

**GOVT. HOME SCIENCE COLLEGE SECTOR-10, CHANDIGARH**



**55<sup>th</sup> ANNUAL CONVOCATION**

**CUM**

**PRIZE DISTRIBUTION FUNCTION**

**Presided Over**

**By**

**Prof. Yajvender Pal Verma,**

**Registrar, Panjab University Chandigarh**

**On**

**April 18, 2026**

**ANNUAL REPORT 2025-26**

**PRESENTED BY**

**Dr. (Mrs.) Sudha Katyal**

**Principal**

**Govt. Home Science College**

**Sector 10, Chandigarh**

## Good Afternoon

It is my **pleasure and proud privilege** to welcome our Honourable Chief Guest Prof. Y.P.Verma. **Registrar, Panjab University Chandigarh.**

- As Registrar, Prof. Verma is serving as a **Administrative Head** of one of the **India's oldest** (142 years) and the **most prestigious institutes of Higher learning.**
- Prof. Verma has been playing a **pivotal role** in upholding Academic integrity, Governance and Institutional Values of this Renowned University. Sir has also been instrumental in Fostering **Academic Collaborations**, promoting **several campus initiatives** and **representing the University** at the major national events.
- A Ph.D. holder in Electrical Engineering from NIT, Kurukshetra, Sir is a brilliant, dedicated and very hard working officer with ready-to-help spirit, who has the ability to lead from the front. **An academician par excellence** Sir has to his credit a number of **research papers** in Journals of National and International repute as well as a patent.
- Sir, is a distinguished expert whose deep technical insight and remarkable achievements has set a benchmark for all the young girls present here today. A very warm and very hearty welcome to you, Respected Sir, in Government Home Science College today.
- May I now Hon'ble Sir, with your kind permission, present before you a glimpse of the **Annual Report of College** for the session 2025-26.
- Since its inception in 1961, the college has built **great credibility and gained recognition** as a premier institute. I feel very proud to share that in its **third cycle of NAAC assessment in 2023, the college created history by securing A++ Grade with an outstanding score of 3.56.**
- Sir, our college is the **ONLY COLLEGE IN TRICITY** to receive such a coveted **NAAC A++ Grade.**

- **It is important to highlight that, the college broke its own previous record with a TREMENDOUS JUMP in NIRF India Rankings released by Ministry of Education, GOI. In 2025, our college secured 35<sup>th</sup> rank at National Level as compared to 51<sup>st</sup> rank in 2024 and topped amongst all the colleges in Tri city.**
- It is also noteworthy to mention that the college has been ranking **among the top 55 colleges** in the last four years and in top 100 colleges of the country in the **last seven years consecutively in a row**, reaffirming its legacy of academic excellence.
- The quantum leap in **NIRF India Rankings and NAAC grading** over the past 7 years stands as a **testimony** to the commitment of the college towards **sustenance and promotion** of an environment, favourable to the growth and development of an **academic prowess**, satisfying contemporary women's professional and specialized needs.
- Sir, the college currently runs two Bachelor's Programme- B.Sc. (Home Science) with **four** specializations and B.Sc. in Fashion Designing as well as **Masters' Programmes** in three streams- Foods & Nutrition, Human Development and Clothing & Textiles. The UG and PG courses are designed to meet the **marketplace's challenges, demands, and changing technologies. The college is also an approved Research Centre for Ph.D.**
- Aligned with the objectives of the **New Education Policy (NEP) 2020**, the institute focuses on imparting **skill based education** through **multidisciplinary and trans disciplinary perspectives.**
- Furthermore, catering to the demand of the courses, the college has increased the number of seats from 12 to 40 in all the three streams of M.Sc. Home Science Courses from the session 2025-26.
- Sir, it gives me immense pleasure to share that in this academic session, **Presently 41 Ph.D. Scholars** (10 in this current session) are **enrolled in three** different streams of Home Science.

