



**GOVERNMENT HOME SCIENCE COLLEGE
SECTOR-10, CHANDIGARH**

NAAC ACCREDITED GRADE 'A'

NIRF INDIA RANKINGS 2022 by Ministry of Education, GOI : 46th



**3rd Cycle
Assessment & Accreditation by NAAC
CRITERION-III
RESEARCH, INNOVATION, AND EXTENSIONS**



CRITERION –3
KEY INDICATOR-3.5
METRIC NO.-3.5.1

**Number of Functional MoUs with Institutions, Other Universities, Industries,
Corporate Houses etc. during Last 5 Years**


INDEX

Sr. No.	MoU Documents/ Reports/ Certificates	Page No.
1	State Legal Services Authority, Chandigarh	2-5
2	Wisteria Housing Pvt. Ltd.	6-8
3	Yuvasatta, NGO Chandigarh	9-19
4	Consumer Association, Chandigarh	20-27
5	Regional Centre for Entrepreneurship Development, Chandigarh	28-35
6	Fortis Health Care, Mohali, Punjab	36-52
7	AAA Bright Academy, Sector-15, Chandigarh	53-56
8	Saksham Prakriti Welfare Society, Chandigarh	57-62
9	Sahayata Charitable Society for Welfare of People Suffering from Cancer, Sector-15, Chandigarh	63-66
10	Brahmrishi Yoga Training College, Sector-19A, Chandigarh	67-69
11	Sri Sri University, Cuttack, Odisha	70-81
12	Hitbullseye, Sector-34, Chandigarh	82-84
13	International Chamber for Service Industry, Chandigarh	85-90
14	Mehar Baba Charitable Trust, Bassi Pathana, Punjab	91-93
15	Kanya Maha Vidyalaya (The Heritage Autonomous Institution), Jalandhar, Punjab	94-96
16	Open Eye Foundation NGO, Chandigarh	97-102
17	Govt. College of Yoga Education and Health, Sector-23, Chandigarh	103-108
18	Chandigarh Institute of Hotel Management, Sector -42, Chandigarh	109-114
19	Nivedita Charitable Trust, PGIMER, Chandigarh	115-118
20	Institute for Blind, Sector-26, Chandigarh	119-122
21	Furnfluffs Animal Welfare Association, Panchkula, Haryana	123-126
22	Skill Labs Resources Pvt. Ltd, Chandigarh	127-130
23	Dharam Hospital, Sector-15, Chandigarh	131-133

1. State Legal Services Authority, Chandigarh (2016)

The e-copy of the MoU was signed on August 01, 2016 between State Legal Services Authority, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.

①



GOVERNMENT HOME SCIENCE COLLEGE
SECTOR 10-D, CHANDIGARH-160010
Ph. No.: 0172-2740387, Fax : 0172-2740387
Website: www.homescience10.org; Email id: homescience-chd@nic.in

Ref. G.H.S.C.:12/steno/2016/1513 Date 01.08.2016

Memorandum of Understanding

This Memorandum of Understanding has been signed on August 01, 2016 between:-

1. State Legal Services Authority, Chandigarh represented by Member Secretary.

AND

2. Govt. Home Science College, Sector-10 represented by the Principal of the college

State Legal Services Authority, Chandigarh has been constituted under Legal Services Authority Act, 1987. SLSA is constituted to give free legal services to people and provide legal awareness and besides conducting Lok Adalats and give effect to the policies and directions of NALSA. It facilitates the settlement of the disputes between the parties amicably and expeditiously through mediation.

Govt. Home Science college, Sector-10 is one of the pioneer institutes of Home Science in the country. Since its inception in 1961, it has grown into an excellent educational centre satisfying the professional & personal needs of contemporary women. The interdisciplinary approach of the course has synthesised content from various fields such as Science, Humanities & Arts etc in order to enrich the knowledge and skills of the students.

Whereas both parties having expertise in their respective fields can benefit the students in empowering them and creating awareness about their rights and corresponding duties as responsible citizens of India. Both the parties have agreed to work together in the following fields.

1. That the Legal Services Authority Chandigarh shall assist the students of Govt. Home Science College in creating awareness about legal topics in general and especially on empowerment, abuse, domestic violence, human rights, road safety, cyber crime, legal services to children, fundamental duties, ill effects of drugs etc.
2. That both the parties may nominate members to various seminars and conferences being organised by respective parties.
3. The Govt. Home Science College Sector-10 would extend infrastructural facilities for conduct of seminars/conferences/workshops etc.
4. That the State Legal Services Authority, Chandigarh shall start Legal Literacy Club for students to create awareness and conduct lectures/seminars/workshops in the college related to the same. It would also extend free legal aid to the students.

[Handwritten signatures and dates]



GOVERNMENT HOME SCIENCE COLLEGE

SECTOR 10-D, CHANDIGARH-160010

Ph. No.: 0172-2740387, Fax : 0172-2740387

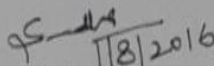
Website: www.homescience10.org; Email id: homescience-chd@nic.in

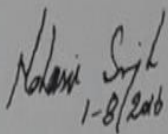
Ref.

Date

5. The SLSA, Chandigarh would extend internship programme for Post Graduate students of the college.

6. The MoU does not accrue any financial liability on either of the parties and can be terminated at any time.


Principal 11/8/2016
Govt. Home Science College
Sector-10, Chandigarh


Member Secretary
State Legal Services Authority
V.T. Chandigarh.

Activities under MoU
Activity No. 1

First Children's Peace Fest-CPF 2019

Govt. Home Science College organized first Children's Peace Fest-CPF2019 in collaboration with YuvSatta and State Legal Services Authority

Date: January 30, 2019

On 30th January, 2019, the college organized first Children's Peace Fest-CPF2019 in collaboration with YuvSatta and State Legal Services Authority, on the occasion of 150th Martyrdom's Day of Mahatma Gandhi. It was based on the UN theme 2030 'Leave No One Behind' which envisages a world of universal respect for human rights, human dignity, the rule of law, justice, equality and non-discrimination. Various competitions like Poster Making on "Chandigarh says Goodbye polybags" Gandhi quiz, Clay modeling, Peace poems, Short mobile video, skit competition on "leaving no one behind" were organized. 500 schoolchildren from 50 schools of tricity and seven states including Maharashtra, Tripura, Bhopal, Himachal Pradesh, Haryana, Jammu and Kashmir and Delhi took part in the fest.



Our college organized 1ST Children's Peace Fest-CPF2019 in collaboration with YuvSatta and State Legal Services Authority, on the occasion of 150th Martyrdom's Day of Mahatma Gandhi. It was based on the UN theme 2030 'Leave No One Behind' which envisages a world of universal respect for human rights, human dignity, the rule of law, justice, equality and non-discrimination.

For YUVSATTA
Authorized Signatory

Signature
Signature

Signature
Principal
Government Home Science College
Sector-32, Chandigarh

First Children's Peace Fest-CPF 2019

Activity link:

Link to YouTube: <https://youtu.be/36q21pqBYs>

Activity No. 2

Lecture by eminent speaker Sh. Mahavir Singh, Member Secretary, State Legal Services Authority

Date: August 23, 2021

A talk by Sh. Mahavir Singh, Member Secretary, State Legal Services Authority and later on by Mr. Amrinder Sharma, Secretary, District Legal Services Authority, Chandigarh. Mr. Singh encouraged the students to participate in the activities of The Legal Awareness Club started in the college last month and volunteer wholeheartedly. Citing the importance of the club, he said that they will train students to become paralegal volunteers and address legal queries concerning drug menace, rights of transgender, divorce etc. He said that they will collaborate with the college and set up a Legal Aid Club and an Anti-Drug Club in the long run.



A talk by Sh. Mahavir Singh, Member Secretary, State Legal Services Authority and later on by Mr. Amrinder Sharma, Secretary, District Legal Services Authority, Chandigarh. Mr. Singh encouraged the students to participate in the activities of The Legal Awareness Club.

Neelam

SuChia

Ashar

S. Singh

Principal
Government Home Science College
Sector-10, Chandigarh

Lecture by eminent speaker Sh. Mahavir Singh, Member Secretary, State Legal Services Authority

Link of Activity:

College Website link:

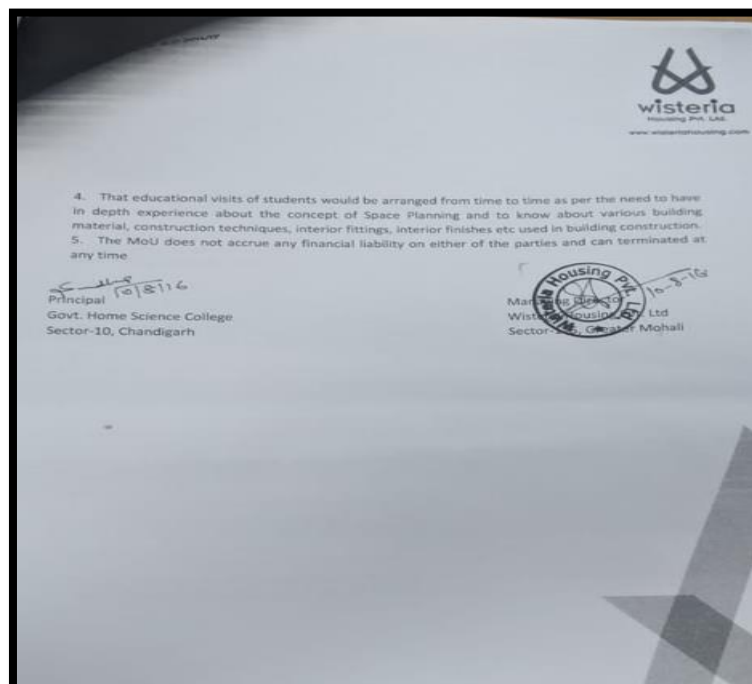
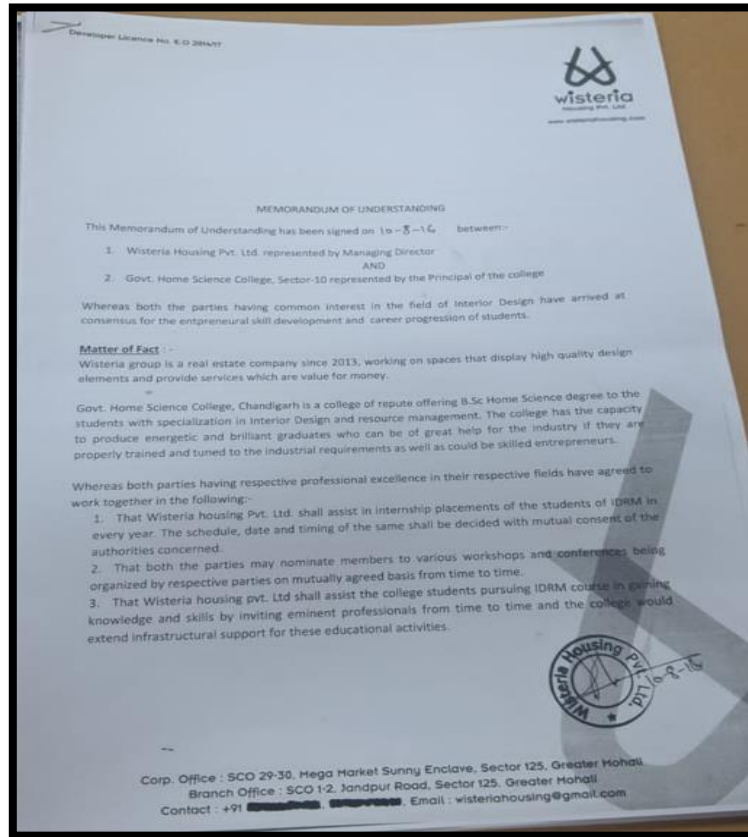
<https://homescience10.ac.in/galleries/investiture-ceremony-and-talk-by-experts-from-state-legal-services-authority-at-govt-home-science-college-chandigarh>

Link to College Newsletter:

https://homescience10.ac.in/storage/pages/college_news_letter/zvT9SNdZr754L5yfi6bbVpMv7JeFM50Lu1kSARJA.pdf

2. Wisteria Housing Pvt Ltd. (2016)

The MoU was signed on August 10, 2016 between Wisteria Housing Pvt Ltd, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.



**Activity under MoU
Activity No. 1**

Industrial visit to Wisteria Housing Pvt. Ltd on September 12, 2017

Date: September 12, 2017

An industrial visit of B.Sc. Home Science 3rd year Interior Design and Resource Management students was organized on September 12, 2017 to Wisteria Housing Pvt. Ltd. which is a construction company situated in Greater Mohali. The purpose of the visit was to orient the students about the concept and importance of Space Planning in today's time. The students were also informed about the techniques of construction, building materials used for construction, how and from where they were procured to the site of construction and the interior fittings that will be used to complete the construction work. Overall the visit was a fruitful experiential learning for the students as they gained hand-on knowledge about the construction process of a residential building.



For Wisteria Housing Pvt. Ltd.


Authorized Signatory


Principal
Government Home Science College
Sector-13, Chandigarh

Industrial Visit to Wisteria Housing Pvt. Ltd.

Activity No. 2

Industrial visit of IDRM students on October 10, 2022

Date: Oct 10, 2022

An industrial visit of B.Sc. Home Science 3rd year Interior Design and Resource Management students was organized on October 10, 2022 to Wisteria Housing Pvt. Ltd. which is a construction company situated in Greater Mohali. The purpose of this visit was to familiarize the students with the concept of Interior Decoration in a building. On the visit, the students were shown a residential building, whose interiors were being redone by the company. Through this visit the students got a chance to interact with the designers available at the site and observe the interior space for remodeling work being done. Students were shown samples of some elements of interior designing like different flooring materials, wall coverings like texture paints/ wallpapers/, ceiling work like false ceiling/POP work, different types of wood, furniture styles, fabrics for interior furnishings, and accessories for beautification. On the whole, the visit was a wonderful learning experience for the students as they gained hand-on knowledge about the field of interior designing and got a chance to interact with the on-site designer.



For Wisteria Housing Pvt. Ltd.

[Signature]
Authorized Signatory

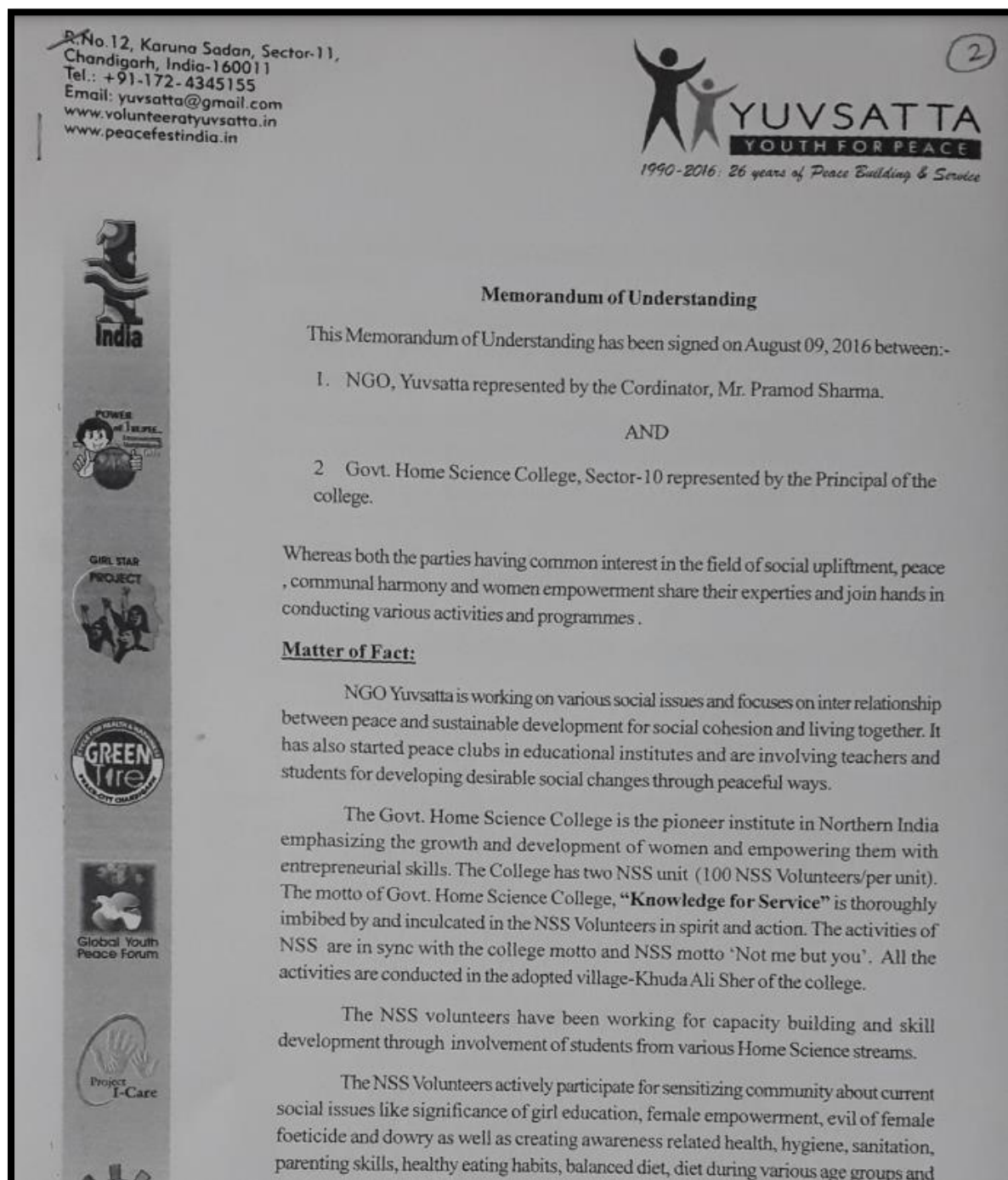
[Signature]
Mehata

[Signature]
Principal
Government Home Science College
Sector-11, Chandigarh

Industrial visit to Wisteria Housing Pvt. Ltd. for IDRM students

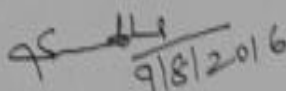
3. MoU with Yuvsatta NGO, Chandigarh (2016)

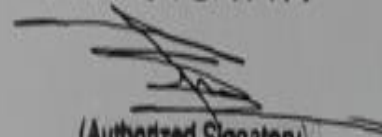
The e-copy of the MoU was signed on August 09, 2016 between NGO Yuvsatta (Youth for Peace), Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.



Whereas both the parties have common goal and interest for working at grass root level for social upliftment.

1. That the NGO Yuvsatta shall assist in organizing socially useful events with NSS Volunteers of the college. The programme, schedule, date and timing of the same shall be decided with mutual consent of the authorities concerned.
2. That both the parties will jointly organise community participation activities, seminars and conferences on mutually agreed upon topics from time to time.
3. That the NGO Yuvsatta shall assist the college NSS volunteers in organizing grass root level exposure by inviting eminent social workers and technical experts from time to time to promote their capacity building and skill development. The college on the other hand, would extend all possible support for mutually beneficial socially relevant community activities.
4. The MoU does not acruce any financial liability on either of the parties and can b e terminated at any time.

AS 
9/8/2016
Principal
Govt. Home Science College
Sector-10, Chandigarh

For YUVSATTA

(Authorized Signatory)
Cordinator,
Yuvsatta-NGO,
Sector 11, Chandigarh

Activities under MoU

Activity No. 1

One Day Seminar on 'Empowered Girls Empowered India'

Date: January 14, 2019

On the occasion of National Girl Child Day, Government Home Science College conducted a one day seminar on 'Empowered Girl Empowered India'. Advocate Madhu P. Singh, Former President and Judge of District Consumer Forum, Mohali, was the Guest Speaker of the day. She expressed her views on the rights of the girl child and women by citing several real life cases. Prof. Sadha Katyal, Principal of the college, introduced the theme of the seminar and talked about the 5th Sustainable Development Goals of UNDP which is about achieving gender equality and empowering all women and girls, in all circumstances. Another speaker of the day, Mr. Pramod, co-ordinator of YuvSatta, highlighted the need to develop courage and urged the students to remove their own in-built fears if they want to empower themselves. The final speaker of the day, Sh. S. Talwar, Owner of Talwar Dairy & Sweets, Sector-15, Chandigarh expressed that it is indeed a proud moment for him to have three beautiful and brave daughters and shared about his personal life experiences revealing stories of courage by his daughters. The Pink Turban Campaign was also launched on the campus in collaboration with YuvSatta. Students marked this event by tying pink turbans and releasing pink balloons to symbolise women empowerment.



For YUVSATTA
Authorised Signatory

Handwritten signature

Principal
Government Home Science College
Sector-15, Chandigarh

Advocate Madhu P. Singh, Former President and Judge of District Consumer Forum, Mohali, was the Guest Speaker. Another speaker of the day, Mr. Pramod, coordinator of YuvSatta, highlighted the need to develop courage and urged the students to remove their own in-built fears if they want to empower themselves.

Activity No. 2

Importance of Waste Management by Shri Debendra Dalai, IFS, Chief Conservator of Forests
and
Role of Sardar Vallabh Bhai Patel in India's Freedom by Mr. Pramod Sharma, President of Yuvsatta

Date: March 3, 2021

NSS volunteers participated in recycling and waste management wherein wholeheartedly. Identifying recyclable material as a resource rather than waste, the rationale was to create awareness among various stakeholders to preserve the earth's primary resources. Recognizing the dire need of preserving our natural resources for our future generations, the first session on "Wealth from Waste" was organized in collaboration with the Department of Environment, Chandigarh Administration and Yuvsatta (a non-government organization). The esteemed chief guest for the event was **Shri Debendra Dalai, IFS, Chief Conservator of Forests, Chandigarh Administration**. Under his guidance, the forest department maintains more than 46% green cover in Chandigarh thereby making this city Beautiful a Green City as well. Talking about MCC's initiative of the "Waste-segregation" campaign in Chandigarh, he emphasized that cleanliness is a joint venture and the active participation of the people is a prerequisite for the desirable outcome. The president of Yuvsatta, Mr. Pramod Sharma, who believes in the Gandhian ideals and working tirelessly for the welfare of the community, also advocated that waste management is the key to the successful implementation of "Swachh Bharat Abhiyan".

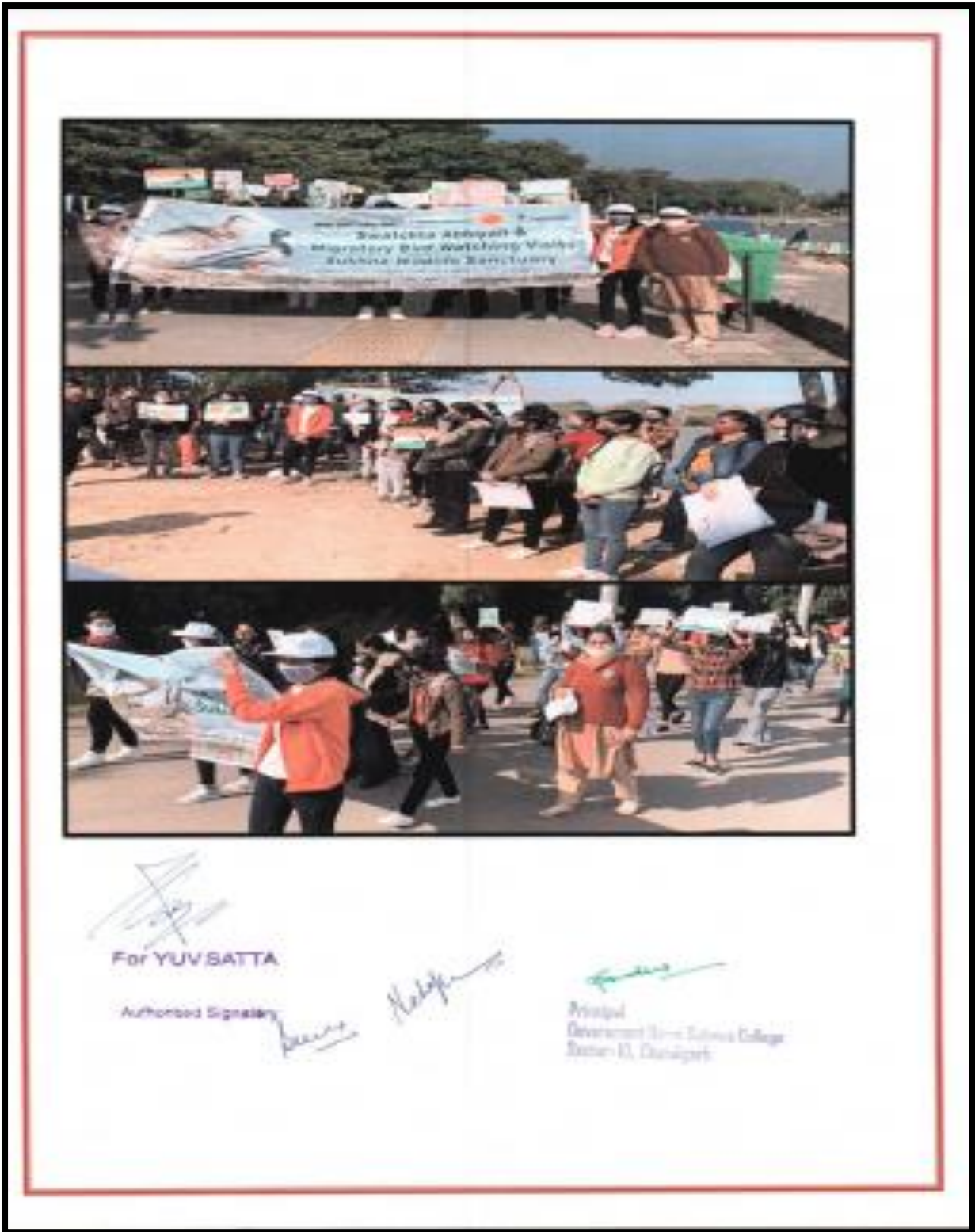


For YUVSATTA

Authorized Signatory

Prasanna
Prasad
Government Forest Officer Dalai
Chandigarh

The esteemed chief guest for the event was Shri Debendra Dalai, IFS, Chief Conservator of Forests, Chandigarh Administration.



Recognizing the dire need of preserving our natural resources for our future generations, the first session on “Wealth from Waste” was organized in collaboration with the Department of Environment, Chandigarh Administration and Yuvsatta (a non-government organization).

Importance of Waste Management and role of Sardar Vallabh Bhai Patel in India's Freedom featured on Sixth day of NSS Camp

The Principal of the College, Prof. Sudha Ketyal, congratulated the participants

Ujjain News - 13/03/2021 09:00



Chandigarh: The sixth day of NSS Camp started with the myriad activities related to recycling and waste management wherein NSS volunteers participated wholeheartedly. Identifying recyclable material as a resource rather than waste, the rationale was to create awareness among various stakeholders to preserve the earth's primary resources.

Link of activity:

Facebook link (uploaded on December 8, 2020):

https://www.facebook.com/permalink.php?story_fbid=pfbid0YPOJLU4sBfNu2ocz2QLtPzkvoYswcuJtzrktFgkNpEeupD6mPT3coHMQQLwUuRRsl&id=102325928229674

Activity No. 3

Sensitization of Home science students towards Migratory Birds and walked for Swachhta Abhiyan at Sukhna Lake

Date: December 4, 2020

Link of

activity:https://www.facebook.com/permalink.php?story_fbid=pfbid0YPQJLU4sBfNu2ocz2QLtPzkvoYswcuJtzrktFgkNpEeupD6mPT3coHMQQLwUuRRsl&id=102325928229674

Home Science College organised Migratory Bird watching and Swachhata Walk at Sukhna lake in collaboration with the NGO Yuvsatta and Department of Environment, Chandigarh Administration. Over 40 students along with faculty member Ms Seema Jaitely enjoyed sights of hundreds of migratory birds who had come to Chandigarh from far off places. The Chief guests of the events were Mr. Debendra Dalai, CCF, Director, Department of Environment, Chandigarh Administration and Mr. Kulbhushan Kawal, an environmentalist. Addressing the young students, Chief guest Sh. Debendra Dalai shared that every year, with the onset of winter, hundreds of migratory birds flock to Sukhna lake from far-off place and other water bodies in the sanctuary, as Chandigarh is on the flight path of many migratory birds, which fly from Himalayas and even far-off places such as Central Asia, Siberia, Europe, China and Japan. In the end, Pramod Sharma, Coordinator of Yuvsatta-NGO also conducted a Placard making competition on the theme Swachhata. Tina of B.Sc. (H.Sc.) 1st year, Prateek and Ekam of B.Sc. (H.Sc.) IInd year won trophies. Principal Professor Sudha Katyal appreciated such initiatives and added that bird watching in the lap of nature has enabled the students to enjoy the environment while taking time away from screens and revel in the stillness of the world around them.

Home science College organized Migratory Bird watching and Swachhata Walk at Sukhna lake in collaboration with the NGO Yuvsatta and Department of Environment, Chandigarh Administration. Students along with faculty Mrs. Seema Jaitely enjoyed sights of hundreds of migratory birds. The Chief guests of the events were Mr. Debendra Dalai, CCF, Director, Department of Environment, Chandigarh Administration and Mr. Kulbhushan Kawal, an environmentalist. Furthermore, Pramod Sharma, Coordinator of Yuvsatta-NGO also conducted a Placard making competition on the theme Swachhata.

