

09.04.2021

NSS Wing
Govt. Home Science College, Sector-10, Chandigarh
Annual Report
(Session 2020-21)

- Organized Online 'Poster Making Competition on COVID-19' on April 03, 2020
- Organized Online 'Mask Making Competition' on April 10, 2020
- Online Training of NSS programme volunteers- COVID 19 by RGUHS (Webex) on April 20, 2020
- Conducted Self- Assessment of NSS Volunteers on Aarogya Setu on April 24, 2020
- Making of Digital Collage, Creative Masks, Power-Point Presentation and Slogan Writing on the theme 'Fight against COVID-19 pandemic' on April 24, 2020
- NSS Volunteers Participation in 'Digital Training on COVID-19' by Diksha GOI from April 26- April 30, 2020
- Conducted E- survey on apps related to awareness about COVID-19 pandemic by NSS volunteers on May 05, 2020
- NSS Volunteers Participated in 'Power-point Presentation Competition' organized by GGSCW-26, Chandigarh on May 08,2020
- NSS Volunteers Personality enhancement and aptitude training course (SPRUCE) conducted by Hitbulls eye from May 07-May 30, 2020
- Participation of NSS volunteers in Inter college Poster making competition on the theme COVID-19 conducted by Sri Guru Gobind Singh College, sector-26, Chandigarh on May 18,2020
- Participated in an E- survey to enroll NSS volunteers for specific social services during lockdown on May 20, 2020.
- Registration and submission of 'Best out of Waste in the Competition' conducted by DAV college of Women, Chandigarh on the theme 'Creativity in Confinement' from May 26- May 31, 2020
- NSS Volunteers Participated in 'Digital Collage Making Competition' organized by Government Home Science College, Sector- 10, Chandigarh on May 31,2020

- NSS Volunteers participated in an event “Aaj Ka Vakya” is Indian Language under “Ek Bharat Shretha Bharat” on June 3, 2020 directed by NITI Aayog, Ministry of HRD, Govt. of India.
- NSS Volunteers participated in ‘Online Quiz Competition’ organized by GGSDS, Haryana on June 04, 2020
- NSS Volunteers participated in Online Quiz on ‘Ek Bharat Shreshta Bharat’ on June 11, 2020
- NSS Volunteers participated in ‘Poster Making Competition’ organized by GGSCW, Sector- 26, Chandigarh on June 15, 2020
- NSS Volunteers participated in ‘International Yoga Day Video Making’ on June 15, 2020
- NSS volunteers participated in ‘Poster Making Competition’ by GGSCW, Sector-26, Chandigarh on June 15, 2020.
- NSS volunteers participated in ‘5 Challenge Competition’ on Yoga Day by NSS Unit of Carmel Convent School, Chandigarh on June 15, 2020
- NSS volunteers participated in Online ‘Yoga Competition’ by NSS State Cell on International Yoga Day on June 15, 2020.
- NSS volunteers participated in International Online ‘Mandala Art Competition’ organized on June 16, 2020.
- NSS volunteers participated in ‘Poster Making Competition’ by GCCBA-50, Chandigarh on Role/ Scope of Yoga for Swasth Bharat on June 17, 2020.
- NSS volunteers participated in ‘Slogan Writing Competition’ by GCCBA-50, Chandigarh on International Yoga Day on June 17, 2020.
- NSS volunteers participated in ‘Intercollege Quiz Competition’ by GCCBA-50, Chandigarh on International Yoga Day on June 17, 2020.
- Participated in ‘One Week Live Yoga Session’ in Home Science College on June 19, 2020.
- NSS volunteers participated in Online ‘Yoga Session’ by PGGC-46 on June 21, 2020
- NSS volunteers participated in ‘Collage Making Competition on Asanas’ by Divisional Library, Chandigarh on June 21, 2020.
- NSS volunteers participated in ‘Intercollege on Awareness Quiz’ on International Yoga Day by MCM DAV, Chandigarh on June 20, 2020.
- NSS volunteers participated in ‘Poster making and Slogan Writing’ on International Yoga Day by SD College, Sec-32, Chandigarh on June 21, 2020.

