

GOVT. HOME SCIENCE COLLEGE SECTOR-10, CHANDIGARH



50th ANNUAL CONVOCATION

AND

PRIZE DISTRIBUTION FUNCTION

Presided Over

By

Sh. BL Sharma, IAS, Education Secretary,

Chandigarh Administration,

on

Chandigarh

ANNUAL REPORT 2017-18

PRESENTED BY

Dr. (Mrs.) SudhaKatyal

Principal

Govt. Home Science College,

Sector 10, Chandigarh

Good Afternoon

- It is a proud privilege and pleasure to welcome Sh. BL Sharma, IAS, Education Secretary, Chandigarh Administration, our Honorable Chief Guest today on the 50th Annual convocation and prize distribution function of Government Home Science College. Although our worthy chief guest needs no introduction but let me share some snippets from his illustrious profile. A gold medalist from Jammu University, Sir did his Masters in Geography and joined coveted Indian Administrative Services. If one takes a closer look at the alchemy of our chief guest certain distinct virtues pop up instantly besides perseverance and hard work. These are pioneering and ready to help spirit, positive and proactive approach, constant guidance and keen involvement in each and every task.
- Our worthy chief guest enjoys an impeccable reputation and has served in various capacities such as Special Vigilance Commissioner, Special Secretary Finance, Special Secretary Urban Development of Government of Delhi, and Secretary Finance and Planning, Andaman and Nicobar administration, to name a few. A visionary with a progressive outlook, presently, Sir holds innumerable positions in Chandigarh Administration such as Secretary Vigilance, Transport, Social Welfare, Sports, Personnel,

Printing and Stationary and the managing director of CITCO. His aura, ingenuity and dynamic personality are awe inspiring.

- Today we are fortunate and indeed very privileged to have his esteemed presence amongst us. A very warm and hearty welcome to you Sir in Government Home Science College.
- We are very lucky to have our very own Director Higher Education Chandigarh Administration, Sh. Rakesh Popli, PCS, as **Guest of Honour** today. Currently, Sir holds many important portfolios such as Additional Excise and Taxation Commissioner cum Collector (Excise), Director Hospitality, Registering and Licensing Authority of UT Chandigarh. He has been an illustrious educationist and is known for his empathetic concern. A special welcome to you Sir.

Established in 1961, Govt. Home Science College is a pioneer professional institute in Northern India. It has continuously revamped its courses keeping in tune with the changing trends in Higher Education. It currently runs two Bachelor's Programme- B.Sc. (Home Science) with five specializations and B.Sc. in Fashion Designing, Post-Graduate Diplomas in Nutrition and Dietetics, Fashion Designing and Child Guidance & Family Counselling as well as Masters' Programmes in Clothing & Textiles, Foods and Nutrition and Human Development & Family Relations. Sir, this college also offers Ph.D. program. I feel proud to

mention that from the session 2018-19, Pre PhD coursework would be started

It gives me delight to say that the combined excellence of the educational curriculum, the realistic values, and the commitment of teaching and non-teaching staff has made this Institute a leading and reckoning centre for girl's education.

RUSA INFRASTRUCTURE GRANT OF MHRD

- This academic year 2017-2018 began with the accomplishment of the college becoming eligible for getting the first instalment of (Rs. 1 crore) of RUSA infrastructure grant of Rs. 2 crore from MHRD. RUSA aims to help in up gradation, renovation and purchase of equipments to help in providing quality higher education. This grant has been spent on giving a facelift to the corridors and administrative block at the ground floor by getting fixed vitrified tactile flooring and thereby, making it disabled friendly.
- Flooring of library has also been made vibrant, colourful and sound absorbent with glass door so as to prevent escape out of cool air in summers.
- It has also been utilized in procuring e resources like digital podiums, interactive LED screens, visualizes, printers, projectors and latest computers for upcoming E-Pathshala and conference room.

- An amount of Rs 35 lakhs has been deposited with Engineering Department, Chandigarh administration, for new construction of multimedia research block.
- Though the time period for spending Rs. 1 crore was just. 6 months yet the college was able to meet the deadline and became eligible for release of second instalment of this grant amounting to Rs. 50 lakhs.