- **29 Ph.D. students** have **completed their course work** and **presented their Synopsis.**
- **8** have **submitted their final thesis** and
- **4** have been **awarded degrees.**

## **ACHIEVEMENTS OF STUDENTS**

### **In 2025, P.U. examinations**

I feel very happy to share that **100% results** have been **achieved** in our **Masters Programmes of Foods and Nutrition and HD.**

- **Anushka Sharma** topped in the Masters' Programs in Foods & Nutrition,
- **Yukta Sharma** in Clothing & Textiles and
- **Tanya Thapar** in Human Development
- 100% results have also been achieved in **PG Diploma in Fashion Designing and Child Guidance and Family Counselling.**
- **Prabhgun Kaur bagged the first position** in PG Diploma in Nutrition & Dietetics,
- **Shikha Chadha** in Child Guidance & Family Counselling and
- **Sonali** in Fashion Designing.
- **Mannat** Stood first in B.Sc. Home Science and **Kirti Dhiman** in B.Sc. Fashion Designing.

### **Inter College Competitions**

Sir, our students got a **number of prizes** in **Inter College Competitions** too. Though the achievements are many, but due to the **scarcity of time**, I can only **mention a few.**

- **Nancy and Niharika** from **M.Sc. Home Science** got **First Prize in the Science Quiz Competition** at Inter College Science Fest organized by **PGGCG-42** (February 25, 2026).

- Our students won **multiple prizes** in the Inter College Fest **Hunar 2025** organized by **Khalsa College of Technology and Business Studies, Phase-3, Mohali** (April 12, 2025).

**First prize in Photography**

**Collage Making**

**Elocution**

**Market a Minute**

**Second prize in Fancy Dress**

- **Ph.D. Scholar Anupreet Sobti and two M.Sc. F.N. Students- Sakhshi and Shallu**, secured **First, Second and Third Prizes** respectively in the **Poster Making Competition** organized at an **International Conference, WE CARE 2026 (WOMEN ENDOCRINE CARE 2026)** by **Endocrine Society of India(8-03-2026)**.
- **Anupreet Sobti also got 3rd Position in Poster Presentation** at 18th Chandigarh Science Congress (CHASCON) held at P.U, Chandigarh (6-8 November, 2025).
- **Riya, a student of B.Sc. Home Science(Composite), 3rd Year**, secured **Third Prize in the Poster Making Competition at “ChemArt 2026 –** organised by Sri Guru Gobind Singh College, Sector 26, Chandigarh (February 7, 2026).
- In the Science Fest “Biorhythm 2026” organized by GGSDS College, Sector 32 (March 2, 2026),  
M.Sc. Students- **Arushi and Monika** as well as **Sharishthi and Anaya** clinched **First Prize** in Inter college **Rangoli Making and Face Painting** competitions.  
In the same fest , **Shifa and Prabhgun** (B.Sc. Home Science, Semester IV and M.Sc.- Foods & Nutrition, Semester II respectively) won **Third Prize in Pot Painting and Poster Making**.
- **Deepanjyot, a student of B.Sc. IV Semester**, secured **Third Position in the Stand-Up Comedy** at the **Inter-State IT Fest “OSSIUM”**, organized by PGGCG-42.

- **Seven students were honoured** with the **Certificate of Merit for Academic Excellence awarded by Panjab University Alumni Association** (Feb 2026) for the academic years 2021–22 and 2022–23.

### **Accolades at Panjab University Zonal Youth and Heritage Festival**

- Sir, I would like to highlight that despite being a small college with limited strength and resources, **our students won 8 prizes in different categories** of P.U. Zonal Youth and Heritage Festival 2025 held at GGSDS College, Sector-32, Chandigarh (October 25–26). Our students bagged
  - **First position in Khiddo Making , Knitting,**
  - **Second Position in Guddiya Patole, Peerhi making, Crochet, Still life**
  - **Third Position in Elocution and Hindi Handwriting**