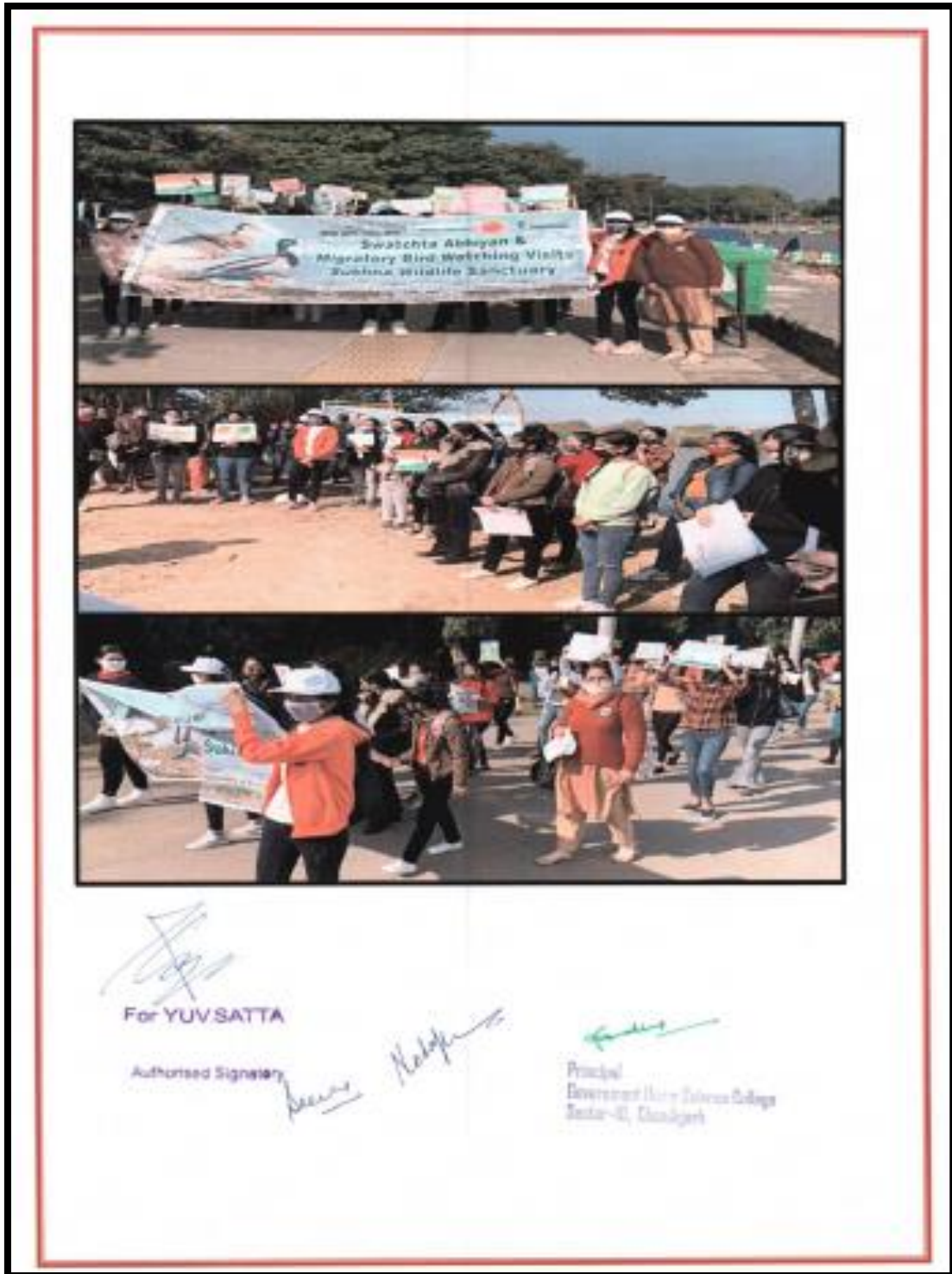

For YUV.SATTA

Authorised Signatory




Principal
Government Home Science College
Sector-10, Chandigarh

Home Science College organized Migratory Bird watching and Swachhata Walk at Sukhna lake in collaboration with the NGO Yuvsatta and Department of Environment, Chandigarh Administration. Students along with faculty Mrs. Seema Jaitely enjoyed sights of hundreds of migratory birds.



The Chief guests of the events were Mr. Debendra Dalai, CCF, Director, Department of Environment, Chandigarh Administration and Mr. Kulbushan Kawal, an environmentalist. Furthermore, Pramod Sharma, Coordinator of Yuvsatta- NGO also conducted a Placard making competition on the theme Swachhata.

Home Science students participate in migratory birds watching and swatchta abhiyan at Sukhna Lake

Home Science students participated in a migratory birds watching and swatchta abhiyan at Sukhna Lake.



Project Highlights

Chandigarh Women's College College organized Migratory Bird watching, and Swatchta Abhiyan at Sukhna Lake in collaboration with the NCC Faculty and Department of Environment, Chandigarh Administration. Over 30 students along with faculty members Mr. Naveen Jajeti enjoyed sight of hundreds of migratory birds who had come to Chandigarh from far off places. The Chief guests of the event were Mr. Dattendra Datta, IAS, Director, Department of Environment, Chandigarh Administration and Mr. Kulbhadra Kaural, an environmentalist. Addressing the young students, Chief guest Mr. Dattendra Datta shared that every year, with the onset of winter, hundreds of migratory birds flock to Sukhna Lake from far off places and other water bodies in the surrounding Chandigarh in the flight path of many migratory birds, which fly from Haripur and many far off places such as Canada, Asia, Siberia, Europe, China and Japan.

Link of the Activity:

Instagram Link(uploaded on December 8,2020)

<https://www.instagram.com/p/CiiBm26hs7R/?igshid=YmMyMTA2M2Y=>

Activity No. 4

Celebration of International Forest Day

Date: March 21, 2022

Link of Activity:

https://www.facebook.com/permalink.php?story_fbid=pfbid02DdAoWXahkyQekGWBjAoERNPCrM6jyBmmfuVLjP1DBJcYqt8RrScxwD3QXCvd4NRDLHj&id=102325928229674

Govt Home Science College celebrated International Forest Day , 2022 in collaboration with NGO "Yuvsatta". The theme for this year is "Forests and Sustainable Production and Consumption" . Shri Debendra Dalai, IFS, Chief Conservator of Forests and Chief Wildlife Warden, Chandigarh Administration, UT flagged off the jungle trail in which over 50 students of the college participated at Nephi Reserve Forest. He addressed the students on how the survival of mankind depends entirely on preservation of nature and how forests play a crucial role in poverty alleviation and in the achievement of the Sustainable Development Goals. He urged the students to follow the motto of "Each one Plant one "especially on any occasion they celebrate. An environment quiz was also conducted where winners were given prizes and the college was awarded a memento as a token of appreciation for active participation in environmental causes under the able guidance of Principal, Prof. Sudha Katyal. Principal of the college also motivated the students to help in saving our forests.



For YUVSATTA

Author: SS
Shri Debendra Dalai, IFS, Chief Conservator of Forests and Chief Wildlife Warden, Chandigarh Administration, UT addressed the students on ho forests play a crucial role in the achievement of the Sustainable Development Goals.


News Coverage by City Air News on March 21,2022

Home Science College celebrates International Forest Day

Govt Home Science college celebrated International Forest day, 2022 in collaboration with NGO 'Vyasatta'

City Air News | Mar 21, 2022 09:30

Facebook Twitter LinkedIn WhatsApp Pinterest Tumblr Email



Chandigarh, March 21, 2022: Government Home Science college celebrated International Forest day, 2022 in collaboration with NGO 'Vyasatta'. The theme for this year is "Forests and Sustainable production and consumption".

Shri, Debendra Dalal, IFS, Chief conservator of Forests and Chief Wildlife Warden, Chandigarh Administration, UT flagged off the jungle trail in which over 50 students of the college participated at Nagesh forest. He addressed the students on how the survival of mankind depends entirely on preservation of nature and how forests play a crucial role in poverty alleviation and in the achievement of the Sustainable Development Goals. He urged the students to follow the motto of "Each one Plant one" (especially on any occasion) they celebrate.

An environment quiz was also conducted where winners were given prizes and the college was awarded a memento as a token of appreciation for active participation in environmental causes under the able guidance of Principal, Prof. Susha Kalyal. Principal motivated the students to help in saving our forests.

Celebration of International Forest Day

Link of Activity:

Facebook link (uploaded on March 21,2022):

https://www.facebook.com/permalink.php?story_fbid=pfbid02DAoWXahkyQkkGWBjAoFRXPCrM6jyBmmfuVLjP1DRJcYqt8RsCxwD3QXCvd4NRDLHI&id=102325928229674
https://m.facebook.com/story.php?story_fbid=pfbid09QcszWsLwjh8NuJVnEVocDYttccn7XMq4Jm2d1sEfrFQVBpRdjpqwbqKrTng65pnl&id=102325928229674&mibextid=Nif5oz

Instagram Link (uploaded on March 21,2022):

<https://www.instagram.com/p/CbXb-8MvNGb/?igshid=NDk5N2NIZjQ=>
<https://www.instagram.com/p/CbXcnLcP079/?igshid=NDk5N2NIZjQ=>

4. Consumer Association, Chandigarh (2016)

The e-copy of the MOU was signed on August 12, 2016 between Consumer Association, Chandigarh and Govt. Home Science, Sector-10, Chandigarh.

(Estd. 1979)

CONSUMERS ASSOCIATION CHANDIGARH

(Formerly Regd. as Consumers Forum Chandigarh)
Regd. & Recognised as "Consumer Protection Association" by Govt. of India
Member Consumer Coordination Council New Delhi
"WINNERS OF TWO NATIONAL AWARDS"
Founder Chairman : Late Lt. Gen. Sartaj Singh, George Medal, Padam Bhushan

OFF. : 7, FF, KARUNA SADAN, SEC. 11-B, CHANDIGARH PH. 0172-2745170
E-mail : cfc_chd@yahoo.co.in www.cfc.org.in

CAC/2016-17/SPL 1

Memorandum of Understanding

This Memorandum of Understanding has been signed on August 12, 2016 between:-

1. Consumer Association, Chandigarh represented by General Secretary.

AND

2. Govt. Home Science College, Sector-10 represented by the Principal of the college

Consumer Association Chandigarh is a voluntary organisation exclusively working for promotion of consumer interests. It has been registered and recognised as "Consumer Protection Association" by Govt. of India. Association is registered by the registrar of societies, U.T. Chandigarh under registration no 684 dated 25-06-1982. Consumer Association is a winner of two national awards and strives to create consumer awareness in the society.

Govt. Home Science college, Sector-10 provides a unique field of knowledge. Its inter disciplinary approach in synthesizing knowledge drawn from physical and biological sciences, social sciences, arts and humanities has enriched its educational programmes and also caters to the present day needs of education in order to meet the rapidly changing demands of family life and the multiple roles that women have to play in home as well as professional life.

Whereas both parties having expertise in their respective fields can benefit the students in empowering them and creating awareness about their rights as consumers. Both the parties have agreed to work together in the following fields.

1. That the Consumer Association Chandigarh shall assist the students of Govt. Home Science College in creating awareness about consumer disputes and grievances, how to file cases in consumer court, consumption and production safety norms followed in the field of products and services, awareness about the malpractices of the seller and how to get quicker access to redressal of consumer grievances.
2. That both the parties may nominate members to various seminars and conferences being organised by respective parties.
3. The Govt. Home Science College Sector-10 would extend support and cooperation to Consumer Association in organising seminars/conferences/workshops of common interest.

(Estd. 1979)

CONSUMERS ASSOCIATION CHANDIGARH

(Formerly Regd. as Consumers Forum Chandigarh)

Regd. & Recognised as "Consumer Protection Association" by Govt. of India
Member Consumer Coordination Council New Delhi

"WINNERS OF TWO NATIONAL AWARDS"

Founder Chairman : Late Lt. Gen. Sartaj Singh, George Medal, Padam Bhushan

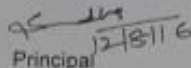


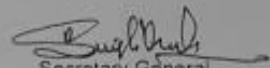
OFF : 7, EE, KARUNA SADAN, SEC. 11-B, CHANDIGARH PH. 0172-2745170

E-mail : cfc_chd@yahoo.co.in www.cfc.org.in

4. That Consumer Association, Chandigarh shall also provide a platform to the students to spread consumer awareness regarding their specialised field of home science in various schools and institutes in tricity.

5. The MoU does not accrue any financial liability on either of the parties and can be terminated at any time.


Principal
Govt. Home Science College
Sector -10, Chandigarh


Secretary General
Consumer Association,
Rn 7, Karuna Sadan Sector 11-B
Chandigarh

Activities under MoU
Activity No. 1

Lecture on Simplified 'Goods and Services Tax (GST)

Date: Nov 11, 2017

Government Home Science College organized a lecture on 'Goods and Services Tax (GST) Simplified' in collaboration with Consumers Association Chandigarh and Consumer Club of the college. Renowned Advocate & Consumer Activist, Mr. Ajay Jagga, sensitized the students regarding the basic concepts and types of GST and its contribution towards the economic progress of the country. He described that a rational tax structure of any country should be like a bee sucking honey without damaging the flower. Mrs. Madhu P. Singh, ex Judge Consumer Forum, Mohali, also motivated the students to become an aware consumer. She also satisfied various queries put forward by faculty members and students about GST. Other members who were present there for the event were Brig. J. S. Phoolka, Advisor to Chairman and Mr. D. S. Vindl, Secretary, Consumer Association, Chandigarh along with Principal of the college, Prof. Sudha Katyal. The event was appreciated and applauded by Prof. Katyal and the session was concluded with thanks giving note by her along with presenting an award of honour to Mr. Ajay Jagga.



College organized a lecture on 'Goods and Services Tax (GST) Simplified' in collaboration with Consumers Association Chandigarh and Consumer Club of the college. Renowned Advocate & Consumer Activist, Mr. Ajay Jagga, sensitized the students regarding the basic concepts and types of GST and its contribution towards the economic progress of the country. He also enlightened the students with various provisions of GST like Anti profiteering, merchant rating and feedback system provided under GST. Mrs. Madhu P. Singh, ex Judge Consumer Forum, Mohali, also motivated the students to become an aware consumer.

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CONSUMERS ASSOCIATION
K.NO. 7, F.F. KARUNA SALAH,
SECTOR 11-B, CHANDIGARH

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Principal
Government Home Science College
Sector-II, Chandigarh

Lecture on Simplified 'Goods and Services Tax

Activity No. 2

Awareness Lecture on Intellectual Property Rights and Consumer Education in Home Science College

Date: Jan 30, 2020

In an endeavour to intensify the role of students as responsible consumers and basic understanding of Intellectual Property Rights, Government Home Science College organized an awareness lecture on 'Intellectual Property Rights and Consumer Education' for the students of B.Sc. Home Science 3rd year. Ex Justice Madhu P. Singh, Executive Member, Consumer Association, Mr. S.D. Singh, Chairman and Mr. S. Virdi, Member, Consumer Association were the guest speakers for the day. Mrs. Madhu P. Singh elaborated the Intellectual Property Rights as important drivers of growth and prosperity of a business that can turn out to be highly valuable assets of the business. In addition to this, she emphasized on the necessity to conduct consumer education programs to raise the level of awareness and understanding of consumers. She informed the students to be more conscious and cautious in selecting products and services with an assurance of quality, safety and competitive price since they should not compromise the health, safety and welfare of their family by patronizing products that are cheaper, but of low quality and substandard. Principal of the College, Prof. Sudha Katyal, expressed her gratitude to the guest speakers of the day.



Ex Justice Madhu P. Singh, Executive Member, Consumer Association, Mr. S.D. Singh, Chairman and Mr. S. Virdi, Member, Consumer Association were the guest speakers for the day. Mrs. Madhu P. Singh elaborated the Intellectual Property Rights as important drivers of growth and prosperity of a business. She described Trade Marks, Copyrights, Designs and Patents and discussed the importance

Sudha Katyal
Katyal

Sudha Katyal
CONSUMERS ASSOCIATION
R.NO. 1, P.F., KARUNA SADAN
SECTOR 11-B, CHANDIGARH

Sudha Katyal
Principal
Government Home Science College
Sector-11, Chandigarh

Awareness Lecture on Intellectual Property Rights and Consumer Education in Home Science

CITY AIR NEWS

99

**AWARENESS LECTURE ON INTELLECTUAL PROPERTY RIGHTS AND
CONSUMER EDUCATION IN HOME SCIENCE COLLEGE
1st February 2020**



Chandigarh: In an endeavour to intensify the role of students as responsible consumers and basic understanding of Intellectual Property Rights, Government Home Science College organized an awareness lecture on 'Intellectual Property Rights and Consumer Education' for the students of B.Sc. Home Science 3rd year.

Ex Justice Madhu P. Singh, Executive Member Consumer Association, Mr. S.D. Singh, Chairman and Mr. S. Veri, Member Consumer Association were the guest speakers for the day. Mrs Madhu K. Singh elaborated the Intellectual Property Rights as important drivers of growth and prosperity of a business that can turn out to be highly valuable assets of the business. She described the four types of Intellectual Property rights i.e. Trade Marks, Copyrights, Designs and Patents. She also discussed the importance of registration and protection of each property right further emphasizing on its creation and statutory enactment. In addition to this, she emphasized on the necessity to conduct consumer education programs to raise the level of awareness and understanding of consumers. She also elaborated basic Consumer Rights and Responsibilities and the salient features of the Consumer Protection Act 1986. She described the procedure of filing case in the consumer courts in case of violation of consumer rights. She informed the students to be more conscious and cautious in selecting products and services with an assurance of quality, safety and competitive price since they should not compromise the health, safety and welfare of their family by patronizing products that are cheaper, but of low quality and substandard.

Principal of the college, Prof. SudhaKatarol, expressed her gratitude to the guest speakers of the day. She further motivated the students to be responsible and cautious consumers and generate awareness about the same to minimize the exploitation of consumers by unscrupulous traders and lessen the proliferation of uncertified and substandard products. (Jan 31)


PRINCIPAL
GOVT. HOME SCIENCE COLLEGE
CHANDIGARH

100

संविदा सारकार
संडीगढ
संडीगढ, सडिगढ 31 सडरडी, 2020 | 2

होम साइंस कॉलेज में स्टूडेंट्स को किव्या अवेयर



संडीगढ
होम साइंस
कॉलेज
संडीगढ-
31 में
होम साइंस
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अवेयर
किया गया।

[Handwritten Signature]
Principal,
H.S. Home Science College
SANDIGADH

Activity No. 3

Awareness Lecture on the Occasion of World Consumer Rights Day

Date : March 17, 2022

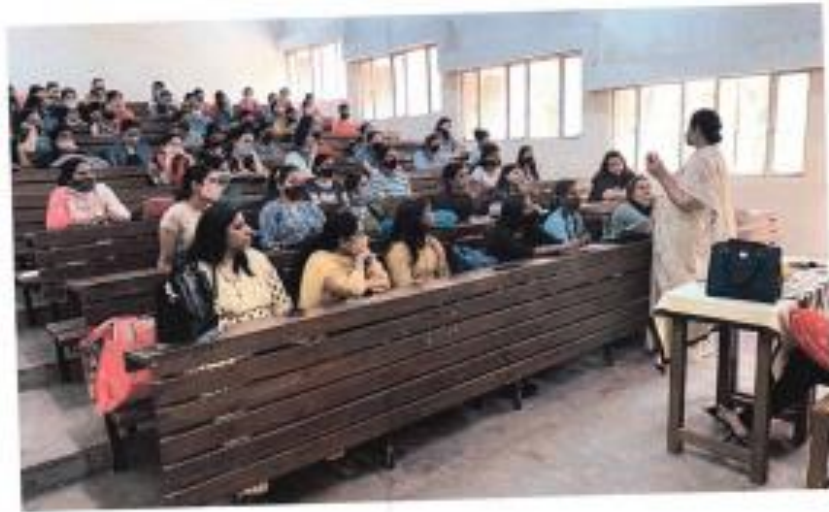
The department of Family Resource Management organised an awareness lecture on the theme "Cyber Frauds in Digital Marketing Place: Insights and Solutions" on 17th March, 2022. The speaker for this event was Advocate Ms. Madhu P Singh mam, who shared information about cyber frauds that are prevalent nowadays and how to safeguard oneself from them. She also informed about how sharing private information like OTP, CVV number, bank account details, etc in our daily life can cause cyber frauds and impact us. Madam shared real life incidents of people who have been a victim of these types of cyber frauds and the struggle they faced afterwards to seek redressal in such cases. She also stressed on how important it is to create digital literacy amongst youngsters and elderly's in the family to prevent cyber frauds from happening. On the whole, the event was informative for the students and they got their queries solved by the speaker satisfactorily.



Supriya
Mishra
CONSUMERS ASSOCIATION
R.NO. 7, F.F. KARUNA SADAN
SECTOR 11-B, CHANDIGARH

[Signature]
Principal
Government Home Science College
Sector-11, Chandigarh

GHSC-10 organized the awareness lecture on 'Cyber Frauds in Digital Marketplace: Insights and Solutions' where Mrs. Madhu P. Singh, Advocate was invited as an expert speaker.



Madhu
Arshate


Pragati
CONSUMERS ASSOCIATION
R.NO. 7, F.F. KARUNA SIVAM
SECTOR 11-B, CHANDIGARH

Princip
Principal
Government Sanshodhan Sanstha
Sector-11, Chandigarh

The lecture was organized in lieu of the celebration of World Consumer Rights Day and was attended by around 70 students in the lecture theatre of college. Mrs. Madhu discussed the scams and frauds which are prevailing in the digital world in terms of online payments, e-shopping, e-marketing etc.

5. Regional Centre for Entrepreneurship Development, Chandigarh (2016)

The e-copy of the MoU was signed on August 12, 2016 between Regional Centre for Entrepreneurship Development, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh



GOVERNMENT HOME SCIENCE COLLEGE
SECTOR 10-D, CHANDIGARH-160010
Ph. No.: 0172-2740387, Fax : 0172-2740387
Website: www.homescience10.org; Email id: homescience-chd@nic.in

⑤

Ref. QMS/10/ST/enc/2016/1676

Date 12/8/16

Memorandum of Understanding

This Memorandum of Understanding has been signed on August 12, 2016 between:-

1. Regional Centre for Entrepreneurship Development, Chandigarh represented by Principal Director.

AND

2. Govt. Home Science College, Sector-10 represented by the Principal of the college

Regional Centre for Entrepreneurship Development (RCED) is a Non-Government organisation registered under Society Registration Act (XX) of 1860. RCED came into existence during 1995 and is committed to promote Entrepreneurship and Skill Development, in the States of Punjab, Haryana, Himachal Pradesh, Uttar Pradesh, Jammu & Kashmir, Utrakhand, Rajasthan, Delhi and Union Territory of Chandigarh, by motivating and training unemployed and under employed youth.

Govt. Home Science College, Sector-10 is a college of repute imparting B.Sc., M.Sc. Home Science and P.G. Diploma degrees to the students with specialization in Foods & Nutrition, Clothing & Textiles and Human Development & Family Relations. The college has the capacity to produce energetic and brilliant graduates and post graduates who can be of great help for the service of community and industry if they are properly trained and tuned to the industrial and social requirements as well as be skilled entrepreneurs.

Whereas both parties having expertise in their respective fields can benefit the students in the field of skill and entrepreneurship development. Both the parties have agreed to work together in the following fields.

1. That RCED would collaborate with the college in conducting programmes in various skill development activities sponsored by department of Science and Technology, Govt. of India, Directorate of Industries, U.T. Chandigarh, Khadi and Village Industries Commission (KVIC), Govt. of India, National Skill Development Corporation, Tech Mahindra Foundation, Tynor orthotics etc.
2. That Entrepreneurial Awareness Camps (3 day duration) would be conducted by (RCED) for the students of the college, giving them awareness about entrepreneurial opportunities and information about facilities available for setting up their own enterprises.
3. That Entrepreneurship Development Programmes (4 Weeks Duration), would be conducted by RCED for those who are ready to set up their own units. All inputs from project identification, selection to successfully running the ventures shall be provided during the training and it will extend handholding support till the trainees set up their projects.



GOVERNMENT HOME SCIENCE COLLEGE
SECTOR 10-D, CHANDIGARH-160010

Ph. No.: 0172-2740387, Fax : 0172-2740387

Website: www.homescience10.org; Email id: homescience-chd@nic.in

Ref.

Date

4. That Govt. Home Science College Sector-10 would extend infrastructural facilities for conduct of seminars/conferences/workshops etc.
5. That Faculty Development Programme (FDP) of 2 weeks duration would be conducted by RCED with the objective:
 - To help the participants to understand the needs of students in present economic scenario.
 - To develop their capability in designing and implementing a comprehensive small business and entrepreneurship development package for their students.
 - To develop the knowledge and counselling skills related to launching and managing small industrial / business ventures.
 - To inculcate abilities in the participants so that they are able to motivate the students to opt self-employment as a career.
 - To provide information to the participants about various sources for getting training and research assignments for the college
6. That both the parties may nominate members to various seminars and conferences on entrepreneurship and skill development being organised by respective parties.
7. That Skill Development Programmes would be conducted for the candidates looking for job, in the field like Computerized Accounting, Tally, Retails, Sales, Computer applications, Textile, Food Processing, Fashion Technology etc.

[Signature]
Principal
Govt. Home Science College
Sector 10, Chandigarh.

[Signature]
Paramjit Singh
Principal Director
RCED



Activities under MoU
Activity No. 1

**Free English Communication Bridge Course for the students of
Govt. Home Science College**

Date: Oct 30, 2018

As an initiative towards enhancement of Soft Skills and English Communication among students, free "English Communication Bridge Course" started in Home Science College. The course was organized by the placement cell in collaboration with **Regional Centre for Entrepreneurship Development (RCED)**. Prof Nirmal Dutt with an experience of more than 35 years in teaching English language in D.A.V. College, Chandigarh, mentored the classes. Principal Prof. Sudha Katyal welcomed Professor Nirmal Dutt and addressed the students, motivating them to participate in such course. The course content included Grammar and Vocabulary, Skills in Listening, Reading and Writing the English Language, Improving pronunciation and construction of sentences. The course witnessed a huge response from Under Graduate and Post Graduate college and resident students. Exercises given by Prof. Dutt made the workshop more interesting and stimulating. Certificates will be given to all participants on successful completion of the course.



College started a free "English Communication Bridge Course" which was organized by the placement cell in collaboration with Regional Centre for Entrepreneurship Development (RCED). Prof Nirmal Dutt with an experience of more than 35 years in teaching English language in D.A.V. College, Chandigarh, mentored the classes.

   
Principal
Government Home Science College
Sector-10, Chandigarh

Free English Communication Bridge Course for the students of Govt. Home Science College

Activity No. 2

Celebration of Naturopathy Day

Date: Nov 18, 2019

With an aim to promote the art and science of healthy living and a drugless system of healing based on well-founded philosophy of Naturopathy amongst the students, Government Home Science College in association with Regional Centre for Entrepreneurship Development celebrated the Second Naturopathy Day on November 18, 2019 by organizing a lecture cum interactive session on the theme 'Mahatma Gandhi and Nature Cure'. Dr Sukhbir Kaur Chopra, Sachtek Wellness Centre- Chandigarh, introduced the students about the concept of Naturopathy and its innumerable benefits in one's life. She emphasized on the importance of drug-less system of medicine to prevent diseases by altering diet and lifestyle. Principal of the college, Prof. Sudha Katyul, expressed her gratitude to the guest speaker of the day for sharing her valuable knowledge with the students and further added that Naturopathy is not only a system of treatment but a way of life which includes a system of man building in harmony with constructive principles of Nature on the physical, mental, moral and spiritual grounds.



Our college in association with Regional Centre for Entrepreneurship Development celebrated the Second Naturopathy Day on November 18, 2019 by organizing a lecture cum interactive session on the theme 'Mahatma Gandhi and Nature Cure'. Dr Sukhbir Kaur Chopra, Sachtek Wellness Centre- Chandigarh, introduced the students about the concept of Naturopathy and its innumerable benefits in one's life.

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Government Home Science College
Chandigarh

Celebration of Naturopathy Day

News Coverage by City Air News on November 18,2019

CITY AIR NEWS 18 NOV, 2019
NATUROPATHY DAY CELEBRATED AT HOME SCIENCE COLLEGE



Chandigarh, November 18, 2019: With an aim to promote the art and science of healthy living and a drugless system of healing based on well-founded philosophy of Naturopathy amongst the students, Government Home Science College in association with Regional Centre for Entrepreneurship Development celebrated the Second Naturopathy Day on November 18, by organizing a lecture cum interactive session on the theme 'Mahatma Gandhi and Nature Cure'.

Dr. Sukhvir Kaur Chopra, Senior Wellness Counselor, Chandigarh, introduced the students about the concept of Naturopathy and its innumerable benefits to one's life. She emphasized on the importance of drugless systems of medicine to prevent diseases by altering diet and lifestyle. She highlighted that it can be easily integrated with any other system of healthcare as lifestyle intervention and the necessity to promote these practices in wellness centers along with allopathic medicine so that we get best of all systems of medicine. She made students aware of the proactive, preventive, curative as well as restorative potential of Naturopathy. She further brought into limelight the Gandhi way of practicing Naturopathy in one's life as he was a firm believer and keen practitioner of the same. She referred to India's great sacred texts to the extensive use of nature's excellent healing agents such as Air, Earth, Water and Sun for the removal of root cause of the diseases from the natural use of these elements available in nature. She added to the knowledge of students that Naturopathy is a non-toxic therapy involving the use of natural materials in its treatment based on the theories of vitality, conscious self-healing capability of the body and the principles of healthy living.

Principal of the college, Prof. Sushila Kataria, expressed her gratitude to the guest speaker of the day for sharing her valuable knowledge with the students and further added that Naturopathy is not only a system of treatment but a way of life which includes a system of care building in harmony with constructive principles of Nature on the physical, mental, moral and spiritual grounds.


Principal,
Govt. Home Science College,
CHANDIGARH - 160007

Activity No. 3

The importance of Entrepreneurship, Skill-Development and Equitable Society

Date: March 10, 2021

With an aim of making yoga as an integral part of young, dynamic and enthusiastic NSS Volunteers, the first session of the third day of NSS Camp rejuvenated the sagging spirits of the participants from the banndrum of modern life. After the stimulating first session, two resource persons i.e. Mr. Paramjit Singh (Director, National Trainer, Motivator, National Speaker from Regional Centre for Entrepreneurship Development) and Dr. Manoj Kumar (Associate Professor, Department of Sociology, PG Govt. College for Girls, Chandigarh) were invited to invigorate the mindset of the budding entrepreneurs of our college. Talking about the gross inequality, biasedness and social exclusion of the marginalized sections in Indian society, Dr. Manoj Kumar charts out the problematic social fabric of the Indian society which hinders the socio-economic growth of the downtrodden people. On the other hand, Mr. Paramjit Singh in his session on "Skill Development and Entrepreneurship" shared his first-hand experience and talked extensively about the nuances and nitty-gritties involved in the process of becoming a successful entrepreneur. The Principal of the college, Prof. Sadha Kalyal, emphasized the need for a socially equitable society for the sustenance and growth of the nation. Recognizing the efforts of the students, she further advised them to leave no stone unturned to achieve their aspirations.