MID DAY MEAL STARTED AT CHAITANYA NURSERY SCHOOL

The college reached another milestone by getting Mid Day Meal started from Education Department of Chandigarh administration for children of Chaitanya Nursery Laboratory School in the campus. This was an attempt to improve their nutritional status among the children as they are mainly coming from disadvantaged backgrounds and help them to attend school regularly and participate actively in school activities. It is a pleasure seeing the tiny tots enjoying the nutritious packed meals served.

NEWSLETTER

The college has an annual newsletter highlighting the important events and achievements of the students and faculty. Through the newsletter, college provides a platform to share news and events of college with its various stakeholders.

Orientation Programme

A 2 day extensive orientation program was conducted for the fresh batch of the students to acquaint them with the various facilities of library, rules and regulations of hostel and examination and familiarise them with the various departments of the college. It was an enriching experience for them to visit all departments and get an overview of the premises.

ACHIEVEMENTS OF STUDENTS

University Examinations

All possible efforts are put in by the college to achieve highest academic standards. It is a matter of great honour that our students have always been able to maintain top positions in the University. **In 2017, P.U. examinations:**

- KRITI SOOD topped in the Masters Programs in Foods & Nutrition, ASHWARIYA KOHLI topped in the Masters Programs in Clothing & Textiles and ASHMEET KAUR topped in the Masters Programs in Human Development & Family Relations.
- Swati thakur bagged the first position in PG Diploma in Nutrition & Dietetics, siji k saini topped in Child Guidance & Family Counseling and Ashma stood first in Post Graduate Diploma in Fashion Designing
- Prabhjot Kaur stood first in B.Sc Home Science and Sangeeta patra topped in B.Sc Fashion Designing 3rd year.

Sir, the students are constantly encouraged to excel not only in academics but also in extra-curricular activities.

Inter College Competitions

- Students participated in a Dance Competition- "Rhythm of Haryana", organized by "Chandigarh Art Theater", supported by "Art & Culture Affair Department, Govt. of Haryana on the occasion of "World Dance Day". They presented group choreography of Kathak 'Tarana' and won 3rd Prize.
- A number of undergraduate students from Department of Family Resource Management participated in various competitions held at MCM DAV College, Chandigarh as a part of inter college Add-on Fest. Prachi of BSc. Home Science 4th semester bagged the first position in mehndi-tattoo. Pallavi and Nimanshi bagged first and second positions respectively in Hand Mehndi . Sukhmani stood first in hair-do and . Rashmita of B.Sc. (H.Sc) 2nd semester was the third runner up in bindi making.

Inter Zonal Youth Festival

- The students actively participated in various competitions at the Inter Zone Youth Festival. Aradhna and Nisha of B.Sc. Fashion Designing VIth Semester bagged first prize in Phulkari and Dasuti. Shikha of B.Sc. Fashion Designing VIth Semester won second prize in Knitting and third prize in Khiddo making. Anupreet Sobti of B.Sc. Home Science Ist Semester won the first prize in creative writing. The Department of Dance bought in several prizes. The college group

dance won the third prize. Manisha of M.Sc. Ist Semester won the third individual prize in group dance. Sudevi of B.Sc. Vth Semester bagged second individual prize in Luddi. Jyotsana of B.Sc. IVth Semester bagged third prize in solo dance

STUDENTS COUNCIL

The Investiture ceremony of Student Council saw the newly elected young leaders taking pledge to serve the college. The chief Guest on the occasion was Sh Vivek Attray, a former civil servant of high repute. Geetanjali Gupta, Abhishikha Longia and Jasleen Kaur were elected as President, Vice President and Secretary cum Treasurer respectively. I congratulate all the members of Student's Council for having actively and effectively organized a number of activities for student welfare during the session.

Sir, we aspire to produce not just professional home scientists but also independent women with exposure to all aspects of life. This is done through the various clubs and societies of the college.