**in spite of having a fierce competition.**

### **Annual Sports Day**

- Believing in the dictum that ‘**A Sound Mind Resides in a Sound Body**’, we at Govt. Home Science College make all efforts to keep our students physically fit.
- College organised its 59th Annual Athletic Meet on March 10, 2026 with great zeal and fervour. **Pranshi Arora, an international** sports person and accomplished young fencer from Chandigarh was the **special guest of honour** during the event. **Kashish of M.Sc FN.** was declared as the **Best Athlete of the Year.**
- **Kashish** showcased exceptional talent at the **Chandigarh Sub-Junior, Junior and Senior State Athletics Championship 2025** (28th to 31st August 2025). Competing in the 800m race (Women, Senior Category) she displayed remarkable endurance and speed and **secured a gold medal for obtaining the 1st Position.**

- Yoga has always been an integral part of the college and students are encouraged to participate regularly in Aerobic activities and Yoga sessions as well.

### **Our Alumni – Our Strength**

- The college boasts of several alumni who are **successful entrepreneurs** running their own **start-ups**.
- Working hand in hand with the college, alumni contribute in meaningful ways in – **mentoring current students through peer learning workshops**
  - **sharing industrial insights**
  - **providing financial aid and**
  - **offering internships and placement opportunities.**

### **SIGNIFICANT HIGHLIGHTS OF THE YEAR 2025-26**

All efforts were made to chalk out the college goals in consonance with Government key flagship programs and initiatives.

#### **1.) Thrust on Skill Building, Entrepreneurship and Women Empowerment**

The college intensified its efforts throughout the year to boost **innovation, entrepreneurship & start-up eco-system** in a big way in consonance with NEP 2020.

A series of workshops were organised such as:

- The event “**Saga of Women Entrepreneurs – She Leads, She Inspires, She Conquers.**” was organized in celebration of International Womens’ day 2026 (9 March 2026). It featured motivational talks by **two accomplished women entrepreneurs-**

**Iqroop Kaur, founder of Khaalis Organic Collective Store, Sector-8, Chandigarh,** shared her journey of building a conscious, sustainable brand rooted in organic living.

Another speaker, **Varundeep Kaur, President WICCI and State President Punjab Artificial Intelligence Council**, highlighted opportunities in the **digital and AI-driven** entrepreneurial ecosystem.

Other workshops organised were

- **Awareness and Sensitization Session on “Startup Building from Passion to Profession”** (16 January 2026).
- **Career Awareness and Resume Building workshop in collaboration with Gian Jyoti Institute of Management and Technology (GJIMT)** (06 November, 2025).
- **A session on Gender Sensitization and women empowerment by Ms. Madhu P. Singh, a practicing advocate and college alumna** (October 10, 2024).
- **Sensitization Session on Aatam Nirbhar Bharat and Pink Turban Campaign** symbolizing strength, equality, and the spirit of women empowerment by NSS Volunteers (.....)
- **Online Orientation Session of IBM- International Business machines Corporation, an American MNC- Skills-Build Program** entitled “**I Can Become,**” by IBM faculty **Dr. Anjali** to introduce the students to industry-ready career opportunities and free digital skill development courses. It is pertinent to mention that more than 100 students completed free online IBM-certified courses in AI, cybersecurity, and entrepreneurship (17 Feb 2026). **Notably, the college earned recognition as “College of the Week” in the IBM Skills Build Journey, marking a significant achievement for empowering students through access to certified but zero-cost professional courses.**
- **Exhibition entitled “Rang-Resham: A Journey through Threads and Dyes,” showcasing students’ product development work** inspired by traditional art forms was organized. The exhibition featured diverse textile techniques and innovative creations across 14 stalls, highlighting the blend of heritage crafts with contemporary design and promoting cultural preservation (13.01.2025).

College took **initiatives** to provide **various platforms** to students, both within and outside the college, to encourage them to **“Earn While They Learn”** & contribute for **Aatam nirbhar Bharat**.

### **With In the College Campus**

- Opportunities were provided through a **Weeklong Entrepreneurial Day celebrations** as well as through organising **Rakhi Mela and Diwali Mela for students** to display and sell their creative products.

