



**GOVERNMENT HOME SCIENCE COLLEGE  
SECTOR-10, CHANDIGARH**

**NAAC ACCREDITED GRADE 'A'**

**NIRF INDIA RANKINGS 2022 of Ministry of Education, GOI : 46th**



**3rd Cycle  
Assessment & Accreditation by NAAC  
CRITERION-V  
STUDENT SUPPORT AND PROGRESSION**

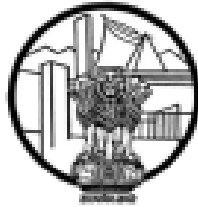


**METRIC - 5.4**  
**Alumni Engagement**  
**(Additional Information)**

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## Certificate of Registration



### CHANDIGARH ADMINISTRATION

#### Acknowledgment Receipt

Ref.No. DC-RIA-RS/2023/00011

Date :16/02/2023

Dear ANUJA MALIK,

Your application for Registration of Society M/s. HOME SCIENCE ALUMNI ASSOCIATION CHANDIGARH, GOVERNMENT HOME SCIENCE COLLEGE, SECTOR 10, CHANDIGARH has been successfully submitted. Your reference number is DC-RIA-RS/2023/00011.

**Payment details: -**

1602230027100,

Order Number:	NT-5180-320886971
Bank Transaction Number:	NA
Bank Txn Date:	02/16/2023 16:57:03
Amount:	500.00
Status:	Success

Thanks for applying !

Regards,  
RIA, Branch  
Deputy Commissioner Office,  
Sector 17,U.T., Chandigarh

## Office Bearers

<b>Year</b>	<b>Alumni members</b>
<b>2017-2019</b>	<b>President:</b> Mrs Jatinder Rai <b>Vice President:</b> Mrs Asha Gupta
<b>2019-2022</b>	<b>President:</b> Dr Poonam Aggarwal Thakur <b>Vice President:</b> Mrs Manisha (Chief Dietician) <b>Secretary:</b> Prof. Reetider Brar <b>Treasurer:</b> Mrs Manpreet Kaur <b>Executive members:</b> Mrs Harpreet Kaur Dr. Neha Sharma Mrs Anila

## Illustrious and Prominent Alumni

The college boasts of an **Illustrious and prominent alumni**, many of whom are dedicating their lives to service through various roles in community and are making tremendous contributions to the society in different fields of **education, judiciary and business**.



Justice Sabina, High Court Judge



Dr. Poonam Aggarwal, Principal, NIFT, Mohali



Dr. Krishna Khambra, Professor, College Of Home Science, CCSHAU, Hisar



Dr. Surjeet Patheja, Principal, Khalsa College for Women Sri Guru Hargobind Sahib



Dr. Abha Khetarpal, Principal, D.A.V. College for Girls, Yamunanagar



Mrs. Bela Kapoor, Associate Professor, Institute of Home Economics, New Delhi



Nandani Pathania, Associate Professor, St. Bede's College, Shimla



Dr. Radha Kashyap, Professor & Head, Deptt. of Fashion & Textile Technology, The IIS University, Jaipur





**Dr Sapna Nanda**  
**Principal, Government College of**  
**Education ,Sector- 20D,Chandigarh**



**Dt. Manisha**  
**Chief Dietician**  
**Government Medical College and**  
**hospital , Sector 16,Chandigarh**



**Alumni, Mrs. Sonika Shandilya (B.Sc. Home Science- Batch 1993-94) is a famous**  
**Author of book "Tinkling of the Bell before it Rings"**

The college boasts of alumni as **successful entrepreneurs** running their own **startups** such as **Cookie's Jar, Khadi Plus, Dietaura, The Knot Store** to name a few.

Mrs Marwaha has been time and again conducting demonstrations and sponsoring various events in the college

## Name of the startup: **COOKIE'S JAR**



**Cookie Marwaha**  
Alumni  
**B.Sc. Home Science**  
Batch: 1975

Year of establishment: 1980  
Items: Cakes, Desserts, Whole food

Instagram link:  
[https://instagram.com/cookie\\_marwaha?igshid=042fun0621ws](https://instagram.com/cookie_marwaha?igshid=042fun0621ws)

1230  
followers



**Dt. Shreya runs more than 12 outlets of her diet clinic in India and abroad**

## Name of the startup: **DIET CLINIC**



**Shreya**  
Batch: 2006  
**P.G. D in Nutrition & Dietetics**

**More than 12 outlets**  
**running all over India**  
**& Abroad**  
**(Dubai & London)**



Drinks to Consume after Meals for

**WEIGHT LOSS**

**BREAKFAST**  
Ajwain water with lemon

**LUNCH**  
Zeera/ Methi water with lemon

**DINNER**  
Chamomile water or lukewarm water

**EFFECTED AGE GROUP**

Age	%
0-20	1.1%
21-44	7.9%
45-64	38.2%
65-Older	52.8%

**SYMPTOMS**

- Persistent cough or blood-tinged sputum
- A change in bowel habits
- Blood in the stool
- Breast lump or breast discharge
- Lump in the testicles

**WORD EFFECTS**

- Swallow
- Nausea & vomiting
- Blood disorders
- Low platelet count & red blood cell

**DIET TIPS FOR CANCER**

- High protein: Soybean, green, chickpea & egg
- Healthy fat: Olive oil, coconut, flaxseed, linseed
- Salt water: Lemon, vegetable
- Reduce: Alcohol, tobacco, sugar, stress, fried

**CANCER**





Alumni Dietitian Shreya being felicitated for being a successful entrepreneur by Education Secretary, Shri B.L.Sharma and DHE, Shri Rubinderjit Brar



The roundabout of Sector 43, Chandigarh is maintained by Dt. Shreya.