SPORTS

Believing in the dictum that ‘A Sound Mind Resides in A Sound Body’, we at the Govt. Home Science College make all efforts to keep our students physically fit as well. The college has an indoor badminton court and a fully functional gymnasium. The students are encouraged to participate regularly in Aerobic activities and Yoga sessions.

- In the Annual Athletic Meet held on February 26, 2018, Sarmishtha of BSc Home Science VIth Semester was declared the best athlete. Mrs. Amrit Brar , IPS, AIG Crime Branch, Panjab Police was the chief guest of the event.
- 7 students participated enthusiastically in various competitions of Panjab university held from November 2 -4, 2017. Kanika Lubana of B.Sc. Home Science IVth semester participated in the Hypathalon event and stood 5th.
- Kho-Kho team of the college participated in 46th Seniors Chandigarh State Kho-Kho Championship, 2017 held from December 2 -4, 2017 at Sports Complex, Sector 42, Chandigarh.10 students from the College participated enthusiastically with sportsman spirit
- Two students of BSc. Home Science participated in Panjab University Badminton tournament held on November 11-12,2017, at Panjab University, Chandigarh.
- Inter Class Badminton Championship was organized in the college from January 29-30 2018, in which 29 singles and 25 doubles matches were played. Anjali, Diljot and Kulsum were the winners in the singles. The winners for doubles were Diljot and Mansi, Ankita and Pooja and Harleen and Chandni in first, second and third place respectively.
- A self defense training program in collaboration with the Chandigarh police under the theme “SWAYAM” was organized from March 20-31 for students and all teaching and non teaching staff.

- In a continuous effort to upgrade, two dedicated courts KhoKho and Netball with sophisticated equipment have been added to the facilities.

NCC

- The college has an active NCC unit. Captain Neelam Kumari, Associate NCC Officer enrolled 98 NCC Cadets in liaison with 1 Chandigarh Girls BN Chandigarh.
- A 10 day annual training camp of this BN for the year 2017-18 was organized with participation of 400 cadets from various colleges and schools of Chandigarh from Sept 30-9 October, 2017. Military subjects like Weapon Training, Map Reading, Field craft and Battle craft were covered. Following are some of the camps where NCC cadets participated
 - National Integration Camp-II at Tezpur, Assam from Dec 17-28, 2017
 - Army Attachment Camp in September 2017
 - National Integration Camp from January 10-21, 2018, at Ropar, Punjab
 - Sgt Akansha , Sgt, Shreya Bansal, Sgt Amanpreet Kaur, Sgt, Lovepreet Kaur, Sgt Chelsi Rani received Cadet Welfare Scholarship amounting Rs. 6,000/- each.

- Sgt Akansha Arora won the Gold Medal in Anchoring cultural event (National Integration Awareness Presentation) and Bronze Medal in quiz competition.
- Captain Neelam Kumari attended the Refresher cum Promotion Course at Officer Training Academy, Gwalior from 26-06- 2017 to 27-07- 2017.

NSS

The college runs two NSS units which has 200 volunteers on its rolls.

- NSS Programme Officers Mrs. Seema Jaitley and Mrs. Chhaya Verma organized a 7 day special residential camp from November 1-7, 2017, at the adopted Village-Khuda Ali Sher. Demonstrations on health, hygiene and healthy recipes and awareness campaign against social evils like dowry, female feticide were given.
- NSS volunteers organized a household and neighborhood cleaning competition in the adopted village. Apart from this, Run for unity, training for Rural associate worker, National Literacy Day,
- World remembrance day, vigilance awareness week, communal harmony week and festival of sharing were some of the other activities conducted by these units.

