

NAAC GRADE: A++





NCC REPORT

(2023-24)

In the academic session 2023-24, Total 107 NCC cadets [1st year cadets (34), 2nd year cadets (29) and 3rd year cadets (44)] were enrolled in liaison with Commanding Officer,1 Chandigarh Girls BN (Army Wing).

NCC Cadets enthusiastically worked as volunteer and participated in the Regular NCC Training Activities, Camp activities and Social Service and Community Development activities (Cycle Rally, Poster creation etc) under the guidance of Major Neelam Kumari, Associate NCC Officer through the academic session.

NCC Cadets attended Annual Training Camps at JNV School, and at DSCW-45 and one Army Attachment Camp at 70 Engineer Regiment, Chandi Mandir. They also follow Twitter account and follow "Join Hands" group to upload NCC activities digitally prepared material such as Videos, Posters, Rally etc. They followed DGNCC app to update the knowledge of NCC syllabus and learn about theoretical and practical subjects in-depth and breadth through videos apart from the regular classes in the college campus and NCC camps.





GOVERNMENT HOME SCIENCE COLLEGE

NAAC A++ NIRF RANK-52**



Sr. No	Date	Event	No. of Cadets
01	30.05.23	No Tabacco Day	25
02	01.06.23-10.06.23	Annual Training Camp	20
03	05.06.23	World Environment Day	30
04	12.06.23	Walkathon at Sukhna Lake on	05
		"Say No To Drugs"	
05	21.06.23	International Yoga Day	30
06	15.08.23	Independence Day Celebration	45
07	04.09.23	Poshan Maah	23
08	09.09.23	Puneet Sagar Abhiyan	02
09	11.09.23	Youth Symposium	05
10	16.09.23	Walkathon on Earth Day	20
11	19.09.23-30.09.23	All India Thal Sainik Camp (Delhi)	01
12	01.10.23	Swacchta Abhiyan	25
13	07.10.23	Breast Cancer Walkathon at Lake	05
14	16.10.23-27.10.23	Army Attachment Camp	11
15	20.10.23-29.10.23	Annual Training Camp	25
16	17.11.23	Cyber Security/Traffic Laws Awareness	10
17	19.11.23	Visit To War Memorial	08
18	25.11.23	Blood Donation	
19	05.01.24	Woollen Donation Drive	38
20	12.01.24	National Youth Day	21



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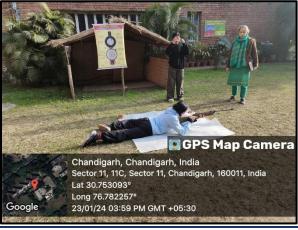


REGULAR NCC TRAINING

















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NO TOBACCO DAY

Activity: Creation of Posters On 'No Tobacco Day'

Date: 30th May 2023 No. of Cadets: 17

Agency: Sahayta Charitable Welfare Society

Venue: Govt. Home Science College Sector 10, Chandigarh

No Tobacco Day was celebrated to create awareness regarding the hazards of Tobacco Consumption.

NCC cadets along with the members of Sahayat Charitable Welfare Society made people aware regarding the bad effects of consumption of tobacco .

The members of charitable trust conducted poster making competition, NCC cadets actively participated in this event and won prizes, cadets made handmade and digital poster as well. The theme for this day was 'SAY NO TO TOBACCO AND YES TO FOOD'.







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ANNUAL TRAINING CAMP

Activity: "Annual Training Camp 2023"

Date: Ju01.06.23 to 10.06.23 No. of Cadets: 20

Agency: 1Chandigarh Girls BN NCC

Venue: Jawahar Navodaya Vidyalaya, Sector 25 Chandigarh

Annual Training Camp 2023 was held at Jawahar Navodaya Vidyalaya,



from 1st June 23 to 10th June 23. 20 cadets from GHSC-10 attended this camp, they participated in various cultural and sports activities. They have won the BestCompany Trophy in inter college competition during the NCC camp.







