## O/O THE PRINCIPAL GOVT. HOME SCIENCE COLLEGE SECTOR 10-D, CHANDIGARH

03.10.2022

IQAC meeting was held on 03.10.2022 in the office of the undersigned at 10:30 am

## Agenda:

- Preparation and submission of AQAR report for the current academic session
- Conduct of talent hunt and participation and preparation for Inter Zonal Punjab University Youth Festival
- Internal energy, academic and green audit to be conducted on campus
- Inauguration of Modular kitchen of B.Sc. hostel
- To ensure timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations
- Online and off line skill building and enhancement activities to be conducted
- On the spot agenda as per due permission from the chair

The following members were present for the same:

1. Dr. ReetinderBrar – In charge

2. Dr. Ritu Pradhan ON LEAVE

3. Dr. Neha Sharma Nehallan

4. Dr. Namrata Sethi Vinwata

5. Dr. GauravKalra

6. Ms. AkshataVerma Arshala

7. Dr. Vasudha Bansal Qan

8. Dr. Reenu Cerry

9. Dr. Shabana Shaber

10. Anupreet Sobti – Student Representative

11. Akanksha Rakheja – Student Representative

Principal Govt. Home Science College

Chandigarh

## MINUTES OF IQAC MEETING HELD ON 03. 10. 2022

Action taken report of the previous meeting was discussed:

S.No.	AGENDA OF THE LAST MEETING	ACTION TAKEN
1.	Preparation of conduct of final semester examinations as per university guidelines	<ul> <li>Practical and theory exams were conducted successfully according to the university protocols for all even Semesters.</li> </ul>
2.	Preparation and printing of college newsletter for the previous academic session	<ul> <li>The college newsletter was printed and released by Education Secretary Ms. Purva Garg at the Annual Convocation cum Prize Distribution of the college</li> <li>The newsletter is a comprehensive document highlighting the activities of the college</li> </ul>
3.	Prospectus preparation and guidelines for admission to be set	<ul> <li>The college prospectus was completed and uploaded timely on the website for admissions. The prospectus gives a complete insight into the departments, courses offered and activities of the college.</li> <li>Online admissions were conducted for Undergraduate and post graduate classes as per the timelines given by the Chandigarh Administration in accordance with the university.</li> </ul>
4.	Review and compilation of Self Study Report for duly submission for NAAC	<ul> <li>The rough draft of the self-study report under preparation was duly reviewed by the AQAR core committee and changes were suggested to the different criterion in charges. Further, work on AQAR for the current session is also being worked upon.</li> <li>College organized a seminar on "Quality Assessment under Revised Accreditation Framework, NAAC" for the faculty members. Dr. Dalip Kumar, Registrar Amity University, Mohali and Ex Additional State Project Director RUSA, Chandigarh Administration was the resource person. He inaugurated the newly renovated Committee Room of the college under RUSA and gave</li> </ul>

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		his valuable insights regarding the new framework of NAAC accreditation for the colleges.
1 -	on and arrangement for College Annual ion	• College organized its 52nd Annual Convocation cum Prize Distribution function on 11.6.2022. As many as 200 Graduates and Post Graduate Students were conferred with the degrees. The Chief Guest of the occasion was Ms. Purva Garg, IAS, Education Secretary, Chandigarh Administration. Principal of the college, Prof. Sudha Katyal presented the Annual Report of the college. The report provided glimpses of the highlights of the college during the academic year 2021-22 as well as the illustrious achievements of the students as well as faculty members in all spheres. The college newsletter depicting the glorious progress made by the college during the session 2021-22 was also released. In addition, prizes were awarded for a number of co-curricular activities. Aakanksha Rakheja from B.Sc. (H.Sc.) 6th Semester was awarded the best all round student of the year, Stuti Khurana from B.Sc. (H.Sc.) 6th Semester won Dr. Devi's Award for being the most compassionate and helping student of the college. To boost the idea of entrepreneurship, and skill building, College initiated Sinder Kukar Best Entrepreneur Award through an NRI Doctor, Dr. Narinder Kukar from New York which was awarded for the past 3 years combined due to COVID-19. Tannu from B.Sc. ATD, was awarded the best entrepreneur Award for the year 2020-21 for running up her startup by the name S.L. Collections. Her YouTube channel has more than 2.71 k subscribers. In a similar vein, Isha was awarded this prize for her start up Ek Koh Moh, a fermented gut probiotic drink in the year 2019-20. Anupreet