Our College Alumna Ex- President is the proud Principal of NIIFT, Mohali and Ludhiana.  
She owns a Khadi based brand in Apparel as well.

## Name of the startup: KHADI PLUS (Khadi based brand in Apparel)



**Dr. Poonam Aggarwal**  
**Masters in Clothing & Textiles**  
**Batch: 1996**

Principal , NIIFT, Mohali  
Freelance Designer  
Honorary Head Designer-  
KHADI plus (Khadi based  
brand in Apparel)



Ms.Nidhi Bimal, student of M.Sc (Clothing & Textile) is successfully running her start-up 'The Knot Store' and has done interiors with macramé of Hotel – The Reef, Sector -7, Chandigarh

Start up: The\_knot\_store



Ms. Nidhi Bimal  
M.Sc. Clothing And Textile  
(2020-2022)  
Entrepreneur

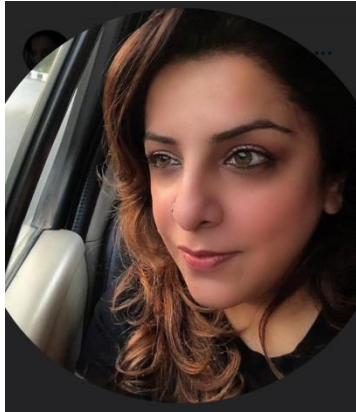


Has done interiors with macrame  
of hotel The Reef Sector 7,  
Chandigarh



Follow her:- [https://instagram.com/the\\_knot\\_store?r=nametag](https://instagram.com/the_knot_store?r=nametag)





**Kaveri Ahuja Singh ,an alumna of the college runs a famous Salon and Designer Studio in Sector 7 and 8 Chandigarh.**



The college Alumni provides support to the college to conduct various outreach activities. They provided sewing machines for the Day-Nulm project.

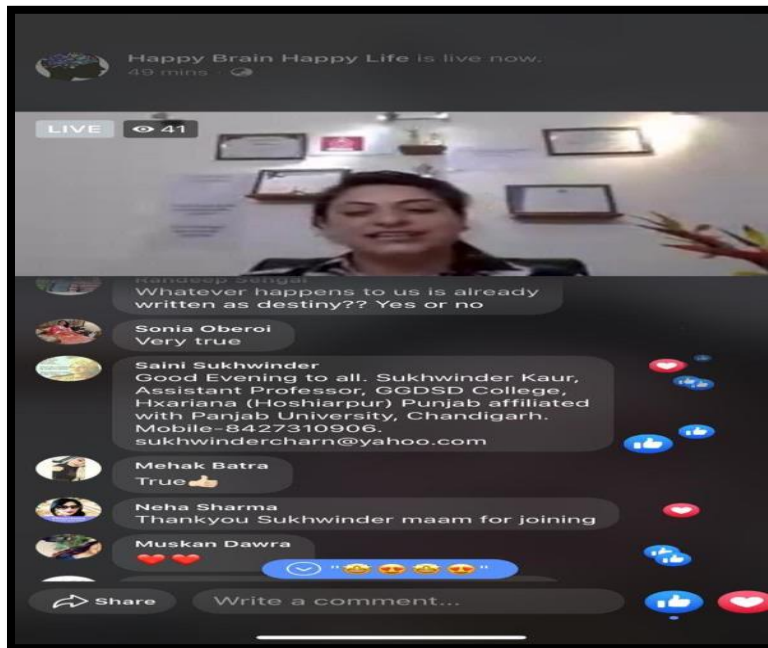


Ms Preeti Sharma , M.Sc Clothing and Textiles (2021) a fashion designer has designed costumes for the famous serial Udaariyan on Colors TV





**Our alumna** has been conducting live webinars for staff, students and children on various issues ranging from training oneself to be happy, dealing with exam stress to enhancing creativity .



**Ms Bhawna Garg** conducting a workshop on **‘Train you Brain to be Happy’** for the staff and students.



**Motivational Speaker  
Human Development Expert  
Free Lancer**

**Anjali Taneja  
PG Diploma in Child Guidance &  
Family Counselling,  
Batch: 2015**



**Our Alumna who are working as a counsellor, delivers lectures and provides internship opportunities to students.**

**Owner :**  
**Assets Life Skills & Counsellor Centre**



**Dr. Vasudha Aggarwal**  
**M.Sc. in Child Development**  
**Batch: 2001**



**ASSETS**  
**Assets Life Skills & Counsellor Centre**

With international theatre expert "SHUBA" Subhash Bhand.

**ONE DAY PARENT CHILD CONNECTION DRAMA WORKSHOP**  
 14<sup>th</sup> June 4 pm to 6:30 pm Charges : 1000/-

Limited seats!! Register today @ 9871001024

**Psychologist  
 Life Skills Coach  
 Career Counsellor**

**DRAMA WORKSHOP**  
 with focus on Creativity

AN OPPORTUNITY FOR CHILDREN ( 8 TO 14 YEARS)  
 TO BE WITH AN INTERNATIONAL EXPERT

**SHUBA**  
 15<sup>th</sup> June to 21<sup>st</sup> June  
 Time: 9 am to 10 am  
 Charges : 1500/-



To know more Whatsapp @ 9871001024  
 Visit www.facebook.com/assetslifescills

For more info  
[www.facebook.com/assetslifescills](http://www.facebook.com/assetslifescills)  
[www.assetslifescills.com](http://www.assetslifescills.com)  
[assetslifescills@outlook.com](mailto:assetslifescills@outlook.com)

**Our Alumna who are working as a counsellor, delivers lectures and provides internship opportunities to students.**

Ms Bhakti runs her own Guidance and Counselling Centre in Lucknow and provides online counselling to our students. She also runs a popular facebook page.