ENVIRONMENT CELL

- Harita” the environment society of the College celebrated Environment Week . Tree plantation was done in the college campus and about 140 saplings of ornamental plants were planted during the week
- On the concluding day Van Mahotsava and Akshay UrjaDiwas (in collaboration with CREST, Chd. Admn.) was celebrated on August 18, 2017. Shri Rakesh Kumar Popli, PCS, Director Higher Education was the Chief Guest to grace the occasion.
- About 15 institutions/colleges with almost 128 students participated in various Inter-college competitions viz. Poster making, Slogan writing and Eco-rangoli to celebrate AkshayUrja Diwas.
- Navreet Kaur won 1st prize in power point presentation on Akshay Urja in inter college competition at Dev Samaj College-36, Chandigarh

SUSTAINABLE CAMPUS INITIATIVES

These have been taken to create awareness and sensitize the students:

- * Redundant marble slabs and ceramic sinks are used to develop sitting areas for the students in the college lawn.
- * Waste cement and cloth pieces were used to make cement pots as garden accessories.

- * The broken terracotta pots available in the college nursery were utilized for making Mini Gardens.
- Other landscape accessories are developed from obsolete tyres, wooden fruit boxes, empty paint cans etc. to name a few.

Along with imparting academic knowledge to its students, all the departments of the college are actively involved in outreach activities. Thrust of the college is always around spreading knowledge from our labs to land.

- A Health Checkup Camp was organized in collaboration with Lioness Club, Panchkula, in adopted village Khuda Ali Sher. The camp provided free health checkup to more than 100 people
- Visit to old age homes, anganwadis, Orphanages and rehabilitation centers were organized to sensitize students.
- Tex-style week was organized by **Clothing and Textile Department** from August 23rd - 26th 2017. Various competitions like embroidering a Handkerchief, crocheting, Dasuti, Knitting, Phulkari making paper bags and coasters were held.
- Workshops on demonstration of the functioning of Janome (Usha) Sewing machine and hand painting techniques were held on 6th April 2017 and September 7, 2017 respectively.
- **Family Resource Management Deptt.** organized Creatrix Week, based on the theme of “Women Empowerment through Skill Development” from 11th to 13th September 2017. Demonstrations were

made on developing skills in making Mini Gardens, Clay Modeling, Paper Art Techniques and Marbling techniques on crockery.

- **Foods And Nutrition Department** celebrated the National Nutrition week and World Diabetes Day by having (CNE) on the theme 'Sustaining Breast Feeding Together'
- A cookery competition on the theme "Innovative Nutritious Tiffins for Pre-Schoolers" was held wherein 75 students from different colleges participated. Students also participated in skit, slogan writing and poster presentation.
- HAPPINESS WEEK was celebrated from September 11-16, 2017, by the Happiness Club of the Department of **Human Development and Family Relations** for giving the message of celebrating each day of life and turning each moment into contagious happiness.
- The department conducted a Nukkad Natak as part of Vigilance week celebrations in the college premises as a step towards fighting against corruption.
- The Music and Dance department organized a talent hunt show on August 16, 2017, to give a chance to the newcomers to exhibit their hidden talents.
- College students also actively participated in Antakshri competition of Chandigarh Rose festival on Feb ^{25th}, 2018.

ACADEMIA INDUSTRY LINKAGES

Efforts were made in the direction of establishing linkages and interface with the industry. Activities such as placement drive, industrial visits and workshops conducted in the college aimed to give a spurt to such linkages.

- The college organized industrial visits to various institutions such as E gram creations, ACME walls, PEDDA, Chandigarh art gallery, Food Perseveration Centre, sec 23, chd and Nahar group of industries to give a hands on experience to the students.
- A placement drive was held on March 27, 2018 to achieve the objective of employment generation in the relevant industries and give an opportunity to our students to have gainful employment. Out of 200 registered students, 40 Students got job offers, 62 were shortlisted and 50+ Got Internship Offers in Placement Drive. More than 20 leading companies from various industries such as nutrition, textiles, and counseling cells approached the campus in their hunt for fresh talent. Various leading recruitment companies like Designed box, Kabera Global, Textile units like Tynor and Innovative Knits, Hospitals such as Max and Fortis, VLCC, ITFT College, ISHH Guidance and Counseling Centre and Club Mahindra visited the campus.
- As a move towards industrial interface, a lecture on 'Goods and Services Tax (GST) Simplified' in collaboration with Consumers Association Chandigarh was organised. Renowned advocate and Consumer Activist, Mr. Ajay Jagga, and Ex- Justice Mrs Madhu P Singh sensitized the students regarding the basic concepts and types

of GST and its contribution towards the economic progress of the country.