### **Outside The College Campus**

- The budding entrepreneurs showcased their Innovations by putting up a stall at **54th Rose Festival held at Rose Garden** (February 20 to 22, 2026). Their efforts **received high appreciation** from **Hon’ble Governor of Punjab and Administrator, UT Chandigarh, Sh. Gulab Chand Kataria**, who visited the stall along with his wife, **Smt. Anita Kataria** as well as **Respected Home Secretary Sh. Mandip Singh Brar, IAS**.
- Through these vibrant stall, the students exhibited and sold a diverse range of innovative, handcrafted products, reflecting the skills they acquired during their academic journey.
- Students had a brisk sale of approx. **Rs. 25,000 in this fest**.
- **I feel very happy to share that not only our college students but our alumni too** showcased their creativity and entrepreneurial skills at the **15th PU Rose Festival,2026** (February 6–8, 2026). Their stalls received a tremendous response from visitors and proved to be a major attraction especially among the young crowd.
- The budding entrepreneurs of the college also put up food stalls in **“Biorhythm Fest 2026”** organized by GGSDS College on March 2, 2026. They **recorded impressive sale of ₹12,000**.
- Just 2 days before, our college students showcased their creativity & business acumen at **WEE (Women Entrepreneurs Exhibition)** organized by P.U. **Alumini Association** (16/04/2026). They displayed attractive range of

handmade products which are also being sold online under brand name “**Feroshti**”. Thus they are earning while learning the skill at college.

- **It is indeed heartening to share that our Ph.D. Research Scholar, Ms. Anupreet Kaur Sobti, was honoured with the She-preneurs Award by The Times of India for her venture, Dietaura (08-03-2026).**

## **2.) Placement Drive**

- On 7 April 2026 , the College organized Campus Placement Drive. The drive witnessed **Pre-placement talks and interviews by industry experts as well as She-preneurs who are alumni** of the college too. More than 150 students enthusiastically participated in the drive.

Renowned industry experts from more than **19 industries/companies/hospitals** visited the campus and interviewed the students. The visiting companies were :

- Fitwiser
- Classic Fitness Academy
- Fitelo
- Crafting Diets
- Fortis Hospital, Mohali
- Healthyfi me
- IIFA (Indian Institute of Fashion Art)
- Noorah Ethnics
- Fabbat
- Albazir group of Industries
- SCERT (Sector-32, Chandigarh)
- Aadi Counselling Centre
- Open Eyes
- Sifaaz foundation
- Bachpan India (NGO)
- Women Cell ,UT ,Chandigarh

- Arya Hospital
- Crayons Wellness Clinic
- Veda Toddlers, kindergarten school, Mohali

100% students were offered internships in reputed organisations and **a large number of students got placement opportunities, with packages reaching up to ₹20,000 per month.**

- **Fitelo** for the **past 8 years** has been a **valued partner** in placing the college students and shaping their careers. This year too, it **shortlisted several** candidates for offering a **paid internship with stipend** amounting to **₹2 lakh plus.**
- **Healthifyme**, an on line diet consultancy company, also offered the roles of dieticians to the students with **annual package of Rs. 4 lacs.**
- The highlight of the placement drive was an inspiring session by **Drishti Chugh an alumna of the college and she preneur** who spoke of her entrepreneurial journey of her school- **The Veda Toddlers and her unique initiative “Mindful Sips”, a mental health café concept** aimed at promoting emotional and mental well being.
- **Navpreet Kaur alumna and she preneur who** runs a successful designer boutique **Fabbat**, also extended valuable support to the institution by offering internships and placement packages to fashion designing students, thereby , contributing to their professional growth and industry exposure.