Mr. Paramjit Singh (Director, RCEDE) in his session on "Skill Development and Entrepreneurship" shared his first-hand experience and talked extensively about the nuances and nitty-gritties involved in the process of becoming a successful entrepreneur.

Manoj Kumar
Paramjit Singh

Sadha Kalyal
Principal
Government Women's College
Sector-11, Chandigarh

The importance of Entrepreneurship, Skill-Development and Equitable Society

Link of the Activity:

Facebook Link(uploaded on March 15, 2021):

<https://www.facebook.com/photo?fbid=248432366952362&set=pcb.248432433619022>

Instagram Link(uploaded on March 15, 2021):

<https://www.instagram.com/p/CMb9zRdBXT8/?igshid=NDk5N2NIZjQ=>

Activity No. 4

Online Workshop on Digital Skill Development

Date: March 02, 2022

The placement and Entrepreneurship cell of Government Home Science College, Chandigarh, organized a workshop on Digital Skill Development in collaboration with NASSCOM foundation, Google and RCED. The college is offering Coursera certified courses free of cost to its students in IT support, UX design data analytics and project management. All these self-study programs are provided in collaboration with Regional Centre for Entrepreneurship Development. Mr Paramjit Singh, director RCED, Guest speaker of the workshop, emphasized the importance of IT sector skills and demand for its experts will increase manifold in coming years. He said that the students must be equipped with combination of soft skill and hard skills to meet this industry driven demand. All these courses hosted by Coursera will develop digital skills relevant to Home Science stream and help the students to attain better paid jobs. Another esteemed speaker, Mr. Rajeev Dar, former ex director Nasscom foundation, elaborated the course content of each and every program. He added that such programs by Coursera in association with Google are offered free of cost to students for the very first time in the Northern region which otherwise involve high tuition cost. Further he informed the students that during the course they will be given soft skill training and all the courses will be in self-study mode. After successful completion of each course students will be given certificate and job placement assistance. Mr. Dar motivated the students to enroll themselves for these courses. The students shown keen interest and enthusiasm to join various programs.

Government Home Science College
Chandigarh
110 002
www.gshsc.edu

Google

A Digital Skill Development Workshop on

COURSERA CERTIFIED COURSES

In Collaboration With

Google NASSCOM FOUNDATION RCED

SPEAKERS

Mr. Paramjit Singh
Director
RCED

Mr. Rajeev Dar
Former Ex-Director
NASSCOM

Google Career Certifications Scholarship PROGRAM

Google IT Support Professional Certificate
Google UX Design Professional Certificate
Google Data Analytics Professional Certificate
Google IT Business with Python Professional Certificate
Google Project Management Professional Certificate

COURSE BENEFITS

- 100% Scholarship
- Self-paced mode
- 20 hours course
- 2 Certificates: Coursera & NASSCOM
- Placement & Assistance by RCED
- 24/7 support
- Personalized learning path

DATE: MAR 02 - 11:00 AM - GOOGL MEET
CONTACT: Prof. Jyoti Arora, Head of Cell
COORDINATOR: Dr. Shabana Bhatia, Placement Cell
REGISTRATION: <https://www.coursera.org/learn/it-support>

Brochure was circulated regarding 'The Digital Skill Development Workshop' which was organized on Coursera based certified courses where expert speakers were Mr. Paramjit Singh



The placement cell of GHSC-10 organized a workshop on Digital Skill Development in collaboration with NAASSCOM foundation, Google and RCED. All these self-study programs are provided in collaboration with RCED. Mr. Paramjit Singh emphasized the importance of IT sector skills and demand for its experts will increase manifold in coming years. He said that the students must be equipped with combination of soft skill and hard skills to meet this industry driven demand. Another esteemed speaker, Mr. Rajeev Dar, former ex director NAASCOM foundation, elaborated the course content of each and every program. He added that such programs by Coursera in association with Google are offered free of cost to students for the very first time in the Northern region.

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GOVT. ENGINEERING COLLEGE
GHANSHYAM NAGAR
Sector-II, Gandhinagar
Gurgaon, Haryana
122002

Principal
Government Home Science College
Sector-II, Gandhinagar

Online Workshop on Digital Skill Development

6. Fortis Hospital, Mohali, Punjab (2016)

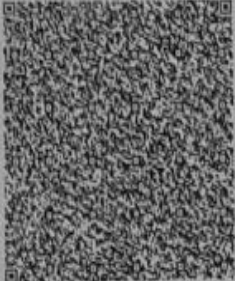
E-copy of the MoU was signed on August 24, 2016 between Fortis Hospital, Mohali and Govt. Home Science College, Sector-10, Chandigarh.



सत्यमेव जयते

INDIA NON JUDICIAL
Chandigarh Administration
e-Stamp

Certificate No.	: IN-CH048539305718120
Certificate Issued Date	: 22-Aug-2016 03:47 PM
Certificate Issued By	: chganlali
Account Reference	: IMPACC (GV)/ chimpsp07/ D C OFFICE SEC-17/ CH-CH
Unique Doc. Reference	: SUBIN-CHCHIMPSP07096299450698840
Purchased by	: AJINDER SINGH PB102002029017 DL
Description of Document	: Article 5 Agreement or Memorandum of an agreement
Property Description	: SEC 62 MOHALI
Consideration Price (Rs.)	: 0 (Zero)
First Party	: FORTIS HOSPITAL
Second Party	: Govt Home Science ARYA SAMAJ COLLEGE
Stamp Duty Paid By	: FORTIS HOSPITAL
Stamp Duty Amount(Rs.)	: 100 (One Hundred only)

Memo no: GHSC-10 / F&N / NSS / 2016 / 1815
Date: 24/8/16





Memorandum of Understanding

This Memorandum of Understanding has been signed on August 09, 2016 between:-

1. FORTIS HEALTHCARE LIMITED, a company registered under the Companies Act, 1956 having its registered office at Okhla Road, New Delhi through its authorized signatory Abhijit Singh, Facility Director, Fortis Hospital Mohali as the First Part

AND

2. Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the college as the Second Part.

Fortis Health Care Limited is a leading Pan Asia integrated health care delivery provider with an asset base in 11 countries. Fortis hospital Mohali is JCI, NABH certified multi-speciality tertiary care hospital with accomplishment in high end surgical procedures. It is one of India's most recognised cardiac hospitals. The hospital focuses on patient care with clinical Excellence to achieve the objective of saving and enriching lives.

Govt. Home Science College, Sector-10, Chandigarh is a college of repute imparting B.Sc., M.Sc. Home Science and P.G. Diploma degrees to the students with specialization in Foods & Nutrition, Clothing & Textiles and Human Development & Family Relations. Since its inception in 1961, it has grown into an excellent educational centre satisfying professional and personal needs of contemporary women. The college has the capacity to prepare and develop energetic and brilliant graduates and post graduates who can be of great help for the service of community and patient care industry, if they are properly trained and tuned to the requirement of the hospital industry.

Whereas both the parties having respective professional excellence in the field of academic interest as well as interest in grass root level functioning have agreed to work together in the following fields:

1. That the Fortis Health Care Limited, Fortis Hospital, Mohali shall assist in hospital internship placements of the post graduate students of GHSC-10 every year. The schedule, date and timing of the same shall be decided with mutual consent of the authorities concerned. As per mutual discussion, placement for internship will be on the basis of availability and capability criterion of specialization as per organisation policy.
2. That both the parties may nominate members to various seminars and conferences being organized by respective parties on mutually agreed upon from time to time. The cost of such participation shall be the sole responsibility of the sponsoring authority within the rules and bye laws of that sponsoring authority.
3. That the Fortis Health Care Limited shall assist the Undergraduate and Post Graduate students of GHSC-10 in providing grass root level exposure by inviting eminent professionals from time to time so as to promote knowledge dissemination and development of skills and the college would extend support for mutually beneficial educational activities .

4. Mutual Rights and Obligations of both the Parties:

Confidentiality:

- 8.1 Each party warrants that it is the owner of Confidential Information that may be disclosed under this MoU and that it has the right to disclose such information without any obligation to any third party.
- 8.2 Each party shall hold in confidence and shall not divulge, disclose or communicate to any third party any Confidential Information which is received by it from the other party except for information which is:
- (i) in public knowledge or domain prior to its receipt from the other party or which thereafter becomes part of public domain through no fault of it; or
 - (ii) lawfully in its possession prior to the time of its receipt from the other party and was not acquired directly or indirectly from a third party not under a similar obligation of confidentiality to the other party ; or
 - (iii) received after the time of disclosure, from a third party not under a similar obligation of confidentiality to the other party ; or
 - (iv) independently developed by its employees without access to the other party's information; and
 - (v) required to be disclosed by law or regulatory authority provided where possible the disclosing party gives notice of such disclosure to the other party whose Confidential Information it is and discuss with them the form and content of such disclosure.
- 8.3 Neither party shall use the Confidential Information received from the other party for a purpose not contemplated by this MoU or in the negative interests of the other party.
- 8.4 Each party shall restrict access to the Confidential Information received from the other party to the minimum number of its employees necessary for the performance of its obligations under this MoU and shall use the same standard of care to preserve and safeguard the confidential nature of the information disclosed by the other part as is used with its own information of a similar kind and shall use its best endeavors to ensure that persons in question keep the said information confidential and comply with this clause.
- 8.5 Notwithstanding the foregoing, these covenants as set forth in the present section shall survive termination of this MoU.

9. Indemnity:

- 9.1 Each party hereby indemnifies each other against all proceedings and actions [including but not limited to initiated or ordered or levied by any person (natural or artificial) or authority before any Court or police or lawful authority or civil or criminal or statutory or regulatory authority(ies)], causes, suits, accounts, claims, liabilities (including civil, criminal & all other statutory liabilities), penalties, demands and costs (including without limitation legal costs), awards, damages, losses, expenses etc. whatsoever, each party may incur arising out of their respective act, neglect or default and without prejudice to the generality of the foregoing, arising out of the failure of each party or its respective employees, members, agents or representatives or any other person in any act in performing any of the obligations contained in this MOU or otherwise.

10. Notices:

- 10.1 All notices and communications hereunder shall be required to be given in writing in English by either of the Parties hereto upon the other, and shall be deemed to have been

If to Govt. Home Science College, Sector-10, Chandigarh

If to Fortis Hospital, Sec-62, Mohali

- 9.2 Either party may, from time to time, change their address for the receipt of notice(s) or other communications provided for in this MoU by giving to the other party not less than 15 (fifteen) days prior written notice to that effect.


10. Compliance of Applicable Laws:

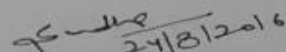
- 10.1 Each Party shall be responsible at all times to comply with all the legislations, enactments, laws, bylaws, rules and regulations, orders, notifications, directions, conditions etc, for the time being in force, issued by the government whether central, state, local or municipal and other autonomous bodies, statutory & regulatory authorities, as and if applicable, with respect to their respective obligations set forth in the MoU.
- 10.2 Each Party shall be solely responsible for any failure or default on any account in compliance of any law or any kind of statutory liabilities or other acts as and if required for the purpose of this arrangement and in respect of all the obligations of each party as set forth in this MOU.
- 10.3 Both the parties hereby indemnify and shall further keep indemnified each other at all times against all claims, liabilities (including civil, criminal & all other statutory liabilities), costs, damages, proceedings, penalties and all other actions arising out of any of their actions performed or failure or default in respect of any of their respective obligations and consequence thereof; and each party will not hold each other responsible at any time for any claim of whatsoever nature. This clause shall survive the expiry or termination of this MOU.

11. General Terms and Conditions



Parties agree and undertake that they shall adhere to the terms and conditions enumerated in the "General Terms & Conditions" attached hereto as Annexure A which forms an integral part of this MoU.


Fortis Healthcare Limited
Fortis Hospital Mohali


Principal, 24/8/2016
Govt. Home Science College,
Sector-10, Chandigarh

Activities under MoU
Activity No. 1

Breastfeeding Week Celebrations

Date: August 03, 2018

To observe the World Breastfeeding Week under the theme Foundation of Life Breastfeeding: and Nourishment for Life, the Department of Food and Nutrition organized a capacity building workshop and interactive session. Dr. Sunil Aggarwal, on 'Advantages of Breastfeeding and Care of Neonates'. A skill development workshop on breastfeeding' by Dr. Rabia, Lactation Consultant, Fortis Hospital, Mohali was also organized. A close interaction and discussion provided students with valuable information.



Department of Foods and Nutrition organized a capacity building workshop and interactive session to observe the World Breastfeeding Week, where Dr. Rabia, Lactation Consultant, Fortis Hospital, Mohali given a talk on 'A skill development workshop on breastfeeding'

Dr. Rini Prasad
Dr. Rini Prasad
Dept. of F.N.

2. Usha Singh

Fortis Healthcare Limited
Sector-82, Phase-VIII
MOHALI-160 062

Principal
Environment Home Science College
Sector-II, Chandigarh

Breastfeeding Week Celebrations

Activity No. 2

Demonstration on Breastfeeding under Breastfeeding Week Celebrations with theme 'Empower Parent Enable Breastfeeding' in collaboration with Fortis Mohali

Date: Aug 5, 2019

As part of the celebration an outreach activity, Senior Consultant neonatologist Dr. Sunil Kumar Aggarwal and Lactation Consultant Dr. Rabia addressed the audience & demonstrated the right technique, along with a nukkadnatak on importance of breastfeeding & gave healthy weaning recipes. The celebration also included poster making, slogan writing competition. The beneficiaries of this program were Aanganwadi workers and students of the college. Demonstration of low-cost nutritious weaning food recipes were shown by M.Sc. 3 semester students of Foods and Nutrition.



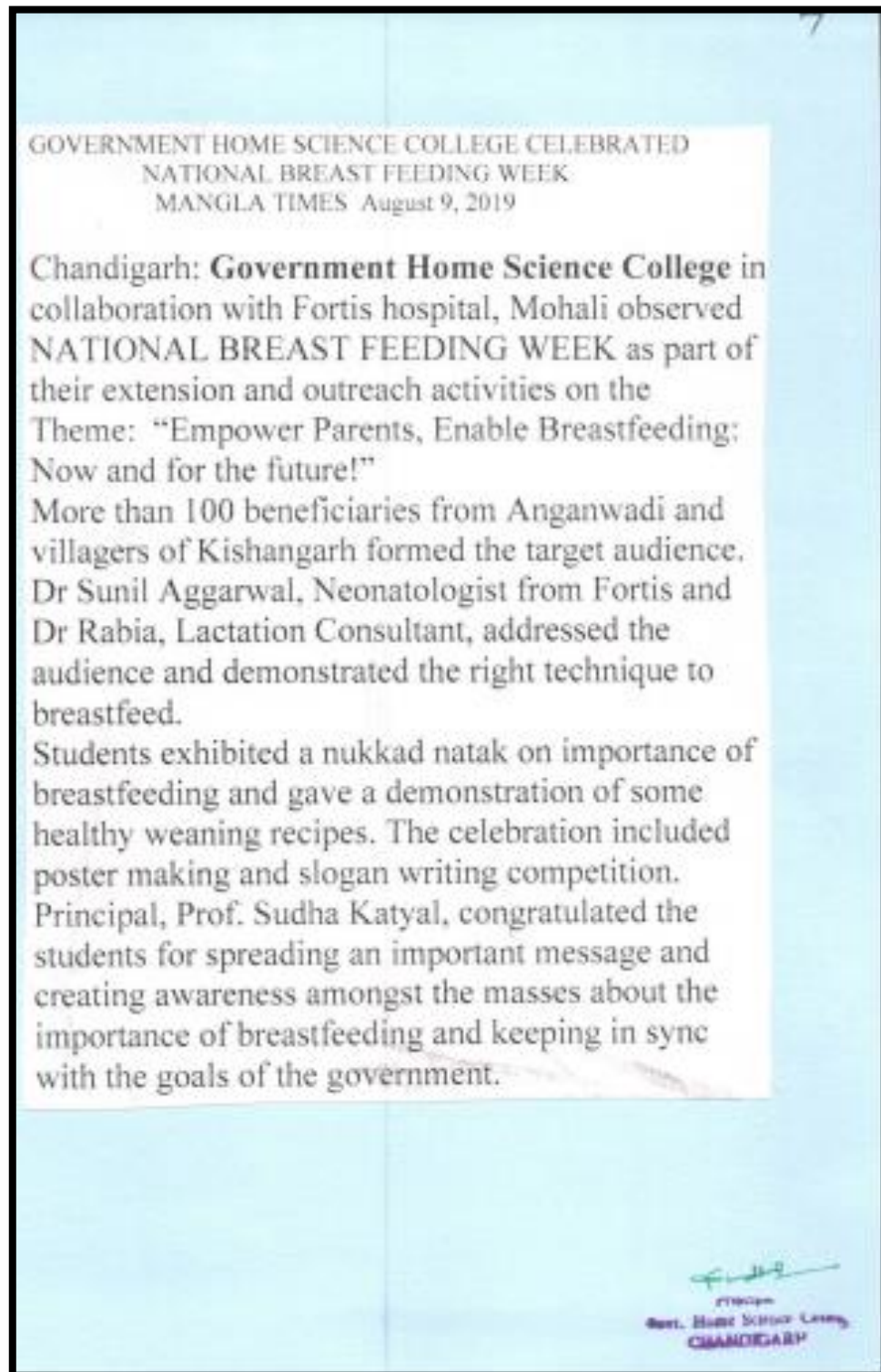
Lactation Consultant Dr. Rabia from Fortis Mohali addressed the audience & demonstrated the right technique along with a nukkadnatak presented by M.Sc. 3 semester students of Foods and Nutrition on importance of breastfeeding & gave healthy weaning recipes.

Ref: Punjab
1. Dr. RITU TEJANANI
Dept. of PN
2. Vande Siva
Fortis Healthcare Limited
Sector-82, Phase-VIII
MOHALI-160 062

Principal
Devonport Public School
Sector-12, Chandigarh

Demonstration on Breastfeeding under Breastfeeding Week Celebrations with theme 'Empower Parent Enable Breastfeeding' in collaboration with Fortis Mohali

News Coverage of the activity on August 9, 2019



Activity No. 3

Webinar on Nutrition During Covid 19 by Home Science College

Date: Sept 17, 2020

Link of Activity:

https://www.facebook.com/permalink.php?story_fbid=pfbs102188PAGqHvA4fgW3rcQcTusJ9ALwif8YfTRsrYwqSQ3psNrq8De73e2Ycwp9S4Cpdh&id=102125928229674

In the continuing celebrations for PoshanMaah, Home Science College in collaboration with Fortis Hospital, Mohali organised a webinar on Importance of Nutrition During CoVid 19. Dr. Soma Gandhi, Head of Dietetics Dept., Fortis Hospital gave an enlightening talk on the importance of healthy eating and especially immunity boosting foods during the time of this pandemic. She emphasized upon the need to maintain hygiene and sanitation especially while dealing with food supplies. She urged everyone to follow the protocol during these times of wearing masks and regular washing of hands. She also discussed about the importance of not just maintaining physical health, but to be mentally and emotionally healthy as well. Principal Prof Sudha Kataral encouraged the participants to stay safe and follow your aspects of eating a balanced and healthy diet during these tough times.



POSHAN Abhiyaan
National Mission for Nutrition
Public Health and Food Safety

Government Home Science College
Sector-10, Chandigarh
NAAC Grade - A
NIRF Ranking 2020 - 86th
is Celebrating

Live Webinar in Collaboration
with Fortis, Mohali



Nutrition: Your Life Savior
during CoVID 19
September 17, 2020
1:00-4:00 PM

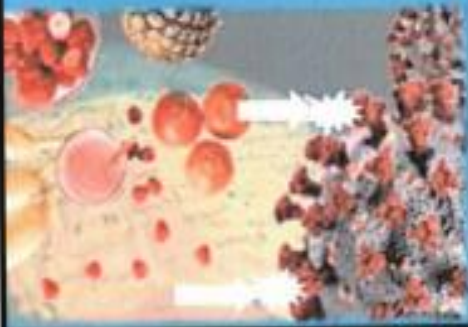


Co-Ordinator
Dr. Bina Pradhani
Head, Department of Foods & Nutrition

Convener
Prof. Susha Kataria
Principal


Webinar Content

- Pivotal role of nutrition in sustaining the immunity
- Contribution of nutrition in improving immuno-metabolism





Speaker

Dt. Sonia Gandhi
Head, Dept. of Dietetics
Fortis, Mohali



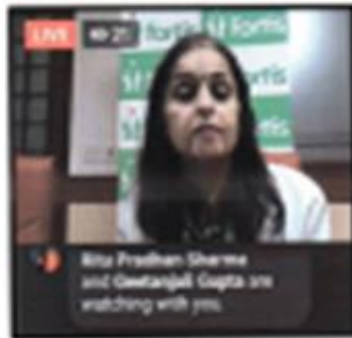
- Eminent experience of 16 yrs
- Member of
 - Indian Dietetic Association
 - Nutrition Society of India

Platform: LIVE @  <https://fb.com/fortis.mohali>

 Last Date for Registration
September 17, 2020

<https://forms.gle/YH83xxMBm5yyMYT6>

Brochure was circulated during pandemic regarding the Webinar on 'Nutrition-Your Life Savior during CoVID-19' where Dt. Sonia Gandhi, Head of Dietetics Dept., Fortis, Mohali was the eminent speaker.



Dr. Ritu Sharma gave an enlightening talk on the importance of immunity boosting foods during the pandemic. She emphasized upon the need to maintain hygiene while dealing with food supplies and urged everyone to follow the protocol during these times of worrying weeks.

Ritu Prashan
Dr. Ritu Prashan
1. Dept. of H.S.

a. Union of

Ritu Prashan

PEPS Healthcare Limited
Sector-63, Phase-VIII
MOHALI-160 062

Ritu Prashan
Principal
Government Home Science College
Sector-11, Chandigarh

Webinar on Nutrition During Covid-19 by Home Science College



Link of Activity:

Facebook Link (uploaded September 18, 2020):

https://www.facebook.com/permalink.php?story_fbid=pfbid02J88PAGpHvA4fgW3rwQeTusJ9ALwf8Yf7RyrYwqSQ3psNrQKDe73z2YcwppN4Cgdl&id=102325928229674

Instagram Link (uploaded September 18, 2020):

<https://www.instagram.com/p/CFSMKLChwhs/?igshid=NDk5N2NIZjQ=>

Activity No. 4

Webinar on Good Nutrition at Home Science College

Date: Sept 10, 2021

Activity Link:

https://www.facebook.com/parimalink.php?story_fbid=pfba0ba9b889c4f5158f7c7b617a5f11q4hNooXyH58NfUgDRaDy7PvA5sA9f1X8fD3dBUdM&itb=102325928225674

Under the ongoing celebrations of PosharMaah, Home Science College organised a one day webinar on "Good Nutrition - Need of the Hour". The webinar was conducted in collaboration with Fortis Hospital, Mohali and Dr. Sonia Gandhi was the resource person. She emphasized upon the importance of eating right especially during the time of the pandemic. Principal of the college Prof Susha Kalyal urged the viewers to make right choices and eat nutritionally dense food to avoid onset of diseases and build up immunity.

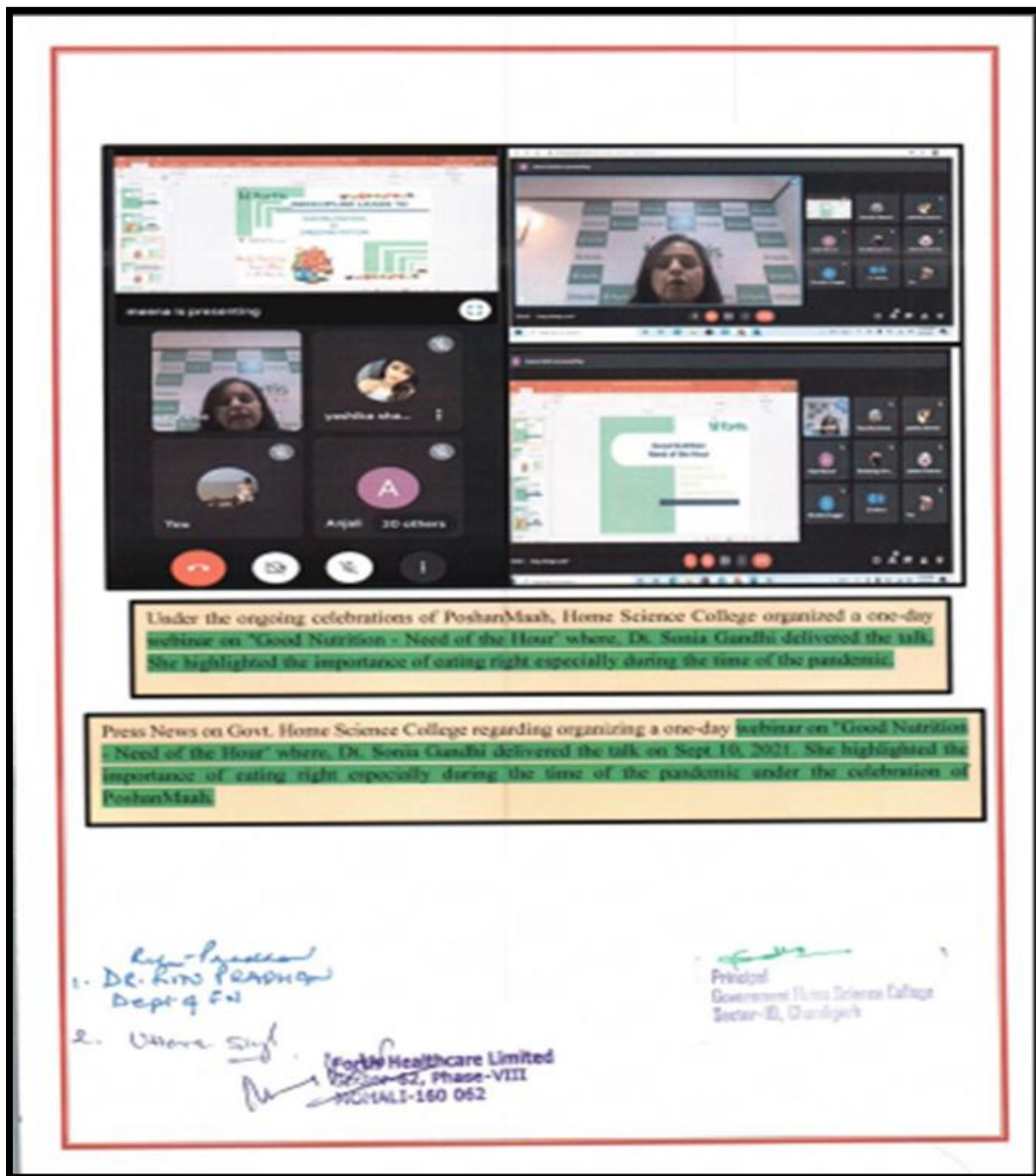


Brochure was circulated regarding the Webinar on 'Good Nutrition-Need of the Hour' at Home Science College where Dr. Sonia Gandhi, Head of Dietetics Dept, Fortis, Mohali was the expert speaker.

1. *Susha Kalyal*
Dr. Susha Kalyal
Dept. of H.S.

2. *Manpreet Singh*
Fortis Healthcare Limited
Sector-82, Phase-VII
Mohali-160 062

Susha Kalyal
Principal
Government Home Science College
Sector-82, Durgapur



Webinar on Good Nutrition at Homescience College

Activity Link:

Facebook Link (uploaded on September 10, 2021):

https://www.facebook.com/permalink.php?story_fbid=pfbid0aNB8hi4PU58iJRzTB6LjWxHqxdnXooXrH56NiUqDReDy2PteAxsA9f1XJiD2oBUDI&id=102325928229674

Instagram Link (uploaded on September 10, 2021):

<https://www.instagram.com/p/CTozpVjKVXr/?igshid=NDk5N2NIZjQ=>

Activity No. 5

Home Science College Observes World Cancer Day

Date: Feb 10, 2022

Activity Link:

https://www.facebook.com/journalink.php?story_fbid=100329928229674_Q84cBwV3qD8R1rpnwL8XkF4qMGwvSwr1o1H7kfo&id=100329928229674

In lieu of World Cancer Day celebrated on February 4 worldwide, Home Science College organised a One Day National Webinar on Cancer Awareness.

The expert speaker was Dr. Atal Sharma, Director General Laproscopic and Breast Cancer surgery, Fortis Hospital. He spoke about the importance of early detection in Cancer and the etiology behind it. The speaker emphasized upon need of screening and following a healthy diet and exercise routine to help manage the disease better. The webinar was attended by the faculty and students of the college. Principal Prof Susha Karyal reinforced the need to eat better and live healthier to help alleviate diseases especially Cancer.

Government Home Science College
Sector-08, Chandigarh
NAAC Grade - A
NBA Ranking 2021 -
In Organizing

BREAST CANCER AWARENESS
World of Awareness

Live Webinar in Collaboration with Fortis, Mohali

Fortis

February 10, 2022
4:00-5:00 PM
on Google Meet

Organizing Team
Dr. Susha Karyal
Dr. Susha Karyal
Dr. Susha Karyal

Webinar Content

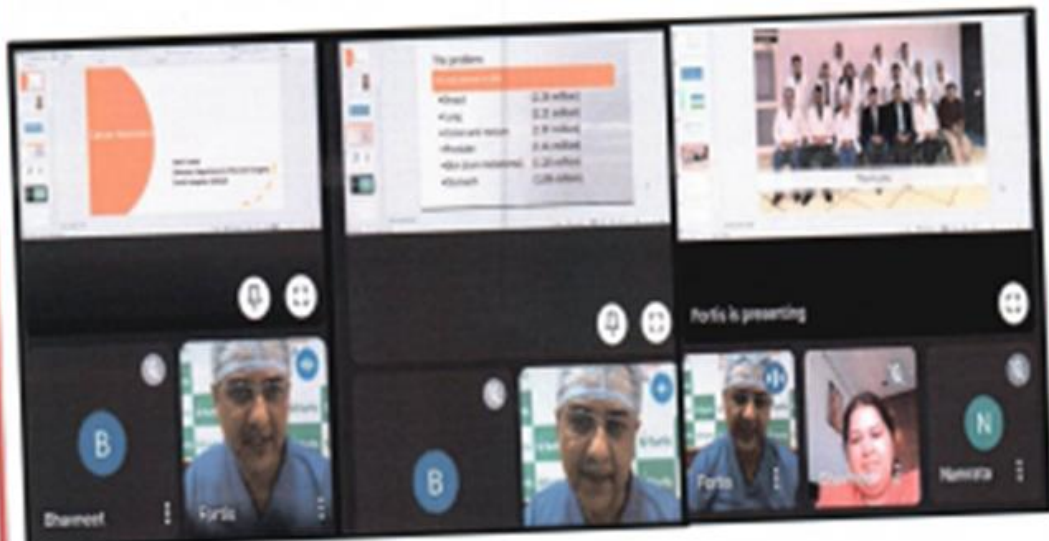
- Pivotal role of awareness in detecting & fighting breast cancer
- Pre-activities for breast health check-up
- Importance of screening & mammography

KNOWING IT EXISTS IS NOT ENOUGH.

