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This is to certify that the dissertation entitled “A Study on Mental Health, Family Environment, Loneliness and Social Freedom Among Married and Unmarried Women of Kinnaura Tribe (25-40 years of age)” submitted for the degree of Master of Science (HOME SCIENCE) in Human Development, to Panjab University, Chandigarh is a bona fide research work carried out by Ms. Arti Negi under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.

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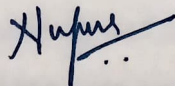
This is to certify that the dissertation entitled “ **Emotional Intelligence and Levels of Forgiveness as correlates of Personality of College students (17-25 years of age)**” submitted for the degree of **Master of Science (HOME SCIENCE)** in **Human Development, to Panjab University, Chandigarh** is a bona fide research work carried out by **Ms. Binny** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been full acknowledged.


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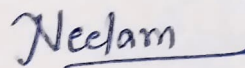
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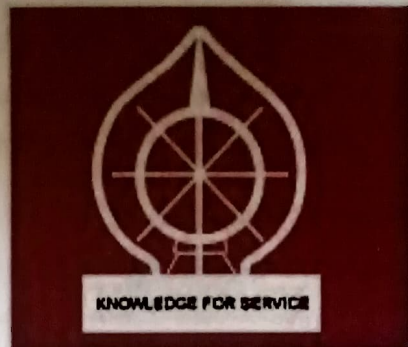
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This is to certify that the dissertation entitled “**Psychological Well-being as Related to Mindfulness and Compassion**” submitted for the degree of **Master of Science (Home Science) in Human Development**, to **Panjab University, Chandigarh** is a bona fide research work carried out by **Ms. Harseerat Kaur** under my guidance and supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.

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This is to certify that the dissertation entitled “**DEVELOPMENT OF A MODULE FOR EDUCATORS TO NURTURE EMOTIONAL INTELLIGENCE AMONG SCHOOL GOING CHILDREN (10 – 16 YEARS OF AGE)**” submitted for the degree of **Master of Science (Home Science) in Human Development**, to **Panjab University, Chandigarh** is a bona fide research work carried out by **Ms. Manisha Kapur** under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.


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This is to certify that the dissertation entitled **A STUDY OF MENTAL HEALTH OF YOUNG ENTREPRENEURS IN RELATION TO PERCEIVED STRESS, RISK, RESILLIENCE, SOCIAL SUPPORT AND PSYCHOLOGICAL WELL BEING** submitted for the degree of **Master of Science (Home Science) in Human development of Panjab University, Chandigarh**, is a record of work carried out by **Ms. Nimran Kaur** under my supervision and no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of study have been fully acknowledged.

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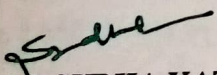
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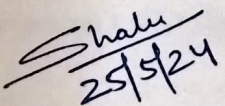
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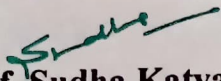
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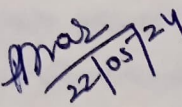
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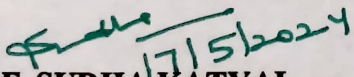

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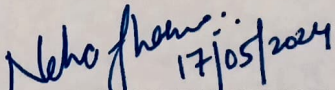
This is to certify that the dissertation entitled 'A Study on Dyadic Communication, Trust and Relationship Satisfaction Among Young College Going Unmarried Couples (18-25 years age)' submitted for the degree of Master of Science (HOME SCIENCE) in Human Development, to Panjab University, Chandigarh is a bona fide research work carried out by Ms. Shefali Kathuria under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.


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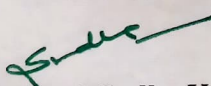
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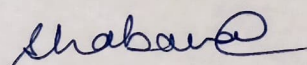
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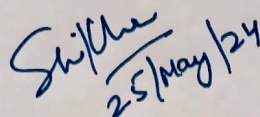
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This is to certify that the dissertation entitled 'Emotional Quotient, Perceived Stress and Ways of Coping as Correlates of Psychological Well-Being in Tibetan Refugees residing in Nepal' submitted for the degree of Master of Science (HOME SCIENCE) in Human Development, to Panjab University, Chandigarh is a bona fide research work carried out by Ms.Tenzin Choeyang under my guidance and supervision and that no part of this dissertation has been submitted for any other degree or diploma. The assistance and help received during the course of the study have been fully acknowledged.


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