- NSS volunteers participated in Online ‘Yoga Competition’ by PGGCG-11, Chandigarh on June 21, 2020.
- NSS volunteers participated in Live ‘Yoga Competition on Yoga at Home & Yoga with Family’ at GHSC-10 on June 21, 2020.
- NSS volunteers participated in ‘Yoga Awareness Quiz’ by Dev Samaj College, Chandigarh on June 21, 2020.
- Prepared NSS Volunteers for Inter-College Poster Making Competition 21 June, 2020 organized by Govt. College of Commerce & Business Administration, Sec 50, Chandigarh.
- NSS volunteers participated in Quiz on ‘Yoga Awareness’ from 21-24 June, 2020.
- Organized one week online ‘Yoga Seminar for Faculty & Students on the Occasion of International Yoga Day from June 19-25, 2020.
- Attended a webinar on ‘Graphology as a Therapy’ on June 28, 2020.
- NSS volunteers participated in a ‘Study on Impact of Covid-19 & 1918 Pandemic HIVI Virus’ conducted by UGC and the same was submitted on 30th June, 2020.
- NSS volunteers participated in a Survey to Study the Strategies for Holistic Well-Being by College Students During the COVID-19 Pandemic’ held by Dev Samaj College of Education, Sec-36 B Chandigarh.
- 500 masks prepared and distributed by NSS volunteers. Participation of NSS Volunteers in distribution of masks on July05, 2020.
- Organized Inter-College ‘Digital College Making Competition’ on the theme ‘Aatm Nirbhar Bharat’ on 15th August, 2020 organized by GHSC-10, Chandigarh.
- Organized National Level Contest on ‘Patriotic Solo Song and Patriotic Solo Dance’ on 15th August, 2020 by GHSC-10, Chandigarh.
- Prepared a report on SES REC (Social Entrepreneurship, Swachhta & Rural Engagement Cell) Action Plan – Ministry of Education, Govt. of India proposed Activities Post Covid-19 on 21 August, 2020.
- Prepared a data of NSS volunteers required for ‘Disaster Management Campaign – Training for Community Volunteers in Disaster Response (Aapda Mitra)’ August 05, 2020.
- NSS volunteers attended ‘World Breast Feeding Week’ from August 01-07, 2020.

- Prepared and organized an Online Nukkad Natak on the theme 'Aatam Nirbhar Bharat' by NSS volunteers, 15th August, 2020.
- Prepared and organized an Online 'Patriotic Dance Presentation' by NSS volunteers, 15th August 2020.
- Attended a meeting on 'Review Process on Fit India Freedom, Run & Fit India Youth Club' on August 27, 2020.
- NSS volunteers Celebrated NSS Day on September 24, 2020. Also, attended 'Live Telecast of National NSS Award Ceremony' on Sept 24, 2020.
- NSS volunteers attended 'National Nutrition Week' from Sept 01-07, 2020 held by GHSC-10, Chandigarh
- Organized a live 'Session on Developing A Multi-Garden' on Sept 30, 2020 organized by GHSC-10, Chandigarh.
- NSS volunteers attended a live session on 'Developing A Multi-Garden' on Sept 30, 2020 organized by NSS Wing, GHSC-10 Chandigarh.
- Celebrations of 'Gandhi Jayanti' on Oct 2nd, 2020 – Commemoration of 50th Birth Anniversary of Mahatma Gandhi by NSS volunteers.
- Pledge on 'Covid-19 Awareness'. Around 165 NSS volunteers participated and took pledge on Oct 8th, 2020.
- Organized 'Essay Writing Competition' & 'Slogan Writing Competition' so as to celebrate Vigilance Week 2020 on the Theme: Vigilant India Prosperous India from 27-31 October, 2020.
- Organized Special Two Ways Camp to celebrate 'Lohri & Makar Sankranti' from 13-14 Jan, 2021. Theme: 'Beti Bachao, Beti Padhao'. Various competitions were held which includes Slogan writing, Declaration, Poster Making, Poem Recitation, Puppet Making & Puppet Show.
- Organized Inter College 'Solo Patriotic Song Competition' by GHSC-10, Chandigarh
- Organized 'Essay Writing Competition' and celebrated 'Parakram Diwas' on the occasion of 'Netaji Subhas Chandra Bose Jayanti' on Jan 23, 2021. Theme: Freedom is not given, it's taken.
- Organized 'Slogan Writing Competition' to celebrate 'National Girl Child Day' on January 24, 2021. Theme: 'Empowering Girls for a Brighter Tomorrow'.
- National Voter's Day Pledge by NSS volunteers on Jan 25, 2021.
- NSS volunteers celebrated Republic Day. NSS wing organized various online activities/competitions on the theme: 'Indian Constitution & Democracy' on

January 26, 2021. Slogan writing, Poem Recitation & Collage Making Competition were organized.