Honorable Speaker
Dr. Atal Sharma, Jindal
MEDICAL, FORTIS, PALL
Director - General,
Laparoscopic & Breast Cancer
Surgery

- Extensive experience of over 30 yrs
- Awarded Fellowship in Laparoscopic Surgery by the Association of Minimal Access Surgeons of India
- Expertise in Transurethral Prostatectomy, Laparoscopic & Robotic Surgery, Breast Cancer Surgery, Hernia Surgery, Colon Surgery, Laparoscopic & Bariatric Surgery

Brochure was circulated regarding the 'One Day National Webinar on Cancer Awareness' where expert speaker was **Dr. Atal Sharma, Director General Laproscopic and Breast Cancer surgery Fortis Hospital.**



Dr. Atul Sharma spoke about the importance of early detection in Cancer. The speaker emphasized upon need of screening and role of healthy diet and exercise routine in managing the disease. The webinar was attended by the faculty and students of the college and Dr. BhavneetKaur from Foods & Nutrition Dept. was the coordinator of the webinar. Principal Prof Sudha Katyal reinforced the need to eat better and live healthier to help alleviate diseases especially Cancer.



Home Science College observes World Cancer day

Activity Link:

Facebook link (uploaded on February 10, 2022):

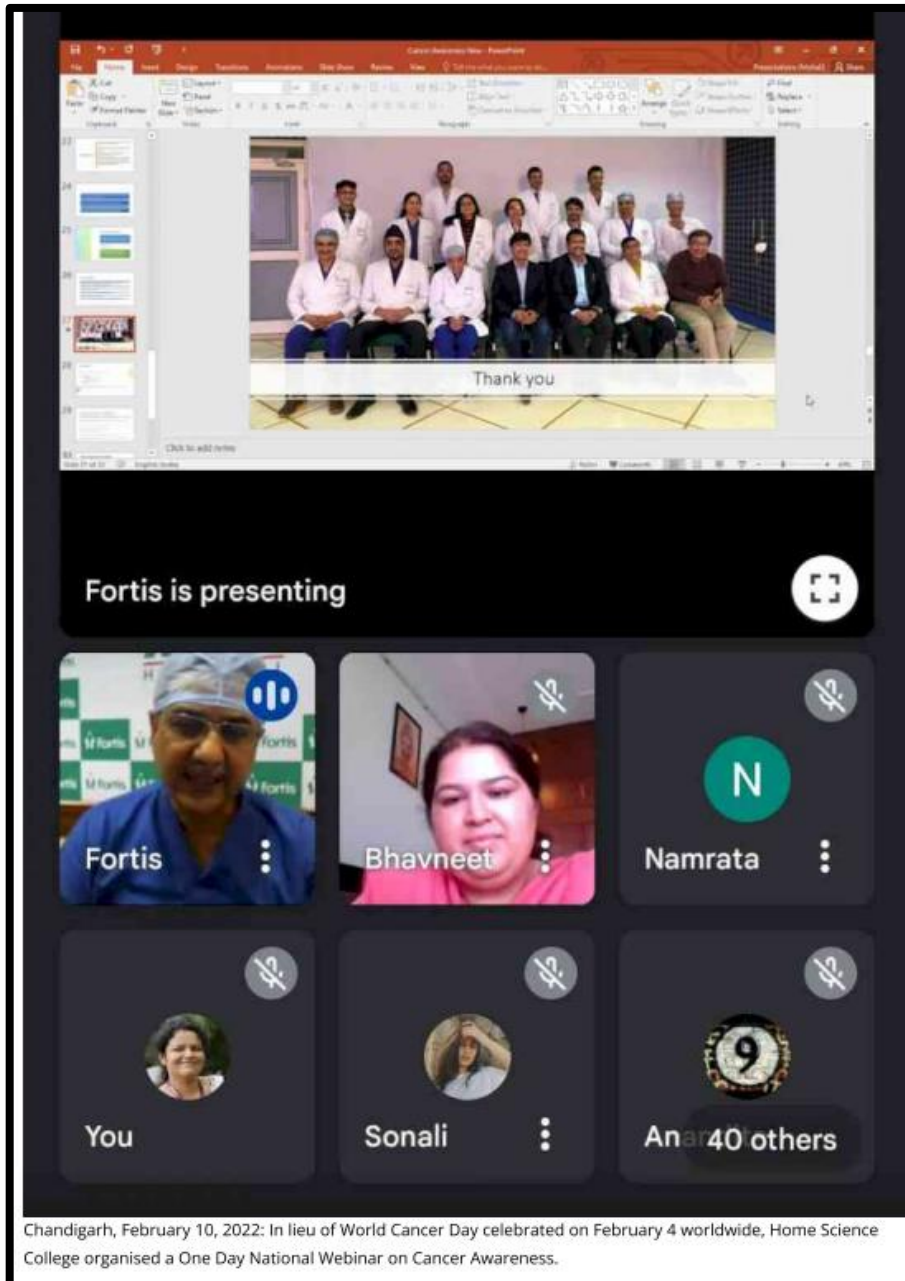
https://www.facebook.com/permalink.php?story_fbid=pfbid0ZHVHY9Cek2fKSvXtbktZ2cfQ84eRcwV3qD8RUnpiwtLRXkF4qMGwxSwr1od47kbol&id=102325928229674

Instagram Link (uploaded on February 10, 2022):

https://www.instagram.com/p/CZy_eEnPmx4/?igshid=NDk5N2NIZjQ=

Home Science College observes World Cancer Day

cityairnews (<https://www.cityairnews.com/profile/cityairnews>) Feb 10, 2022 05:29 0



The expert speaker was Dr. Atul Sharma, Director General Laproscopic and Breast Cancer surgery, Fortis Hospital. He spoke about the importance of early detection in Cancer and the etiology behind it. The speaker emphasized upon need of screening and following a healthy diet and exercise routine to help manage the disease better. The webinar was attended by the faculty and students of the college.

Principal Prof Sudha Katyal reinforced the need to eat better and live healthier to help alleviate diseases especially Cancer.

7. AAA Bright Academy, Sector 15, Chandigarh (2019)

MOU of understanding was signed on November 20, 2019 between AAA Bright Academy and Govt. Home Science College, Sector-10, Chandigarh.



Memorandum of Understanding



This Memorandum of Understanding has been signed on 20th November 2019

Govt. Home Science College, Sector-10, Chandigarh

And

AAA Bright Academy

1. Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the college

Govt. Home Science College, Sector-10, Chandigarh is one of the pioneer institutes of Home Science in the country accredited with NAAC Grade 'A'. Since its inception in 1961, it has grown into an excellent educational centre satisfying the professional and specialized needs of contemporary women. Government Home Science College is affiliated to Panjab University, Chandigarh. The college offers B.Sc. in Fashion Designing, B.Sc. in Home Science, M.Sc. Home Science in Clothing and Textiles/Foods and Nutrition/Human Development and Family Relations, Post Graduate Diploma in Child Guidance and Family Counseling/ Fashion Designing/Nutrition and Dietetics and Ph.D. in Home Science. Over the years, the college has built up great credibility and gained recognition as a premier institute. The college has been attaining top most position in the city colleges in NIRF ranking (National Institution Ranking Framework) consecutively for the last four years. The college has bagged 46th rank in the NIRF ranking 2022 released by the MHRD, GOI.

The college is committed to provide time to time guidance to students for career development.

AND

2. AAA Bright Academy

Bright Academy is one of the top class institutes providing coaching for UGC NET, Bank PO, Bank Clerk, SBI PO, SBI CLERK, SSC, LAW, Hotel Management Entrance, CTET, HAS, PCS, IAS, HCS. The main branch is located at Sector 15 A, Chandigarh. From last 20 years; this academy has emerged as number 1 institute for various competitions. It is one of the best institutes in India for UGC NET and Bank PO Coaching classes.

Whereas both the parties have common goal and interest for working at grass root level for the welfare of students and have agreed to work together in following fields:

1. That the AAA Bright Academy shall assist the college by providing guidance to students by inviting eminent educationists and technical experts time to time for various competitive examinations.
2. That the AAA Bright Academy shall assist the college in providing online/offline free coaching classes for competitive exams.
3. That the college would extend infrastructure facilities for organizing the events.
4. That both parties will jointly organize activities for the welfare of students on mutually agreed upon topics from time to time.
5. The MOU does not accrue any financial or legal liability on either of the parties and can be terminated at any time.

Director
AAA Bright Academy

Principal
Govt. Home Science College
Sector 10, Chandigarh

Activities under MoU

Activity No. 1

Government Home Science College is holding coaching classes for UGC NET/JRF , Paper I (Teaching Aptitude) , Paper II and Paper III (Home Science)

Date: 21st November 2019-15th January 2020

Government Home Science College is holding coaching classes for UGC NET/JRF, Paper I (Teaching Aptitude) , Paper II and Paper III (Home Science) , free of cost for the students from 21st November 2019-15th January 2020. The classes are taken by subject experts from AAA Bright Academy in the college premises from 2.00p.m to 4.00p.m every day. Principal, Dr Sudha Katyul encouraged the students to avail the free and quality facility provided for all students and in particular for those who cannot afford high fees by private coaching centers or have difficulty in finding coaching for the subject of Home Science as its syllabus being vast, includes thorough study of the subjects; Foods and Nutrition, Clothing and Textiles, Human Development and Family and Resource management as well.



[Signature]
Principal
Government Home Science College
Sector-03, Chandigarh

[Signature]
Neelam

[Signature]
Shilpa

[Signature]
Ravi Singh

UGC NET/ JRF Exam Coaching

Activity No. 2


Government Home Science College is holding motivational lecture for encouraging students for UGC NET/JRF.

Date: 16th August 2021

Government Home Science College is holding motivational lecture for encouraging students for UGC NET/JRF. The lecture was taken by faculty from AAA Bright Academy in the college premises on 16th August 2021. Ms. Urvashi enlightened students on different aspects of the examination and how to manage time and resources for the same. Principal, Dr Sudha Katiyal paid gratitude to AAA Bright Academy for motivating students time to time.



Ms. Urvashi Enlightened Students on Different Aspects of the Examination


Principal
Government Home Science College
Sector-II, Chandigarh

Neelam

Sudha

for Motivation

Motivational lecture for encouraging Students for UGC NET/JRF

8. Saksham Prakriti Welfare Society, Chandigarh (2019)

MoU of understanding was signed on October 10, 2019 between Saksham Prakriti Welfare Society and Govt. Home Science College, Sector-10, Chandigarh.



Memorandum of Understanding



This Memorandum of Understanding has been signed on 10th October 2019

Govt. Home Science College, Sector-10, Chandigarh

And

Saksham Prakriti Welfare Society, Chandigarh

1. Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the college

Govt. Home Science College, Sector-10, Chandigarh is one of the pioneer institutes of Home Science in the country accredited with NAAC Grade 'A'. Since its inception in 1961, it has grown into an excellent educational centre satisfying the professional and specialized needs of contemporary women. Government Home Science College is affiliated to Panjab University, Chandigarh. The college offers B.Sc. in Fashion Designing, B.Sc. in Home Science, M.Sc. Home Science in Clothing and Textiles/Foods and Nutrition/Human Development and Family Relations, Post Graduate Diploma in Child Guidance and Family Counseling/ Fashion Designing/Nutrition and Dietetics and Ph.D. in Home Science. Over the years, the college has built up great credibility and gained recognition as a premier institute. The college has been attaining top most position in the city colleges in NIRF ranking (National Institution Ranking Framework) consecutively for the last four years. The college has bagged 46th rank in the NIRF ranking 2022 released by the MHRD, GOI.

AND

2) Saksham Prakriti Welfare Society, Chandigarh represented by Mx Dhananjay Chauhan

SPW Society is working for betterment of Transgender and LGBTIQ Community in tri city. The main objective of the society is Education, Awareness, Support and Empowerment of LGBTIQ community. Society conducts various activities to sensitize people regarding LGBTIQ community and create awareness among the masses.

Whereas both the parties have common goal and interest for creating awareness among students regarding marginalized communities and have agreed to work together in following fields:

1. That the college will assist the Saksham Prakriti Welfare Society in counseling the needy people of the LGBTIQ community.
2. That Saksham Prakriti Welfare Society will conduct the various awareness programmes to create the awareness regarding LGBTIQ community.
3. That both parties will jointly organize activities for the welfare of students on mutually agreed upon topics from time to time.
4. The MOU does not accrue any financial or legal liability on either of the parties and can be terminated at any time.



President
Saksham Prakriti Welfare Society



Principal
Govt. Home Science College
Sector 10, Chandigarh

Activities under MoU
Activity No. 1

Government Home Science College is holding Poster Making Competition on LGBTQ

Date: 20.02. 2019

To create the awareness among students regarding LGBTQ, Government Home Science College holds poster making competition. Students made posters covering different aspects of LGBTQ community. Students portrayed different problems like violence, discrimination and stigma faced by LGBTQ community.



Students portrayed different problems like violence, discrimination and stigma faced by LGBTQ community


Principal
Government Home Science College
Sector - II, Chandigarh


Neelam


Dheeraj


Sista

Poster Making competition on LGBTQ

Activity No. 2

Students of Government Home Science College conducted research on problems faced by LGBTQ community.

Date: 28.05.2019

Students of Government Home Science College conducted research on problems faced by LGBTQ community. Students observed this community closely and worked on various problems faced by community. They gave different suggestions and recommendations for upliftment of LGBTQ.



[Signature]
Neelam

[Signature]
Shikha

GOVERNMENT HOME SCIENCE COLLEGE,

CHANDIGARH



6/2

CERTIFICATE

This is to certify that the dissertation entitled "A STUDY ON TRANSFORMER IN RELATION TO STEREOTYPES, AND THEIR PREJUDICE AMONG YOUNG ADULTS" submitted for the degree of Master of Science (Home Science) in Human Development and Family Relations of Punjab University, Chandigarh, is a record of work carried out by **MS. ANUSHKA SHARMA** under my supervision and no part of the dissertation has been submitted for any other degree or diploma. The assistance and help received during the work have been fully acknowledged.


PROF. JYOTI KALYAL

Principal
Govt Home Science College,
Chandigarh


MS. ANUSHKA SHARMA

Supervisor
Assistant Professor (Psychology)
Department of Human Development
and Family Relations
Govt Home Science College,
Chandigarh








CERTIFICATE

This is to certify that the dissertation entitled "SUICIDE HEATHEN IN RELATION TO PERCEIVED STIGMA AND PARTNER ABUSE AMONG TRANSGENDER AND CISWOMEN" submitted for the degree of Master of Science (Home Science) in Human Development and Family Relations of Punjab University, Chandigarh, is a record of work carried out by Ms. Bhavakshen Kaur under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.


Prof. Sadha Katar
Principal
Govt. Home Science College,
Chandigarh.

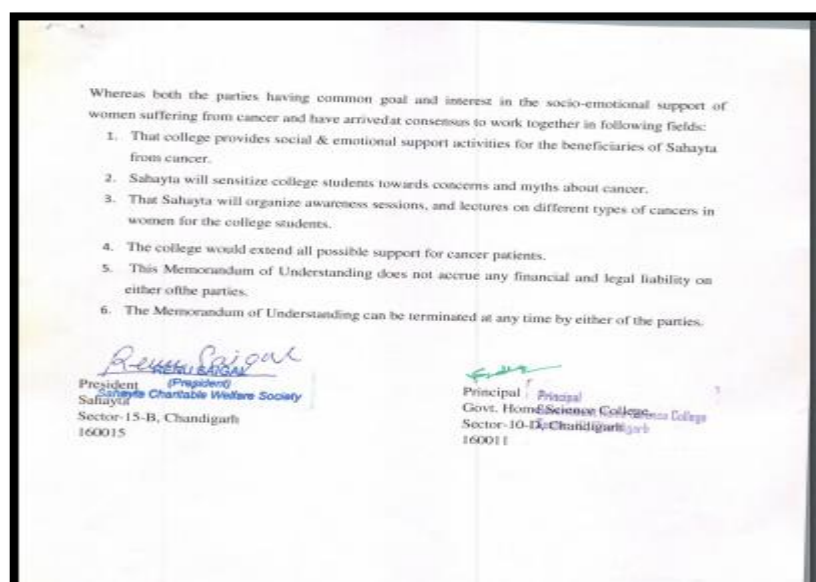
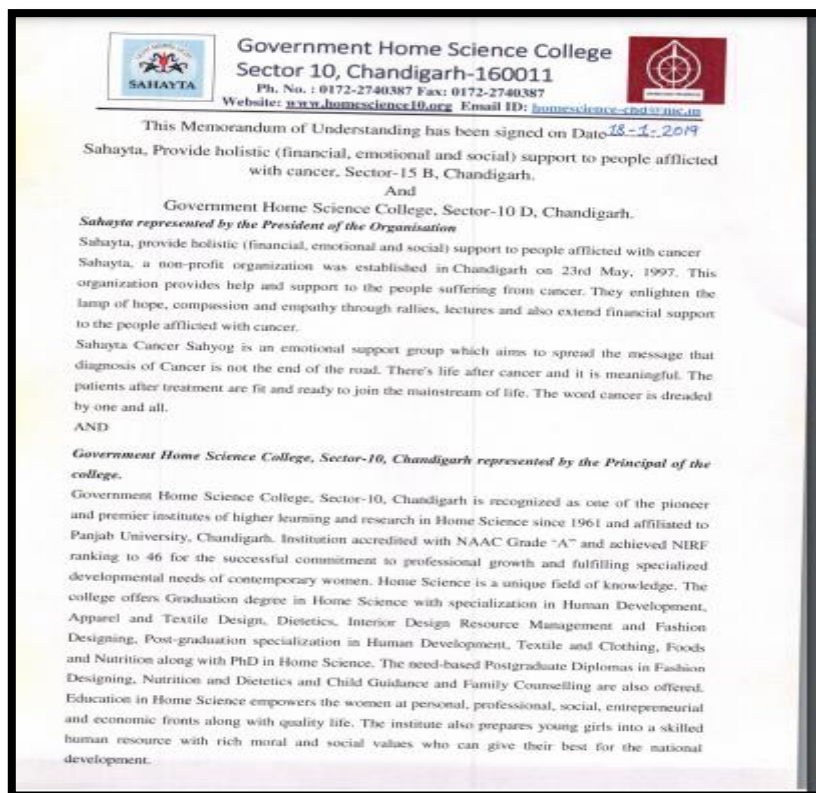

Dr. Shikha Garg
Supervisor
Assistant Professor (Psychology)
Govt. Home Science college,
Chandigarh.




Neelam

9. Sahayata Charitable Society for Welfare of People Suffering from Cancer, Sector-15, Chandigarh

The MoU was signed on January 18, 2019 between Sahayata Charitable Society for Welfare of People Suffering from Cancer, Sector-15, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.



SAHAYTA
Sahayta Charitable Welfare Society



[Registered]

*"The diagnosis of cancer is not the end of the road,
There is life after Cancer..... and it is meaningful"*

Ref No: SAHA/111/2019

To

Prof. Sudha Katyal

Principal

Govt. Home Science College, Sector 10

Chandigarh.

14 February 2019

**Subject: Expression of Gratitude for Cancer Survivors' Day celebrations on
Saturday, 9th February 2019 in Home Science College Auditorium**

Madam,

We at Sahayta are extremely beholden to you for extending your whole hearted support for Cancer Survivors' Day celebrations. Please convey our thanks to Dr Priyanka Sharma and her students, Department of Music who worked behind the scenes to make the evening melodious.

Twice a year, through Celebration of CANCER SURVIVORS DAY on second Saturday of February and of Pink October, Sahayta Charitable Welfare Society tries its best to spread the message that there is life after cancer and it is meaningful.

Madam, we are grateful to you for joining us in our crusade against cancer.

Thanking you,

Yours sincerely

Renu Saigal

President

Activities under MoU
Activity No. 1

Breast Cancer Walkathon

Date: October 04, 2019

Sahitya Charitable Welfare Society, Chandigarh in collaboration with Government Home Science College organized a Breast Cancer Walkathon to mark Pink October as breast and cervix cancer awareness month at Sukhna Lake on October 04, 2019. Sh. Navraj Sondhu, Additional Chief Secretary, Haryana, was the Chief Guest on the occasion. The purpose to organize this walkathon was to spread the message 'Hope for Cure: Breast Self-examination and Early Detection'. NCC Cadets of the college participated in the walkathon with full enthusiasm.




AJAY TEJU
(Administrator)
Sahitya Charitable Welfare Society


Neelam


Principal
Government Home Science College
Sector-16, Chandigarh

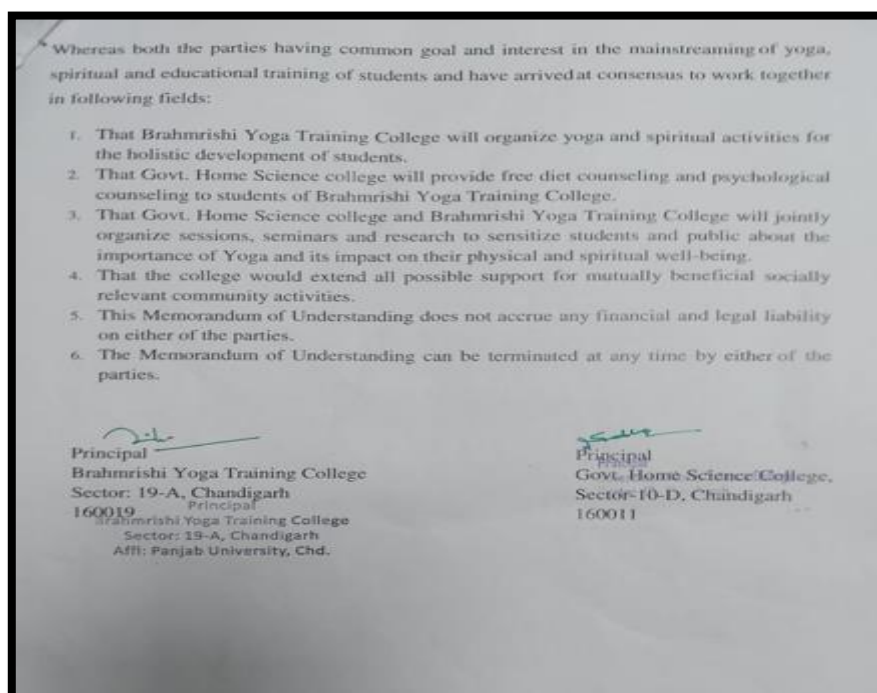
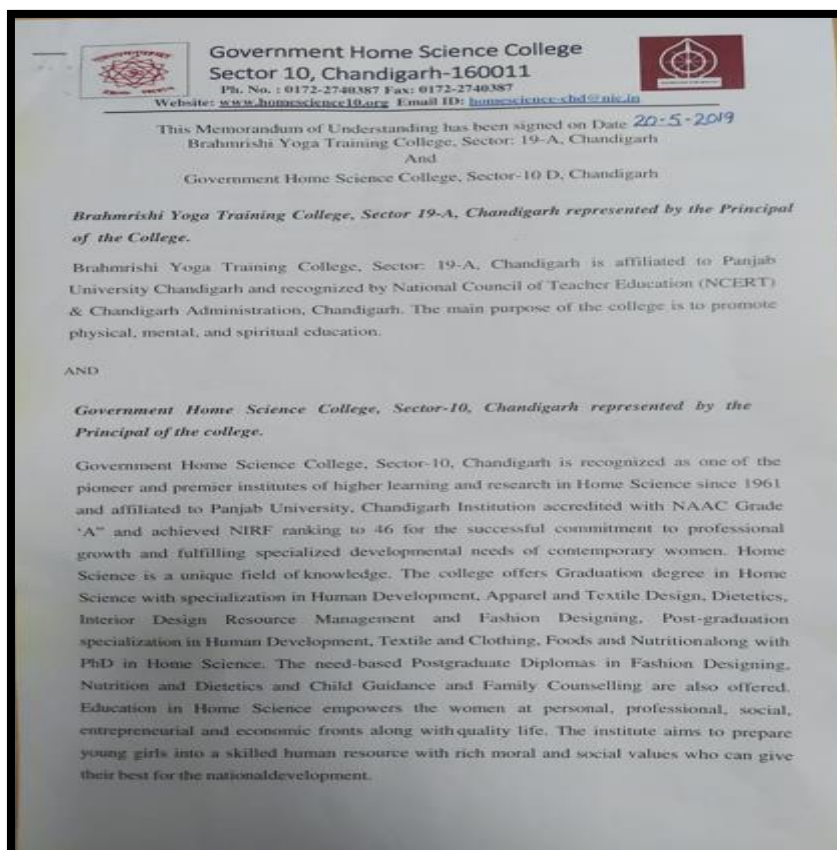
News coverage in Local Newspapers



Neelam → *Neelam*

10. Brahmishi Yoga Training College, Sector- 19A, Chandigarh (2019)

The MoU was signed on April 20, 2019 between Brahmishi Yoga Training College, Sector-19A, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.




Activity under MoU Activity


Brahmrishi Yoga Training College

15 June, 2019

In view of International Yoga day celebration, the trainer of Brahmurishi Yoga Training college Yogi Ram Pratap Singh demonstrated yoga asana in Government Home Science College Sector-10. He highlighted that yoga is an ancient physical, mental and spiritual practice that leads to calmness, peace and courage amongst individuals through which they can do activities in a better and harmonious way. The Principal, Dr. Savita Kaur felt proud to see the students do so well and urged the students to practice and cultivate the philosophy of Yoga in their lives to train the most important thing one has, their minds.




Principal
Brahmrishi Yoga Training College
Sector: 19-A, Chandigarh
Affil: Panjab University, Chd.


Principal
Government Home Science College
Sector-10, Chandigarh


(MAJOR NEELAM KUMAR)
Associate NCC Officer


DR. BHAVNEET KAUR
DEPT. OF F&N

Yoga Demonstration by Yogi Ram Partap Singh

International Day of Yoga celebrated
Page 8

Sector News
Page 9

Photo Memory of Pooja Sharma
Page 12

Health Challenge
Page 13

SECTOR NEWS

100-101, The Boulevard, Chandigarh, India - 160010
 Tel: 0172-2711111, Fax: 0172-2711112, Email: info@sectornews.com

Sector News

11

Completely change your life through Yoga

11



By Anupama Kaur Sahi
 Student, B.A. (Hons) in Environmental Science College, Chandigarh

Yoga is not just a fitness tool
 Yoga has undoubtedly earned great significance and popularity since last few years, it has become a necessary ingredient just like Zumba and Circuit and additional training provided to many centres.

But this Yoga craze isn't just a fitness trend but beyond that. As evident from the name derived from Sanskrit "yog" meaning "to unite or integrate", it encompasses the union of mind and body.

Yoga is beyond changing one pose to another
 Yoga is not just about static asana, it primarily focuses on the physical well-being of an individual and it is the ultimate unification of mind, body and soul. Every asana provides a number of different benefits ranging from stress and vigorous to relaxing and meditative.

Yoga slows down your aging process
 Yoga might not really make you younger by age, but truly make you feel younger. It is rightly said, "Yoga is the fountain of youth- you're only as young as you appear to be."

According to United States National Library of Medicine, a combination of yoga and resistance does help slow the aging process.

Yoga runs as a workout to your body
 Yoga is performed with a number of stretches and poses along with breathing techniques. It can be performed by people of any age regardless of their fitness level. It's a way to make you more fit and flexible, it can help you become more focused, alert and enhance your concentration levels.

It will help you gain strength and stamina and improve balance and stability. It can also help you deal with so-called stressors such as digestive problems, arthritis, hypertension, back aches, headaches, depression etc.

Yoga is custom-made
 Everyone can practice yoga asana by modifying their asana to fit their bodily requirements. One must not focus oneself to the perfection of asana, it's more about the feeling. Seek professional advice whenever required.