		from M.Sc. Foods and Nutrition, was chosen for this award for her start up Fanatasia-de-chocolates and Dietaura – a diet clinic in the year 2018-19. The prize comprised of Rs. 15000 in cash and a memento.
6.	Organize a grand mega exhibition for providing a platform for budding entrepreneurs	• Aligning with the mission and vision of Azadi ka Amrit Mahotsav, College organized a one-day mega fair on 2.06.2022 to promote the idea of skill-building, self-reliance and entrepreneurship among students. In sync with Honorable Prime Minister's key initiatives of Make in India, Vocal for the Local and Swavalamban Bharat, the rationale of the event was to provide a launch pad for all stakeholders to exhibit their creativity and innovative ideas. Ms. Anita Pal, a renowned artist and educationist who is the wife of Advisor to Administrator, Chandigarh Admn. was the Chief Guest for the event. She applauded the efforts of the young entrepreneurs and highlighted the importance of being empowered. She told them to dream big and have the courage to chase the same. The exhibition "Rangkriti" showcased the amalgamation of tradition and style in a harmonious manner. It also provided them with an opportunity to "Earn while they Learn". A wide array of attractions were displayed such as designer bags, accessories, mini gardens, cushion covers and healthy recipes. Furthermore, an Inter-college cookery competition was also organized to promote the use of millets. More than 52 entries were received from colleges across the city. Manya from PGGCG-42, Chandigarh was awarded the first prize for her Millet Cake. The second prize was bagged by Preesha and Muskaan collectively for Ragi potato Felafel and

Bajra Pizza. The third prize was awarded to Anjali from PGGCG - 11 for her recipe Sorghum Dhokla. An Eco walk showcasing dresses using recycled and sustainable resources and different styles of sari draping were also demonstrated. The media, as well as beverage partner for the event, was 94.3 My FM and Nescafe. The event was sponsored bySBI, Punjab National Bank, Vivo, Edwise, Avon, VInspire for life foundation, Happy Designs, EK- Koh-Moh and SSS. The day witnessed a plethora of activities and bustle on the campus. The college received an overwhelming response as people from different walks of life attended the event. 7 Proud Moments for the College College has been ranked 46th at the National Level and has topped amongst all the colleges in tricity, College in Top 50 in NIRF India Rankings 2021 fourth time in a row, in NIRF India Rankings released by Ministry of Education, GOI. It was announced on July 15,2022, by Honourable Education Minister Sh. Dharmendra Pradhan. The National Institutional Ranking Framework, Ministry of Education, GOI ranks the institutes depending on their areas of operation in the categories overall, university, colleges, engineering, management, pharmacy, law, medical, architecture, dental and research. Government Home Science College showed a tremendous jump in its position from 78 th rank attained last year in 2021 to 46th rank this year. The college has been successful attaining its position in top 100 consecutively for the last three years and this year it has been a moment for more pleasure and pride as the college has attained its position in first 50 ranks at national level. It is the only college in Government and

Accolades and Awards received by Principal

- Private colleges in tricity which could secure a position in top 50 at National Level. For rankings, colleges were evaluated under the categories of Teaching Learning Resources, Graduation Outcome, Perception, Outreach and Inclusivity and Research and Professional Practice.
- Principal of the college, Prof. Sudha felicitated was Honourable Governor of Punjab and U.T. Administrator Sh. Banwari Lal **Purohit** on 29.03.22 for her significant contribution in disseminating as well as implementing the motto of Aahar Kranti among the various stakeholders. She has been working relentlessly towards providing technical logistical support for the AaharKranti project with a mission of promoting the of millets through pamphlets, interactive sessions, rallies and many other related activities. The rationale was to reach out to the masses and apprise them about the nutritional benefits of adopting a healthy lifestyle in their day to day life.
- A proud moment for the college on 7.3.2022 as Principal Prof. Sudha Katyal was awarded with Women achievers award by Ministry of Information Broadcasting, and Regional Outreach Bureau, Chandigarh. The ceremony was held in the auditorium of the college to commemorate the eve of International Women's Day, where along with other women achievers; Prof. Sudha Katyal was felicitated by the presiding chief guest, Smt. Anindita Mitra, IAS, MC Commissioner, Chandigarh.
- Principal of the college, Prof.Sudha