### **3.) Focus on Capacity Building through Workshops, Sessions And Demonstrations**

During 2025-26, the College organised a series of capacity building workshops and sessions such as:

- One-day workshop on “**Role of Artificial Intelligence in Research,**” by **Librarian Ms. Neha Sethi** (8 Feb 2026).
- Seminar on “**Exploring Career Paths in Home Science,**” by **Ms. Maninder Kaur, MD of Expert Education** (18-02-2025).
- **Demonstration on modern embroidery techniques in collaboration with Usha Sewing machine (01.04.2026)**
- Awareness and Sensitization Programme on **Menstrual Health & Rights of Children and Adolescents in collaboration with Sifaaz Foundation** (08 November, 2025).
- **Workshop on Prevention of Sexual Abuse in collaboration with NGO Bachpan India ,Save the Innocence** (16 September, 2025).

#### **4.) Commitment towards National Nutrition Mission**

Like in the previous years, the college **Continued Its Commitment Towards India’s Flagship Programme-- National Nutrition Mission, popularly known as Poshan Abhiyaan**

A number of activities were conducted during Poshan Maah and Poshan Pakhwada in 2025-26 like:

1. Talk on “Recent Trends in Nutrition with Focus on Non-Communicable Diseases” ( 17th September 2025)
2. Demonstration on Use of Millets in Children’s Tiffin at Chaitanya Laboratory Nursery School (September 23, 2025).
3. Poster Making activity on the theme “Promoting Home Cooked Meals for Young adults (September 24, 2025).
4. Door-to-door awareness campaign on Healthy Eating (September 27, 2025)
5. Expert Talk and Interactive Session on “Low Oil Diets” (April 8, 2025).
6. Awareness Session on Importance of Fortified Food for maintaining Good Health (April 09, 2025)
7. Nukkad Natak, on ‘Post-Delivery Obesity Issues Among Mothers’ (April 11, 2025)

## 5.) Contribution to National Initiative - **Nasha Mukta Bharat Abhiyaan(NMBA)**

College actively organised a wide range of activities throughout the year to make India resilient against Drug Abuse and contribute to **Nasha Mukta Bharat Abhiyaan**, launched by Ministry of Social Justice and Empowerment. Some important activities conducted were:

- A creative stand against drug abuse by installing a “Tree of Life” on campus, depicting the collective wishes of students to make Chandigarh drug-free (28/1/25).
- Staff and students actively participated in a State-wide Campaign- Walk for a drug-free Chandigarh; A step towards a healthier future (23/5/25).
- Awareness session against drug abuse for resident students.
- Nukkad Natak on “Nasha Se Na Ho Jeevan Andhiyara, Door Rehkar Banao Isse Pyara.”
- Awareness rally against drug abuse in adjoining sectors involving various colleges.
- Pledge-taking ceremony to reinforce commitment towards a drug-free campus.
- Movie screening on the adverse impact of substance abuse.
- Door-to-door awareness campaigns.
- **Mass Sensitization Programme on Impact of Drugs on Youth and Strategies for Suicide Prevention by ASI Babita from the Anti-Narcotics Task Force, Chandigarh (07 November, 2025).**
- Participation in the Principal’s workshop on Anti-Drug Awareness and Prevention (30/1/25).
- Awareness session on Alcohol Addiction & Recovery by Alcoholics Anonymous Self-Help Group, Chandigarh (24/1/26).

Due to consistent outstanding efforts in drug abuse prevention, our college received an Appreciation Certificate at the State Level.

## 6.) Increased Thrust on Sustainability

Sir, it is important to mention that all the departments of the college are continuously **working in tandem and extending support to meet UN SDGs 2030 agenda**. The college is **thinking globally and acting locally**.

