

**GOVERNMENT HOME SCIENCE COLLEGE,
CHANDIGARH**

2018-19

NATIONAL SERVICE SCHEME (NSS)

7 DAY AND NIGHT NSS SPECIAL CAMP PROGRAMME

December 24, 2018- December 30, 2018

<u>DATE</u>	<u>ACTIVITIES</u>
December 24, 2018	Inaugural Day of 7 Day and Night NSS Special Camp
December 25, 2018	Cleanliness Drive at Leisure Valley
December 26, 2018	Generating Awareness regarding Self-Employment
December 27, 2018	Sensitization on Right Eating at Sukhna Lake
December 28, 2018	Poster Competition on Swacchta held in Khuda Ali Sher
December 29, 2018	Lecture cum Interactive Session at Khuda Ali Sher
December 30, 2018	Enthralling Performances on Valedictory Day at Khuda Ali Sher

Seven days NSS camp was inaugurated by the Principal, Prof. Sudha Katyal. She was given a floral welcome by the NSS incharges Mrs. Seema Jaitly and Dr. Neha Sharma. While inaugurating the camp, Prof. Katyal shared her thoughts of society upliftment especially these belonging to under privileged sections of society through youth. She motivated the NSS volunteers to strive for excellence and encouraged them for maximum participation for the noble cause.

During the second half of the day, Ms. Kalyani Singh, Assistant Professor-Government Home Science College and PGGC 42, Chd delivered an insightful lecture to the volunteers on the importance of Nutrition and generated awareness amongst the students regarding various prevalent diseases, their causes, control and prophylactic measures.

During the second day of the NSS Camp, the volunteers took the initiative of cleaning the Chandigarh's most significant and renowned tourist Spot-Leisure valley. The sculptures at the Leisure valley were cleaned by the active NSS volunteers. Students also cleaned the garden and walking pathways for people to enjoy a dust free environment and take up fresh air.

On the third day of the Seven Day Residential NSS Camp, the volunteers visited the Mauli Jagran complex locality, Daria, Chandigarh for screening of beneficiaries for Free Skill Development Programme for Fashion Designing in the college under DAY-NULM Mission. Students generated awareness regarding self-employment and motivated the rural women give their contribution in making this mission a success. This mission will enable the rural women to undertake their own ventures and thereby fostering women entrepreneurship for a social cause.

On the fourth day, NSS volunteers participated in rally on Swasth Bharat Yatra at Sukhna Lake, Chandigarh. Honourable Governor V.P.Singh Badnore was the Chief Guest of the event. The students were holding placards and raising slogans regarding healthy and safe eating. Later, during the day, NSS volunteers in the collaboration with Department of Social Welfare, P.U. Chandigarh organised a lecture on menstrual hygiene in the adopted village Khuda Ali Sher.

The effervescent team of NSS conducted a rally on the theme Swachh Bharat on the fifth day of the camp. About 100 students participated. The villagers also enthusiastically joined in for the social cause. Slogans, banners and placards on the theme 'Swachh Bharat- Swasth Bharat' were prepared by the volunteers. As a part of camp, students sensitized the women folk for availing the free skill development program in Fashion Designing under the DAY-NULM training in the college.

On the sixth day, volunteers gave an insightful lecture on 'Women Entrepreneurship'. A lecture cum interactive session on 'Care during Pregnancy' and 'Importance of Balanced Diet' was also conducted. They sensitized the women folk on importance of proper care of diet during Pregnancy and how it affects the health and Development of the growing foetus. Village children were informed about the ill-effects of junk food on health and the necessity of taking a healthy Balanced Diet.

The NSS Unit of Government Home Science College celebrated the valedictory ceremony of the 7 Day Residential NSS Camp at the adopted village Khuda Ali Sher. NSS incharges, Mrs Seema Jaitly and Dr Neha Sharma, interacted with the villagers to get their feedback about the camp and know more about the prevalent barriers faced by them in keeping their surroundings clean.

NSS volunteers gave enthralling performances. A Nukkad Natak was also enacted by the effervescent team of NSS on the theme 'Swachhta'. The volunteers and the programme officers also expressed their gratitude to sarpanch of the village, Sh. Hukam Chand, all the local villagers and enthusiastic children for making this camp a grand success and also assured them to provide any kind of support at every step for future endeavours. NSS Volunteers also thanked rural people for their immense patience and active participation throughout the camp. NSS mentors expressed their gratitude to the Principal of the college, Prof Sudha Katyal, for providing all the facilities required for the successful execution of the camp.



Lecture on Women Entrepreneurship



Swasth Bharat Yatra at Sukhna Lake



Valedictory Day



NOTES FROM PU



Students during the Swasth Bharat rally

Swasth Bharat Yatra held

The NSS volunteers of Government Home Science College participated in rally on Swasth Bharat Yatra at Sukhna Lake. Punjab governor V P Singh Badnore was the chief guest at the event. The students were holding placards and raising slogans regarding healthy and safe eating. Later, during the day, NSS volunteers in the collaboration with the department of Social Welfare, PU, organised a lecture on menstrual hygiene at Khuda Ali Sher village.

नुककड़ नाटक से दिया स्वच्छता का संदेश

अमर उजाला ब्यूरो

चंडीगढ़। गवर्नमेंट होम साइंस कॉलेज का सात दिवसीय एनएसएस शिविर का रविवार को समापन हो गया। इस अवसर पर एनएसएस यूनिट की ओर से दत्तक गांव खुड्डा अली शेर में नुककड़ नाटक के जरिये स्वच्छता का संदेश दिया गया। एनएसएस प्रभारी सीमा जेटली और डॉ. नेहा शर्मा ने टीम का नेतृत्व किया। इस अवसर पर वालंटियर्स ने आसपास के वातावरण को स्वच्छ रखने के लिए गांव के लोगों को जागरूक किया। गांव के सरपंच हुकम चंद एवं सभी स्थानीय ग्रामीणों ने विद्यार्थियों के प्रयास की सराहना की।



एनएसएस कैंप में भाग लेने वाली गवर्नमेंट होम साइंस कॉलेज सेक्टर-26 की छात्राएं।

हर कदम पर किसी भी तरह की सहायता प्रदान करने का आश्वासन दिया। एनएसएस वालंटियर्स ने पूरे शिविर में ग्रामीण लोगों को उनके धैर्य और सक्रिय भागीदारी के लिए धन्यवाद किया। कॉलेज प्रिंसिपल प्रो. सुभा कत्याल ने सभी के प्रयास की सराहना की।

18 से 22 दिसंबर के बीच

Media coverage