle Management during COVID -19" by National supported funded and Commission for Women with the aim to sensitize underprivileged women and the public at large was organized on September 26,2021. Sh. S.S Gill, I.A.S, Education secretary, Chandigarh Administration, gave the inaugural address in webinar and applauded the tireless efforts of the college in sensitizing masses about the importance of nutrition, under the Principals' leadership since the initiation of the Poshan Abhiyaan 4 years back.
- An awareness session on Nutrition education was organized on September 29, 2021. The session was based on significance of consuming a healthy,

nutritious, well- balanced diverse diet. Anupreet Kaur Sobti, M.Sc Foods and Nutrition- 3rd Sem and Agrim Nagra, M.Sc Foods and Nutrition- 1st Sem, addressed the audience. More than 30 students addended the session. They demonstrated various procedures for detecting food adulterants from the common food products. They highlighted the importance of consuming hygienic food. A number of recipes were demonstrated as healthy snacking options for college going students and further highlighted the importance of consuming millets over refined flours.

• College took the initiative to plant useful kitchen herbs in the herbal garden on the college campus on September 30, 2021. Ajwain, turmeric, lemon, garlic, lemon grass, basil and cardamom were some of the herbs that were planted. All these herbs find an important place in our diet due to their medicinal and therapeutic properties. Earlier in the month, a demonstration was also conducted on how these herbs could be incorporated in the daily diet.

7 Proud Moments for the college

- A proud moment for the college as it has been ranked 78th at National Level and has topped amongst all the colleges in tricity, third time in a row, in NIRF India Rankings released today by MHRD, GOI. College improved its position from 86th in 2020 to 78th in 2021. It is the only college in Govt. & Private sector in tricity which could secure a position in top 100 at National Level consistently for the last three years. The college has been evaluated under the categories of teaching learning resources, graduation outcome, perception, outreach and research and inclusivity and professional practise.
 - Principal of the college, Prof. Sudha Katyal, received State Award for the second time from His Excellency Shri V.P. Singh Badnore, Punjab Governor and Administrator, UT, Chandigarh for her

meritorious services on 75th Independence Day.

Agenda items along with suggestions given in IQAC meeting held on 6.10.2021:

C N.	given in IQAC meeting held on 6.10.2021:		
S. No.	AGENDA	SUGGESTIONS	
1.	Conduct of hybrid classes for both online and offline students and timely preparation and upload of time table	 same and to ensure regular online and offline classes to be conducted Review of hostel admissions and Covid protocols to be followed while opening the hostels 	
2.	To ensure timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations	To ensure regular classes to be conducted according to the time table as per the convenience of the students	
3.	Online and offline skill building and enhancement activities to be conducted	 Display at Swavalamban window to be encouraged Preparation for Diwali and Karwa Chauth mela Online webinars and seminars to be conducted regularly 	
4.	Compiling data for preparation and submission of AQAR report for the session 2020-21.	Staff to be directed to work according to the new AQAR guidelines and timely submission of the same	
5.	Reviewing the ongoing writing of SSR.	 First drafts for SSR report to be prepared in accordance with guidelines and timely submission of the same 	
6.	Conduct of online terminal examination by the end of October month.	• Timely completion of syllabus for midterm examination, preparation of date sheet, and informing the students about the same.	
7.	Preparations for participating in Tech4Seva, Virtual International Summit from Oct 20-23, 2021	 Preparing students for participating in upcoming Tech4Seva, Virtual International Summit from Oct 20-23, 2021 Preparing required videos and writeups to be displayed in the virtual mela. 	
8.	Preparation to Karwa Chauth and Diwali mela on October 19, 2021	 Motivating students for product development and display in upcoming Karwa Chauth and Diwali mela on October 19, 2021. Discussing various stalls and products to be displayed by students at the mela. 	