Difference between Satva, Raja and Karma Yoga

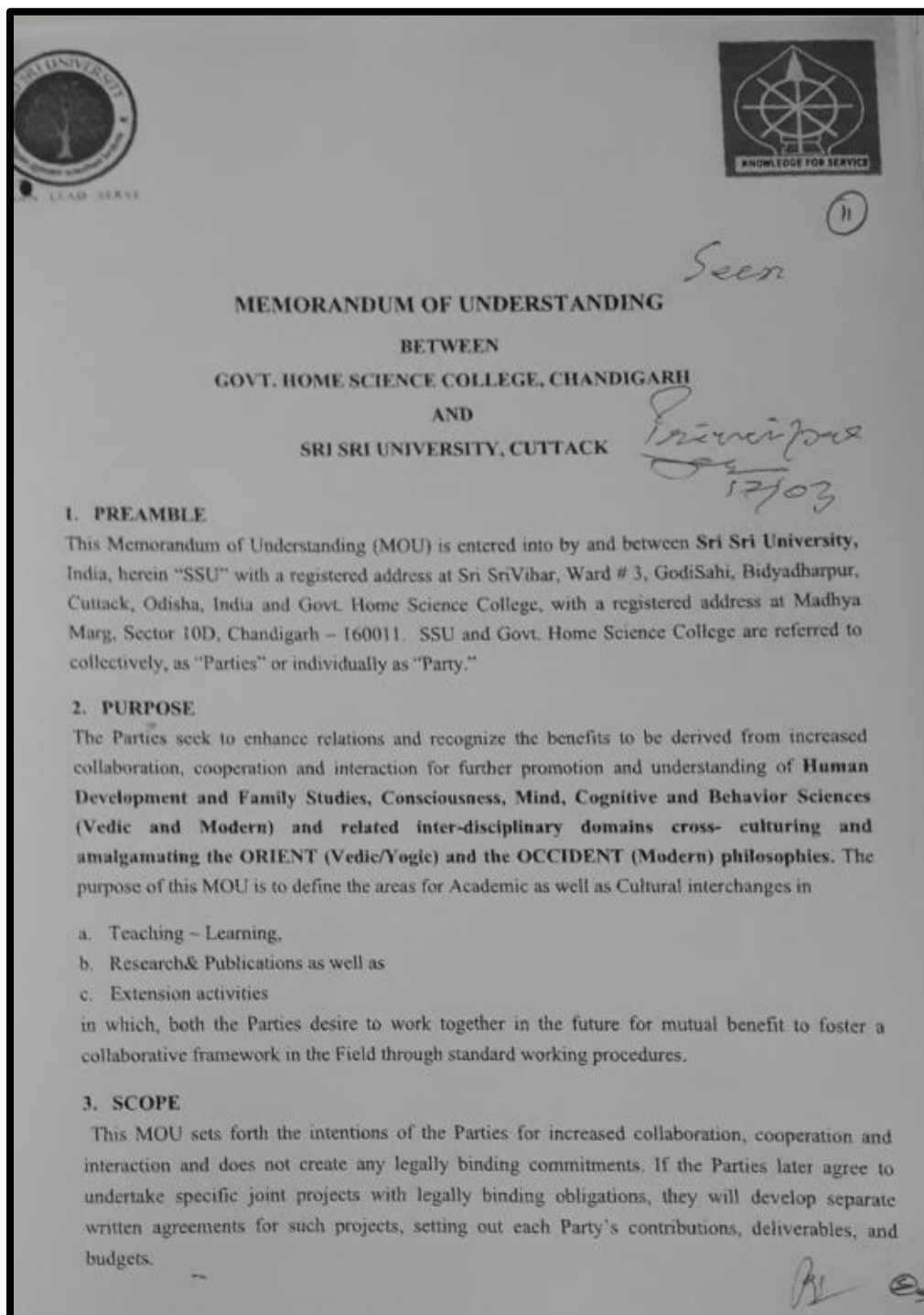
Satva Yoga is
 • Performed more quickly than other yoga and gives more cardiac output
 • The focus is on movement
 • The focus is on building strength
 • Associated with "Ashtanga-viya" like flow yoga, which is jumping or is a faster pace workout.

Raja Yoga is
 • Performed comparatively slower than Power Yoga and does not focus on changing from one pose to another
 • The focus is on building to the pose
 • The focus is on building flexibility
 • Associated with "Sthira" yoga, which are the holding blocks of different poses including the stretching poses.

(Signature)
 Dr. Harjit Kaur
 CHANDIGARH

11. Sri Sri University, Cuttack (2020)

The e-copy of the MoU was signed on March 17, 2020 between Sri Sri University, Cuttack and Govt. Home Science College, Sector-10, Chandigarh.





4. THE PARTIES INTEND TO

Within the framework of the regulations applying in each university, and subject to the availability of resources, the following programs and activities will be encouraged:

- 4.1 Research & Publications
- 4.2 Exchange of faculty
- 4.3 Exchange of students - General Cultural and Academic Immersion
- 4.4 Exchange of students – Specific Programmatic Academic Immersion
- 4.5 Others (such as/ joint conferences / academic meetings/ workshops etc.)
- 4.6 Representation as Advisory Panel

4.1. Research& Publications

- 4.1.1 Encourage high quality collaborative research undertakings (proposal writing, funding, implementation etc) and academic publications involving Faculty and student Scholars, laboratory and equipment support, institutional eco-system etc as and where needed.
- 4.1.2 Provide mutual access and or enable set up to/of facilities, material and information for the purposes of academic research.
- 4.1.3. Offer an employee exchange opportunity with the aim of sharing and furthering the scientific and technical know-how of both Parties
- 4.1.4 Other Areas as it mutually evolves between the two institutions

4.2 Exchange of Faculty

- 4.2.1 Exponent/s on Human Development and Family Relations from Govt. Home Science College will visit SSU as mutually scheduled to impart lectures.
- 4.2.2 Exponent/s on Contemplative Psychology from SSU will visit Govt. Home Science College as mutually scheduled to impart lectures.
- 4.2.3 The Visit schedule including the lecture content, teaching methodology etc. will be mutually worked upon by the concerned authority at either University.
- 4.2.4 The travel, accommodation, honorarium etc. of the Visiting Faculty at either University shall be borne by the Inviting University or as best deemed fit as per the University Guidelines.

Other Areas as it mutually evolves between the two institutions.



LEARN LEAD SERVE



KNOWLEDGE FOR SERVICE

4.3 Exchange of Student – General Cultural and Academic Immersion

- 4.3.1 Students from Govt. Home Science College will visit SSU for academic and cultural immersion on Contemplative Psychology.
- 4.3.2 Students from SSU will visit Govt. Home Science College for academic and cultural immersion on Human Development and Family Studies and related
- 4.3.3 The duration, visit schedule and specific programmatic agenda will be worked each time between the concerned departments at both Universities.
- 4.3.4 The travel cost of the visiting students will either be borne by the students him selves or sponsored by their parent university as deemed fit on case to case basis.
- 4.3.5 The accommodation, food and academic cum cultural immersion of the visiting students will be taken care of by the host University or as best deemed fit on case to case basis.
- 4.3.6 Other Areas as it mutually evolves between the two institutions

4.4 Exchange of Student – Specific Programmatic Academic Immersion

- 4.4.1 Students from Govt. Home Science College will visit SSU for pursuing short term tailor-made Certificate Courses/Training Programs/ etc. on Psychology and Contemplative Studies
- 4.4.2 Students from SSU will visit Govt. Home Science College for pursuing short-term tailor-made Certificate Courses/Training Programs/ etc on Human Development and Family Relations and related
- 4.4.3 The specific components and well as the duration of the course, fee structure, minimum student batch size etc. can be worked between the two Universities each time on the case to case basis or as best deemed fit.
- 4.4.4 The students at either end or the parent institution (as applicable) will need to pay for the course fee, accommodation etc. as per the university rules or as best deemed fit on case to case basis. The travel in addition to being supported by the students or the parent university as per the University's best discretion on case to case basis.
- 4.4.5 Other Areas as it mutually evolves between the two institutions

4.5 Others (such as joint conferences / academic meetings/ workshops etc.)

- 4.5.1 It is felt that both Universities can effectively play a major role in transferring knowledge, creating global awareness and empowering mankind in the field of Human Development and Family Relations, Contemplative Studies including Consciousness, Mind, Cognitive and Behavioral Sciences through joint/individual



undertakings as conferences/meetings/ workshops etc.; complementing each other's strengths.

4.5.2 Such activities will be delved jointly between the two parties as and when the need is felt.

4.5.3 The specifications as well as cost implications etc. will be worked through each time case to case and will be governed as per the University Policies.

4.5 Representation as Advisory Panel

4.5.1 Govt. Home Science College on the Advisory Panel of DCBS-SSU on enabling a *set-up of Chaitanya – a Child Laboratory attached to its Dept. of Human Development and Family Relations.

4.5.2 Terms, Roles and responsibilities will be delineated separately

**set-up of Chaitanya at SSU-DCBS implies it being under the aegis of Govt Home Science College in terms of branding, blueprint, implementation guidelines with no financial bearing on Govt. Home Science College.*

5. GENERAL PROVISIONS:

5.1 Any specific joint projects with legally binding obligations will be set forth in separate written agreements with timelines.

5.2 Treatment of intellectual property rights developed through collaborations under this MOU will be determined between the Parties through mutual consultation and separate written agreements on a case-by-case basis.

6. CONFIDENTIALITY

6.1 The parties agree that there is no intention to share any confidential or proprietary information in any collaboration under this MOU. If either Party wishes to disclose information it considers to be confidential or proprietary to the other Party, the Parties will enter into a written non-disclosure agreement.

7. IN GENERAL

The specific areas and details of cooperation within the framework of this Memorandum of Understanding (MOU) shall be discussed and agreed upon in writing by the appropriate authority of each university, prior to the initiation of any particular program or activity. No binding agreement between the universities shall exist unless and until such a formal written agreement is executed.

Activities under MoU

Activity No. 1

One Day Workshop on Spiritual Counselling & Music Therapy

Date: November 07, 2019

With an aim to alienate stress, depression and anxiety and to sustain a new life of positivity, Government Home Science College organized one-day workshop on Spiritual Counselling and Music Therapy sponsored by Punjab National Bank (PNB). Principal of the college, Prof. Sudha Katyal welcomed the resource persons for the day followed by the lightening of the lamp. Dr. Richa Chopra, Head, Dept. of Behavioral and Contemplative Sciences, Sri Sri University, Cuttack, was the guest speaker for the spiritual counseling session. She beautifully shared the journey of her life with the audience and also played a video created by the Chinese people after being inspired by her iron will, integrity and unflinching commitment. In the second session, Malvika Chopra seeking the attention of the audience by melodiously playing the sitar and arouse in them a stable state of mind and a feeling of calmness and relief. With the neuroscientific exploration in music therapy, she capitalized on the inherent strengths of classical music and the psychological impact of musical concepts and ragas. She emphasized music as an adjuvant therapy to aid clinical interventions.

Principal of the college, Prof. Sudha Katyal, expressed her gratitude to the resource persons of the day and further encouraged the students to adopt the power of spiritual and musical therapy to enhance the feelings of life satisfaction, experience of hope and optimism in oneself.


Dr. Richa Chopra




Principal
Government Home Science College
Sector-II, Gandigarh

Workshop on Spiritual Counselling and Music Therapy Dr. Richa Chopra

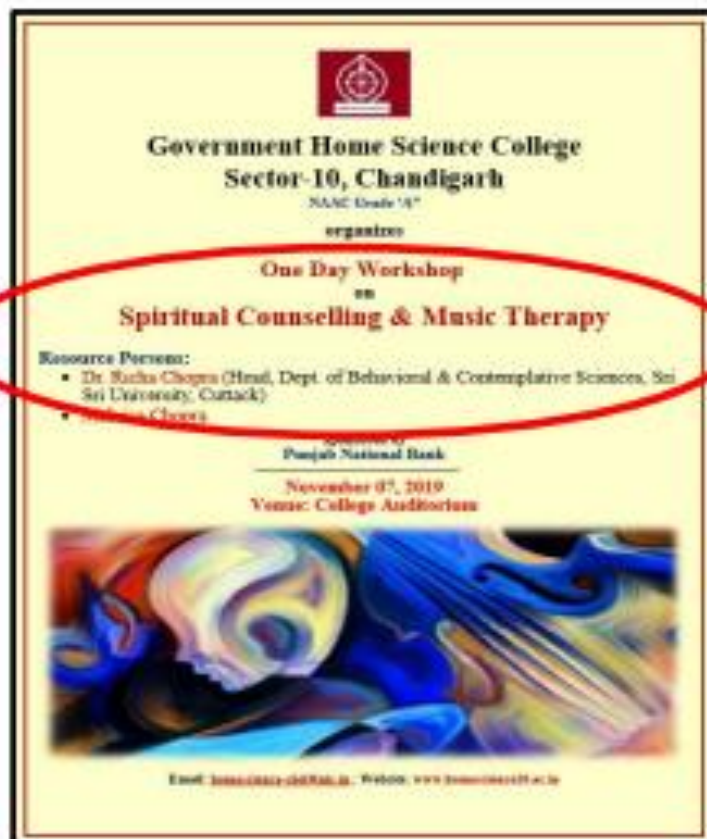


Dr. Richa Chopra remarkably shared the journey of her life with the audience & with her spiritual inspiration, gifted foresight and immense self-belief, she highlighted the significance of an individual's mind, body and soul. In the second session, Malvika Chopra seeking the attention of the audience by melodiously playing the sitar and arouse in them a stable state of mind and a feeling of calmness and relief.

Chopra
Dr. Richa Chopra

Malvika Chopra

[Signature]
Principal
Bharatiya Jyoti Prakashan
Sector-12, Gurgaon



Brochure was circulated regarding the One Day Workshop on Spiritual Counselling & Music Therapy where, Dr. Richa Chopra, Head, Dept. of Behavioral and Contemplative Sciences, Sri Sri University, Cuttack, was the guest speaker for the spiritual counselling session.


 Dr. Richa Chopra




 Principal
 Government Home Science College
 Sector-10, Chandigarh

**ONE DAY WORKSHOP ON SPIRITUAL COUNSELLING AND MUSIC
THERAPY AT HOME SCIENCE COLLEGE.
MANGLA TIMES 7 NOV 2019**

Chandigarh: With an aim to alienate stress, depression and anxiety and to sustain a new life of positivity, Government Home Science College organized **one-day workshop on Spiritual Counselling and Music Therapy** sponsored by Punjab National Bank (PNB). Principal of the college, Prof. Sudha Katyal welcomed the resource persons for the day followed by the lightening of the lamp.

Dr Richa Chopra, Head, Deptt of Behavioral and Contemplative Sciences, Sri Sri University, Cuttack, was the guest speaker for the spiritual counseling session. She beautifully shared the journey of her life with the audience and also played a video created by the Chinese people after being inspired by her iron will, integrity and unflinching commitment. With her spiritual integration, gifted foresight and immense self-belief, she highlighted the significance of an individual's mind, body and soul and equated it with a person's overall well-being. She emphasized on seven levels of human being which are body, breath, mind, intellect, memory, ego and soul and regarding the nature of soul. She highlighted the significance of spirituality and leading the mind, body and soul to work in harmony. She brought into limelight the importance of enhancing a person's spiritual side to live life to the fullest.

In the second session, Malvika Chopra seeking the attention of the audience by melodiously playing the sitar and arouse in them a stable state of mind and a feeling of calmness and relief. With the neuroscientific exploration in music therapy, she capitalized on the inherent strengths of classical music and the psychological impact of musical concepts and ragas. She emphasized music as an adjuvant therapy to aid clinical interventions.

Principal of the college, Prof. Sudha Katyal, expressed her gratitude to the resource persons of the day and further encouraged the students to adopt the power of spiritual and musical therapy to enhance the feelings of life satisfaction, experience of hope and optimism in oneself.


Principal,
Govt. Home Science College,
CHANDIGARH

**ONE DAY WORKSHOP ON SPIRITUAL COUNSELLING AND MUSIC THERAPY
AT HOME SCIENCE COLLEGE
CITY AIR NEWS 7 NOV 2019**



Chandigarh, November 7, 2019: With an aim to alleviate stress, depression and anxiety and to sustain a new life of positivity, Government Home Science College organized one day workshop on Spiritual Counselling and Music Therapy sponsored by Punjab National Bank (PNB).

Principal of the college, Prof. Sudha Karyal welcomed the resource persons for the day followed by the lighting of the lamp.

Dr Richa Chopra, Head, Department of Behavioural and Comparative Sciences, Jai Sri University, Cuttack, was the guest speaker for the spiritual counselling session. She beautifully shared the journey of her life with the audience and also played a video created by the Chinese people after being inspired by her love, will, integrity and unflinching commitment. With her spiritual integration, gifted foresight and immense self belief, she highlighted the significance of an individual's mind, body and soul and equated it with a person's overall well-being. She emphasized on various levels of human being which are body, breath, mind, intellect, memory, ego and soul and signifying the nature of soul. She emphasized the significance of spirituality and leading the mind, body and soul to work in harmony. She brought her knowledge the importance of enhancing a person's spiritual side to live life to the fullest.

In the second session, Anvika Chopra seeking the attention of the audience by melodiously playing the sitar and arouse in them a stable state of mind and a feeling of calmness and relief. With the neuroscientific explanation of music therapy, she capitalized on the inherent strengths of classical music and the psychological impact of musical concepts and ragas. She emphasized music as an adjunct therapy to aid spiritual interventions.

Principal of the college, Prof. Sudha Karyal, expressed her gratitude to the resource persons of the day and further encouraged the students to adopt the power of spiritual and musical therapy to enhance the feelings of life, satisfactory, experience of peace and optimism in oneself.


Principal,
Govt. Home Science College
CHANDIGARH

Activity No. 2

Live Workshop on Mind management with Yoga at Home Science College

Date: June 12, 2021

Keeping par with its goal of holistic development of students, Govt. Home Science college organized a live session on Mind management with Yoga by Dr. Richa Chopra with over 100 students participating. An illustrious alumni of the college, she is the former founding head of the Dept of Contemplative and behavioural Sciences at Sri Sri University, Cuttack. She is senior Art of Living International faculty, and has travelled across 11 countries transforming lives through the happiness program and other higher level courses. Dr Richa talked about mind being an ocean and that in this fast moving world to be creative and move forward one must take care of the mind. She narrated two stories on the importance of living in the present rather than lamenting about the past or worrying about the future. She highlighted the importance of Yoga and it being not just about asanas but a great tool in arresting the modulation of the mind along with the explanation of the 5 Modulations. Principal, Prof Sudha Katyal, felt proud to see the alumni do so well and urged the students to practice and cultivate the philosophy of Yoga in their lives to train the most important thing one has, their minds.

The flyer contains the following text:

GOVERNMENT HOME SCIENCE COLLEGE
Sector- 08, Utkalgarh
NAAC Grade 'A' & NEET Ranking 2020-20*
organised

LIVE WORKSHOP
to celebrate
Forthcoming International Yoga Day
on the topic
'Mind Management With Yoga'

Date: June 13th, 2021
Time : 11:00 a.m. onwards

Coordinator
Prof. Sudha Katyal
H.O.D., Dept. of HSC

CHAIRMAN
Prof. Sudha Katyal
(Principal)

Organizing Team
Dr. Neha Sharma
Ms. Pooja Bhattacharya

Our Distinguished Alumnus
Dr. Richa Chopra
Former Head, Dept. of Behavioural and Contemplative Sciences, Sri Sri University, Cuttack.

'Mind management is an essence of life management'

Brochure was circulated regarding the Workshop on 'Mind management with Yoga' where, Dr. Richa Chopra, Former Head, Dept. of Behavioural and Contemplative Sciences, Sri Sri University, Cuttack, was the guest speaker for mind management.




 Dr. Richa Chopra Prof. Sudha Katyal Dr. Neha Sharma

Dr. Richa Chopra remarkably shared the journey of her life with the audience & with her spiritual integration, gifted foresight and immense self-belief, she highlighted the significance of an individual's mind, body and soul. In the second session, Malvika Chopra seeking the attention of the audience by melodiously playing the sitar and arouse in them a stable state of mind and a feeling of calmness and relief.



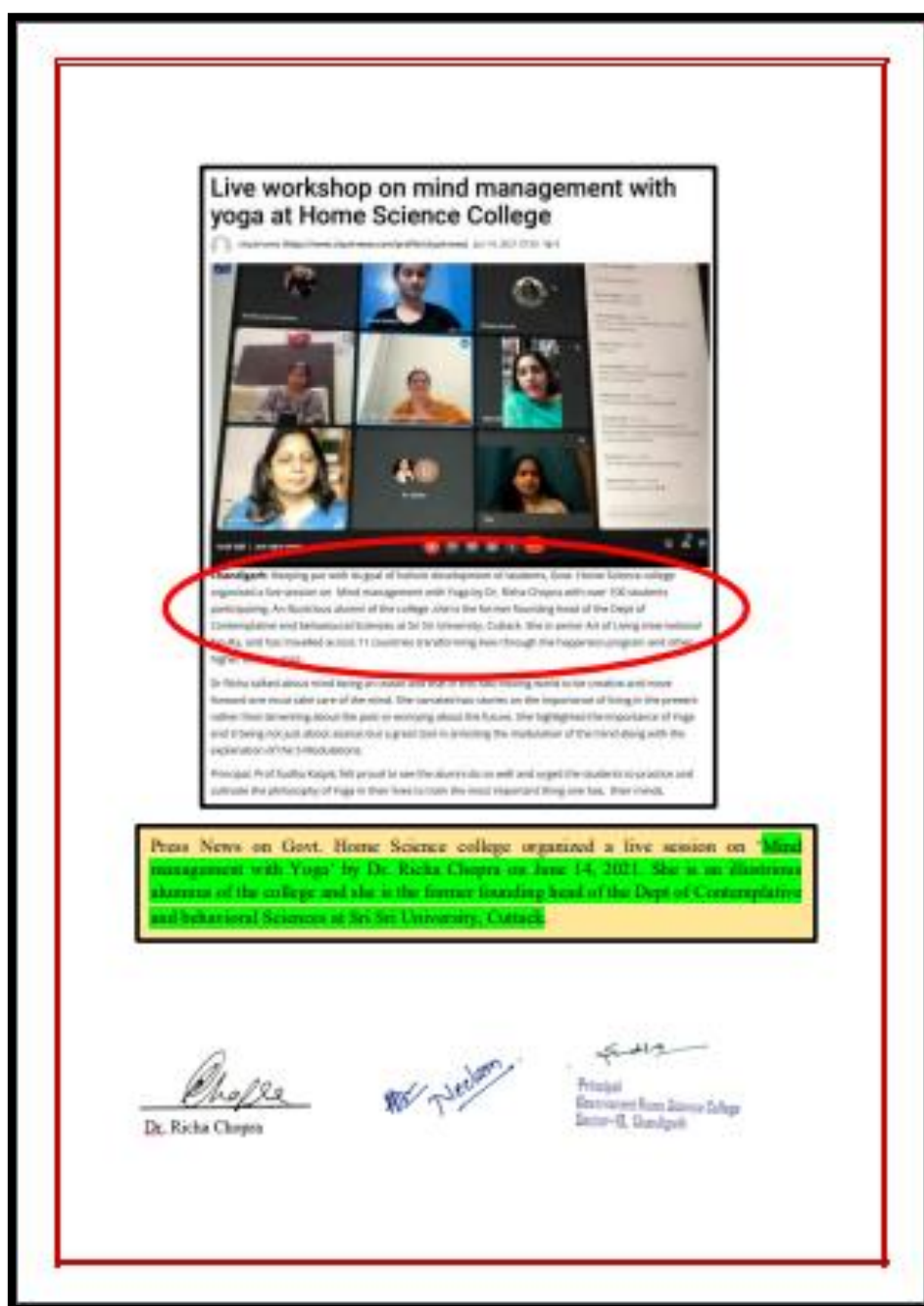
Dr. Richa talked about mind being an ocean and that in this fast-moving world to be creative and move forward one must take care of the mind. She narrated stories on the importance of living in the present rather than lamenting about the past or worrying about the future. She highlighted the importance of Yoga for modulating the mind.


Dr. Richa Chopra




Principal
Government Pooja Datta College
Sector-03, Gandhinagar

News coverage in City air news (June 14, 2021)



Links of the activity:

Facebook link (June 14, 2021):




https://m.facebook.com/story.php?story_fbid=pfbid0RGPUH6AZByGKeLNRN2BVveqMk7tsuK4sCvPy99heoZma1jJpJKHMRAEtfJdBXmUVl&id=102325928229674&sfnsn=wiwspwa&mibextid=RUBZ1f

Instagram link (uploaded on June 14, 2021)

<https://www.instagram.com/p/CQFlrkCBzZc/?igshid=YmMyMTA2M2Y=>

12. Hit bulls eye (2020)

The MoU was signed on March 18, 2020 between Hitbullseye and Govt. Home Science College, Sector-10, Chandigarh.

	GOVERNMENT HOME SCIENCE COLLEGE SECTOR 10-D, CHANDIGARH-160010 Ph. No. 0172-2740387, Fax : 0172-2740387 Website: www.homescience10.org ; E-mail Id: homescience-cho@nic.in	
Ref. No. G.HSC/10/STENO/2020/4037	Date 18/03/2020	
	Memorandum of Understanding	 hitbullseye
This Memorandum of Understanding has been signed on Date 18.03.2020		
Govt. Home Science College, Sector-10, Chandigarh		
And		
Hitbullseye, Sector-34, Chandigarh		
1. Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the college		
<p>Govt. Home Science College, Sector-10, Chandigarh is one of the pioneer institutes of Home Science in the country accredited with NAAC Grade 'A'. Since its inception in 1961, it has grown into an excellent educational centre satisfying the professional and specialized needs of contemporary women. Government Home Science College is affiliated to Panjab University, Chandigarh. The college offers B.Sc. in Fashion Designing, B.Sc. in Home Science, M.Sc. Home Science in Clothing and Textiles/Foods and Nutrition/Human Development and Family Relations, Post Graduate Diploma in Child Guidance and Family Counseling/ Fashion Designing/Nutrition and Dietetics and Ph.D. in Home Science. Over the years, the college has built up great credibility and gained recognition as a premier institute. The college has been attaining top most position in the city colleges in NIRF ranking (National Institution Ranking Framework) consecutively for the last four years. The college has bagged 46th rank in the NIRF ranking 2022 released by the MHRD, GOI.</p> <p>The college is committed to provide quality education and guidance from time to time to students for their career & holistic development.</p>		
AND		
2. Hitbullseye, Sector-34, Chandigarh		



GOVERNMENT HOME SCIENCE COLLEGE SECTOR 10-D, CHANDIGARH-160010

Ph. No. 0172-2740387, Fax : 0172-2740387

Website: www.homescience10.org; E-mail id: homescience-chn@nic.in

Ref. No. G.H.S.C.10/Sec-10/2020/4031

Date 18/03/2020

Hitbullseye, a premier brand of Bullseye Knowledge System Private Limited, is part of an innovative group that has been providing formal and parallel education from last two decades. Being India's most trusted test preparation platform for aptitude-based competitive exams, it prepares students to excel in entrance tests of MBA, Law, BBA, Hotel Management, Humanities, Banking and other domains. They also provide well-structured programs for personality enhancement. The group was started by IIM & XLRI Alumni in 1996 and is today running multiple ventures in the education sphere including 6 schools under the brand 'Mind Tree'. Hitbullseye is driven by its ambition of providing quality education at affordable cost to all students in the country with a vision of ensuring "Education and Employability" for all.

Whereas both the parties have common goal and interest for working at grass root level for the welfare of students and have agreed to work together in following fields:

1. That Hitbullseye shall assist the college by providing guidance to students for various competitive examinations.
2. That Hitbullseye shall assist the college in providing online/offline free coaching classes for competitive exams.
3. That the college would extend infrastructure facilities for organizing the events.
4. That both parties will jointly organize activities for the welfare of students on mutually agreed upon topics from time to time.
5. The MOU does not accrue any financial and legal liability on either of the parties and can be terminated at any time.


Ms. Aditi Arora
Business Development Manager
Hitbullseye
Sector-34, Chandigarh


Prof. Sudha Katyal
Principal
Govt. Home Science College
Sector 10, Chandigarh

Activities under MoU
Activity No. 1

Personality Enhancement & Aptitude Training Course (SPRUCE)

Date: May 11, 2020

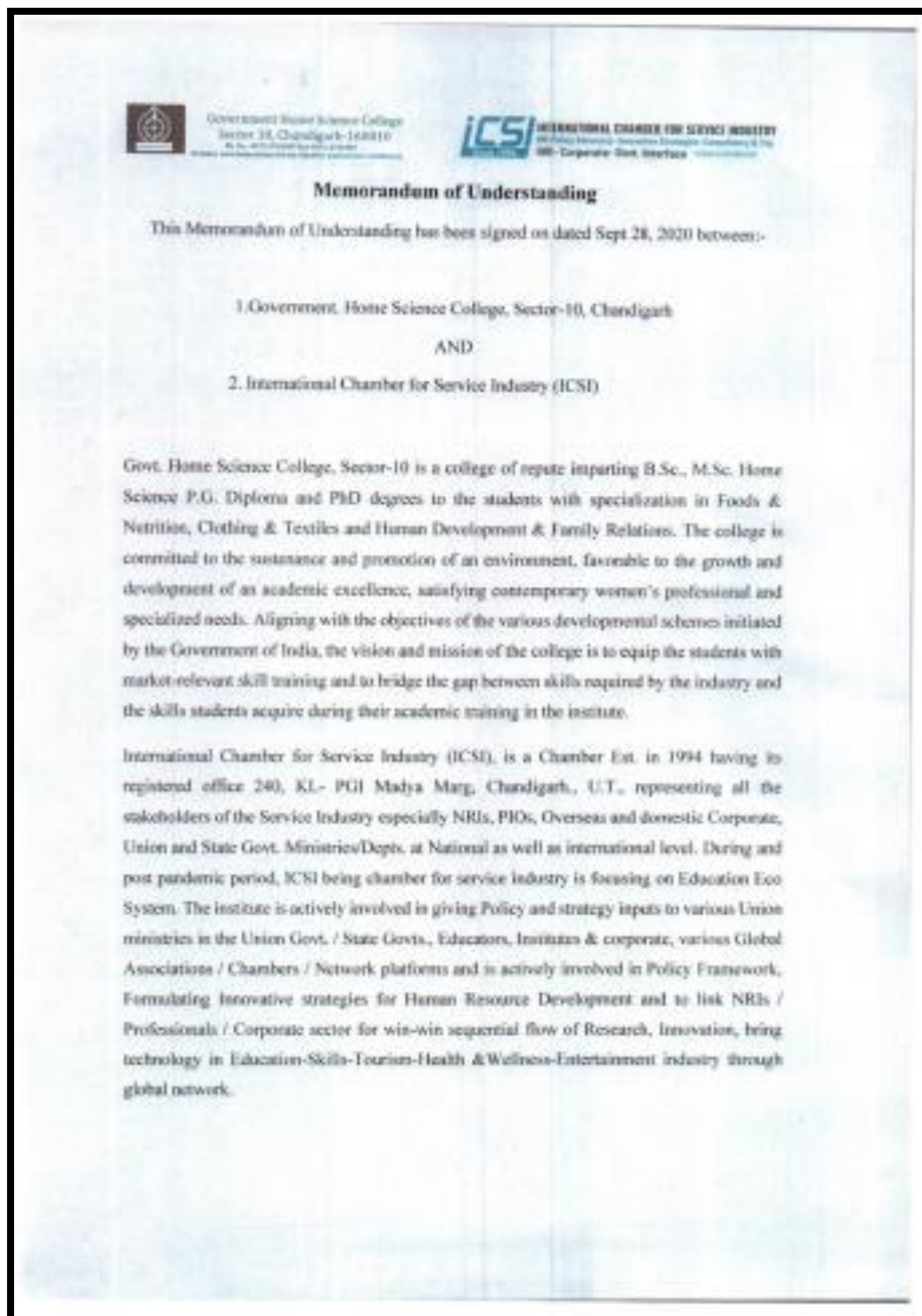
Government Home Science College, Chandigarh in collaboration with Hitbullseye, Sector-34, Chandigarh conducted a 60 days flagship online campus training programme for 155 NSS Volunteers. The programme was conducted for the development of students for creating an impact in the education sector. Under this programme, the volunteers were given a provision to attend 12 live sessions/lectures on ZOOM and YouTube along with reference material on personality development. Volunteers were given USER ID & Password to access the resource material for 60 days. A dedicated team faculty and counselors by Hitbullseye. Team was assigned to volunteers to facilitate the programme. Principal of the college, Prof. SudhaKatyal emphasized that significance of such programmes to benefit students during COVID-19 times.