- On World Consumer Rights Day on March 14, 2018, Mobile Food testing laboratory under the Department of Food Safety and Standards, Chandigarh equipped with equipments was made available in the college parking. Mr Sukhwinder Singh, Food safety officer, UT Health Department, Chandigarh sensitized the students about various food testing techniques

RESEARCH INITIATIVES

- In this direction all the major departments of the college have applied for research projects and submitted proposals to ICSSR for funding.
- For giving exposure to post graduate students regarding appropriate analysis in research, one day hands on training cum workshop on SPSS was organized on November 17, 2017.

DIGITAL INITIATIVES

- The college is making continuous efforts towards implementation of Digital initiatives
- From admission and hostel fee counters to college canteen and mess counters, everywhere POS machines have been installed to encourage e-transactions.
- This year for the first time, the whole admission process has been digitalized through on line scrutiny of admission forms, preparation of merit lists and display of the results. The college is making best

use of E- campus management software. All the internal assessments and Examination award lists are uploaded to exploit this software in a most efficient manner for welfare of the students and to bring more transparency.

- E-resources of the college has also been strengthened for upcoming e-pathshala.
- Computer department organized 15 day training programme from December 06-20, 2017 in Basic Computer Skills for lab staff of the college.

ALUMNI ASSOCIATION

The college has an active Alumni Association which has been taking a keen interest in all college activities-be it academic, sports or extra-curricular.

We are proud of our alumnus Mrs. Sonika Shandilya (B.Sc. Home Science- Batch 1993-94) who turned out to be a famous author. Her recent book "*Tinkling of the Bell before it Rings*" ranked First out of Five in Indian writing and One out of fifty worldwide in prestigious Amazon best reads –December 2017 by Amazon.

We continuously strive to maintain a mutual exchange and resource sharing with our alumni. Thrust was laid this year for providing a platform for promoting their already running entrepreneurial ventures; at the same time alumni in exchange, sponsored many major events of the college such as the fashion show and college carnival. The alumni of the college acts as a strong pillar in establishing social and professional network.

Highlights of the College in the Last One Year

- **Saved College funds through Sponsorships**

This year the college saved lot of funds by getting all the major events like Talent hunt, College carnival, Sports day and Aakriti – The fashion show sponsored under Corporate Social Responsibility and promotional schemes of leading organizations like State Bank of India, IndusInd bank, Cleopatra Beauty Salon, Oxyzone Gym and Spa, Pantaloons, Max Fashion Store, Vivo, Boutique- The Dressing Table, Evergreen Creations, Preet's Facial and Spa Studio etc. our publicity partners in various events were 93.5 red FM, 92.7 Big Fm and 91.6 FM Jyotirgamaya of Panjab University. All the community resources were fully tapped including social service organizations like Rotary Club and our own alumni. We got all our sponsors felicitated for the constant help rendered by first lady Her Excellency Mrs Alka Singh Badnore.

- **Promoting Skill Development and Self Employment**

The entire year centered on activities boosting Skill Development , identifying and promoting Entrepreneurial opportunities for the students. As a proactive initiative , a three day workshop on Skill Development and Entrepreneurial Opportunities was organized in collaboration with Regional Center for Entrepreneurship Development.

The workshop focused on giving practical exposure through industrial visits and motivating the students to undertake their own startups through training sessions in the field of dairy and food processing. Ms. Radhika Singh, Director cum GM, Industries Department, UT conferred the students with participation certificates at the 3 days workshop.