Prizes won by students

Katyal once again received **Appreciation** Certificate  $\mathbf{of}$ on 15.6.2022 for her outstanding work carrying out environment awareness activity 'Selfie With Plant' occasion of World Environment Day. The activity was initiated by the college in collaboration Mahatma Gandhi National Council of Rural Education, Department of Higher Education, Ministry of Education, Government of India.

- Ekta Gupta of M.Sc. Clothing and Textiles, Semester 2nd won Third Prize in Logo Designing Competition organized by Department of Apparel and Textile Science, Guru Nanak Dev University, Amritsar.
- Rashmita Subba, a student of M.Sc. Foods & Nutrition (2nd year) won Chandigarh Science Congress-2022 (CHASCON) Logo Design Competition. The competition was organized by Panjab University, Chandigarh. The Logo will be used as CHASCON Logo on their website throughout the year. Furthermore, the logo will be displayed during the event of Chandigarh Science Congress which was going to be held from September 15-17, 2022.
- Akanksha Rakheja, a student of M.Sc. Home Science (HDFR) 2nd year has been declared the winner in Eco Rangoli Competition and Liviot of B.Sc. Home Science 2nd year secured Second Position in Essay Writing Competition held on August 25, 2022. The competition was organized to mark the celebrations of Rajiv Gandhi AkshayUrjaDiwas on the theme 'Impact of AkshayUrja in India'. The event was organized by Dept. of Environment Studies, PGGC-46. Chandigarh in collaboration

Faculty Achievements

- CREST, Chandigarh.
- Dr. Vasudha Bansal, Assistant Professor, has been granted a Patent entitled, name 'Novel **Industrial Dairy Waste Management** processing For the Development of Nutritional **Enriched** Beverage'. She has been granted this patent under her DST-SERB young scientist project. The present invention relates to a development of value added product i.e. whey beverage via using the by-product of dairy industries which has been wasted in million tonnes worldwide and drained to ground water. WHEY is an excellent source of whey proteins which are easily metabolised by all age groups from infants to adults and function as potent antioxidant in body as well. PATENT GRANT NO: 396150 dated May 04, 2022 Date of filling the Application: 07-11-2017 Application Number: 2011711039578
- Dr. Preeti Alagh, Assistant Professor has got a Patent Publication on her name entitled. 'NANO-**FUNCTIONALIZED NATURAL FIBER** WITH **IMPROVED PHOTOCATALYTIC** AND ANTIMICROBIAL PROPERTIES'. The present invention relates to a bio nano composite material comprising a natural fibers (NF) on which metal oxide nanostructures are grown. The Patent Office Journal No. 35/2021 Dated 27/08/2021. Date of filling the Application: 29-01-2020. Publication Date: 27-08-2021. Application Number: 202011003954-A
- In a weeklong campus placement drive beginning from 24 March, 2022 in College, the students got lucrative offer of placement and internship in reputed organizations. Stuti, a student of M.Sc. Final year has been placed in Byjus, globaled-tech company, at the