## Owner: GUIDANCE & COUNSELLING CENTER



Year of establishment: 2014

facebook link:

<https://www.facebook.com/guidance&counselling/product/service>

218  
followers

**Bhakti Bhola**  
M.Sc. Human Development  
Batch : 2009





Majority of our alumni are placed as **diicians in the leading hospitals (Govt. and Corporate)** as well as running their own diet clinics.

## Name of the startup: TUCK UR TUMMY



**Priyanka Bankeraika**  
M.Sc. Foods & Nutrition  
Batch: 2007

Year of establishment: 2010  
Weight loss & Clinical Diets

Facebook link:  
<https://www.facebook.com/tuckurtummy>

Instagram link:  
<https://www.instagram.com/tuckurtummy/>

1,539  
followers

Ashwin (staying in US) Lost 25 LBS via online Diet Counselling. You can too. Interested?



This could be you! Contact tuckurtummy now



Ms **Manveen** B.Sc Home Science Batch 2015 runs a health and fitness startup by the name HERRBS as well as a café-Transform Diet to provide healthy and Nutritious meals. She also provides internship for the students of our college. She also has a **branch in Australia** now.

The image shows two screenshots. On the left is the website for 'Healthy Roots Running Boots' at 'Herbs'. It features a woman in a white shirt, a green leafy graphic, and the text 'At Herbs We Bring Health From the Farm And Not The Pharmacy!'. On the right is the Instagram profile for 'herbsfit', showing 493 posts, 1,366 followers, and 206 following. The bio identifies the entrepreneur as Manveen Bappa, a Life Member of the Indian Dietetics Association, and provides contact information for 'herbsfit'.

Ms Isha, Alumni Foods and Nutrition (Batch 2009) has been putting up stalls of her diet mixtures and is giving diet counselling in College Fests

## Name of the startup: DIET WONDERS



**Isha Ahuja**  
M.Sc. Foods & Nutrition  
Batch: 2009

Year of establishment: 2011  
Weight loss & Clinical Diets

Facebook link:

<https://www.facebook.com/dietwonders>

1,401  
followers



## Name of the startup: DIET CLINIC



**Swati Talwar**  
M.Sc. Foods & Nutrition  
Batch: 2009  
swati\_oct8@yahoo.com

Year of establishment: 2012  
Weight loss & Clinical Diets

Facebook link:

<https://www.facebook.com/DietClinicHealthcareSaharanpur/>

[https://m.facebook.com/story.php?story\\_fbid=10215089940400631&id=1211668012](https://m.facebook.com/story.php?story_fbid=10215089940400631&id=1211668012)

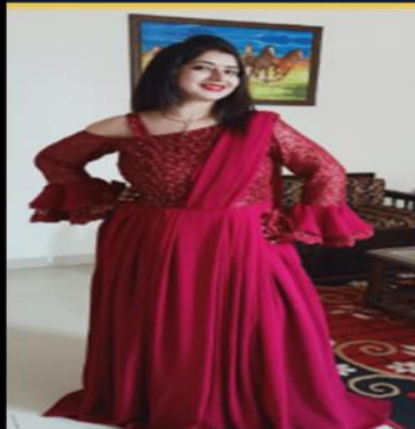
826  
followers



Alumni from the Department of Clothing and Textiles has been running successful boutiques under their own label.



## Name of the startup: FASHION & PEARLS



**Kanika Sachdeva**  
M.Sc. Clothing & Textile  
Batch: 2009  
kanika.batra21@gmail.com

Year of establishment: 2013  
Items : Designer Suits, Fabric,  
Dupattas (Boutique)

Facebook link:  
<https://www.facebook.com/fashionandpearls/>

869  
followers



## Name of the startup: MOTHER'S PRIDE



**Swati**  
Masters in Clothing  
& Textiles  
Batch:2013

Year of establishment: 2016  
Items : Apparels

website:



Alumni from the Department of Clothing and Textiles has been running successful boutiques under their own label.

**Name of the startup: THE DRESSING TABLE**



**Sarabjot Kaur**  
Post Graduate Diploma in  
Fashion Designing  
Batch:2011

Year of establishment: 2015  
Items : Apparels

Facebook link:

<https://www.facebook.com/The-dressing-table-boutique-1693058990965826/>

Website:

[https://the-dressing-table.business.site/?utm\\_source=gmb&utm\\_medium=referral](https://the-dressing-table.business.site/?utm_source=gmb&utm_medium=referral)



**Name of the startup: FASHION BLOGGER-THEWOWFACTOR**



**Aastha Jain**  
B.Sc. in Fashion Designing  
Batch: 2016

Year of establishment: 2018  
Items :Blogs

Facebook Link:

<https://www.facebook.com/Aasthajainy/>

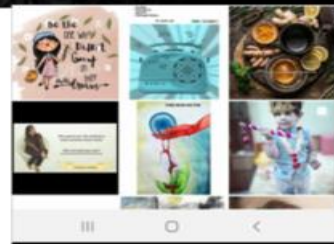
Instagram Link::

<https://www.instagram.com/thewowfactor>

Blog link:

<https://thewowfactor.com/>

3281  
Followers



Aastha Jain Alumni from the Department of Clothing and Textiles is a Fashion Blogger by the name of THEWOWFACTOR and mentors students at the time of Fashion show in the college.



Mehru Thor and Madhuri Kamboj & Shwetambari, Alumni from the Department of Clothing and Textiles are popular Apparel Brands among the youth.