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WORLD ENVIRONMENT DAY

Activity: Celebrating World Environment Day

Date- 05.06.23 No. Of cadets- 09

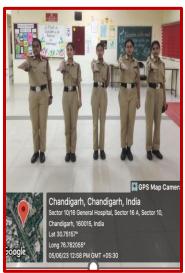
Agency- 1 Chandigarh Girls BN

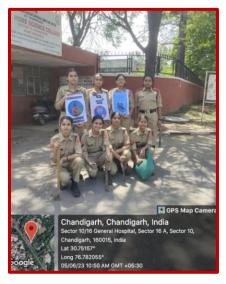
Venue- Govt. Home Science college, sector-10, Chandigarh

World Environment Day was celebrated every year on 5th of June to create awareness for the protection of the Environment. NCC cadets of our college initiated the cleanliness drive and also watered the trees.

The cadets took pledge to save their environment and also to create awareness among others. Digital pledge was also taken by the cadets.









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<u>WALKATHON AT SUKHNA LAKE</u> ON SAY NO TO DRUGS

Activity: Walkathon at on Say No To Drugs

Date: 12.06.23 No. of Cadets: 22

Agency: 1Chandigarh Girls BN NCC Venue: Sukhna Lake, Chandigarh

A walkathon was conducted on 12th June 23 at Sukhna lake, Chandigarh. The walkathon was held to make people aware of the effects of consumption of drugs and letting them know the consumption of drugs will lead to severe health issues.







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INTERNATIONAL YOGA DAY

Activity: International Yoga Day

Date: 21.06.23 No. of Cadets: 12

Agency: 1 Chandigarh Girls BN NCC

Venue: Rose Garden, Chandigarh

On the occasion of International Yoga Day, NCC Cadets of Govt. Home Science College performed Yoga and also took pledge to inculcate Yoga in their lifestyle.









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INDEPENDENCE DAY CELEBRATION

Activity: 'Independence Day Celebration

Date: 15.08.23 No. of Cadets: 45

Agency: National Festival

Venue: Govt. Home Science College Sector 10, Chandigarh

Independence Day is celebrated every year on 15-Aug to mark the Independence of India from the British power.

This year it was celebrated more enthusiastically as India marked its 77th Independence Day. Cadets performed dances and recited poetry on this occasion.









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CYCLE RALLY ON POSHAN MAAH

Activity: Cycle Rally On Poshan Maah

Date- 04-09-2023 No. Of cadets-23

Agency- 1 Chandigarh Girls BN NCC

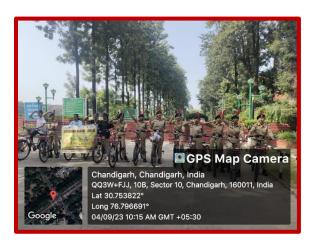
Venue- Route Madhay Marg (GHSC-10, Matka Chowk and Sector- 15, 16, Chandigarh)

Government of India has declared September as "Poshan Maah", month of nutrition. Proper diet with all the important nutrients is essential for both the mother as well as the baby.

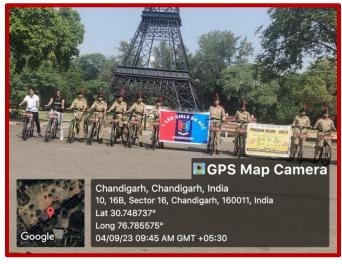
It ensures proper growth and development of the child. The NCC cadets took out a rally on September 3, 2023 on "Poshan Maah" to create awareness among the people.













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PUNEET SAGAR ABHIYAAN

Activity- "Rally on Puneet Sagar Abhiyan"

Date- 09.09.23

No. Of cadets-02

Agency-1 Chandigarh Girls BN NCC

Venue- Govt. Home Science College, Sector-10, Chandigarh

"Puneet Sagar Abhiyan" is a campaign launched by DGNCC to encourage youth for cleaning water bodies.





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YOUTH SYMPOSIUM

Activity: "Essay and Elocution Contest on Swami Vivekananda"

Date: 11.09.23 No. of Cadets: 05

Venue & Agency: Rama Krishan Ashram, Sector 15, Chandigarh

The essay and elocution contest on the occasion of 129th year of Swami Vivekananda's Chicago address is been organized every year.

The theme for the contest was "INDIA'S MESSAGE OF UNIVERSAL TOLERANCE AND ACCEPTANCE".