package of 4 lacs per annum approximately. Shivali Kapoor, student of Post graduate Diploma in Nutrition and Dietetics has been selected in Nestle, global food Beverage Company, at a package of 3.5 lacs per annum approximately. Fitelo, Diet Company has shortlisted more than six candidates for final round of interview. Most of the students of Foods and nutrition get 100 percent internship opportunity reputed hospitals across tricity. 8 College as One Stop Shop during In sync with the Government's Key Poshan Maah Scheme of Poshan Abhiyaan, College initiated the celebrations on 1.9.2022 on All activities were conducted in campus. The theme convergence with all departments of PoshanMaah this year revolved the college such as around Sashakt Bharat, Sabal Naari, Saakshar Baccha, Swasth Bharat. NCC The students of the college along with NSS the faculty member took the Poshan pledge which Foods and Nutrition revolved around introducing a healthy lifestyle, balanced **HDFR** diet and fun ways of eating good food. **Extension Education** To celebrate Poshan Maah, the Dietitics Department of the college displayed exhibited nutritious recipes especially for pre schoolers and young adults on 2.9.2022. Recipes ranged from stuffed healthy buns, vegetable idli, soya burger, Mexican street corn and green cutlets. This activity helped in generating awareness amongst the staff and students giving them ideas about incorporating healthy recipes in their daily diets. On the 3rd Day of the celebrations on 4.9.2022, the college organised a cycle rally using smart bikes. Smart bikes are an initiative by the administration to reduce traffic congestion and reduce the carbon footprint. NCC Cadets of 1 Chandigarh Girls Battalion conducted a cycle rally which was flagged off by Principal Prof Sudha Katyal. The NCC

Cadets on their cycles carried slogans making people aware about the benefits of eating healthy and staying fit. "MahilaaurSwasthya"

"BacchaaurShiksha" was the theme of PoshanMaahCelebration. The rally was taken from the college till matkachowk and to Sector 15 and back. The rally was an initiative to help spread awareness on the benefits of healthy living.

- The final year students of DieteticsDepartment put up a stall on the college campus on 5.9.2022 as part of the ongoing celebrations of PoshanMaah. This activity conducted throughout the month students were given an opportunity to exhibit their creative skills. Furthermore, itaimed to instill an entrepreneurial spirit in them through sale, display and exhibit of nutritious snacks. The snack for today was a modified version of the traditional dish - "LittiChokha" made nutritious by incorporating millets. The dish was enjoyed by one and all and a large footfall was also witnessed.
- Graduate and post graduate students of College participated in the National Level Cookery Competition organised by NITTTR, Sector 26 on **6.9.2022**, as part of the ongoing celebrations of PoshanMaah and to commemorate the International Year of Millets -2023. Surbhi of Bsc. Dietetics Fifth semester won first prize in the sweet with category her ragimodak. The first prize in the savoury category was also bagged by a student of the college, Aanchal of Msc Foods and Nutrition BajraPapdiChaat. Stuti of Msc Foods and Nutrition bagged the third prize in the sweet category for Ragi Barfi whereas Surbhi was awarded another

- prize for her Millet Pizza in the savoury category. Faculty of the college Dr.NamrataSethi was the resource person for the workshop and delivered an engaging session on importance of millets.
- On the 7th Day of the PoshanMaah celebrations which was a multiministerial convergence mission aimed at realising the Hon. Prime Ministers' vision of 'Suposhit Bharat', Placement of GHSC-10 organised demonstration on nutritious recipes. The event partner demonstration was Nestle. The healthy and nutritious recipes viz., peanut bars, nutrichaat, and sprouted moong dal & corn sabji was demonstrated by our own Alumna, Ms. Shivali, working as a Nutrition Expert, Nestle. Around 50 students of B.Sc. & M.Sc. attended this demonstration. Students were quizzed on nutrition concepts during the demonstration and winners were given maggie hampers.
- The students of Department of Foods and Nutrition as part of the ongoing celebrations of PoshanMaah, put up stalls in the college campus on 8.9.2022 whereby getting an exposure to quantity cooking, purchase of raw materials and sale and account keeping. The last two days saw a brisk sale of healthy recipes like rava vegetable toast and stuffed golgappa. The snacks were enjoyed by everyone and helped the girls understand the concept of Institutional Food Service Management.
- In sync with ongoing poshanmaah celebrations, the extension education department of College organized a sensitization program on menstrual health and hygiene on 14.9.2022. A live demonstration of various ecofriendly products like menstrual cupand reusable and biodegradable