## Name of the startup: TWO9

Year of establishment: 2018  
Items : Apparels



Mehru Thor  
B.Sc. in Fashion Designing  
Batch: 2016

Facebook Link:  
<https://www.facebook.com/two9thelabel/>  
Instagram link:  
<https://www.instagram.com/two9thelabel/?hl=en>

1165  
Followers



## Name of the startup: KMS FASHION

Year of establishment: 2018  
Items : Apparels



Madhuri Kamboj  
& Shwetambari  
M.Sc Clothing and Textiles  
Batch: 2016

Facebook Link:  
<https://www.facebook.com/page/category/Boutique-Store/KMS-Fashion-1499111083455774>  
Instagram link:  
<https://youtu.be/Cssd7Yj9Tz4>  
Youtube:  
<https://youtu.be/Cssd7Yj9Tz4>

5550  
subscribers on  
YouTube



Popular fashion Studios being run by Alumni who also provide internship and guidance to our students.

**Name of the startup: TABIIR –FASHION STUDIO**



**Simran Arora**  
B.Sc. Home Science  
(Apparel & Textile Design)  
Batch- 2017

Year of establishment: 2019  
Items : Art Work

Instagram link:

<https://www.picuki.com/profile/tabiir.studio>

189  
followers



**Name of the startup: AINA (DESIGNER STUDIO)**



**Sunaina Nigam**  
Post Graduate Diploma in  
Fashion Designing  
Batch- 2018

Year of establishment: 2020  
Items :Apparel

Facebook Link:

<https://www.facebook.com/pages/category/Clothing--Brand-/Aina-designer-studio-109480254211533/>

Instagram link:

<https://www.instagram.com/ainadesig/>

287  
followers





Ayushi Mavi runs a start up by the name of Desi Gems and conducts free workshops on Mandala Art for the students of the college.

**Name of the startup: DESI GEMS**



**Year of establishment: 2018**  
**Items : Jewellery**

**Instagram link:**  
[instagram.com/designs?msource=ig\\_profile\\_share&igshid=as7rfcaqb90a](https://www.instagram.com/designs?msource=ig_profile_share&igshid=as7rfcaqb90a)

**6,699 followers**

**Ayushi Mavi**  
**B.Sc. H.Sc Composite**  
**3<sup>rd</sup> Yr**  
**Batch:2018**



**Mandala Workshop conducted by her on March 22, 2021.**

**THEME : Mandala Workshop**  
**DATE : 22-04-2021**  
**SPONSORED BY : Ayushi Mavi-Alumna**  
**PARTICIPANTS : 50**



Azadcouture is a flourishing start up being run by Alumni of the college.

**Name of the startup: AZADCOUTURE**



**Jyothsana Azad**  
**B.Sc. FD 3<sup>rd</sup> Yr**  
**Batch: 2018**

**Year of establishment: 2018**  
**Items : Fashion illustrations**

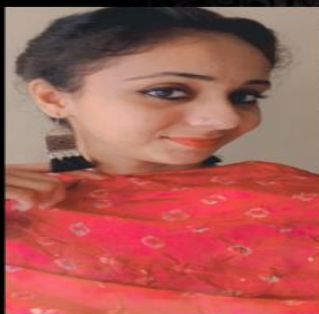
**Instagram link:**  
<https://www.instagram.com/azadcouture/>

**932**  
**followers**



Alumni entrepreneurs who put up stalls at various events of the college and motivate our students

**Name of the startup: GOLDEN SCISSOR BOUTIQUE**



**Heena**  
**M.Sc Clothing and Textiles**  
**Batch: 2018**

**Year of establishment: 2019**  
**Items : Apparels**



Mobile No.- 8360618879

**GOLDEN SCISSORS**  
**BOUTIQUE**

Heena Sharma Masters in  
Fashion Designing

All types of designer dresses and  
suits are stitched here.

#413, Nayagaon, Mohali ( PB )

Alumni Entrepreneurs inspiring college students with their start ups

**Name of the startup: TO\_FHA**



Year of establishment: 2018  
Items : Customized Gift Items

Instagram link:

208  
followers

**Priya Gupta**  
B.Sc. H.Sc IDRMM  
3<sup>rd</sup> Yr  
Batch:2018



**Name of the startup: NEARBYBAZAR**



Year of establishment: 2019  
Items : Desserts & Drinks

Instagram link:

Play Store link:

Facebook link:

411  
followers

**Krati Tandon**  
B.Sc. H.Sc  
3<sup>rd</sup> Yr  
Batch:2019  
kratitandon@gmail.com  
Present Student





Other start ups doing well in the market

## Name of the startup: Rubina Bhullar



Year of establishment: 2019  
Items : Art Work

Instagram link:

438  
followers

**Rubina Bhullar**  
B.Sc. H.Sc.  
3<sup>rd</sup> Yr  
Batch: 2019  
[rubina20081999@gmail.com](mailto:rubina20081999@gmail.com)  
Present Student



## Name of the startup: POONAM'S HANDMADE JEWELLERY



Year of establishment: 2019  
Items : Handmade Jewellery

Instagram link:

28  
followers

**Jasmine Malik**  
B.Sc. H.Sc.  
3<sup>rd</sup> Yr  
Batch: 2019  
[malikjasmine28@gmail.com](mailto:malikjasmine28@gmail.com)  
Present Student





Anupreet Sobti with a start up Fantasiade Chocolate has made a name for herself. She has been delivering talks for our students on various occasions.

**Name of the Startup: FANTASIADÉ CHOCOLATE**



**Year of establishment: 2019**  
**Items : Chocolates**

**Instagram link:**

**1126**  
**followers**

**Anupreet Kaur Sobti**  
**B.Sc. H.Sc**  
**3<sup>rd</sup> Yr**  
**Batch: 2019**  
[anupreetsobti@gmail.com](mailto:anupreetsobti@gmail.com)  
**Present Student**



Other Start ups by Alumni that are doing well.