Personality Enhancement & Aptitude Training Course by Hitbullseye

13. International Chamber for Service Industry (ICSI)

The e-copy of the MoU of understanding was signed on dated Sept 28, 2020 between Government. Home Science College, Sector-10, Chandigarh and International Chamber for Service Industry (ICSI).



Both parties believe that close co-operation between the two would be of mutual benefit to the student community to enhance their skills and knowledge. Both the parties have agreed to work together in the following fields:

1. Whereas both parties having expertise in their respective fields can benefit the students in the field of enhancing innovation, skills and knowledge. The budding graduates from the institutions could play a key role in technological up-gradation, innovation, and competitiveness of an industry.
2. That ICSI would collaborate with the college in conducting various activities, competitions, and program's related to student welfare, research, innovation tourism, health and wellness and skill development.
3. That Govt. Home Science College Sector-10, Chandigarh would extend support infrastructural facilities/ labs/ classrooms for conduct of discussions, expert lectures and conferences to exchange experiences, ideas, research projects, study programs and seminars.
4. Mutual association between both parties will give an insight in to the latest developments in service industry with focus on capacity building of educators and youth. The exposure provided to students and faculty through this association will build confidence and prepare the students to have a smooth transition from academic to working career.
5. That MOU will focus on making education relevant for all stakeholders. Educators-Counselors - Skills / Competencies Providers-Corporate-Technocrats-Administrators-Future Strategists and Motivators to empower teachers and youth with country specific cultural, social, moral, ethical and spiritual factors considered as fundamentals for Education Skills and its meaningful outcome as innovative entrepreneurship.
6. The MOU does not accrue any financial liability on either of the parties and can be terminated at any time.


Principal
Govt. Home Science College
Sector 10, Chandigarh.


Director General
ICSI

International Chamber of Service Industry
Director General, ICSI

Activity under MoU Activity

An on line interactive session on "Making Education Relevant: Startup for Health and Nutrition" by ICSI in collaboration with Home Science College

Date: October 13, 2020

Link: <https://www.youtube.com/live/TPH6lT05g8U?feature=share> uploaded on YouTube

Government Home Science College organized an online interactive session on **Making Education Relevant: Startup for Health and Nutrition** in collaboration with International Chamber for Service Industry (ICSI) as a part of its MOU with later. Dr. Gulshan Sharma DG-ICSI, Motivational Speaker and Life Coach, started his session with motivational note that Pandemic has brought new set of opportunities for all. Particularly young people in India while working from home has explored many new digital startups. In this scenario of uncertainty, Home Science students are doing wonderful job by creating awareness about health and nutrition by utilizing diverse skill sets learned by them during their curriculum. Ms. Manvika Kaur, a prominent alumni of the college and founder of the startup *Herbs-Healthy Roots Running Roots* shared various tips and tricks of remaining fit and healthy by having nutritious diet even during pandemic. She added that healthy eating is not about strict nutrition philosophies, staying unrealistically thin or depriving oneself of food you love rather it's all about feeling great, taking different micronutrients by having homely food and keeping oneself fit and healthy by exercise. She expressed her gratitude to her alma-mater where she got plethora of opportunities to learn various skill sets ranging from health and wellness to creative thinking, life skills and coping with stress. The session got an overwhelming response from students and various stakeholders. Principal Prof. Sudha Katyaj urged the students to participate wholeheartedly in such sessions to counter the challenges posed by Pandemic. She reiterated that Swavlambi warriors of Home Science will continue to serve the society and make the institution proud.

Principal
Government Home Science College
Sector 16, Gurgaon

For ICSI Chamber of Service Industry
Director, Gurgaon

Ms. Manveen Kaur
 Founder
 Healthy Roots Nutrition
 Root 4274021
 Dietician & Wellness
 Professional

- Home Scientist Ms. Manveen Kaur is a qualified Nutritionist. Most of exploring different facets of Nutrition and Health worked with leading fitness websites and has a number of articles/blogs on different aspects of nutrition, physical activity, health and lifestyle, to her credit.
- As a life Member of Indian Dietetic Association, Chandigarh Chapter, a keen learner and an ardent sports person herself, she portrays a pleasant personality, demonstrated with great perseverance. She has been planning diets for players and fitness enthusiasts in Chandigarh/Tri-city, Delhi NCR and nearby areas.
- She keeps herself updated with latest trends and nutritional knowledge by attending conferences, workshops and seminars in the areas.
- She also likes to propagate her knowledge by organizing lectures at corporate offices in and around Tri-city in Chandigarh & Delhi NCR.
- She firmly believes that 'Healthy eating is not about strict nutrition philosophies, staying unrealistically thin, or depriving yourself of the foods you love'. Rather, it's about feeling great, having more energy and keeping yourself as healthy as possible.

Manveen Kaur founder of the startup *Herbs-Healthy Roots Rawning Roots* shared various tips and tricks of remaining fit.

Govt. Home Science College
 Sec-10, Chandigarh

Manveen Kaur
 Founder

Manveen Kaur
 Founder
 Government Home Science College
 Sector-10, Chandigarh

Manveen Kaur
 Director
 For International Chapter of International
 Dietetic Association

The screenshot shows a webinar interface. At the top left, it says 'ICS INTERNATIONAL CHAMBER FOR SERVICE INDUSTRY'. The main title is 'Making Education Relevant' with the Hindi subtitle 'आइए शिक्षा को प्रासंगिक बनाएं' and 'Global Confluence of Intellectuals'. Below this, it says 'NEP 2020 - Startup for Health and Nutrition' and 'Tuesday, 13 October, 2020 12:30 PM (IST)'. There are two speaker profiles: Ms. Manveen Kaur, Founder - HERMs, Healthy Foods Running Bazaar; and Dr. Gulshan Sharma, DG ICSI, Motivational Speaker & Life Coach. The right side of the screen shows a 'SOFT TALK' section with the title 'All about Health and Nutrition' and the subtitle 'Success follows a Healthy Mind'. There is also a 'STARTUP' graphic with 'HEALTH & WELLNESS' text.

An online interactive session on **Making Education Relevant: Startup for Health and Nutrition** in collaboration with International Chamber for Service Industry(ICS)

Shaw
Sharma

Sharma

Chand

Department of Health Sciences College
 Group-II, Chandigarh

For International Chamber of Service Industry
 Chandigarh, India

The image shows a YouTube video player interface. At the top, there are three thumbnail images: a large brick building with palm trees, a group of people in a classroom setting, and a man and a woman in professional attire. The video title is "Making Edu Relevant - Ms. Manveen Kaur - NEP2020: S..". Below the title, it shows "193 views 2 yr ago #MakingEducation: ...more". The channel name is "ICSI - Internatio..." with a subscriber count of "15.4K" and a "Subscribe" button. At the bottom of the player, there are icons for likes (10), comments, live chat, share, and a settings icon. Below the video player, there are three handwritten signatures and their corresponding titles: "Principal Government Home Science College Sector-10, Chandigarh" and "For International Chamber of Service Industry Director General ICSI".

Link of the Activity:

You tube link (uploaded on October 13,2020)

<https://www.youtube.com/live/IPHt6UD5s9E?feature=share>



14. Mehar Baba Charitable Trust Bassi Pathana, Fatehgarh Sahib, Punjab (2021)

The e-copy of the MoU of understanding that was signed on April 27, 2021 between Mehar Baba Charitable Trust Bassi Pathana, Fatehgarh Sahib, Punjab and Govt. Home Science College, Sector-10, Chandigarh.

Ref. No.: MBCT/MOU/04/21/01 (13)

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding has been signed on 27-04-2021
between:-



**Mehar Baba Charitable Trust, Bassi Pathana
AND
Govt. Home Science College, Sector-10, Chandigarh**

1. Mehar Baba Charitable Trust (MBCT) is a registered nonprofit organization (reg. No. 3568) formed on 16th Sept 1998. As a policy MBCT keeps equidistance from all religious connotations and is non political. Empowering rural women and providing Medical-care, Edu-care, and Socio-care services by serving the underprivileged population base of 2, 09,339 living in 186 villages in district Fatehgarh Sahib, Punjab, India.

The Trust's vision is to bridge the Urban-Rural gap by providing skill development to generate employment opportunities and to support children of parents below the poverty line in Punjab. MBCT develops women and youth through skills & computer training, sports training, health care, social awareness and much more. MBCT is dedicated to empowering women in rural areas by making them independent and knowledgeable entrepreneurs and preserving rich heritage of Punjab.

And

2. Govt. Home Science College, Sector-10 is a college of repute imparting B.Sc. Home Science, B.Sc. Fashion Designing, M.Sc. Home Science, P.G. Diploma and PhD degrees to the students with specialization in Foods & Nutrition, Clothing & Textiles and Human Development & Family Relations. The college offers facilities for academic excellence, cultural enrichment and physical fitness of the students to build a multifaceted personality and prepares them to face the challenges that lie ahead. The institute caters to the present day requirements of education in order to meet the rapidly changing demands of family life and the multiple roles that woman has to play in home as well as professional life.

Both the parties have agreed to work together in the following fields.

1. That MBCT would collaborate with the college in organizing various activities, workshops and program's related to student welfare and skill development in the field of traditional as well as contemporary embroideries and Panja Durrie weaving.

2. That Govt. Home Science College Sector-10, Chandigarh would extend support to artisans by conducting workshops regarding elements and principles of designs, latest trends in design, color and fashion forecast. The college shall extend their expertise in the field of visual merchandising to nurture their skills related to product display in exhibitions.
3. That the mutual exchange of resources and expertise for the conservation of our traditional textile's heritage.
4. The exposure provided to students and faculty through this association will build confidence and prepare the students to have a smooth transition from academic to entrepreneurial career.
5. The MOU does not accrue any financial liability on either of the parties and can be terminated at any time.

Principal
Govt. Home Science College
Sector 10, Chandigarh

Principal
MBCT, Bassi Pathana
Fatehgarh Sahib



General Manager
MBCT, Bassi Pathana
Fatehgarh Sahib


Activities under MoU
Activity No. 1

Exhibition of Phulkari Articles created by rural beneficiaries




Mehar Baba Charitable Trust showcased their traditional Phulkari Art Swavayamban Mela organized at Home Science College. The mission of this exhibit was to earn while you learn. Home Scientists as young entrepreneurs showcased their skills and talents by putting up a plethora of innovative items in a large number of stalls. This initiative was attributed under Atama Nijhar Bharat.


Principal
Government Home Science College
Sector-II, Dhanbani


Principal
MBCT, Bansi Pathana
Fatehgarh Sahib




General Manager
MBCT, Bansi Pathana
Fatehgarh Sahib

Link of activity:

Facebook link (uploaded on September 23, 2021):

https://www.facebook.com/permalink.php?story_fbid=pfbid0BUdDAK1qKLD9T5FBc5uSx1vAazmbR1SveayBnsfBjkitMW3bFySCphwTXLiqWUGN1&id=102325928229674




Instagram Link (uploaded on September 21 & 23, 2021):




<https://www.instagram.com/p/CUKkez7qyMn/?igshid=NDk5N2NIZjQ=>

<https://www.instagram.com/p/CUEcky1Pdrf/?igshid=NDk5N2NIZjQ=>

15. Kanya Maha Vidyalaya (The Heritage Autonomous Institution), KMV, Jalandhar (2021)

The e-copy of the MoU of understanding, that was signed on July 20, 2021 between Kanya Maha Vidyalaya, Jalandhar and Govt. Home Science College, Sector-10, Chandigarh.

 <i>The Heritage Institution</i> Estd. 1886 KANYA MAHA VIDYALAYA (Autonomous) Re-accredited A by U.G.C.-NAAC "College with Potential for Excellence" by UGC Under Star College Scheme by DBT, Govt. of India	Phones: Principal Off: 0181-2296605, 2296606 Fax: 0181-2291741 E-mail: kmvjalandhar@yahoo.com kmvoffice1886@gmail.com Vidyalaya Marg, JALANDHAR-144 004.
	Ref. No. <u>Kmv/26/19</u> Date <u>20-7-2021</u>
Memorandum of Understanding	
This Memorandum of Understanding has been signed on dated 20-7-2021 between :	
	
Kanya Maha Vidyalaya (The Heritage Autonomous Institution, (KMV), Jalandhar	
AND	
Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the College	
1. Kanya Maha Vidyalaya (The Heritage Autonomous Institution) (KMV) , Jalandhar.	
Kanya Maha Vidyalaya (The Heritage Autonomous Institution) (KMV) is a women's college located in Jalandhar, Punjab, India offering undergraduate and postgraduate programmes and diplomas. The pioneer in women education and women liberation in India. Kanya Maha Vidyalaya (The Heritage Autonomous Institution) is mentioned in the book Arya Dharam by an American Scholar, W. Jones. The 1st college under GNDU to bag Kaushal Kendra (Skill Development Center) awarded by UGC, MHRD Govt. of India. The first college in the region to have a Student Exchange Programme which enables KMV undergraduate students shift their grades to Lesley and Chatham University, USA, after first year to continue their degree.	
AND	
2. Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the College.	
Govt. Home Science College, Sector-10, Chandigarh is a college of repute imparting B.Sc., M.Sc. Home Science, P.G. Diploma and Ph.D. degrees to the students with specialization in Foods & Nutrition, Clothing & Textiles and Human Development & Family relations. The college has the capacity to produce energetic and brilliant graduates and post graduates who can be of great help for the service of community and industry when they are properly trained and tuned to the industrial and social requirements as well as be skilled entrepreneurs.	

 <i>The Heritage Institution</i> Estd. 1886 KANYA MAHA VIDYALAYA (Autonomous) Re-accredited A by U.G.C.-NAAC "College with Potential for Excellence" by UGC Under Star College Scheme by DBT, Govt. of India	Phones: Principal Off: 0181-2296605, 2296606 Fax: 0181-2291741 E-mail: kmvjalandhar@yahoo.com kmvoffice1886@gmail.com Vidyalaya Marg, JALANDHAR-144 004.
	Ref. No. _____ Date _____
Whereas, both parties having expertise in their respective fields can benefit the students in the field of enhancing industrial skills and knowledge. The budding graduates from the institutions could play a key role in technological up-gradation, innovation and competitiveness in the field of Fashion and Textiles designing. Both parties believe that close co-operation between the two would be of mutual benefit to the student community to enhance their skills and knowledge. Both the parties have agreed to work together in the following fields.	
<ol style="list-style-type: none"> 1. That KMV would collaborate with the Govt. Home Science College in conducting various activities, competitions and programs related to student welfare and skill development. 2. That the mutual exchange of resources and expertise for the benefit of students of both the institution. 3. The exposure provided to students and faculty through this association will build confidence and prepare the students for future endeavors. 4. To mutually share the resources of library, laboratories with each other for research activities of students of both the institutions. 5. The MOU does not accrue any financial liability on either of the parties and can be terminated at any time. 	
 Principal Govt. Home Science College Sector-10, Chandigarh.	 Principal Kanya Maha Vidyalaya Jalandhar

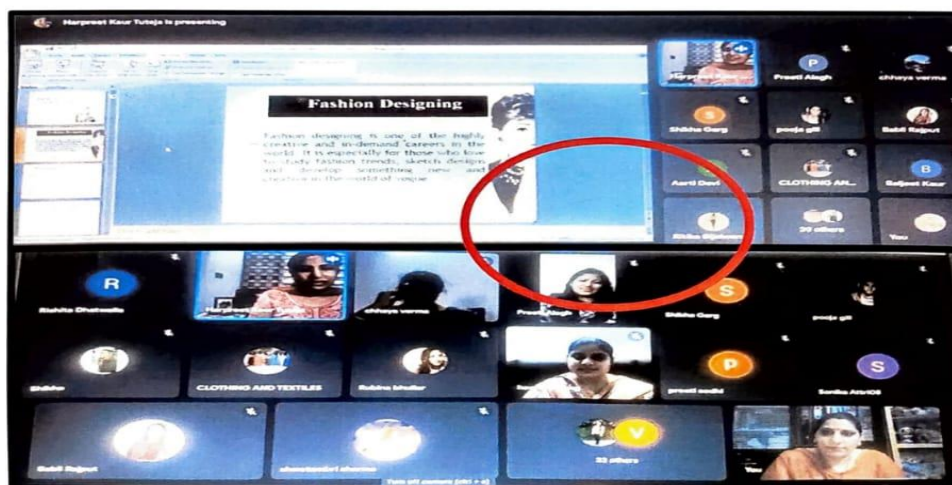
Activities under MoU Activity

Live webinar by alumni on inspiration, innovation and entrepreneurship at Home Science College.

Date: June 15, 2021

Link: https://www.facebook.com/permalink.php?story_fbid=pfbid02u1aBmJYakWwL6jzmhoUd8rEDUm8aqPxEL3u1yf4mVSCbDG4XnhKz7L7tgtFWsvDWI&id=102325928229674

In line up with the ongoing series of live webinars, Government Home Science College, Chandigarh organized another session by Dr. Harpreet Kaur, HOD, PG Dept. Of Fashion Designing, Kanya Maha Vidyalaya Jalandhar. Dr. Harpreet spoke on Career Opportunities in Fashion and highlighted that students are like pure white light when they choose their careers whereas teachers act as facilitators thereby making them aware of the wide scope of Clothing and Textiles. She further emphasised that food, clothing and shelter are the basic requirements to live a suitable life. Thus, the scope of the field of Clothing and Textiles never falls down in terms of career options. She also mentioned huge number of different professions after completing diploma, certificate course or degree in this discipline which includes fashion buyer, merchandiser, fashion retailer, fashion photographer, blogger, production manager, technical expert, free-lancer, academicians, virtual assistance, textile engineer, fashion counsellor, instructors, personal shopper, public relation officer and so on. She further added that students can also associate with textile ministry to do certain types of community services as well. More than 100 participants attended the session. Principal of the college Prof. Sudha Katyal apprised all the viewers about the importance of wider scope of Fashion Designing as a distinguished field.



Kaminder Kaur
Principal
Kanya Maha Vidyalaya
Jalandhar

Sudha Katyal
Principal
Government Home Science College
Sector-10, Chandigarh

Activity Links:

Facebook Link (uploaded on June 15, 2021)

https://www.facebook.com/permalink.php?story_fbid=pfbid02u1aBmJYakWwL6jzmhoUd8rEDUm8aqPxEL3u1yf4mVSCbDG4XnhKz7L7tgtFWsvDWI&id=102325928229674

Instagram Link (uploaded on June 14, 2021):

<https://www.instagram.com/p/CQFmUPbBUG0/?igshid=NDk5N2NIZjQ=>

<https://www.instagram.com/p/CQImJUFbqVV/?igshid=NDk5N2NIZjQ=>

<https://www.instagram.com/p/CQII-YAhk7e/?igshid=NDk5N2NIZjQ=>

Sector-10, Chandigarh
NAAC Grade – A
NIRF Ranking 2020 – 86th

Our Alumni Our Support

**& Entrepreneurship
by our
Distinguished
Alumni**

June 10-14, 2021

Organising team
Clothing and Textiles
Department

**Webinar on
CAREER OPPURTUNITIES IN FASHION**

About the Resource person

- PhD in Innovative Techniques of Upcycling Pre & Post Consumer Textile Waste for Sustainable Growth
- Resource Person Doordarshan & AIR
- Invited as Resource Person in Various Colleges/ Institutes
- 12 IPR's in Design (Copyright Office, GOI)
- Publications in Scopus Journals
- Appreciation Certificate by Commissioner Municipal Corporation, Jalandhar for Excellent Community Work under Swacch Bharat Mission & Entrepreneurship Development with Safai Sahayaks of MCI
- Author of various books and book chapters

**Dr. Harpreet Kaur Head,
P.G. Department of Fashion
Designing , Kanya Maha
Vidyalaya
(Autonomous), Jalandhar**

Co-ordinator
Mrs. Chhaya Verma (HOD,
Clothing & Textiles)




Convener
Prof. Sudha Katyal
Principal

Brochure was circulated regarding the Webinar on awareness on 'Career Opportunities in Fashion' where, Dr. Harpreet Kaur, HOD, PG Dept. of Fashion Designing, Kanya Maha Vidyalaya Jalandhar was the eminent speaker.

GHSC-10 in collaboration with Kanya Maha Vidyalaya Jalandhar organized a webinar delivered by Dr. Harpreet Kaur, HOD, PG Dept. of Fashion Designing. She spoke on Career Opportunities in Fashion and highlighted that students are like pure white light when they choose their careers whereas teachers act as facilitators thereby making them aware of the wide scope of Clothing and Textiles. She further emphasized that food, clothing and shelter are the basic requirements to live a suitable life.

16. Open Eye Foundation, Manimajra, Chandigarh (2021)

The e-copy of the MoU was signed on February 26, 2021 between Open Eyes Foundation, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh

Open Eyes Foundation Manimajra Chandigarh		ओपन आइज फाउंडेशन मनीमाजरा चंडीगढ़
Registered under Society, Act 1860 Registration Number 4687/2017	OPEN EYES	सोसायटी अधिनियम 1860 के तहत पंजीकृत पंजीकरण संख्या 4687/2017
Mail: - openeyesfoundation1@gmail.com , [Mob. No. 7508408205, 7508855733]		
Ref. No.:	Date: 26-02-2021	NITI Aayog Reg. Id: CH/20190234859
	Memorandum of Understanding	
This Memorandum of Understanding has been signed on Date 26 February 2021		
between		
Govt. Home Science College, Sector-10, Chandigarh		
And		
Open Eyes Foundation, Chandigarh		
1. Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the college		
<p>Govt. Home Science College, Sector-10, Chandigarh is one of the pioneer institutes of Home Science in the country accredited with NAAC Grade 'A'. Since its inception in 1961, it has grown into an excellent educational centre satisfying the professional and specialized needs of contemporary women. Government Home Science College is affiliated to Panjab University, Chandigarh. The college offers B.Sc. in Fashion Designing, B.Sc. in Home Science, M.Sc. Home Science in Clothing and Textiles/Foods and Nutrition/Human Development and Family Relations, Post Graduate Diploma in Child Guidance and Family Counseling/ Fashion Designing/Nutrition and Dietetics and Ph.D. in Home Science. Over the years, the college has built up great credibility and gained recognition as a premier institute. The college has been attaining top most position in the city colleges in NIRF ranking (National Institution Ranking Framework) consecutively for the last two years. The college has bagged 86th rank in the NIRF ranking 2020 released by the MHRD and 72th rank in 2019.</p>		
AND		
2. Open Eyes Foundation, Chandigarh		
<p>Open Eyes Foundation, a Non-Governmental Organization has been working tirelessly to sustain the Education of thousands of underprivileged students in Tricity. The organization has also been working towards helping girls and women in straitened circumstances by providing free sanitary napkins and other hygiene products and making them more periods</p>		
Regd. Office # 2227/1, Pipli Wala Town Manimajra Chandigarh Communication Address Shop No. 141/8, First Floor, Khuda Jassu, Chandigarh (UT) 160036		

Open Eyes Foundation
Manimajra Chandigarh

Registered under Society, Act 1860
Registration Number 4687/2017



ओपन आइज फाउंडेशन
मनीमाजरा चंडीगढ़

सोसायटी अधिनियम 1860 के तहत पंजीकृत
पंजीकरण संख्या 4687/2017

Mail: - openeyesfoundation1@gmail.com . [Mob. No. 7508408205, 7508855733]

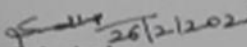
Ref. No.:

Date: 26-02-2021 NITI Aayog Reg. Id: CH/20190234859

positive. The organization is running various campaigns namely Raddi se Shiksha, NayaSawera, Rise Women: Be Periods Positive, Education Hut, Vision in the Dark and Hope on Wheels. The campaigns' main aim is to provide facilities to the underprivileged section of the society so that they can stand on their own feet and achieve their goals. It also plays a major role in up-keeping of the environment. Furthermore, this foundation has the sole purpose of providing back to the society in every possible way. It also aims to provide the underprivileged students with tools which help them study and be able to make their own standing in the society.

Whereas both the parties have common goal and interest for working at grass root level for social upliftment

1. That the NGO Open Eyes Foundation shall assist in organizing socially useful events with NSS and NCC Volunteers of the college. The programme schedule, date and timing of the same shall be decided with mutual consent of the authorities concerned.
2. That both parties will jointly organize community participation activities, seminars and conferences on mutually agreed upon topics from time to time.
3. That the NGO Open Eyes Foundation shall assist the college in organizing grass root level exposure by inviting eminent social workers and technical experts from time to time to promote capacity building and skill development of students. The college on the other hand, would extend all possible support for mutually beneficial socially relevant community activities.
4. That the students of the college will assist the NGO Open Eyes Foundation in resilience building and counseling of underprivileged section of the society whereas the foundation will provide a platform to the students for their internships and real life exposure.
5. The MOU does not accrue any financial or legal liability on either of the parties and can be terminated at any time.


Principal
Govt. Home Science College,
Sector-10, Chandigarh

President, Founder
Open Eyes Foundation,
Chandigarh

**Activity under MoU
Activity No. 1**

Proud Moment for College

Date: March 08, 2021

Link of activity:

https://www.facebook.com/permalink.php?story_fbid=pfbid00TSaccFN0fwBGLL0z5T9cFRzC7GwJdasjInY7ghMXAZRDU4WhHQ6QJ1YFM5xMEqsqI&id=102325928229674

Principal Prof. Sudha Katyal felicitated with Women Excellence Award for her significant contribution in the field of education by Open Eyes Foundation (A non-government organization) on International Women's Day.



a. **Title:** Students of Home Science college conducted Outreach Activity at KhudaJassa

Date: March 8, 2022

Link of activity:

https://www.facebook.com/permalink.php?story_fbid=pfbid002Y1YyuIM4oYs7YZvJiEsCslpIIPNGU8kSgnzSjhlzZM5vk9Gzplz2zheP99NT41jI&id=102325928229674

Students and staff of the Department of HDFR, Government Home Science College conducted an outreach activity for children at KhudaJassa. The easels and colouring material were provided to the children which allowed them to showcase their creativity. The children of the area thoroughly enjoyed the activity and looked forward to have the students over again.

The students also visited the head office of NGO- Open Eyes foundation where they were apprised of the working of the NGO. They were also informed about the collaborative activities and internships wherein they could involve themselves in the multifarious activities of the foundation. Students were highly motivated and eager to work closely with the foundation. The Principal of the college, Prof. Sudha Katyal motivated the students to realise their social responsibility and actively participate in such outreach activities.

Neelam

[Signature]



The M.O.U. was signed on February 26, 2021 between GHSC-10 and Open Eyes Foundation (a NGO), Chandigarh. The M.O.U. will assist in organizing useful social events with NSS and NCC volunteers of the college. It further focusses on community participation activities and provides grass root level exposure by inviting eminent social workers to promote capacity building and skill development of students.


Principal
Government Girls Science College
Sector-11, Chandigarh







Link of Activity:

Facebook link (uploaded on March 8,2021):

https://m.facebook.com/story.php?story_fbid=pfbid0TGoiM8iJqMgg4wny5i4bt3Gnu59jwKip7DjgQkhhzagy7HkNcon1YiKD3Ag7WJUbl&id=102325928229674&sfnsn=wiwspmo&mibextid=RUbZ1f

Instagram link (uploaded on March 8,2021):

<https://www.instagram.com/p/CMKHz6Bh-KX/?igshid=YmMyMTA2M2Y=>

Activity No. 2



Students and staff of the Department of HDPK of GISC-10 conducted an outreach activity for children at Khudalassa. The easels and coloring material were provided to the children which allowed them to showcase their creativity where the children of the area thoroughly enjoyed the activity. The students also visited the head office of NOKS Open Eyes foundation where they were apprised of the working of the NOKS. Students were highly motivated and eager to work closely with the foundation.

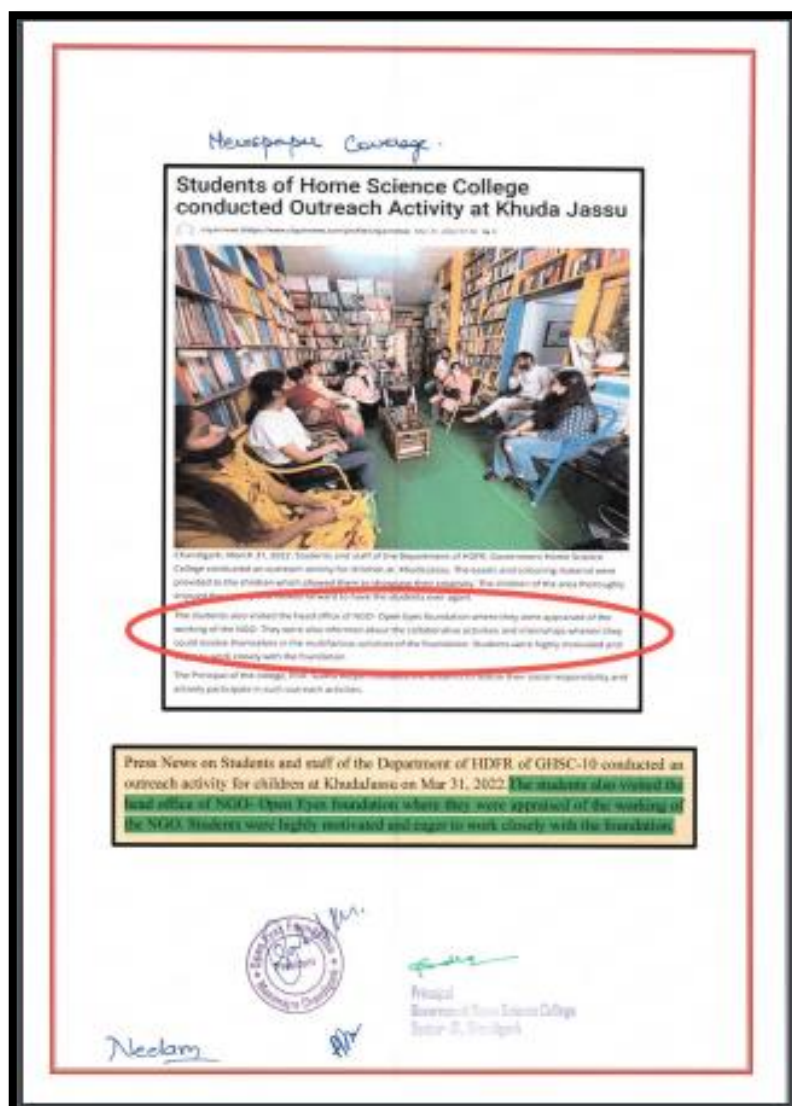


Neelam

Ravi


Principal
Government Sanshodhan College
Sector-11, Chandigarh

News coverage by City Air News on March 31,2022



The MoU was signed on February 26, 2021 between GHSC-10 and Open Eyes Foundation (a NGO), Chandigarh. The M.O.U will assist in organizing useful social events with NSS and NCC volunteers of the college. It further focusses on community participation activities and provides grass root level exposure by inviting eminent social workers to promote capacity building and skill development of students.