- sanitary napkins were the main focus. A talk on most common problem specifically in girls due to menstruation known as anemia and menorrhagia was also conducted. An interactive quiz session was also conducted where students actively participated and more than 100 students were benefited from this programme.
- Keeping up with the theme of nutritious and healthy eating especially amongst children, the B.Sc. students of the college on 14.9.2022 prepared and sold millet based paobhaji.The incorporation of millets not just increased the nutritional content but also enhanced the taste. The importance of eating millets was also advocated as we go on to celebrate the International Year of Millets in 2023.
- The B.Sc. Dietetics students Department of Food and Nutrition prepared healthy papdichaat using ragi millet on 15.9.2022. This month long activity of preparation and sale of nutritious snacks on the campus during PoshanMaah aimed to generate awareness on commonly consumed recipes that can be made healthier by incorporating millets and important nutrients. The stall got a great response from all staff and students of the college.
- As part of the ongoing celebrations of PoshanMaah, the students of Department of Foods and Nutrition prepared, displayed, demonstrated and sold healthy recipes to create awareness amongst the staff and students of the college on the campus. On 16.9.2022 dish was healthy burgers made by incorporating vegetables, potatoes and paneer as well as mint chutney. The stall saw a brisk sale with more than 60 pieces being sold.
- To promote the use of millets and their

consumption in our daily diets, College organised a cookery competition on 19.9.2022 using millets as the main ingredient as part of the PoshanMaah celebrations. A wide array of more than 40delectable and innovative recipes were prepared by the students ranging from Mexican millet cups BairaPaniiri, Sanwa kheer and Jowarladdoo. Prizes were awarded on the basis of innovation, taste, nutritive value and display. Three consolation prizes were awarded to Larfgeet of Msc Foods and Nutrition, Rianshu of Msc Foods and Nutrition and Anjali of BscDietitics for their preparations of bajra cutlets, sanwa kheer and barnyard pudding. The first three prizes were all bagged by the Bsc Home Science first semester students. Saumya won the first prize for her Ragi gingerbread house, Harjyot for Millets Laddoo and Ishita won the first prize for Millet Panjiri.

- The students of B. Sc. Dietetics on 20.9.2022 prepared a healthier version of a popularly consumed street food AlooTikkiChaat and sold it on the campus. The alootikki was made nutritious by adding vegetables in it and binding it with millet flour. Beetroot and sprouts were used for garnishing as well. The dish was thoroughly enjoyed by the staff and students of the college
- A puppet show was performed by the students of Department of Extension Education on 21.9.2022 as a part of ongoing poshanmaah celebrations.A large number of audience enthusiastically enjoyed the colorful imparting knowledge puppets various aspects of adolescent health. The performance was very enjoyable as well as informative. It was followed by interactive session where the audience shared their experiences and

gave feedback.

- WHO has rightly defined heath as a complete state of physical, mental and social well-being. Keeping these factors in mind and ensuring holistic health, College organised a holistic health mela on 23.9.2022 as part ongoing celebrations of PoshanMaah. The mela started with a talk on cybercrime, women safety and selfdefence techniques by Inspector Mini Bhardwaj and the team from SWAYAM. They talked about netiquettes that need to be followed while using social media. She also spoke about women safety awareness and her team demonstrated simple techniques of self-defence. Dr.RachnaAbrol, consultant obstetrician and gynaecologist in Sector 22, Chandigarh spoke about common reproductive problems experienced by adolescent girls. Dr. Sheetal, an Ayurvedic consultant discussed holistic healing through ayurveda and diet plans according to Ayurvedic personality types. Dr.AmeekaTulla. **Dentist** from Way2Smile dental clinic in Panchkula also carried out dental check-up and consultation. The students of Department of Foods and Nutrition also set up a Diet Clinic along with sale healthy commonly consumed ChannaKulcha prepared with a twist.
- As part of the ongoing celebrations of PoshanMaah, the students of Department of Human Development displayed a Nukkad Natak on the campus on 28.9.2022. The theme of the Natak revolved around importance of healthy eating for the pregnant mother and for the child especially during first 1000 years of birth. With scenes enacted from real life moments, the natak was an interesting watch with