**Name of the Startup: HANDMADEANAS**

Year of establishment: 2020  
Items :Textiles and Apparels



**Sana Parveen**  
B.Sc. in Fashion  
Designing  
3<sup>rd</sup> semester  
Batch: 2020  
Present Student

Facebook Link:  
[https://www.facebook.com/pg/handmadeanas115097620258693/posts/?ref=page\\_internal](https://www.facebook.com/pg/handmadeanas115097620258693/posts/?ref=page_internal)  
Instagram Link:  
<https://www.instagram.com/handmadeanas/>  
Youtube link:  
[https://www.youtube.com/channel/UCn\\_6Qgq7ugKutwFVGoQEFuw](https://www.youtube.com/channel/UCn_6Qgq7ugKutwFVGoQEFuw)

150  
Followers



**Name of the startup: ARSH FASHION PARADISE**

Year of establishment: 2020  
Items :Textiles and Apparels



**Arshdeep Kaur**  
B.Sc. in Fashion Designing  
3<sup>rd</sup> Semester  
Batch: 2020  
Present Student

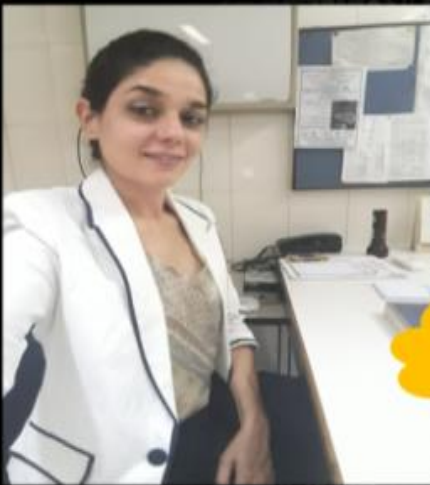
Facebook Link:  
<https://www.facebook.com/pages/category/Artist/Infinite-ART-1888041391468058/>  
Instagram Link:  
<https://www.instagram.com/arsh.fashion/>  
Youtube link:  
<https://www.youtube.com/channel/UCxmVuwkDsuTRANTk4zHotmA/about>

248  
subscribers  
on  
YouTube



**Dr Apneet Brar has been conducting online webinars for staff and students. Besides talking about homeopathic remedies she also conducts guidance and counselling sessions.**

**Owner: COUNSELLING CENTER**



**Clinical  
Counsellor**

**Dr. Apneet Brar  
PG Diploma in CGFC  
Batch: 2019  
Present Student**





**Webinar series conducted on inspiration, innovation and entrepreneurship by alumni**

Series # 02  
June 11, 2021, @11.30 am  
meet.google.com/hxd-hqgt-wrw



**Ms. Namrata**  
M.Sc. In Clothing & Textiles (Batch 2017)

Expert in customized children clothing,  
Founder of "Babyrobe" (Clothing boutique  
for New-borns and Toddlers)

Follow her

- [www.namro.co](http://www.namro.co)
- [https://instagram.com/babyrobe\\_bynamro?utm](https://instagram.com/babyrobe_bynamro?utm)
- [medium=copy\\_link](#) (64001 followers)



**Babyrobe®**  
— CUSTOMIZED BABY CLOTHING —  
[www.namro.co](http://www.namro.co)

Instagram: [babyrobe\\_bynamro](#)  
Facebook: [babyrobe\\_bynamro](#)



**CELEBRITY BABIES**



**Webinar conducted by alumna Swati Talwar who has successfully launched a chain of 3 diet clinics at different places in U. P  
Date: June 11, 2021**

**Series of Webinars conducted by Alumni on inspiration, innovation and entrepreneurship**



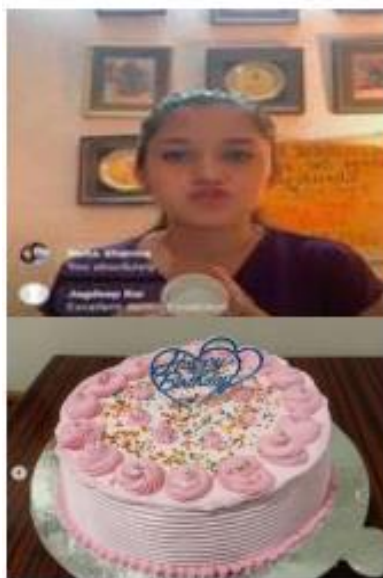
**THEME :** Mandala Workshop  
**DATE :** 22-04-2021  
**SPONSORED BY :** Ayushi Mavi-Alumna  
**PARTICIPANTS :** 50



**THEME :** Mind Management with Yoga  
**DATE :** 14-06-2021  
**SPONSORED BY :** Dr. Richa Chopra-Alumna  
**PARTICIPANTS :** 100



**THEME :** Workshop on Bottle Gourd Ice-Cream  
**DATE :** 04-09-2021  
**SPONSORED BY :** Ms. Anchal (M.Sc. FN)  
**PARTICIPANTS :** 80



**THEME :** Cake Baking  
**DATE :** 16-06-2021  
**SPONSORED BY :** Muskan Sharma (M.Sc. HDRF)  
**PARTICIPANTS :** 37



**THEME :** Millet Based Recipes  
**DATE :** 19-03-2021  
**SPONSORED BY :** Anupreet Kaur (M.Sc. FN)  
**PARTICIPANTS :** 66



**THEME :** Yoga for Well-being  
**DATE :** 21-06-2021  
**SPONSORED BY :** Vedika (B.Sc. Home Sc.)  
**PARTICIPANTS :** 100

**Dr. Harpreet Kaur (Alumni) is currently the Head of the Department of PG Deptt. of Fashion Designing in KanyaMahaVidyalaya , Jalandhar** conducted a webinar on Career opportunities in fashion for our students.