Link of activity:

Facebook Link (uploaded on April 8, 2021)


https://www.facebook.com/permalink.php?story_fbid=pfbid0hUme4vAjAoMVeJBSprh1Gsqz5KoC2hs4QPCQyoFcrckmCqnCf8K9ztyGmUZRP1&id=102325928229674

Instagram Link (uploaded on April 8, 2021):

<https://www.instagram.com/p/CNaJXBUBhpM/?igshid=NDk5N2NIZjQ>

17. Government College of Yoga Education and Health, Sector-23, Chandigarh (2021)

The e-copy of the MoU was signed on February 17, 2021 between Government College of Yoga Education and Health and Govt. Home Science College, Sector-10, Chandigarh



GOVT. COLLEGE OF YOGA EDUCATION & HEALTH
SECTOR 23 A CHANDIGARH
Website: www.gcyeh.edu.in & E-mail: gcyehchandigarh@gmail.com
Contact: 0172-2700378

GCYEH-23/2021/159 Date: 17/2/2021

9

Memorandum of Understanding

This Memorandum of Understanding has been signed on Date.....

- 1. Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the college**
Govt. Home Science College, Sector-10, Chandigarh is one of the pioneer institutes of Home Science in the country. Since its inception in 1961, it has grown into an excellent educational centre satisfying the professional and specialized needs of contemporary women. Government Home Science College is affiliated to Panjab University, Chandigarh. The college offers B.Sc in Fashion Designing, B.Sc. in Home Science, M.Sc. Home Science in Clothing and Textiles/Foods and Nutrition/Human Development and Family Relations, Post Graduate Diploma in Child Guidance and Family Counseling/ Fashion Designing/Nutrition and Dietetics and Ph.D. in Home Science. Over the years, the college has built up great credibility and gained recognition as a premier institute. The college has been attaining top most position in the city colleges in NIRF ranking (National Institution Ranking Framework) consecutively for the last two years. The college has bagged 86th rank in the NIRF ranking 2020 released by the MHRD and 72th rank in 2019.

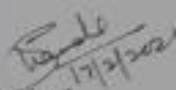
AND

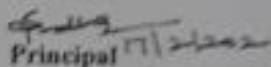
- 2. Government College of Yoga Education and Health, Sector 23 represented by the Principal of the college.**
The Government College of Yoga Education and Health focuses on to promote health and awareness among the residents of the city beautiful. Regular yoga sessions are conducted for the benefit of the residents of the city. The college runs one year Diploma Course in Yoga Education, two-year B.Ed. (Yoga) course, Post Graduate Diploma in Yoga Therapy and a Basic Certificate Course in Yoga Education affiliated with Panjab University, Chandigarh. This college is the only Government Yoga College all over India providing congenial environment for Yoga Education and extends its services taking care of the Physical, Psychological and the Spiritual health of the citizens of this part of the country in general and the city beautiful Chandigarh particularly. There are around fifty AYUSH yoga sub centers under the supervision of the college.

Whereas both parties having expertise in their respective fields can benefit the students and other stakeholders in empowering them and creating awareness on the topics of mutual interests.

Both the parties have agreed to work together in the following fields.

1. That the Government College of Yoga Education and Health, Sector 23, Chandigarh shall facilitate and assist the students of Govt. Home Science College, sec-10, Chandigarh in practicing health and fitness, yoga and meditation, physiological, psychological, behavioral and spiritual aspect of health.
2. The Government Home Science College and Government College of Yoga Education and Health would extend infrastructural facilities for conduct of workshops etc and both the parties may nominate members to various seminars and conferences being organized by respective parties.
4. That Government Home Science College, Sector-10, Chandigarh and Government College of Yoga Education and Health, Sector 23, Chandigarh shall facilitate, provide opportunities for exchange and progress to create awareness and conduct lectures/seminars/workshop in the college for the benefits of the students.
5. The Government College of Yoga Education and Health, Sector 23, Chandigarh and Government Home Science College will collaborate for interdisciplinary research, exchange of academic publications, reports, research scholars and experts, including students and other activities as mutually agreed.
6. The MOU does not accrue any financial liability on either of the parties and can be terminated at any time.


Principal
Government College of Yoga Education and
Health, Sector 23, Chandigarh


Principal
Govt. Home Science College
Sector-10, Chandigarh

Government Home Science College, Sector-10, Chandigarh signs Memorandum of Understanding with Government College of Yoga Education and Health, Sector 23, Chandigarh. The M.O.U. will facilitate the students & staff in terms of health and fitness, yoga and meditation, physiological, psychological, behavioral and spiritual aspect of their health. It will also provide opportunities for exchange and progress to create awareness and conduct lectures/seminars/workshop in the college for the benefits of the students. Collaboration will also contribute in Interdisciplinary research, exchange of academic publications, reports, research scholars and experts, including students and other activities as well.

Link of signing:

https://www.facebook.com/permalink.php?story_fbid=pfbid0wgkkjdz2rdabcohBJknw2B6EtWQKFAudfhZeBwzk3jfsbKVRy8iiRMQAXrUZFJBI&id=102325928229674



The M.O.U. was signed on February 17, 2021 that helps to facilitate the students & staff in terms of health and fitness, yoga and meditation, physiological, psychological, behavioral and spiritual aspect of their health. Both the respected Principals, Prof. Sudha Katyal of GHSC-10 & Prof. Sapna Nanda of GCYEH-23 shook their hands on the day of agreement.

Sudha Katyal
Prin. (in-charge)

Govt. College of Yoga Education & Health
Sector 23-4, Chandigarh

Sapna Nanda
Principal

Sapna Nanda

Principal
Government Home Science College,
Sector-10, Chandigarh

The MoU was signed on February 17, 2021 that helps to facilitate the students & staff in terms of health and fitness, yoga and meditation, physiological, psychological, behavioral and spiritual aspect of their health. Both the respected Principals, Prof. Sudha Katyal of GHSC-10 & Prof. Sapna Nanda of GCYEH-23 shook their hands on the day of agreement.

Link of activity:

Facebook Link (uploaded on February 18, 2021)

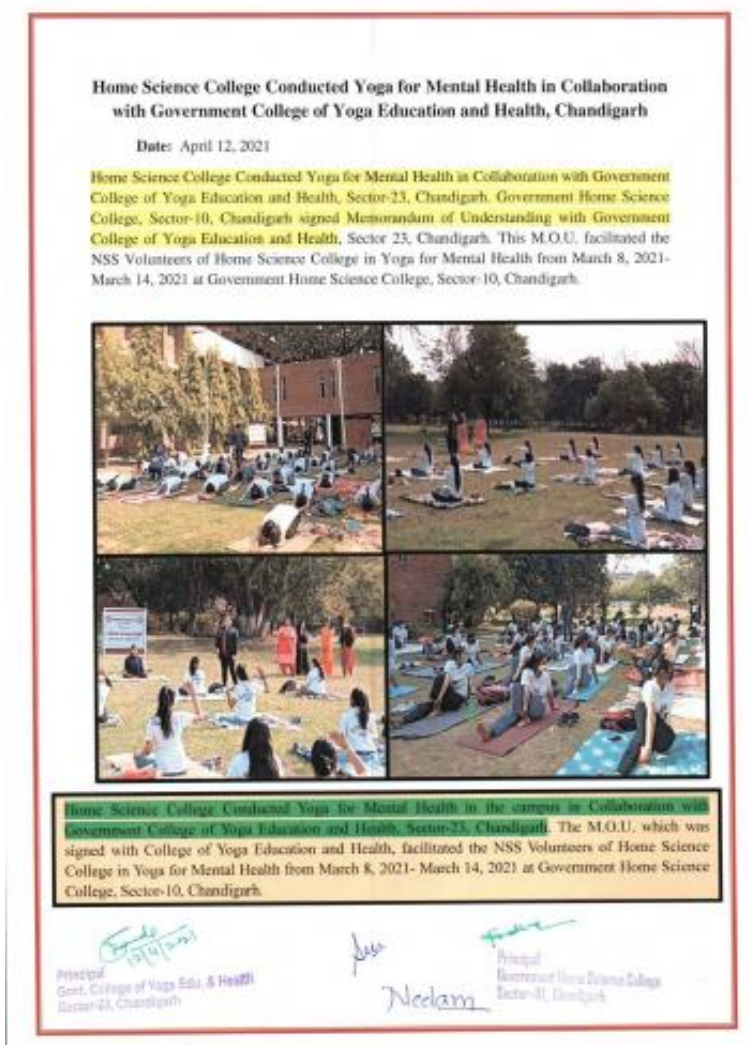
https://www.facebook.com/permalink.php?story_fbid=pfbid0wgkkjdz2rdabcohBJknw2B6EtWQKFAudfhZeBwzk3jfsbKVRy8iiRMQAXrUZFJBI&id=102325928229674

Instagram Link (uploaded on February 19, 2021):

<https://www.instagram.com/p/CLdya6hh7Qz/?igshid=NDk5N2NIZjQ=>

Activities under MoU

Activity No. 1



Home Science College Conducted Yoga for Mental Health in the campus in Collaboration with Government College of Yoga Education and Health, Sector-23, Chandigarh. The M.O.U. which was signed with College of Yoga Education and Health, facilitated the NSS Volunteers of Home Science College in Yoga for Mental Health from March 8, 2021- March 14, 2021 at Government Home Science College, Sector-10, Chandigarh.

Link of activity:

Facebook link:

https://www.facebook.com/permalink.php?story_fbid=pfbid02PwFy1SQN7pTHMQvZ6a3a8uoTynQz9bun1ruXVcHN65zQzzvHGPjq7dkdWr3CZtYl&id=102325928229674

Instagram Link:

<https://www.instagram.com/p/CNkv7dvhYYx/?igshid=NDk5N2NIZjQ=>

Activity No. 2

Home Science Students Participated in Panjab University Yoga Inter College Competition


Date: December 25, 2021

Link of

activity: https://www.facebook.com/permalink.php?story_fbid=pfbid117hps7uTRJfEgFis8WZoficxFTRAkMeuDhdApMaVbGaeKGeGUerw8vDdPRcjaBqwiknAl&id=102325928229674

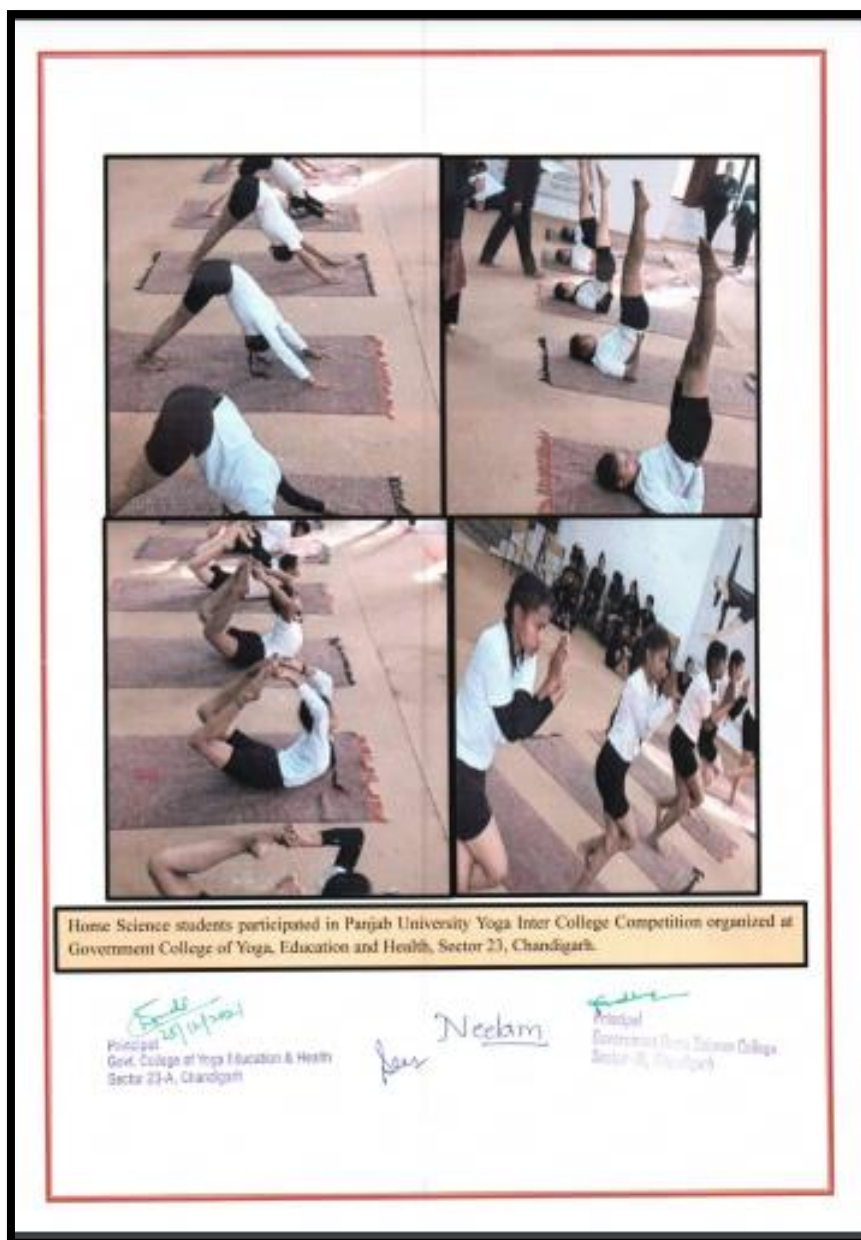
Home Science students participated in Panjab University Yoga Inter College Competition organized at Government College of Yoga, Education and Health, Sector 23, Chandigarh under the aegis of Directorate Sports, Panjab University on December 05, 2021. Prof. Sudha Katar, Principal of the college, highly appreciated the efforts of students and their mentees and motivated the students to participate in such events as sound mind resides in a sound body.


Principal
Govt. College of Yoga Education & Health
Sector 23-A, Chandigarh


Neebom

Jass


Principal
Government Home Science College
Sector-01, Chandigarh

Home Science students participated in Panjab University Yoga Inter College Competition organized at Government College of Yoga, Education and Health, Sector 23, Chandigarh.



Motivated students participating in Yoga in Inter college Yoga Competition.

Link of activity:

Facebook link (uploaded on December 24,2021):

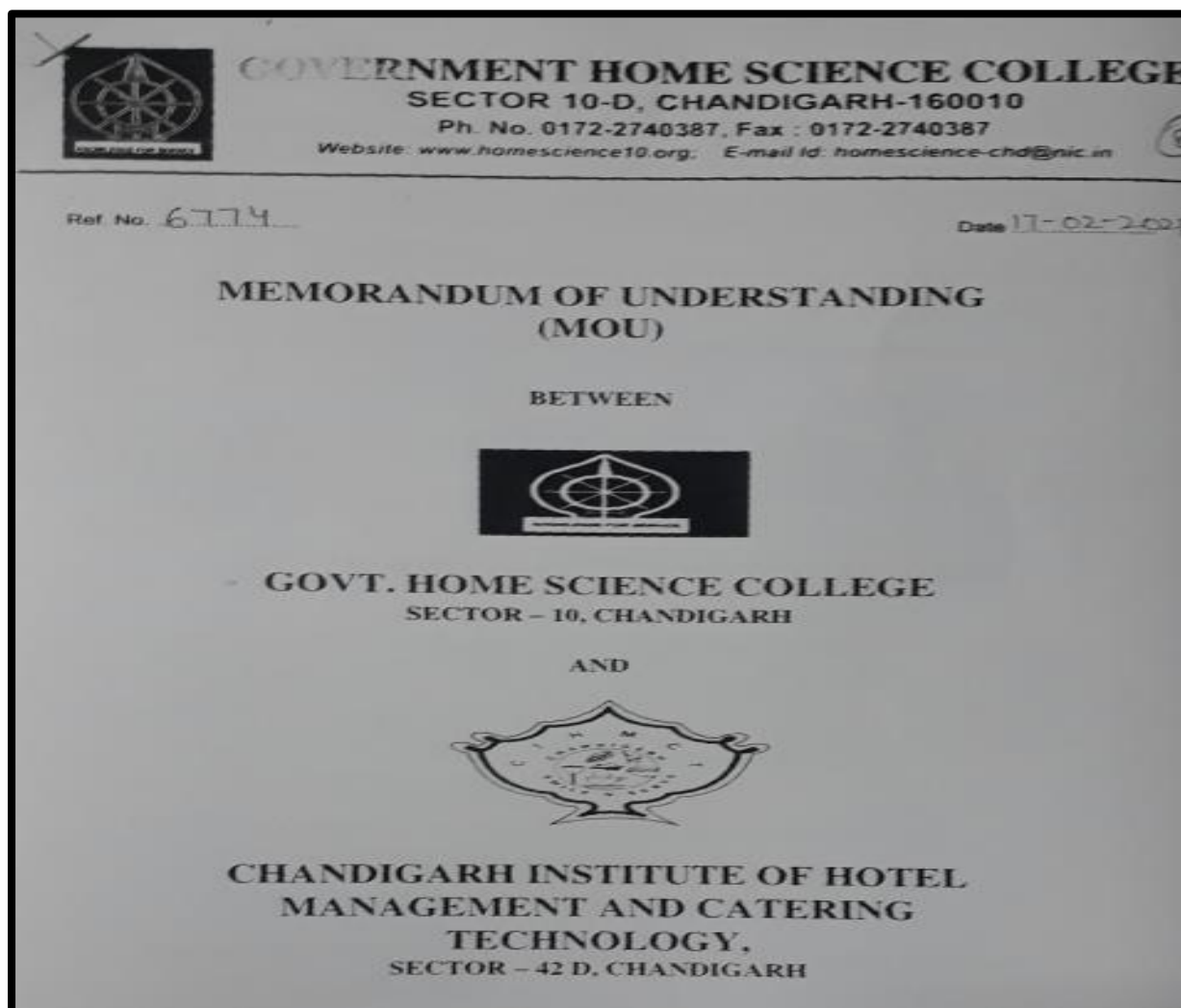
https://www.facebook.com/permalink.php?story_fbid=pfbid02hps7uTRJEgvFa8WZo6oxF3RAkMcqDhdApMaVbGaeKGcGUerw8yDiPRcjgBqwikoAl&id=102325928229674

Instagram Link(uploaded on December 25,2021):

<https://www.instagram.com/p/CX5cfaRvD0G/?igshid=NDk5N2NIZjQ=>

18.Chandigarh Institute of Hotel Management, Sector-42 (2021)

The e-copy of the MoU was signed on February 17, 2021 between Chandigarh Institute of Hotel Management & Catering Technology and Govt. Home Science College, Sector-10, Chandigarh.



BRIEF INTRODUCTION AND KEY FUNCTIONS OF BOTH ORGANIZATIONS

1. Govt. Home Science College, Sector – 10, Chandigarh:

Govt. Home Science College, Sector – 10, Chandigarh, is one of the pioneer institutes of Home Science in the country. Since its inception in 1961, it has grown into an excellent educational center satisfying the professional and specialized needs of contemporary women. Government Home Science College is affiliated to Panjab University, Chandigarh. The college offers the following courses -

- B.Sc. in Fashion Designing
- B.Sc. in Home Science (Dietetics, Apparel & Textile Design, Interior Design, Human Development & Family Relations)
- M.Sc. Home Science in Clothing and Textiles / Foods and Nutrition / Human Development and Family Relations
- Post Graduate Diploma in Child Guidance and family counseling / Fashion Designing / Nutrition and Dietetics
- PhD. in Home Science

Over the years, the college has built up great credibility and gained recognition as a premier Institute. Institution Ranking Framework (NIRF) has evaluated the college based on the basis of Teaching Learning and Resources (TLR), Research and Professional Practice (RP), Graduation Outcome (GO), Outreach and Inclusivity (OI), Perception. The college is proud to attain 86th rank in the NIRF ranking in year 2020 released by the MHRD and 72th rank in the year 2019.

2. Chandigarh Institute of Hotel Management and Catering Technology, Sector 42-D, Chandigarh:

Established in 1973 and affiliated to The National Council for Hotel Management, Noida (Under Ministry of Tourism Govt. Of India), Chandigarh Institute of Hotel Management and Catering Technology, formerly known as Food Craft Institute, Chandigarh, has been imparting hospitality education to students from all over India and is a prominent catering institute in the country. CIHM trains 360 students each year and grooms them into successful professionals for the hospitality and other allied industries. The Institute functions under the Chairmanship of Hon'ble Principal Secretary, Home and Tourism, U.T. Chandigarh. The Institute offers the following courses:-

- B.Sc. In Hospitality and Hotel Administration – 120 seats
- Five Diploma Courses in Hospitality operations - 240 seats

Besides imparting education, the Institute also undertakes the following activities:-

- Short courses for Youth and Housewives from time to time
- Capacity Building programmes for unorganized sector of hospitality industry
- Operates a 26 – room hotel, Chandigarh Beckons, for training purposes.

The Institute has been certified as the 'First' EAT RIGHT CAMPUS by *issai*, Govt. of India.

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (hereinafter called as MOU) is entered into on this 17th day of February, 2021 (17/02/2021), between

Govt. Home Science College, Sector 10, Chandigarh, The First Party, represented herein by its Principal (hereinafter referred to as **The First Party**)

AND

Chandigarh Institute of Hotel Management, Sector 42-D, Chandigarh, The Second Party, represented herein by its Principal (hereinafter referred to as **The Second Party**)

First Party and **Second Party** are hereinafter jointly referred to as '**Parties**' and individually as '**Party**'

RECITALS

Whereas: -

1. Both parties have somewhat similar contents in their syllabi, namely, Applied Nutrition, Food Science, Interior Design and Decoration and housekeeping.
2. Both parties desired to establish certain exchange programmes beneficial to the respective educational institutions and to promote the development of joint studies, research and training activities, and other educational exchanges of mutual interest.

Now therefore: -

In contemplation of the mutually beneficial relationships to be established, and in consideration of the mutual promises and covenants contained herein, the sufficiency of which is hereby agreed to and accepted, the parties agree as follows: -

AREAS OF COLLABORATION

Whereas both Parties: -

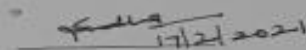
- A. Believe that collaboration and co-operation between themselves will promote more effective use of each of their resources and provide each of them with enhanced opportunities.
- B. Intend to co-operate and focus their efforts on research activities, expertise exchange programme, conducting lectures / seminars / workshops for the benefits of the students.
- C. **The Second Party** will extend placement support to the students of **The First Party**
- D. **The Second Party** will offer its training hotel, Chandigarh Beckons, to the students of **The First Party** for nutrition analysis of the hotel's menu, housekeeping and interior decoration as and when required.

RELATIONSHIP BETWEEN THE PARTIES

1. It is expressly agreed that **First Party** and **Second Party** are acting under this MOU as independent contractors, and the relationship established under this MOU shall not be construed as a partnership. Neither Party is authorized to use the other Party's name in any way, to make any representations or create any obligation or liability, expressed or implied, on behalf of the other Party, without the prior written consent of the other Party. Neither Party shall have, nor represent itself as having, any authority under the terms of this MOU to make agreements of any kind in the name of or binding upon the other Party, to pledge the other Party's credit, or to extend credit on behalf of the other Party.
2. The concerned department of both the institutions shares the responsibilities of coordination and execution of all the activities.
3. The MOU does not accrue any financial liabilities on either of the Parties and can be terminated at any time at the prior notice of the 30 days.

AGREED:

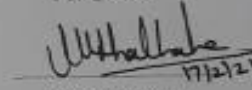
For GHSC


17/2/2021

(Prof. Sudha Katyal)
Principal

Govt. Home Science College, Sector -
10, Chandigarh
0172 - 2740387
Website: www.homescience10.ac.in

For CIHM


17/2/21

(Vishal Kalia)
Principal

Chandigarh Institute of Hotel Management,
Sector 42D, Chandigarh
0172 - 2676024
Website: www.cihmet.com

Activities under MoU


Activity no. 1

National Webinar on Millets at Home Science College

Date: 21 Feb 2022

Link of activity:
https://www.facebook.com/permalink.php?story_fbid=pfbid0TtiBBhc7jkz2aBp3EQFuFuNgcRcQts7PbdSSkUN2c1EhA4FsaomzmMdosujQ3nTC11&id=102325928229674

In sync with 2023 being declared as International Year of Millets by UN General Assembly, Govt. Home Science College in partnership with CIHM-42, organised a One Day National Webinar on "Entrepreneurial Development Through Value Added Miracle Millet Products." Dr. Pratibha Tewari, Principal Scientist and Head of Division, ICAR- CAZRI was the resource person. She gave insights on importance and nutritive value of Millets commonly consumed in the diet. The presentation was followed by a demonstration by Dr. Savita Singhal, Ex- Chief Technical Officer, ICAR-CAZRI. She gave a demo on laddoo and mathri using millets. The webinar was well attended by over 200 participants from the faculty and students of the college. Principal Prof. Sudha Katyal emphasized the need to incorporate these wonder grains to increase the nutritional content of our diets and avail their health benefits.



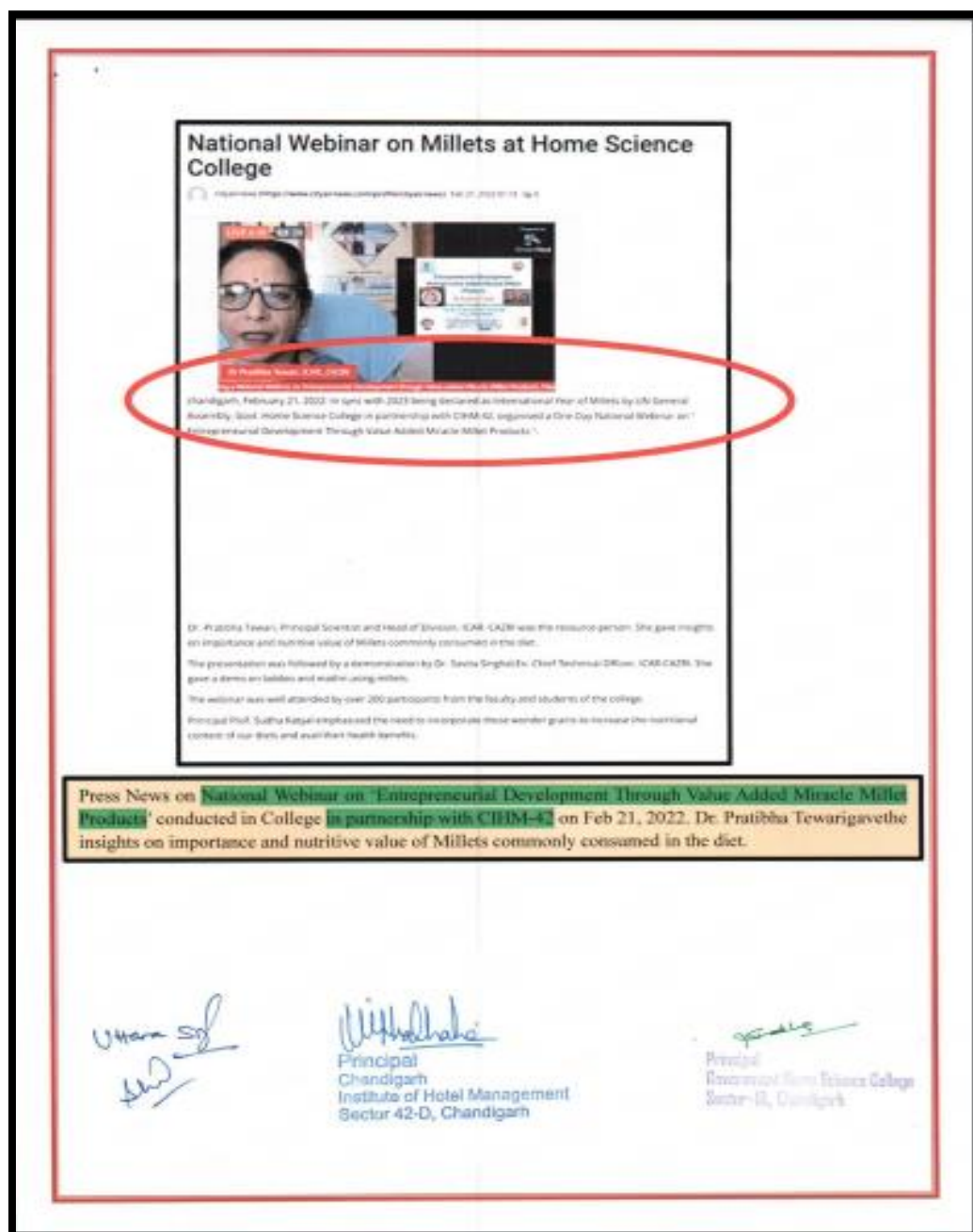
Brochure was circulated regarding the Webinar on awareness of millets as super foods where, Dr. Pratibha Tewari, Principal Scientist and Head of Division, ICAR- CAZRI, Jodhpur was the eminent speaker.