- Students focused upon **mass sensitization** through showcasing their creativity under the theme “**Waste to Wow**” at the 54th Rose Festival, organized by M.C. Chandigarh. They presented **eco-friendly, handcrafted products reflecting sustainability and innovation**.
- **Awareness Programme was held by our college students at PGGCG-42, Chandigarh for promoting sustainability using Textile Waste (07.03.2025)**.
- The college in collaboration with **The Indian Pollution Control Association (IPCA)** has taken a significant step towards sustainable plastic waste management. As part of the IPCA’s ongoing **Project D.R.O.P. i.e. (Develop Responsible Outlook For Plastic) initiative**, a **wall-mounted banner** has been got installed with the help of IPCA in the college premises to mark the designated location for collecting the **plastic waste**. The college also got sponsored a large bin from **it for this purpose**. The waste is collected by IPCA after every two months for its right kind of disposal.
- Furthermore, the college signed an **MoU with IPCA** to work closely towards this cause and organized a workshop as well as a Nukkad Natak on plastic waste management.
- In line with India led global mass movement –**MISSION LIFE**, introduced by Hon’ble P.M. Sh. Modi at U.N. Climate Change Conference (COP26) in Glasgow, the college took **various sustainable initiatives** as well as **organized plethora of activities** related to **saving energy and water, Saying no to plastic, Reducing E-waste and Promoting Millet as a Wonder Grain**.

- All efforts are made to **encourage environment conscious life style, sustainability, coexistence with other living beings and pro-planet behavior.**
- College promoted sustainability through **reusing and recycling** different kinds of materials like **denim, fabric waste and left outs, broken pot pieces, waste tyres etc.** for new product development.

### **Mobilization of Sponsorships and Grants**

I feel proud to share that throughout the year, the college saved a lot of its funds by mobilizing grants from various Govt. Bodies/Societies as well as got various items sponsored for students under CSR activities of the companies. The college got

- Rs. 30,000 from CREST, Chandigarh Administration for celebration of Akshay Urja Diwas, 2025.
- Rs. 9000 from State Aids Control Society, Chandigarh for creating awareness against HIV AIDS.
- Sponsorship of Sanitary Napkins for creating awareness about menstrual hygiene among resident students by Proctor and Gamble
- Sponsorship of around 100 eco-friendly bags from IPCA
- Refreshments from Verka and Amul for around 1000 students participating in Walk for Drug Free Chandigarh: a State Wide Campaign promoting Nasha Mukta Bharat (05-05-2025)
- Even for today's function, college has got 50 medals and 25 trophies sponsored from IDP Education Consultants, Chandigarh.

### **APPRECIATION AND RECOGNITION:**

#### **College Awards:**

1. College has been honoured with a prestigious Certificate of Appreciation by the Secretary General of Commonwealth organization The RT Hon Patricia Scotland KC along with Kamlesh D. Patel president of the Shri Ram Chandra Mission for its unwavering participation in the Heartfulness Essay Event.

2. The college was awarded a Certificate of Recognition for its efforts in source segregation and responsible plastic waste management by Indian Pollution Control Association.

### **Faculty Achievements and Awards:**

1. Dr. Neha Sharma, NSS Programme Officer, along with NSS volunteer Ms. Siya, were awarded a Certificate of Appreciation for community service in PU, Chandigarh.
2. Dr. Vasudha Bansal, Assistant Professor, was awarded with Young Associate Fellowship Award in Agri Technova 2025 (December 19, 2025).
3. Mrs. Neelam Kumari, Associate Professor, successfully upgraded her qualification by completing her Ph.D.
4. Dr. Ritu and Dr Vasudha along with students submitted 2 patents on germinated oats and fortified Idli .
5. All the faculty members have been actively involved in offering consultancy services as well as publishing research papers in international and national journals of repute.
6. Prof. Sudha Katyal, Principal has been honoured with the Principal Excellence Award for contribution to the field of Education in celebration of International Women's day held on March 13, 2026 by Gian Jyoti Institute of Management & Technology, Mohali.

At the end, I **congratulate and extend my heartfelt blessings** to all P.G. and U.G. students who shall be receiving their degrees as well as the prizes this afternoon.

**Lastly, A special word for you, my dear students –**

- Believe in yourself

- Remember that there is something inside you that is greater than any obstacle.
- Always give your best in making this world a better place.

**May all your dreams be realized** and may God bestow his blessings on you so that you succeed in all your future endeavours.

**Best of luck** my dear students.

Thank you One and all for patient hearing.