**Webinar on  
CAREER OPPURTUNITIES IN FASHION**



**Dr. Harpreet Kaur Head,  
P.G. Department of Fashion  
Designing , Kanya Maha  
Vidyalaya  
( Autonomous), Jalandhar**

**About the Resource person**

- PhD in Innovative Techniques of Upcycling Pre & Post Consumer Textile Waste for Sustainable Growth
- Resource Person Doordarshan & AIR
- Invited as Resource Person in Various Colleges/ Institutes
- 12 IPR's in Design ( Copyright Office, GOI)
- Publications in Scopus Journals
- Author of various books and book chapters

Appreciation Certificate by Commissioner Municipal Corporation, Jalandhar for Excellent Community Work under Swacch Bharat Mission & Entrepreneurship Development with Safai Sahayaks of MCJ

**June 14, 2021, @11.00 AM link- <https://meet.google.com/cje-chuv-zhp>**



**Dt Lavleen, Alumni, Founder of Diet Insight is a renowned dietician of tricity. She has been conducting live sessions for our staff and students and encouraging students to intern with her.**

**Name of the startup: DIET INSIGHT**



**Year of establishment: 2014**  
**Weight loss & Clinical Diets**

**Facebook link:**  
<https://www.facebook.com/DietInsightLavleen>


**Instagram link:**  
<https://www.instagram.com/dietinsightlavleen/>

**4,23,929 followers**

**Lavleen Kaur**  
**M.Sc. Foods & Nutrition**  
**Batch: 2010**



**LIVE** Govt. Home Science College, Chandigarh



Lavleen Kaur

Govt. Home Science College Chandigarh, celebrating Poshan Mah, Sep 2020, by organising a live session with

**Shabana Bhateja**  
Good afternoon


Follow Live Session with Dt. Lavleen to see more of their posts.

**Follow**

Share this video with friends.

**Share**

**Shabana Bhateja**



**SHARE** Write a comment...

**Govt. Home Science College, Chandigarh**  
Accredited with 'A' Grade by NAAC  
Ranked 10th in All India Ranking 2020, by NAAC



Lavleen Kaur  
Aaina Batra (Dietitian)  
Chesha Kukkar (Dietitian...)

Lavleen Kaur (Founder, Diet Insight)  
An Initiative by Govt

**Workshop conducted by Alumni on Image styling**



**Ms. Kalika Mehra is currently the Director Active Clothing Co. Pvt. Ltd. Chandigarh.** She gave a talk on various entrepreneurial opportunities in the field of fashion designing and discussion on various procedures and problems faced in setting up of a fashion unit.

**Ms. Garima Walia, Alumna of the college is the proud owner of The Allure-unisex salon and Diet Clinic in Chandigarh. She has been conducting live demonstrations for personality development and grooming for students of the college.**



**Workshop on Personality Development and Grooming Skills being conducted by her on January 29, 2019**





**Workshop conducted by Alumni**



**Ms. Rupirupinder, Alumnae of the college, Department of HDFR conducting a Workshop on Jewellery making for the staff and students.**