		successfully spreading the message of healthy eating.  To conclude the celebrations of PoshanMaah, the Msc students of the Department of Foods and Nutrition kick started the cafeteria on 30.9.2022 as part of their curriculum of Institutional Food Service Management. This activity helps the students in setting up and running large scale food service establishments. The dish of the day was Maska Chaska Bun with a healthier twist. The cafeteria was visited and enjoyed by a large number of staff and students.
9	Sustainable Initiatives on the campus	<ul> <li>The college has made all efforts to make the campus ecofriendly and sustainable</li> <li>College strengthened the rain water harvesting system through grant of Rs. 42, 44, 000/- from Chandigarh Administration to ensure creation and conservation of more water for the environment than being actually used</li> <li>The solar power plant is installed on the newly constructed research multimedia block under RUSA Infrastructure grant. Solar panels amounting to Rs. 4, 25,062 have been installed by CREST.</li> <li>The college ensures proper disposal of waste and its management. 6 More compost pits have been dug on the campus.</li> <li>In sync with all the initiatives of the government, the college works relentlessly to contribute to the environment. Active participation and work is being done on the Waste to Wealth Mission.</li> <li>To create a sustainable work environment, the college practices gender equity at all levels</li> <li>Aligning with the vision and mission of the Indian Wildlife Council, The</li> </ul>

**Environment** Society-Harita, organized Inter-college competitions on Jute Bag Painting and Collage Making on 1.10.2022 to mark the Wildlife Week Celebration. A funding of Rs.15,000/- was given by Dept of Environment, Chandigarh Administration. The theme of the event was "Recovering Key Species **Ecosystem** Restoration." The rationale of the event was to raise awareness among the various stakeholders about the dire need for the protection of wildlife to maintain our ecosystem.

- The College celebrated International Day for Preservation of Ozone Layer on 16.9.2022. A funding of Rs.7000/was given by Dept of Environment, Chandigarh Administration. theme of the event was "Global Cooperation **Against** Climate Change." World Ozone Day observed on September 16 every year to spread awareness amongst people about the depletion of Ozone Laver and to find possible solutions to preserve it. Inter-college competitions like Poster Making, Slogan Writing and Bookmark Making were organized. 75 Around students participated wholeheartedly in the competitions.
- Environment Society 'Harita' of College celebrated World Environment Day on 5th June 2022 which was sponsored by Dept of Environment, Chandigarh Administration, by organizing online inter college competitions viz. Short video making, Plant a sapling & Eco Photography on the theme "Only One Earth". About 50 entries were received in each category from different colleges of Chandigarh and Punjab.

## Agenda items along with suggestions given in IQAC meeting held on 3.10.2022

S. No.	AGENDA	SUGGESTIONS
1.	To ensure timely completion of syllabus for all courses and prepare for upcoming mid semester and final semester examinations	<ul> <li>Conduct of final and mid semester examinations to be ensured smoothly with timely completion of syllabus</li> <li>To ensure regular classes to be conducted according to the time table as per the convenience of the students</li> </ul>
2.	Preparation and submission of AQAR report for the current academic session	<ul> <li>Staff to be directed to work according to the new AQAR guidelines and timely submission of the same</li> </ul>
3.	Conduct of talent hunt and participation and preparation for Inter Zonal Punjab University Youth Festival	<ul> <li>Regular practices to be undertaken and students to be identified and increase their participation under various categories such as literary, heritage items, dance, music, theatre</li> </ul>
4.	Online and off line skill building and enhancement activities to be conducted	<ul> <li>To provide opportunity to all budding entrepreneurs to put up stalls and help them "Earn while they Learn"</li> <li>Display at Swavalamban window to be encouraged</li> <li>Preparation for green Diwali and Karwachauth and Diwali mela</li> <li>Online webinars and seminars to be conducted regularly</li> </ul>
5.	Inauguration of Modular kitchen of B.Sc. hostel	The newly constructed and renovated modular kitchen in the BSc. Hostel under RUSA will be ready for inauguration and use
6.	Internal energy, academic and green audit to be conducted on campus	Protocols and SOPs discussed for conduct of internal energy, green and academic audit on the campus