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WALKATHON ON EARTH DAY

Activity: Walkathon On Earth Day

Date: 16.09.23 No. of cadets: 17

Agency: 1 Chandigarh Girls BN NCC

Venue: Sukhna Lake Chandigarh

The day is celebrated to mark the anniversary of the modern environmental movement that started in 1970. Earth Day was founded to raise awareness about certain environmental issues like pollution, deforestation, and the loss of biodiversity.





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ALL INDIA THAL SAINIK CAMP

Activity- "All India Thal Sainik Camp 2023"

Date- 19.09.23- 30.09.23 No. Of cadet-01

Agency-DG NCC

Venue- New Delhi



All India Thal Sainik Camp was held at Delhi from September 14 to 25, 2023. It is equivalent to RDC and full of competitive levels. Sergeant Saumya, a spirited NCC cadet pursuing her graduation from Government Home Science College Sector-10, Chandigarh, embarked on a transformative journey as she prepared for the esteemed Thal Sainik Camp (TSC) that was held in DGNCC Delhi. Here's an insightful chronicle of her remarkable adventure through this camp:

*June 20th: Training Commencement - The Prelude to Greatness-

Saumya eagerly commenced her training with her NCC unit, immersing herself in a diverse array of activities ranging from physical conditioning to leadership seminars. Under the scorching summer sun, she and her comrades built a strong foundation of discipline, teamwork, and commitment, laying the groundwork for the challenges that lay ahead. She was selected for the Health & Hygiene event for intergroup competition that was supposed to be held at Ropar.

*August 7th - 16th: Pre-camp 1 - Foundations of Preparedness-

During the initial phase of Pre-TSC camp 1 held at Ropar, Saumya engaged in intensive training sessions focused on various subjects of health & hygiene. Guided by experienced instructors, she learned about medical science in detail and execute the knowledge with precision. Through collaborative exercises, she fostered strong bonds with her peers, understanding the importance of teamwork in overcoming obstacles and with their cumulative efforts Chandigarh group bagged 2nd position in Health & Hygiene intergroup competition. She represented NCC Chandigarh Group at PHHP&C Directorate Level.

*August 17th - 26th: Pre-camp 2 - Sharpening Skills-

In Pre-camp 2, Saumya delved deeper into her training, refining her First aid skills and life saving abilities. She participated in simulated scenarios, honing her decision-making skills under pressure and enhancing her proficiency with patients or injured people. Through mock tests, practicals and strategic exercises, she gained invaluable experience and confidence in her capabilities as a sergeant.

*August 30th - September 8th: Pre-camp 3 - Assessing Readiness-

As the TSC drew nearer, Saumya underwent rigorous evaluations during Pre-camp 3 to assess her readiness for the upcoming challenges. Endurance tests, Situation reaction tests, leadership assessments, Inter group competitions and tactical simulations pushed her limits, allowing her to demonstrate her resilience and adaptability in various scenarios. Not Only this but she also emerged as one of the topper of the PHHP&C Directorate in the Health and Hygiene event. With each trial, she grew more confident in her abilities and determined to excel in the TSC. After looking at her outstanding performance she was finally selected for the Health & Hygiene team of the PHHP&C Directorate at Thal Sainik Camp at Delhi. She represented Panjab, Haryana, Himachal Pradesh and Chandigarh Directorate at National Level.

*September 9th - 18th: Pre-camp 4 - Final Preparations-

In the final phase of preparation, Saumya focused on fine-tuning her skills and mental preparedness for the TSC. Specialized training sessions and strategic planning exercises equipped her with the tools necessary to navigate the complexities of the upcoming camp. Supported by her instructors, she embraced the challenges ahead with unwavering determination and a sense of camaraderie.

*September 19th - 29th: Final TSC in Delhi - The Ultimate Test-

The TSC in Delhi marked the culmination of Saumya's journey, presenting her with the ultimate test of her training and abilities. Over ten days of intense activities, she successfully completed various activities, including line area management, tent pitching, written examination and practicals of Health and Hygiene. Drawing upon her skills and experiences from the preparatory phases, she tackled each task with determination and resilience, earning the respect of her peers and instructors alike.