Boosting Start-Up Initiatives

i) Through College Carnival –A Big and Gala Event

After motivating the self employment spirit of the students, the college organized a one day carnival on February 19, 2018. The theme of the carnival revolved around “Earn while you learn”. Home Scientists as young entrepreneurs displayed their skills and talents by putting up a number of stalls inaugurated the carnival. Tiny tots of Chaitanya School put up an enthralling dance performance at the time of the inauguration, followed by a Jindua dance performance by the college girls. The various departments of the college put up fun psychological games, nutritious munchies, food delicacies like hand made chocolates, cakes, bakery products landscaping items, innovative interior decoration products, henna, tattooing, hair dos, dress accessories, skill testing, display of textile upholstery, joy rides, junk stall, diet clinic/health mela, selfie corner, to name a few. A huge footfall was seen during the carnival as students from all across the city of various schools and colleges joined in the festivities. It was a day filled with fun, dancing and creativity.

ii) Through Rose festival by Panjab University and Chandigarh Administration

The skill development efforts continued in Rose festival, held by Panjab university Chandigarh from Feb 9-11, 2018 and Chandigarh Administration from Feb 23-25, 2018. Once again students put up stalls of their skilled items and had a brisk sale.

Promoting Swachhta and Use of Swachhta app

The College actively participated in the Chandigarh Carnival. The theme of the college tableaux was '*Swachhta and Togetherness.*' The layout of the tableaux highlighted through various slogans not only the need for cleanliness in the city but also to inculcate it as a lifestyle change. It promoted the use of '*Swacchta app*' for the city beautiful Chandigarh so as to push forward the ranking of the city. The colorful tableaux pre-dominated green flora and fauna of the city in which children were also depicted to be pro-active caretakers of the green environment. It was highly applauded by Mrs. Kiron Kher, MP from the city who appreciated the total concept.

Extravaganza of Annual Fashion Show – Aakriti 2018

Government Home Science College organized Annual Fashion Show- Akriti to showcase skills of budding young designers of the

college before Fashion industry and leading export houses. This fashion show was cohesion of year long efforts put in by the college staff and the students of Bachelors in Fashion Designing. The chief Guest of the show, was First Lady, Her Excellency, Mrs. Alka Singh Badnore and Mrs. Sangeeta Rakesh Popli, Guest of Honor. The event saw a host of sponsors from industries, Social service organizations, media partners and alumni of the college.

We at Home Science College believe in making an impact on everything we touch

On the minds

On the dreams

On the character

And On the lives of our students as we transfer knowledge and skill beyond classrooms and beyond our campus.

Faculty Achievements

The college has a progressive faculty which regularly works on updating its knowledge and skills, along with fulfilling its duty towards students and institution. The list of faculty members who attended faculty development programmes, Seminars/Conferences and presented papers in National and International forums runs very long. But due to time constraint, I will restrict myself to highlight only a few achievements.

- Dr. Sonia, Dr. Shabana Gandhi, and Dr. Ramanjit Bajwa were awarded PhD degrees at the Panjab University Convocation.
- Dr. Neha Sharma got an award of Best Poster Presentation in World Non Communicable Disease Congress at PGIMER from Nov.4-6, 2017.
- Mrs. Chhayya Verma and Capt. Neelam Kumari were promoted as associate professors under CAS.
- Principal Prof. Sudha Katyal worked as an expert member in 10th Joint Review Mission of MHRD to the state of Punjab for evaluation of Mid Day Meal Scheme and submitted its report with suggestions to Government of India.

THANKS

At the end, Hon'ble Chief guest, I once again thank you for being with us this afternoon and making this occasion very very special for all of us. My thanks are also due to Chandigarh Administration for always taking keen interest in the progress of the institution.

I would like to extend my sincere gratitude and appreciation to the entire college staff for the smooth running of the college and maintaining its prestige and reputation of this pioneer professional institution.

I am particularly thankful to my dear students for giving us these proud moments by doing extremely well in academics, sports and extra-curricular activities during their stay in the college.

I congratulate and extend my heartfelt blessings and good wishes to all the post graduates and graduates who shall be receiving their degrees as well as the prizes this afternoon.

Lastly, A special word for all of you my dear students – believe in yourself and remember that there is something inside you that is greater than any obstacle. Always give your best in making this world a better place.

May all your dreams be realized and may God bestow his blessings on you so that you succeed in all your future endeavours.

Best of luck my dear students and Thank you all.