

Covid Appropriate Behaviour

- Participation of 160 NSS Volunteers and 30 NCC Cadets in activities related to generating awareness regarding COVID appropriate behaviour through poster making and slogan writing

Glimpses of NSS Volunteers in sensitizing masses towards COVID appropriate behaviour



Identification of Covid affected families and mobilizing resources for them

- 63 NSS Volunteers distributed packed food eatables to the needy during COVID pandemic so as to mobilize resources for COVID affected families
- Preparing and distribution of 1200 masks by NSS Volunteers & NCC Cadets of the college to the families in and around Chandigarh.

Glimpses of identification of Covid affected families and mobilizing resources for them



Swachhta Action Plan

- Focus on Swachh Bharat Abhiyan - Cleanliness program throughout the college campus. 100 NSS Volunteers participated in Swachh Bharat Abhiyan
- 80 NSS Volunteers participated in Tree Plantation Drive and sensitizing the masses regarding clean and green environment thereby contributing in creating '*Green and Swachh Bharat*'

Glimpses of NSS Volunteers in action- Focusing on Swachh Bharat Abhiyan



Press Coverage

Mangla Times

NSS Camp focused on Healthy Living, Yoga, and Swach Bharat Pakhwada

MANGLA TIMES 0 days ago

Chandigarh, March 09, 2021: The first session of the second day of Seven days of special NSS Camp started with Yoga for Mental Health by yoga instructors from the Government College of Yoga Education & Health, Chandigarh. Through the practical demonstrations of multiple asanas such as Pranasana, Kirmasana, karsasana, students were informed about the physical and psychological benefits of yoga in day-to-day life.

For the subsequent session, two resource persons i.e. Ms. Indu Aggarwal (a visionary entrepreneur, philanthropist, and life-coach) and Mr. Vikas Bohl

Second Day of NSS Camp focused on healthy living, yoga and swach bharat pakhwada

The second day of the camp ended with the participation of NSS volunteers in the cleanliness drive on the campus

cityairnews Mar 9, 2021 11:02

A group of NSS volunteers are participating in a yoga session. They are sitting on mats on the grass, performing yoga asanas. In the background, a banner reads "SEVEN DAYS SPECIAL NSS CAMP" and "MARCH 08, 2021 - MARCH 14, 2021".

Glimpses of NSS Volunteers participated in Tree Plantation Drive on June 05, 2021



VIDEO-2021-07-05-20-07-52.mp4



VIDEO-2021-07-06-09-50-57.mp4

Vaccination Promotion and Psycho-social Support Service

- 120 NSS Volunteers participated in Vaccination Awareness Campaign through door to door visits
- Sensitizing NSS Volunteers through online mode (Google Meet) from time to time on promoting psycho-social well-being of affected people and increasing awareness on psychological reactions in times of crises thereby providing counselling to affected families

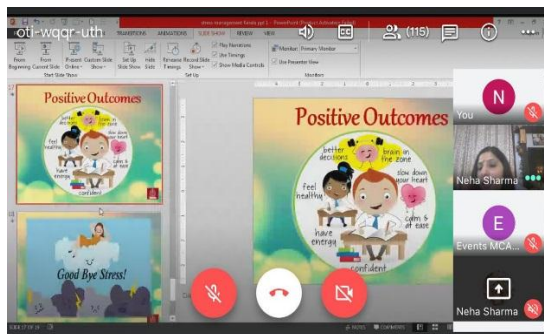
Glimpses of Participation of NSS Volunteers in Vaccination Campaign



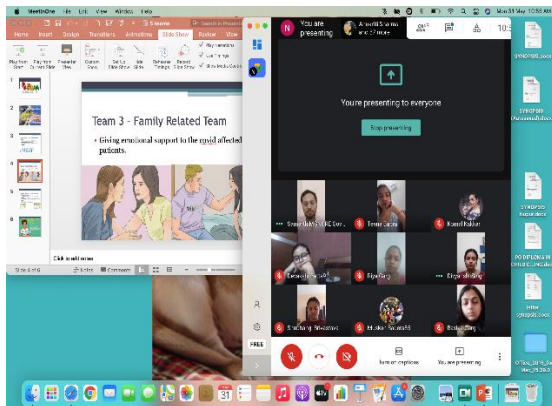
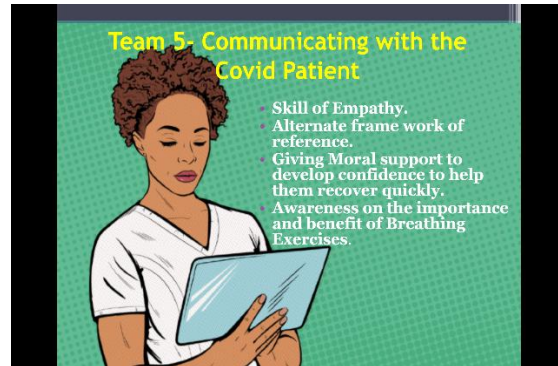
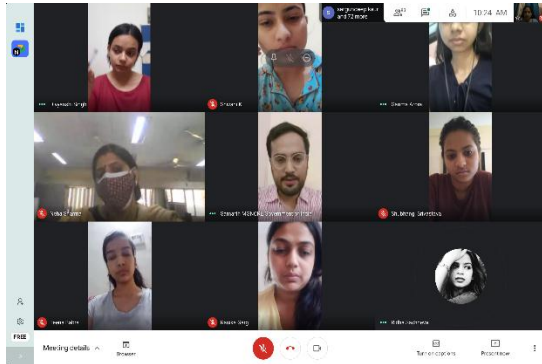
Networking with Government, NGO's, Civil Society Organizations