Usha Singh
Principal
Chandigarh
Institute of Hotel Management
Sector 42-D, Chandigarh

[Signature]
Principal
Government Home Science College
Sector-12, Chandigarh

One Day National Webinar on Entrepreneurial Development through Value Added Miracle Millet Products speaker Dr. Pratibha Tewari gave the insights on importance and nutritive value of Millets commonly consumed in the diet.

News coverage by City Air News on February 21,2021



The presentation was followed by a demonstration by Dr. Savita Singhal, Ex- Chief Technical Officer, ICAR-CAZRI who gave a demo on making of laddoo and mathri using millets.

Link of activity:

Facebook link (uploaded on February 1, 2022)

https://www.facebook.com/permalink.php?story_fbid=pfbid0TtiBBhe7tkz2aBg3EQEqFuNpcRcQts7PbdS5kUN2c1EbA4FuomzmMdsujQ3nTC1l&id=102325928229674

Instagram Link (uploaded on February 19 & 22, 2021):

<https://www.instagram.com/p/CaJeQifve5U/?igshid=NDk5N2NIZjQ=>
<https://www.instagram.com/p/CaP9yOOPKrC/?igshid=NDk5N2NIZjQ=>

19. Nivedita Charitable Trust, PGIMER, Chandigarh (2021)

The e-copy of the MoU was signed on December 31, 2021 between Nivedita Charitable Trust, PGIMER, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.





The MoU was signed on December 31, 2021 between GHSC-10 and Nivedita Charitable Trust, PGI to foster the collaboration between both parties for the successful implementation of Aahar Kranti Mission.

Activity

Cookery Competition on Millets was organized At Home Science College

Date: April 02, 2022

Link of

activity:https://www.facebook.com/permalink.php?story_fbid=pfbid0XPBkuSvH6EHZ2V5nqHrbVb3S3JE5pyok27wNyMfCXaJaeRFhUqorwtenQHV5nrBYI&id=102325928229674

Government Home Science College in collaboration with Aahar Kranti (Nivedita Charitable Trust) organised a cookery competition on the campus today to promote the use of millets. An online slogan writing competition on the same theme was also organised. More than 50 undergraduate and post-graduate students participated in the competition. Exotic and innovative recipes such as ragi millets pizza, bajra discs, ragi pancakes, harrebhara fritters were prepared. Larfgeet was awarded first prize for her innovative Raagi- fitters. Prabhjot, Anupreet and Pranamika were awarded the second prize for their delicious Pan-Cake Ragi chocolate, NachniLadoo and chulailadoo respectively. The third prize was given to Rashmita and Garima for their nutritious Millet Samosa and Coconut Ragi Pudding. Consolation prizes were also given to boost the enthusiasm of the participants. Dr. Virender Garg, MD (Radiology), OSD to President, PGIMER, Chandigarh was the chief guest of the event. Dr. Garg is also the Chief Patron of Aahar Kranti project, with a mission to promote the use of wonder grains- millets. The principal of the college, Prof. Sudha Katyal, was also one of the judges for the event. She congratulated the students for coming up with innovative and nutritious recipes using the grains of tomorrow- millets.



Uttara Singh

Dr. Virender Garg

Prof. Sudha Katyal

Principal
Government Home Science College
Sector-10, Chandigarh

This project enables to promote the welfare of the community by addressing their food habits and improve their health status against

Link of activity:

Facebook link (uploaded on April 02,2022):

https://www.facebook.com/permalink.php?story_fbid=pfbid0XPBkuSvH6EHZ2V5nqHrbVb3S3JE5pyok27wNyMfCXaJaeRFhUqorwtenQHV5nrBYI&id=102325928229674

Instagram Link(uploaded on April 02,2022):

<https://www.instagram.com/p/Cb2U-o8PIT2/?igshid=NDk5N2NIZjQ=>

Cookery competition on millets organised at Home Science College

City Air News (<https://www.cityairnews.com/profile/cityairnews/>) Apr 2, 2022 06:00



Chandigarh, April 2, 2022: Government Home Science College in collaboration with Aahar Kranti (Nivedita Charitable Trust) organised a cookery competition on the campus today to promote the use of millets. An online slogan writing competition on the same theme was also organised.

In collaboration with Aahar Kranti (Nivedita Charitable Trust), our college organized a cookery competition on the campus to promote the use of millets. More than 50 students participated in the competition. Innovative recipes viz. ragi millets pizza, bajra discs, ragi pancakes, harrebhare fritters were prepared. Dr. Virender Garg, MD (Radiology), OSD to President, PGIMER, Chandigarh was the chief guest of the event. Dr. Garg is also the Chief Patron of Aahar Kranti project, with a mission to promote the use of wonder grains- millets.

Uttara Singh

[Signature]

[Signature]
Principal
Government Home Science College
Sector-13, Chandigarh

20. Institute for the Blinds (2022)

The MoU was signed on August 1, 2022 between Institute for Blinds, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.



Government Home Science College
Sector 10, Chandigarh-160010
Ph. No. : 0172-2740387 Fax: 0172-2740387
Website: www.homescience10.org Email ID: homescience-chd@nic.in



This Memorandum of Understanding has been signed on Date 25-07-2022

Institute for the Blind, Sector 26, Chandigarh
And

Government Home Science College, Sector-10 D, Chandigarh

Institute for the Blind, Sector 26, Chandigarh represented by the Principal of the Institute.

Ever since its formation in 1972, the Society for the Care of the Blind, Sector 26, Chandigarh (Regd.) has been actively engaged in the Education, Training & Rehabilitation of Blind children and also working for the prevention of Blindness. The Society runs the Institute for the Blind, Sector 26, Chandigarh. The Advisor to the Administrator, UT, Chandigarh is Ex-Officio President of the Society for the care of blind.

Whereas both the parties having common goal and interest in the mainstreaming of visually challenged children and have arrived at consensus to work together in following fields:


1. That college will encourage the students to conduct stimulating activities for holistic development for the students of Institute for the Blind.
2. That college will provide guidance for the diet and counseling services to the students of Institute for the Blind.
3. That college and Institute for the Blind will jointly organize sessions and talks to sensitize students and public about the needs and rights of special children.
4. That the college would promote the sale of products made by students of Institute for the Blind in various entrepreneurships Melas/Fests.
5. That the college would extend all possible support for mutually beneficial socially relevant community activities.
6. This Memorandum of understanding does not accrue any financial and legal liability on either of the parties.
7. The Memorandum of Understanding can be terminated at any time by either of the parties.

AND

Government Home Science College, Sector-10, Chandigarh represented by the Principal of the college.

Government Home Science College, Sector-10, Chandigarh is recognized as one of the pioneer and premier institutes of higher learning and research in Home Science since 1961 and affiliated to Panjab University, Chandigarh Institution accredited with NAAC Grade 'A' and achieved NIRF ranking to 46 for the successful commitment to professional growth and fulfilling specialized developmental needs of contemporary women. Home Science is a unique field of knowledge. The college offers Graduation degree in Home Science with specialization in Human Development, Apparel and Textile Design, Dietetics, Interior Design Resource Management and Fashion Designing, Post-graduation specialization in Human Development, Textile and Clothing, Foods and Nutrition along with PhD in Home Science. The need-based Postgraduate Diplomas in Fashion Designing, Nutrition and Dietetics and Child Guidance and Family Counselling are also offered. Education in Home Science empowers the women at personal, professional, social, entrepreneurial and economic fronts along with quality life. The institute aims to prepare young girls into a skilled human resource with rich moral and social values who can give their best for the national development.


Principal
Institute for the Blind
Sector-26, Chandigarh
160019


Principal
Govt. Home Science College
Sector-10-D, Chandigarh
160011

**Activity under MoU
Activity No. 1**

**Celebrations of Har Ghar Tiranga Campaign with the Inmates of Institute
for the Blind under the Society for the Care of Blind, Sector-26,
Chandigarh**

Date: August 13, 2022

To mark the momentous occasion of 75th Year of India's Independence (August 15, 2022), more than 80 NCC Cadets celebrated 'Har Ghar Tiranga' Campaign under the aegis of Azadi Ka Amrit Mahotsav with inmates of Institute for the Blind under Society for the Care of Blind, Sector-26, Chandigarh. Bringing the flag home collectively as a nation in the 75th year of independence becomes symbolic of not only an act of personal connection to the Tiranga but also an embodiment of our commitment to nation-building. The idea behind the initiative was to invoke the feeling of patriotism in the hearts of inmates of institute for blind and to promote awareness about the Indian National Flag amongst them. The event was organised from 13th-15th August, 2022.



Neelam
Principal
Institute for the Blind
Sector 26, Chandigarh

[Signature]
Principal
Sri Aurobindo College
Sector-11, Chandigarh

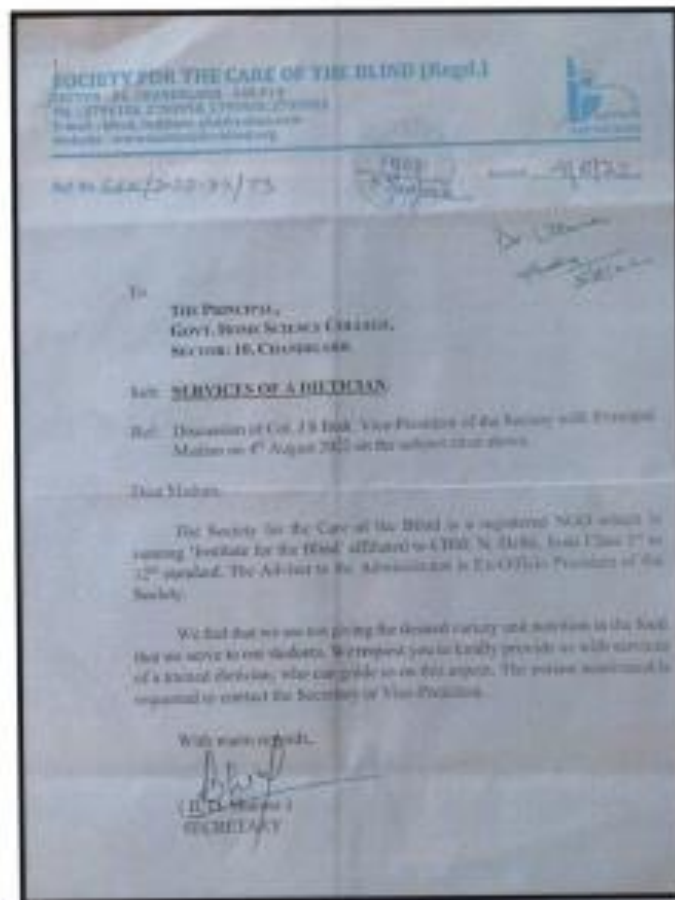
Celebration of Har Ghar Tiranga Campaign in Collaboration with Institute for the Blinds

Activity No. 2

Service of Diitian/nutrition expert to add Healthy Meals in Mess

Date: August 5, 2022

Dr. Uttara Singh from Govt. Home Science College has provided guidance and suggested variety of healthy menus to the institute. The mess menus have been thoroughly checked and advised healthy meals for the students.






Principal
Institute for the Blind
Sector 26, Chandigarh

Uttara Singh
Neha
Neelam

Principal
Government Home Science College
Sector-16, Chandigarh

21. Furnfluffs Animal Welfare Association, Panchkula (2022)

The MoU was signed on August 5, 2022 between Furnfluffs Animal Welfare Association Panchkula and Govt. Home Science College, Sector-10, Chandigarh.

	GOVERNMENT HOME SCIENCE COLLEGE SECTOR 10-D, CHANDIGARH-160010 Ph. No. 0172-2740387. Fax : 0172-2740387 Website: www.homescience10.org. E-mail Id: homescience-chd@nic.in	
Ref. No. GHSC.10/STENO/2022/1847	Date 05/08/2022	
	Memorandum of Understanding	
This Memorandum of Understanding has been signed on Date 05 th August, 2022		
Govt. Home Science College, Sector-10, Chandigarh		
And		
Furnfluffs Animal Welfare Association, Panchkula		
1. People for Animal Welfare Society (PAWS), Govt. Home Science College, Sector-10, Chandigarh represented by the Principal of the college		
<p>Govt. Home Science College, Sector-10, Chandigarh is one of the pioneer institutes of Home Science in the country accredited with NAAC Grade 'A'. Since its inception in 1961, it has grown into an excellent educational centre satisfying the professional and specialized needs of contemporary women. Government Home Science College is affiliated to Panjab University, Chandigarh. The college offers B.Sc. in Fashion Designing, B.Sc. in Home Science, M.Sc. Home Science in Clothing and Textiles/Foods and Nutrition/Human Development and Family Relations, Post Graduate Diploma in Child Guidance and Family Counseling/ Fashion Designing/Nutrition and Dietetics and Ph.D. in Home Science. Over the years, the college has built up great credibility and gained recognition as a premier institute. The college has been attaining top most position in the city colleges in NIRF ranking (National Institution Ranking Framework) consecutively for the last four years. The college has bagged 46th rank in the NIRF ranking 2022 released by the MHRD, GOI.</p> <p>The college is not only committed to holistic development of students rather it is also dedicated towards maintaining a healthy eco-system towards the welfare of all species on this planet. For</p>		



GOVERNMENT HOME SCIENCE COLLEGE

SECTOR 10-D, CHANDIGARH-160010

Ph. No. 0172-2740387, Fax : 0172-2740387

Website: www.homescience10.org. E-mail Id: homescience-chd@nic.in

Ref. No. GHSC10/Steno/2022/1847

Date 05/08/2022

accomplishing this purpose, the college has established PAWS 'People for Animal Welfare Society' for the welfare of dogs and birds inside the college campus. It is first of its kind initiative which aims to sensitize students regarding animal welfare which fosters an environment of respect and dignity between humans. It also strives for promoting compassion and empathy for all living beings. **The college has adopted eight stray dogs** and is fully devoted towards their needs for survival which includes food, shelter and clothing.

AND

2. Furnfluffs Animal Welfare Association, Panchkula

Furnfluffs Animal Welfare Association is a private company incorporated on 27 July, 2021 and works tirelessly for the welfare and rescue of animals. It is classified as a not for profit company and is located in Panchkula, Haryana. The Corporate Identification Number (CIN) of Furnfluffs Animal Welfare Association is U85300HR2021NPL096589. The registered office of Furnfluffs Animal Welfare Association is at 951 Sector 8, Panchkula, Haryana. Furnfluffs Animal Welfare Association plays a major role in providing all types of medical treatment which includes consultancy, OPD, surgeries and breed pet fostering.

Whereas both the parties have common goal and interest for working at grass root level for the welfare of animals

1. That the Furnfluffs Animal Welfare Association shall assist the college in sterilisation, vaccination and treatment of animals.
2. That both parties will jointly organize community participation activities in sensitizing people about animal welfare on mutually agreed upon topics from time to time.
3. That the Furnfluffs Animal Welfare Association shall assist the college in organizing grass root level exposure by inviting eminent social workers and technical experts from



GOVERNMENT HOME SCIENCE COLLEGE
SECTOR 10-D, CHANDIGARH-160010

Ph. No. 0172-2740387, Fax : 0172-2740387

Website: www.homescience10.org; E-mail Id: homescience-chd@nic.in

Ref. No. GHSC10/Steno/2022/1847

Date 05/08/2022

time to time to promote compassion and empathy for all living beings. The college on the other hand, would extend all possible support for mutually beneficial socially relevant community activities for the welfare of dog/ animals.

4. The MOU does not accrue any financial or legal liability on either of the parties and can be terminated at any time.

Pankaj Khandelia

Director
Furnfluffs Animal Welfare Association
Sector-8, Panchkula

Dr. Sudha Katyal

Principal
Govt. Home Science College,
Sector-10, Chandigarh


Activity with MoU Activity

Medical Treatment & Sterilisation of Adopted Dogs of College by Furnfluffs Animal Welfare Association, Panchkula.

Date: August 17, 2022

Furnfluffs Animal Welfare Association extended its support in providing free medical treatment and sterilisation to adopted dogs of the college on 17 August, 2022. The college has adopted 8 stray dogs and is fully devoted towards their survival and medical needs. The association played a major role in providing medical facilities to the college and contributed significantly as our partner in striving for promoting passion and empathy for all living beings.




Principal
Bachchanand College, Panchkula
Sector-17, Chandigarh





22. Skill Labs Resources Pvt. Ltd, Chandigarh (2022)

The e-copy of the MoU was signed on August 25, 2022 between Skill Labs Resources Pvt. Ltd, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.

GOVERNMENT HOME SCIENCE COLLEGE
SECTOR 10-D, CHANDIGARH-160010
Ph No. 0172-2740387, Fax : 0172-2740387
Website www.homescience10.org; E-mail id: homescience-chd@nic.in

Ref. No. GHSC-10/SKLRS/2022/2103-A Date 25/08/2022

GENERAL
This Agreement will become effective upon the date of signature by both Parties. It shall remain functional lifelong till the time it is terminated by any of the two parties, with the understanding that it may be modified/ amended by written mutual consent of both Parties.

- All notices, requests or other communications here under shall be sent in writing and addressed to the Nodal Officer of the Campus or the Director of Skill Labs as the case may be.
- Both parties believe that close co-operation between the two would be of mutual benefit to the student community to enhance their skills and knowledge as well as to provide handholding to the budding entrepreneurs.
- The exposure provided to students and faculty through this association will build confidence and prepare the students to have a smooth transition from academic to entrepreneurial career.
- Any dispute(s) arising out of or in connection with this MoU shall be resolved amicably between the authorized representatives of both the parties. The MOU does not accrue any financial liability on either of the parties and can be terminated at any time.

Through its Authorized Signatory
Witness
In the presence of
Principal
Govt. Home Science College
Sector-10, Chandigarh

Through its Authorized Signatory
Witness
In the presence of
Director & Founder
Skill Labs,
(A DPIIT, Govt. of India Start-Up)

Ref. No. GHSC-10/SKLRS/2022/2103-A Date 25/08/2022

subject or context shall include its successors-in-office, administrators and assigns) Skill Labs Resource Pvt. Ltd, represented here in by its Director (here in after referred to as 'Second Party', company which expression Unless excluded by or repugnant to the subject or context shall include its successors -in-office, administrators and assigns).

OBJECTIVES

- Enhance ecosystem of experiential learning engaging students in beyond classroom by working on various tools, techniques, projects, internships and acquire add-on industry certifications for better employability and meaningful placement opportunities.
- Promote culture of **Entrepreneurship and Self-employment** amongst the students, enable them to start their own ventures and become job providers rather than job seekers.
- Nurture **Innovation and creativity** for better performance in work and life situations.
- To promote **Industry-academic partnerships** by meaningful exchange of resources for mutual value creation by promoting research & consultancy suited to mutual needs.

TYPES OF COOPERATION: The Parties agree to the following activities under this association on mutual cooperation basis:

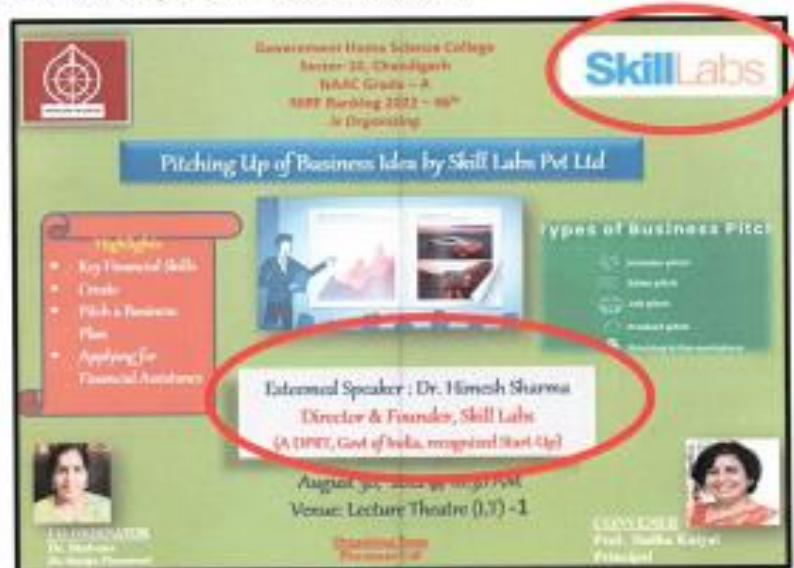
- Conduct Webinars/Seminars/Workshops on topics relevant to the stream of Home Science and those related to promotion of Entrepreneurship opportunities and support system for students to run own enterprises, venture creation for women entrepreneurship.
- Provide Projects and Internship opportunities for students.
- General career guidance and counseling.
- Promoting, facilitating and executing various local community services.
- FDPs & MDPs for faculties and industry professionals
- Expert sessions of various eminent speakers.
- Conduct placement drives at campus and off campus.
- CSR activities for college to create self-sustainability.
- Create better alumni connect.
- Create research and consultancy assignment between industry and institution.
- Facilitate financial lab cum incubation center in campus to have experiential learning for students and promote entrepreneurial culture and mindset.
- Involve College Faculty for Expert Talks/ Training Programs/ Lectures.

Activity with MoU Activity

Workshop on Pitching Up of Business Idea by Skill Labs Pvt Ltd

Date: August 30, 2022

The Placement and Entrepreneurship Cell of Govt Home Science College conducted Workshop on Pitching Up of Business Idea in collaboration with Skill Labs Pvt Ltd on August 30, 2022. Dr. Himesh, Director and Founder of the Skill labs Pvt. Ltd, carried out a brain storming session with Undergraduate and Post graduate students of the college regarding pitching up of business idea. The students were guided regarding how to develop an innovative idea for a product that solves customer's unmet needs and then create a scalable business model for their start-up. Mr. Sharma shared that time, money, and resources are three common filters that every successful entrepreneur must use to hone in on their entrepreneurial skills. Budding entrepreneurs must evaluate each idea by carrying out its SWOC analysis to make it practically feasible. The students were also guided about various digital platform where they can start from exhibiting and selling their products. Principal Prof Sudha Katyul urged and encouraged the students to participate in such workshops with more zeal and enthusiasm as it will help them to become self- dependent and earn while they learn.



Brochure was circulated regarding the lecture on 'Pitching Up of Business Idea' where, Dr. Himesh Sharma, Director & Founder of Skill Labs was the expert speaker.



Dr. Himesh, Director and Founder of the Skill Labs Pvt. Ltd. carried out a Brain Storming Session



Dr. Himesh, Director and Founder of the Skill labs Pvt. Ltd. carried out a brain storming session with Undergraduate and Post graduate students of the college regarding pitching up of business ideason August 30, 2022. The students were guided regarding how to develop an innovative idea for a product that solves customer's unmet needs and then create a scalable business model for their start-up.

Dr. Himesh
Shaw
Associate

[Signature]
Principal
Government Home Science College
Sector-01, Chandigarh

News Coverage by City air news (September 22, 2022)

The screenshot shows a news article from 'City Air News' dated September 22, 2022. The headline is 'Skill Enhancement and Start-Up Building Session at Govt Home Science College'. The text below the headline states: 'The placement cell of Govt Home Science College in collaboration with Skill Labs Pvt. Ltd organized a "Skill Enhancement and Start-Up Building Session" for its students as a part of its MOU with this start-up.' Below the text are social media sharing icons for Facebook, Twitter, LinkedIn, Email, Print, and a share icon. A large photograph shows a man in a dark suit and light-colored trousers standing at the front of a lecture hall, holding a tablet and addressing a group of students seated at wooden desks. Below the main image is a section titled 'Project Hallmarks' with four small images showing architectural renderings of buildings. At the bottom of the screenshot, there is a caption: 'DHANDEGARI, September 22, 2022: The placement cell of Govt Home Science College in collaboration with Skill Labs Pvt. Ltd organized a "Skill Enhancement and Start-Up Building Session" for its students as a part of its MOU with this start-up. The focus of the session was to orient the students with the basic know-how of entrepreneurial/ startup journeys. The resource person for the session was Dr Himanshu Sharma, Director and founder of Skill Labs.'

Link of Activity:

Facebook Link (uploaded on September 22,2022):

https://m.facebook.com/story.php?story_fbid=pfbid02jMTc2hFTgGw1UbAbWc6zDsKLG5dmXu29q7Cnrd4yHxzXAszC5UeB1evx4YGTs1qAl&id=100063919100028&mibextid=Nif5oz

Instagram Link (uploaded on September 22,2022):

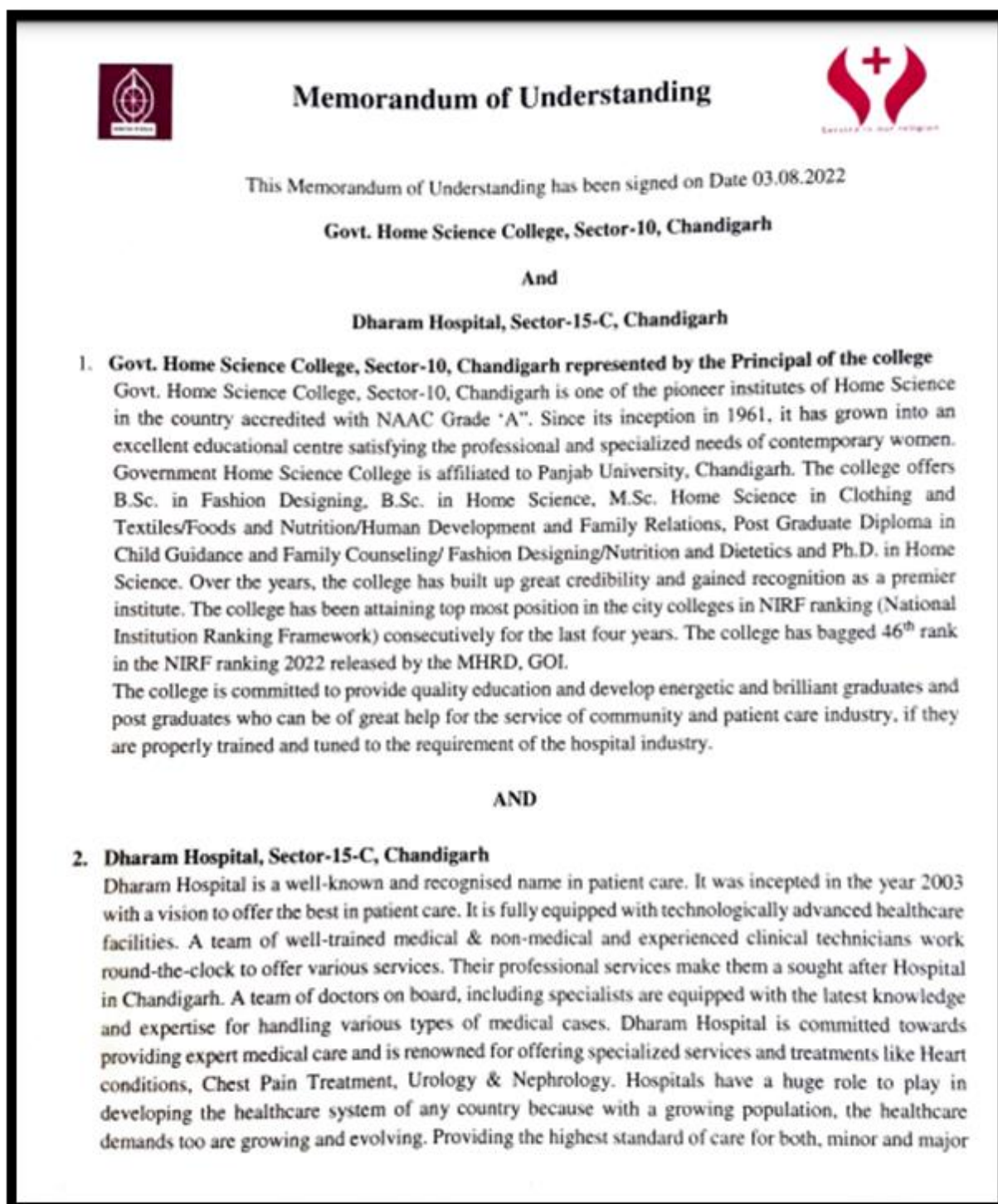
<https://www.instagram.com/p/Ciz5LIIvqm4/?igshid=YmMyMTA2M2Y=>

College Website Link (uploaded on September 22,2022):

<https://homescience10.ac.in/news-events?page=2>

23. Dharam Hospital, Sector- 15 (2022)

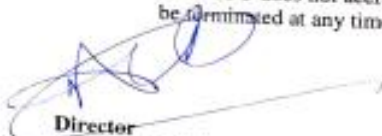
The MoU was signed on August 3, 2022 between Dharam Hospital, Sector-15, Chandigarh and Govt. Home Science College, Sector-10, Chandigarh.




health issues, hospitals create a safe place for the patients by offering end-to-end clinical, surgical and diagnostic services.

Whereas both the parties have common goal and interest for working at grass root level for the welfare of students and have agreed to work together in following fields:

1. That Dharam Hospital shall support the college in conducting health melas.
2. That the Dharam Hospital will provide medical facilities and help to college students during any medical emergency.
3. That the college would extend infrastructure facilities for organizing health related events, workshops and seminars.
4. That both parties will jointly organize activities for the welfare of students on mutually agreed upon topics from time to time.
5. The MOU does not accrue any financial and legal liability on either of the parties and can be terminated at any time.


Director
Dharam Hospital
Sector 15-C, Chandigarh

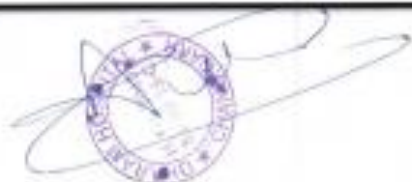

Principal
Govt. Home Science College
Sector-10, Chandigarh

Activity under MoU Activity

Donation of wheelchair to the college by Dharam Hospital

Date: August 16, 2022

With a vision to offer best & committed health care services to society, Dharam Hospital sponsored two wheelchairs for rendering help to the students during the time of any emergency on August 16, 2022. Principal of the college, Prof. Sudha Katyul highly applauded their gesture towards the welfare of college students.



Sudha Katyul
Sudha Katyul

Sudha Katyul
Principal
Government Arts Science College
Raipur-11, Chhattisgarh

Wheel chair donated by Dharam Hospital