*September 29th - October 2nd: De-kitting - Reflecting on Achievements-

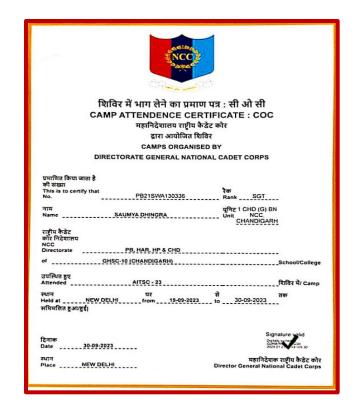
As the TSC concluded, Saumya and her comrades gathered to reflect on their achievements and experiences. The de-kitting process symbolized the end of their journey, but also marked the beginning of a new chapter in their lives. As they packed away their gear and bid farewell to Delhi, they carried with them memories of challenges overcome, friendships forged, and lessons learned, ready to face whatever the future may hold. Sergeant Saumya's inspiring voyage through the Thal Sainik Camp was a testament to her dedication, perseverance, and leadership. Through hard work, determination, and the support of her NCC family, Government Home Science college, Chandigarh, she emerged stronger and more resilient, ready to make her mark on the world as a true leader and role model for other students and NCC cadets.

















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SWACCHTA ABHIYAN (CLEANLINESS DRIVE)

Activity: Swacchta Abhiyan

Date: 01.10.23 No. of Cadets: 25

Agency; Govt. Home Science College Sector 10, Chandigarh

Venue: Senior Citizen Home Sector 15, Chandigarh

NCC cadets of Government Home Science college performed Sharmdam at Senior citizen home sector 15-d Chandigarh, the event was dedicated to the birth anniversary of father of the nation Mahatma Gandhi. The cadets also took part in the cleanliness drive.







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WALKATHON ON BREAST CANCER AWARENESS

Activity- "walkathon on Breast cancer awareness"

Date- 07.10.23

No. Of cadets- 05

Agency-1 Chandigarh Girls BN NCC

Venue- Sukhna Lake, Chandigarh

A walkathon was conducted on 07-oct-2023 at sukhna lake, Chandigarh. This campaign was conducted in association with sahayta charitable society. It was held to make people especially middle-aged women aware about breast cancer and various other types of cancer and what we can do to prevent it as "prevention is always better than cure".







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ARMY ATTACHMENT CAMP-2023

Activity- "Army Attachment Camp 2023"

Date-16.10.2023 to 27.10.2023.

No. Of cadets-11

Agency- 1 Chandigarh Girls BN NCC

Venue- Chandimandir Cantonment, Chandigarh

Army Attachment camp was held at the 70 Engineer regiment, Chandimandir. It was held from 16-October-23 to 27-October-23. 70 engineer regiment also known as the "Might Seventy" Is well known for its quick construction and destruction.

This was once in a lifetime experience for all the cadets. Cadets lived Army lifestyle for about 10 days. The camp included rigorous training with PT and drill practice. The cadets also participated in various cultural activities.

The NCC cadets of GHSC -10 performed a Nukkad natak on the theme "save environment" to create awareness among the families of defence personnel. They were appreciated for this by the officers of 70 engineer regiment.

















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ANNUAL TRAINING CAMP

Activity: "Annual Training Camp 2023"

Date: 20.10.23 to 29.10.23 No. of Cadets: 25

Agency: 1 Chandigarh Girls BN NCC

Venue: Dev Samaj College For Women, Sector 45, Chandigarh

Annual Training Camp 2023 was held at Dev Samaj College For Women, Sector 45, Chandigarh from 20th October 23 to 29th October 23. 25 cadets from GHSC-10 attended this camp, they participated in various cultural and sports activities.

