- Organized an online workshop on Psycho-social Support for COVID Pandemic Condition (COVID Helper's Skills for Student Community) in collaboration with Mahatma Gandhi National Council of Rural Education (MGNCRE)
- The college organized Migratory Birds Watching and Swacchta Walk at Sukhna Lake in collaboration with NGO Yuvsatta and Department of Environment, Chandigarh Administration. Around 40 NSS Volunteers participated in the event
- Organizing virtual and offline sessions on yoga for mental health for the faculty and students from time to time in collaboration with Government College for Yoga Education & Health, Sector-23, Chandigarh. Around 100 NSS Volunteers participated in the event
- A live workshop was organized on Mind Management with Yoga in collaboration with Sri Sri University, Cuttack Around 100 students participated in the virtual event through google meet.

Glimpses of Sensitizing NSS Volunteers through online mode (Google Meet) from time to time on promoting psycho-social well-being of affected people and increasing awareness on psychological reactions in times of crises thereby providing counselling to affected families



Glimpses of an online workshop on Psycho-social Support for COVID Pandemic Condition (COVID Helper's Skills for Student Community) in collaboration with Mahatma Gandhi National Council of Rural Education (MGNCRE)



Press Coverage of the workshop

<https://www.manglatimes.com/online-workshop-organized-on-psycho-social-support-for-covid-pandemic-situation/>

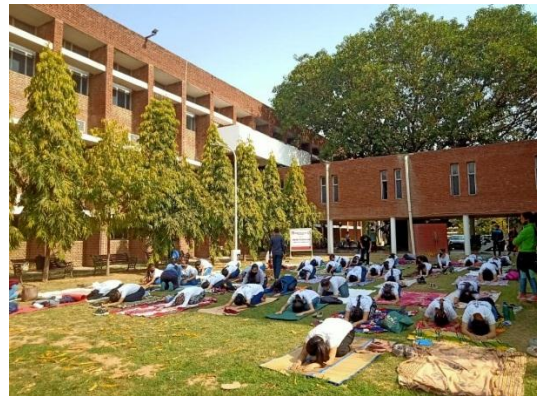
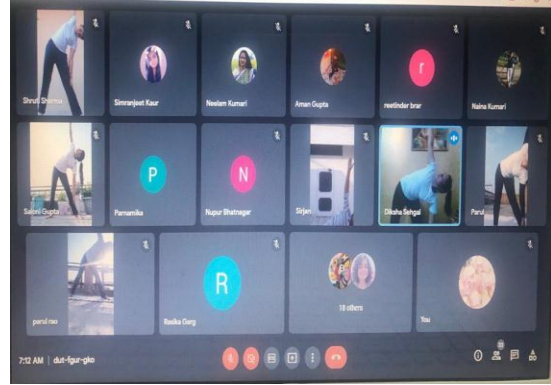
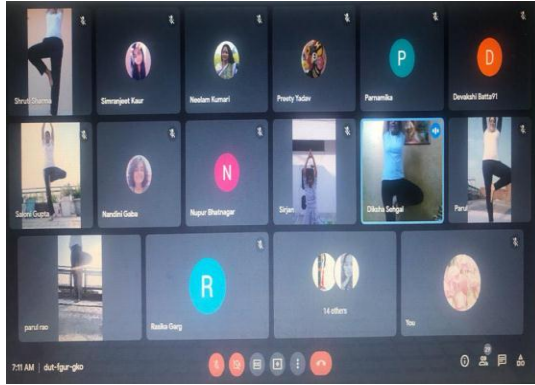
<https://www.cityairnews.com/content/online-workshop-organised-on-psycho-social-support-for-covid-pandemic-situation>

<https://twitter.com/MGNCRE/status/1409959480121462786?s=19>

Glimpses of Migratory Birds Watching and Swacchta Walk at Sukhna Lake in collaboration with NGO Yuvsatta and Department of Environment, Chandigarh Administration. Around 40 NSS Volunteers participated in the event



Glimpses of virtual and offline sessions on yoga for mental health for the faculty and students from time to time in collaboration with Government College for Yoga Education & Health, Sector-23, Chandigarh. Around 100 NSS Volunteers participated in the event



Glimpses of live workshop on Mind Management with Yoga in collaboration with Sri Sri University, Cuttack Around 100 students participated in the virtual event through google meet