- NSS volunteers participated in door to door 'Pulso Polio Distribution Drive' on Feb 01, 2021.
- NSS volunteers participated in 'One Day Training Programme for E-waste and Single use, plastic management under Action for Clean & Green Society' organized by Chandigarh Pollution Control Committee, UT, Chandigarh on 9th Feb, 2021.
- Organized and celebrated 'International Women's Day' on March 8th, 2021
- Seven Day Special NSS Camp from March 08-14, 2021(Annexure 1).
- Organized 'Bharat Ka Amrut Mahatsav' from March12-March19, 2021. Various multifarious activities were organized (Annexure 2)
- NSS volunteers participated in 'Celebrations of Poshan Pakhwada' under 'Poshan Abhiyaan' from March 16-31, 2021.
- NSS volunteers attended a webinar on Addressing 'Malnutrition During Covid-19' organized by GHSC-10 on March 28, 2021.

NSS Programme Officers

Mrs. Seema Jaitly

Dr. Neha Sharma

DATE	EVENTS
8 TH MARCH 2021	<ul style="list-style-type: none"> ➤ NSS special 7-day camp started with a yoga session by Govt. College of yoga Sector 23E ➤ Talk on measures to prevent anaemia by Mrs. Namrata Sethi. ➤ Celebration of Women's Day with Open Eye Foundation.
9 TH MARCH 2021	<ul style="list-style-type: none"> ➤ Yoga Session by Govt. College of Yoga Sector-23 E ➤ Motivational session by Mrs.Indu Agarwal – founder of Disha for Success. ➤ Cleanliness program throughout the college campus.
10 TH MARCH 2021	<ul style="list-style-type: none"> ➤ Yoga session by Govt. College of Yoga Sector-23E ➤ Entrepreneurial talk by Mr. Paramjit Singh ➤ Seminar on Social inclusion of Marginalize sections in Indian Society by Mr. Manoj Kumar.
11 TH MARCH 2021	<ul style="list-style-type: none"> ➤ Doughnut Making Workshop by Ms. Anupreet Kaur Sobti. ➤ Yoga session by Govt. College of Yoga Sector- 23 E with a fun element.
12 TH MARCH 2021	<ul style="list-style-type: none"> ➤ Camp started with Bharat ki Azadi ka Amrit Mahotsav celebration. ➤ Watched videos related to this event. ➤ Listened to our ministers talk about this event that took place in Sabarmati Ashram.
13 TH MARCH 2021	<ul style="list-style-type: none"> ➤ Celebration of the Global Recycle Day, organised by our college. #Recycling Reuse. ➤ Award giving ceremony. ➤ Ms. Ginni (Guinness Book Record Holder) used wax technique to make a portrait of our Shri Dalai Ji our chief guest. ➤ A session on Sardar Vallabh Bhai Patel about his great work for the nation by Mr. Mohit Verma Assistant Professor , Deptt. Of Public Administration PGGCG-42 Chandigarh
14 TH MARCH 2021	<ul style="list-style-type: none"> ➤ Lighting of the ceremonial lamp and welcoming our chief guest Mr. Bikram Singh Rana (state liaison officer NSS) and Principal Ma'am Professor Sudha Katyal. ➤ Taking the NSS Pledge. ➤ Singing of the NSS song. ➤ Summoning of the NSS camp by Dr.Neha Sharma through Power point presentation. ➤ Garbha dance performed by the NSS volunteers. ➤ Bhangra was performed by the NSS volunteers. ➤ The camp's closing ceremony ending with the motivational words of our chief guest Mr. Bikram Singh Rana.

Annexure 1

Annexure 2

GOVERNMENT HOME SCIENCE COLLEGE
Sector- 10, Chandigarh
NAAC Grade 'A' & NIRF Ranking 2020- 86th
Celebrates
'Bharat Ka Amrut Mahotsav'

 **PM MODI LAUNCHES Bharat Ka Amrut Mahotsav**
Live Streaming of Launch of Bharat Ka Amrut Mahotsav
12.03.2021

 **75 भारत अमृत महोत्सव**
हर रङ पर बढ़ते कदम

 **Stage Play on 'Inqilaab Zindabaad'**
13.03.2021

 **Essay Writing Competition**
12.03.2021

 **Poetry Writing Competition**
15.03.2021

 **Poster Making Competition**
16.03.2021

 **MANGAL PANDEY**
Showcasing Movie on Unsung Hero 'Mangal Pandey'
17.03.2021

 **75 भारत अमृत महोत्सव**
हर रङ पर बढ़ते कदम

 **Same Jahan se Accha - Hindustan Hamara**
Patriotic Group Song Competition
12.03.2021

 **NETION BULLIES PIONEER OF NATIONAL MOVEMENT SARDAR VALLABHBHAI PATEL**
Talk on Role of Sardar Vallabh Bhai Patel in India's Freedom Struggle
13.03.2021

Coordinators
Mrs. Seema Jaitly (NSS)
Dr. Neha Sharma (NSS)

Convener
Prof. Sudha Katyal (Principal)