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CYBER SECURITY & TRAFFIC LAWS AWARENESS

Activity: Seminar on Cyber Security & Traffic Laws Awareness

Date: 17.11.23 No. of Cadets: 07

Agency: 1 Chandigarh Girls BN NCC

Venue: CFLs Complex, Sector 36, Chandigarh











MILITARY LITERATURE FESTIVAL & VISIT TO WAR MEMORIAL

Activity: Visit to War Memorial

Date: 19.11.23 No. of Cadets: 08

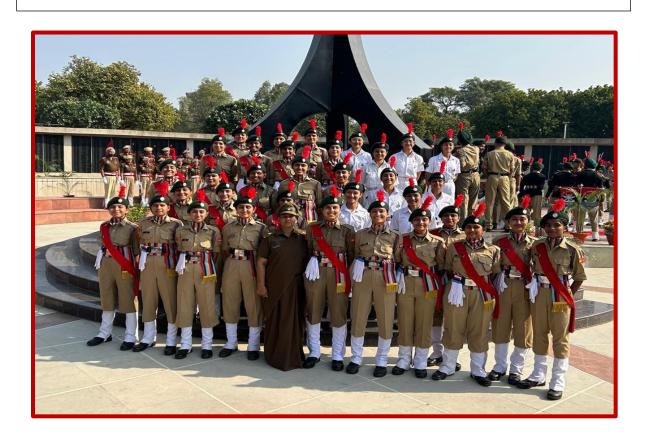
Agency: 1 Chandigarh Girls BN Chandigarh

Venue: War Memorial, Sector 10 Chandigarh





https://mirror365.com/military-literature-festival-mlf-2023/#:~:text=CHANDIGARH%2C%20NOVEMBER%2019%3A%20Punjab%20Governor%20and%20U T%20Chandigarh%20Administrator%20Sh





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BLOOD DONATION

Activity: Blood Donation Camp

Date: 25.11.23 No. of Cadets: 05

Agency: 1 Chandigarh Girls BN NCC

Venue: Moti Ram Arya Senior Secondary Model School, Sector-27, Chandigarh

Blood donation camp was held at Moti Ram Arya Senior Secondary Model School on 25th November 2023. Five cadets donated their blood during this campaign and took pledge to donate blood every year and help the needy.







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WOOLLENS DONATIONS DRIVE

Activity: "Woollens Donation Drive"

Date: 05.01.24 No. of Cadets: 40

Agency: 1 Chandigarh Girls BN NCC

Venue: PGI-Sector-14 & General Hospital- Sector-16 Chandigarh

"Woollen Donation Drive For Underprivileged Children And Aged" was carried out by the NCC Girls Cadets of Government Home Science College under the guidance of Col. Anupam Randhawa Commanding officer of 1 Chandigarh Girls BN as a part of Social Service and Community Development on This event sensitized the cadets and people towards the need of care and welfare.

















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NATIONAL YOUTH DAY

Activity: Celebration of National Youth Day: Speech on Swami Vivekananda

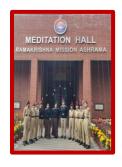
Date: 12.01.24 No. of Cadets: 21

Agency: Rama Krishan Ashram, 1 Chandigarh Girls BN NCC & GHSC-10, Chandigarh

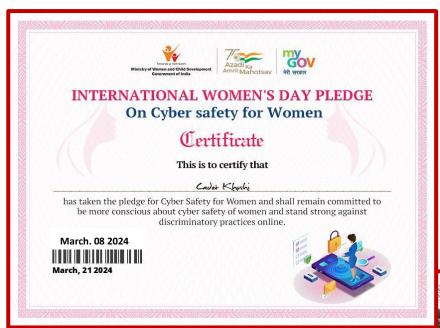
Venue: Rama Krishan Ashram, Sector 15, Chandigarh









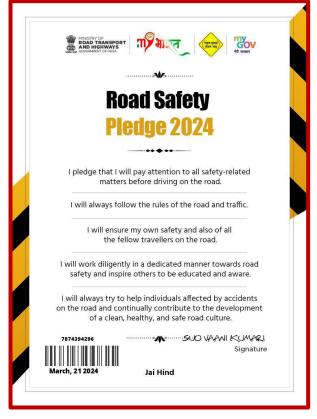














Hamara Sankalp Viksit Bharat Pledge

We Pledge to:

Make India developed and self-reliant nation by 2047

Remove any trace of colonial mindset

Celebrate our heritage

Strengthen unity and respect those who protect the country

Perform the duties of a citizen