**Demonstration of healthy recipes and awareness session on nutrition education delivered by alumni. Date: 29.09.21**

**EMINENT SPEAKERS**



**Dt. Navdeep**  
*Dietitian and Lifestyle Coach*



**Anupreet Kaur Sobti**  
*Nutritionist and Life Coach  
Founder, Dietaura*

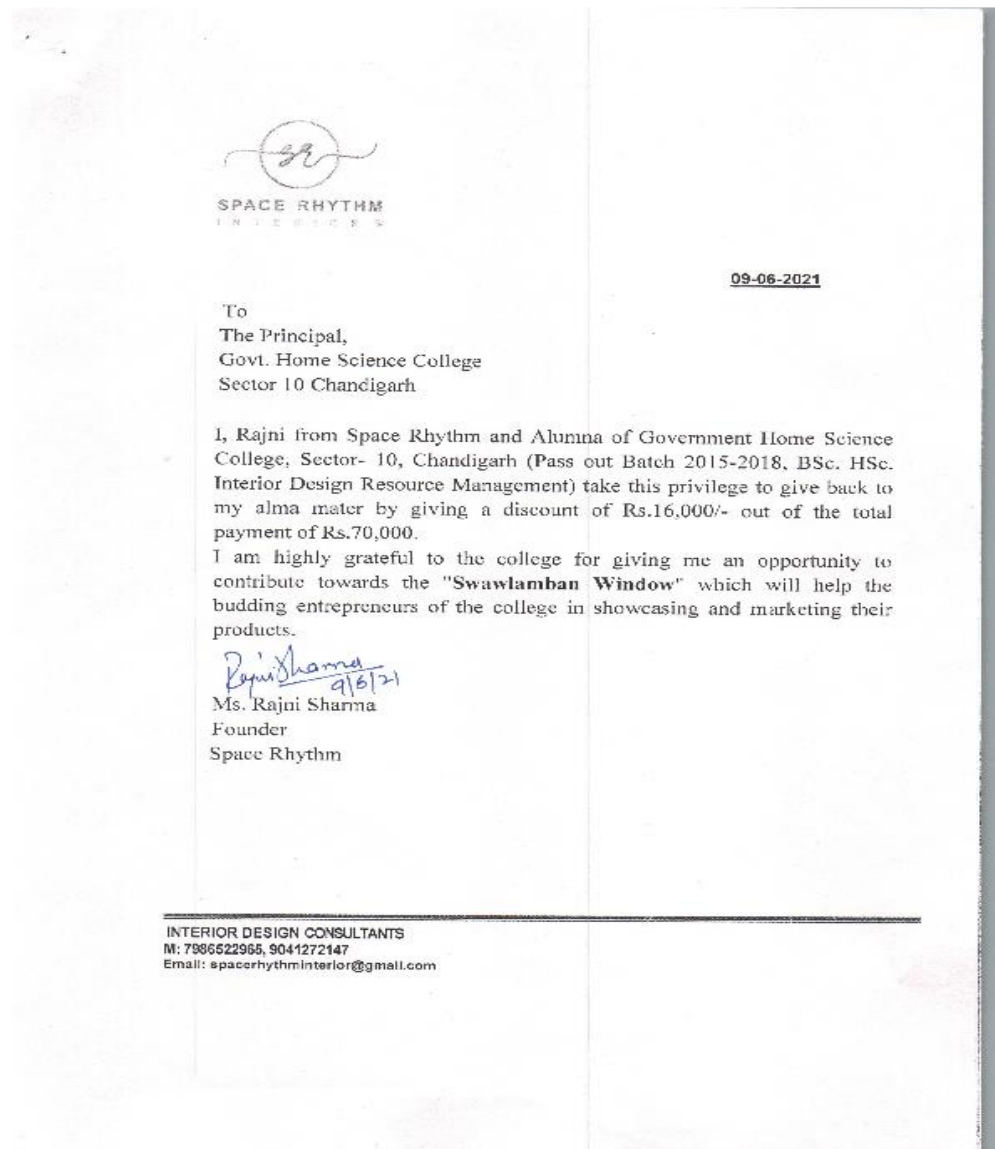


**Dt. Yashna Bawa**  
*Dietitian and Asst. Professor  
Sanatan Dharma College,  
Ambala Cantt, Haryana*

**Support provided to under-privileged and meritorious students by Alumni**

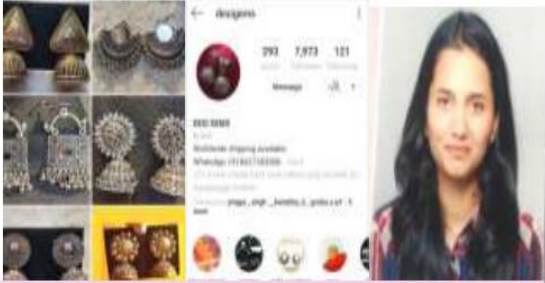
**Saranjit Kaur Memorial Scholarship 2018**

**Amita and DiljotKaur** , two meritorious students of the college were awarded with cash prize of Rs.10,000/- each for the academic year 2018-2019.

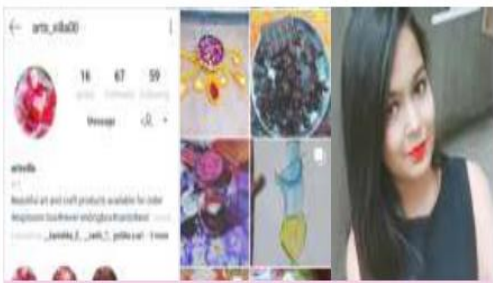


Ms Rajni Sharma, Alumna gave a discount of Rs 16000/- to the college out of the total cost of the Swavalamban window.

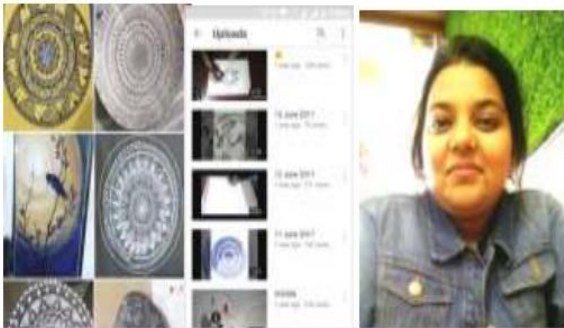
**Some Success stories inspired by Alumni**



**'DESI GEMS' by Aayushi Maavi  
B.Sc. Composite Final Year**



**'Arts Villa' by Garima Madan  
B.Sc. IDRМ Final Year**



**Mandala by Prachi Bhatnagar  
B.Sc. IDRМ Final Year**



**Nimanshi Makkar Mehendi Artist  
B.Sc. HDFR Final Year**



**Mansi Dua, Online Reseller  
B.Sc. IDRМ Final Year**



**'Tofha' by Priya Gupta  
B.Sc. IDRМ Final Year**



**College Felicitates Proud Alumni Women Achievers and Entrepreneurs on International Women's Day 10.03.22**



**College Felicitates Proud Alumni Women Achievers and Entrepreneurs On International Women's Day 10.03.22**

**Incubation facility provided by the College to Alumni**



Display of Line Art (18-04-2022)



Display of Tie Dye (16-04-2021)



Display of Re-used and Recycled Denims (22-04-2022)



Display of Pithora Painting (13-10-2021)



Kids wear party theme display (14-08-2021)



Display of Millet Based Recipes (06-06-2021)



Pop Art Display (07-09-2021)



**College provides incubation facility and a platform to Alumni to use the laboratories of the colleges and to promote and sell their products at the Swavalmban Corner setup on the college campus.**



Government Home Science College  
Sector 10, Chandigarh  
e mail: [homescience-cha@nic.in](mailto:homescience-cha@nic.in), Phone: 0172 - 2740387



Dear Ms. Rajni Sharma

Creetings of the day!

I am happy to share that the college is in the process of getting a grant from SIDBI for developing a sale point for our budding entrepreneurs in the college. For this purpose a display window is required to be designed and made in the reception area of the college building.

Being a college alumni and a successful budding Interior Consultant, it would be a great opportunity for us to collaborate in this project. You are therefore requested to meet HOD, Dept of FRM Dr. Rupinder Kaur Ghuman on Monday March 01, 2021 at 10:00 am for discussing design concept and creation of display window.

Looking forward to your positive response.

  
1/3/21

Prof. Sudha Katyal

Principal

Govt Home Science College

Sec-10, Chandigarh

Ms Rajni Sharma , Alumna of the college who is a budding and successful Interior Consultant designed the Swavalamban Window for the college



## Minutes of Executive Body Meeting 2017-18

### MINUTES OF MEETING FOR ALUMNI ASSOCIATION (2018-2019)

Date -03.10.2018

1. The meeting of the executive members of the college Alumni Association was held in the college.
2. The agenda of the meeting was
  - To engage/ elect more members in executive committee in coming year and plan alumni meet and elections in the next session.
  - To engage the Alumni for the skilled based workshops, seminars and talks.
  - To sponsor fee for the poor and needy students and prizes for the upcoming events of the year which includes College Carnival, Annual Fashion Show "Aakriti".
  - To plan registration drive for the outgoing students.

Signatures of the members-

  
The block contains five handwritten signatures in black ink. The signatures are arranged in two columns. The left column has three signatures, and the right column has two. The signatures are somewhat stylized and difficult to read, but they appear to be the names of the members who attended the meeting.

## Minutes of General Body Meeting (2019-2020)

### MINUTES OF MEETING FOR ALUMNI ASSOCIATION (2019-2020)

Date- (20.09.2019)

1. The Alumni meet and elections were held on 20<sup>th</sup> September 2019. .
2. The alumni of the college visited the exhibition “ POSHTIK AND PARAMPARIK KALA PRADARSHINI’ . They all appreciated the work of the college students and purchased items/products made by the students .
3. The elections were held in college for the formation of new committee.
4. The new elected members were-  
President- Dr. Poonam Aggarwal Thakur  
Vice president- Mrs. Manisha (Chief Dietician)  
Secretary – Prof. Reetinder Brar  
Treasurer-Mrs. Manpreet Kaur  
Executive members-  
Mrs. Harpreet kaur  
Dr. Neha Sharma  
Mrs. Anila
5. The Alumni meet was concluded with the cup of tea.

## ALUMNI GENERAL BODY MEET 2019

20/Sept/2019		Alumni	Date: _____ Page No. _____
General Body meeting - 20/19			31
1.	Dr. Sonia	Same	32
2.	Mrs. Manpreet Kaur	Manpreet	33
3.	Mrs. Shalu Gupta	Shalu	3
4.	Dr. Uttara Singh	Uttara Singh	3
5.	Chhaya Verma	Chhaya	36
6.	Dr. Rajesh Biswas	Rajesh	37
7.	Deepika Bansal	Deepika	38
8.	Harpreet Kaur	Harpreet	39
9.	Anita	Anita	
10.	Preeti Alakh	Preeti	
11.	Hemant	Hemant	
12.	Rashi Garg.	Rashi	
13.	Sabli Sharma	Sabli	
14.	Annu Deharwal	Annu	
15.	Preeti Sodhi	Preeti	
16.	Neelima Thapa	Neelima	
17.	Simran Khatu Kaur	Simran	
18.	RANJANA SHARMA	Ranjana	
19.	MONA SOIN	Mona Soin	
20.	DR. BHAVNEET KAUR	Bhavneet	
21.	DR. RITU PRADHAN	Ritu Pradhan	
22.	Dr. Sanyukta Dewari	Sanyukta	
23.	Manvita Khatu	Manvita	
24.	Jyoti Pradhar	Jyoti	
25.	Di Chhabra	Di Chhabra	
26.	Dr. Priyanka Sharma	Priyanka	
27.	Anupreet Kaur Sobti	Anupreet Kaur Sobti	
28.	Vaishali Lallan	Vaishali	
29.	Aditi	Aditi	
30.	Niharika Verma	Niharika	



Alumni General Body Meet 2019

	Date :
	Page No.
31. Mt. Manisha Anand	Manisha Anand
32. Reena Singh Kapoor	Reena Singh Kapoor
33. Anjali Dadwal	Anjali Dadwal
34. Bharti Goul	Bharti Goul
35. Dr. Pooja Agrewal Zutuc	Dr. Pooja Agrewal Zutuc 20/9/19
36. Nidhi Dugad	Nidhi Dugad
37. SIMRAN SACHDEVA	Simran Sachdeva
38. Seema Saitley	Seema Saitley
39. Dr. Neha Sharma	Neha Sharma

## Minutes of Alumni Executive Body Meeting 2020-21

### MINUTES OF MEETING FOR ALUMNI ASSOCIATION ( 2020-2021)

Date- 07-10-2020

1. The meeting of the executive members of the college Alumni Association was held on Google meet due to Covid-19 Pandemic.
3. The agenda of the meeting was
  - To plan skilled based workshops, seminars and talks by engaging alumni.
  - To initiate college social media handle Facebook page and Instagram page for the active promotion of the upcoming events and news of the College.

*Handwritten notes:*  
Kant  
Shy  
Amish  
Q

*Handwritten signatures:*  
Nehy  
A  
Prabhu

## Minutes of Alumni Executive Body Meeting 2021-22

### MINUTES OF MEETING FOR ALUMNI ASSOCIATION (2021-2022)

Date -26-08-2021

1. The meeting of the executive members of the college Alumni Association was held in the college.
2. The agenda of the meeting was
  - To engage the Alumni for the skilled based workshops, seminars and talks.
  - To sponsor fee for the poor and needy students and prizes for the upcoming events of the year.
  - To plan registration drive for the outgoing students.
3. The alumni committee applauded the efforts of the college staff and students in the Covid-19 pandemic times.

*Mr. K. S.*

*Mr. S. S.*

*Mr. J. S.*

*2*

*Mr. S.*

*Mr. S.*

*Mr. S.*